

Tysons | Reston | Ashburn | Leesburg | Great Falls | Mclean | Vienna | Oakton | Falls Church

TYSONS

P I E R

Spring 2021 | \$3.95

**How to Choose a
Summer Camp**

**Curio by Fifth & Main
Highlights Life's Little Joys**

**Van Metre Homes
Chef Spike Mendelsohn
Shares Kitchen Design Tips**

vivatyson.com | vivareston.com

Casey Margenau

— Over 3 Billion Sold — Fine Homes & Estates

KNOWLEDGE

EXPERIENCE

TRUST



6333 Old Chesterbrook, McLean, VA 22101 - \$2,987,432



1233 Stuart Robeson Drive, McLean, VA 22101 - \$2,300,000



1506 Windstone Drive, Vienna \$2,350,000



Casey Margenau
Owner/Broker



Lee Brady
Associate Broker



Joanna Banks



Kyle Weitzman



Jay Hurst



Jane Webb



Allan Stucki



Colin Feuling

Casey Margenau Fine Homes & Estates, Inc.

www.margenau.com

703.851.2600



New to Tysons Corner.

But not to banking that fits your life.



We think banking should adapt to fit your lifestyle. Not the other way around. So whether you choose to bank with our convenient mobile app, online, or in our new Tysons Corner branch, if you're ready for a better way to bank, we're ready to help.

Let's get started. Schedule an appointment at fnb-online.com.



First National Bank

1497 Cornerside Blvd. | Tysons, VA

Member FDIC

Features



The Faces of Tysons

Get to know the faces of the small business owners in and around Tysons that serve their community well.

Cork & Keg Tours Takes Visitors on a Personal Tour of our Local Craft Beverages

By Linda Barrett

Renee Ventrice, who along with her husband Don, own Cork & Keg Tours. If you've ever taken one of her tours, you'll recognize her bon vivant spirit. The couple opened Cork & Keg tours in 2016, originally as a weekend business. In 2019, Renee left her job to run the business full time.



Curio by Fifth & Main highlights life's little joys

By Linda Barrett

Curio by Fifth & Main is a curated collection of ethically-sourced everyday delights. Its wide array of mindfully-curated products include décor, gifts, accessories and wellness products to invite warmth and peace of mind into your home and soul—your sanctuary.

How to Choose a Summer Camp

By Kimberly Blaker

Whether you're looking for enrichment for your child, a way to keep your kids occupied and supervised while you work, or need a short reprieve from parenting, there's sure to be a summer camp that's the right fit for your child and family.





And More . . .

- 21 Vienna Merchants**
- 22 Dental Connection**
- 24 Diagnosing and Treating Obstructive Sleep Apnea**
By Airway and Sleep Group
- 32 Real Estate**
What To Expect From Scotts Run
South's New Buildings
- 34 Local Real Estate Experts**
- 40 Tysons Premier**
See what's new in the real estate market.
- 42 Top 10 Most Expensive Homes**
Sold in Northern Virginia
- 48 Home and Design**
Van Metre Homes Ambassador Chef Spike
Mendelsohn Shares Kitchen Design Tips
- 50 Taste**
Go Crazy Over Pazzo Pomodoro
- 54 Angels in Our Midst**
Lydia Russo & the Vienna VA
Foodies Facebook Group
- 58 Finance**
Ask an Advisor: Special Needs Planning
- 60 Mother's Day Celebrations
and Gifts She'll Treasure**
- 62 Pets**
We Love, Therefore we Grieve Our Pets
- 64 Tysons Update**
JW Marriott Lands in Reston and Silver
Line's Dulles Airport Station



Host a Party Without The Stress



Unique Party Concepts

Exciting Menu Choices

Affordable Prices

**Our creative ideas
and proven
experience make all
the difference!**



Read our Reviews!



5-Stars



5-Stars



4.8-Stars

703.556.0780
8466-E Tyco Road
Vienna, VA 22182

Explore our Menus at:
www.helgascatering.com

TYSONS P R E M I E R

THE MAGAZINE FOR TYSONS | RESTON | ASHBURN | LEESBURG
GREAT FALLS | MCLEAN | VIENNA | OAKTON | FALLS CHURCH
SPRING 2021

PRESIDENT & PUBLISHER Johnny Hanna

DIGITAL MEDIA ADVISOR/

CLIENT ADVOCATE

Nawara Omary Elliott
Tricia Leimbach

ART DIRECTOR / PRODUCTION MANAGER

Mary Jeanne Cincotta

SENIOR GRAPHIC ARTIST/

WEBSITE DESIGNER

Robin Long

TRAVEL CONTRIBUTOR

Allison Chase Sutherland

WINE EDITOR

Linda Barrett

VIDEOGRAPHY

Kari Cannistraro

PHOTOGRAPHIC CONTRIBUTORS

Greg Knott

CONTRIBUTING WRITERS

Phoebe Avery

Linda Barrett

Kimberly Blaker

Dr. Liliana Calkins

Marcia McAllister

Dan Lash

Holli B. Shan

Tyson's Premier Magazine | 703.585.3354 | 2108 Robin Way Court, Vienna, VA 22182

General inquiries and comments about this publication can be sent to:

info@vivatyson.com

www.vivatyson.com

www.facebook.com/vivatyson

www.twitter.com/vivatysonsmag

www.tasteoftyson.com

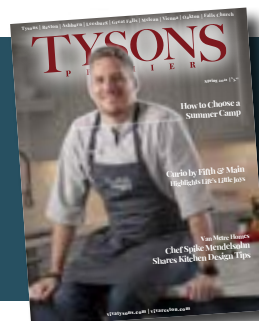
twitter.com/tasteoftyson

www.tysonstoday.com

www.tysonshealthandbeauty.com

Subscriptions for *Tyson's Premier Magazine* are available for \$12 per year or \$20 for two years. Please address requests to Tyson's Premier, 2108 Robin Way Court, Vienna, VA 22182, or call us at 703.585.3354, or you can subscribe online at www.vivatyson.com.

Volume 2, Issue 2. Copyright © 2021 by Tyson's Premier Magazine Inc. *Tyson's Premier Magazine* is published every two months by Nova Premier, LLC 2108 Robin Way Court, Vienna, VA 22182. All rights reserved. All editorial material is fully protected and should not be reproduced in any matter without written permission. Nova Premier makes every effort to ensure the accuracy of the information we publish, but we cannot be held responsible for any consequences or claims due to errors or omissions. Retailers wishing to carry Tyson's Premier at their locations and readers wishing to correspond with us are asked to write us at TheTysonsPremier@gmail.com.



ON THE COVER

Van Metre Homes Ambassa-
dor Chef Spike Mendelsohn
Shares Kitchen Design Tips.
Read the article on page 48.



C & C GARAGE

Your hometown auto experts remind you to have your automobile checked for the heat of Summer. C & C Garage offers excellent automotive repairs and state and emissions inspections in our certified repair facility in the heart of Vienna, VA.

703.281.5570

334 Dominion Rd., NE | Vienna, VA 22180
WWW.CANDCGARAGE.COM



"Our main concern is what is best for your child."

Dr. Gema Island

Board Certified Pediatric Dentist

703-790-1320

1500 Cornerside Blvd. Suite 310,
Tysons Corner, VA 22182
www.islandchildrensdentistry.com



Services

Preventive Dentistry
Cleaning
Sedation
X-Rays

\$99 Special
Includes:
Full exam.
Cleaning and
X-rays

Special Needs Children
Emergency Services
Patient Comfort
Cutting-Edge Technology

OPEN SATURDAYS



Visit Muse Vineyards

Award-Winning Wines, Lunch and Fine Food All Day, Hiking



Just a 2-mile drive off I-81, experience panoramic views from the tranquil grounds of a European-style vineyard.

Enjoy tastings of our award-winning wines accompanied by lunch and other fine food offerings, along with top entertainment and hiking.

MuseVineyards.com

Thursday 4-8pm Happy Hour

Friday-Saturday 12-8 PM

Sunday 12-6 PM

16 Serendipity Lane
Woodstock, VA 22664
(540) 459-7033



Pairing Wine with Personality

Cork & Keg Tours Takes Visitors on a Personal Tour of our Local Craft Beverages

By Linda Barrett

Photo credit: Sweet Memories Photography by Samantha



Renee Ventrice



Personality Plus—that's how I'd describe Renee Ventrice, who along with her husband Don, own Cork & Keg Tours. If you've ever taken one of her tours, you'll recognize her bon vivant spirit.

It may be just this spirit which landed her a video feature on Entrepreneur.com (<https://www.entrepreneur.com/provider/facebook-for-business>) that garnered more than 18 million views to date! Her company was also voted third in the nation by popular vote in a 2020 USA TODAY Reader's Choice "Best Wine Tour Company" poll (<https://www.10best.com/awards/travel/best-wine-tour-company/>), behind two well-established California tour companies!

How the Love Began

Renee and Don met while each was serving in the U.S. Navy as cryptologists and stationed in Spain. While in Europe, they began sampling wine in Germany. Later in their careers, when eating out in Pensacola, FL, a waiter suggested they try a Riesling to accompany their sushi dinner. "It was the first time I'd ever had wine with food, and I realized how it can change when paired with food," Renee said.

"I discovered there was something special about wine, so I started trying more. I developed a good palate, and when we moved to Loudoun and began experiencing all the wineries, it became a natural progression." Since she loved being a wine educator, Renee pursued training and became a Wine & Spirit Education Trust (WSET)-certified wine expert.

The couple opened Cork & Keg tours in 2016, originally as a weekend business. In 2019, Renee left her job to run the business full time.

The Idea for a Tour Company

"Don and I had been going to Sonoma [California's wine country] on vacation for 10 years and when we moved to Loudoun County, we wanted to take the same type of wine tours, but nobody here was offering the same type of backstage-pass tour. So we thought, 'What if we do it like Sonoma does?'"

"We decided to take it up a level and make it luxurious," she exclaimed. Since transportation is part of the experience, they purchased and outfitted a gorgeous van. It



includes two 40" screens where guests can view a slide show of photos they submit, customized music playlists and luxurious seating. The van is stocked with chilled still and sparkling waters and tours always start with a sparkling wine toast.

With COVID-19 restrictions, Cork & Keg tours can only accommodate a group of 10 and tours must be booked by individual private groups. Strict disinfection procedures are in place prior to, in between, and after stops, and guests are asked to hand sanitize before entering the van.

A typical day tour is about six hours long, with visits to up to three venues: wineries, breweries, distilleries, cideries, or a combination. "If the group allows me to do the planning, I find out more about the group: is it a bachelorette party that wants to have lively fun, or a group of sommeliers on a tasting experience?" Renee said. "I get a feel for the group and pick the type of atmosphere that's the best fit."

Renee always makes reservations and ensures that wherever they go has a food menu available. She encourages guests to order food to pair with their wines. She also likes to end the day in a lively atmosphere, like one with a live performer. "This



is what makes us different. We're not just a driver, we offer a fully-curated experience."

Cork & Keg Tours is a member of the Loudoun Bed & Breakfast Guild. Renee is also a member of the Rural Economic Development Committee Board and Visit Loudoun, and is obtaining her Certified Tourism Ambassador (CTA) certification. This enables her to add local resources to her tours, for example, if someone wants to stay for the weekend and visit area restaurants or retailers.

Go Be Grape!

"What saved us from going under during COVID was our ability to find ways to help other businesses in our community." Because the company had to switch to virtual wine tastings during COVID-19 shutdowns, Renee pivoted and put her personality on display. "I worked as a DJ while in the Navy, so I pull out a bottle of wine to do a tasting on Facebook Live and sing karaoke." It caught on and area restaurants like The Conche and Eddie Merlor's began engaging her to do tastings at their restaurants. So did networking groups, sororities, families, private groups and fundraising campaigns. She ended up making it a brand she calls Go Be Grape, a takeoff on "Go Be Great." For the virtual tasting experience, Renee creates a menu of food and wine. Participants order their wine and foods in advance to enjoy while Renee leads the live tasting.

Charity Crush

"As a local business, people constantly ask for donations, but I cannot give away



Photo credit: Sweet Memories Photography by Samantha

but so many tours, so we decided to make charitable giving into a marketing opportunity we call Charity Crush." Area charities apply to be part of the Crush and have to earn points by "doing things" like signing up for Renee's newsletter, liking her on social media, or sharing a post. Whichever charity gets the most points at the end of the Crush receives a \$500 tour gift certificate. The charities also benefit. Renee spotlights them in her newsletters and on social media to garner them volunteers and donations.

For a fun day exploring our region's delicious craft beverages and beautiful venues, check out Cork & Kegs Tours. ♦

Cork & Keg Tours

Don & Renee Ventrice
571-267-5910
corkandkegtours.com

The Faces *of* Tysons

Get to know the faces of the small business owners
in and around Tysons that serve their community well.
These top professionals share their insights on owning
their own business and their mottos to
living their best life.

The Face of Airway and Sleep Medicine

Dr. Lilana Calkins

WHAT INSPIRED YOU TO PURSUE A PRACTICE IN AIRWAY AND SLEEP MEDICINE?

Children suffer from Sleep Disordered Breathing, that could be not diagnosed. Actually nearly 80% of children, with regular annual medical visits, do not get the screening needed to attain better upper airway respiratory function. When a child is not breathing properly during the daytime, the sleep cycle will be interrupted because the respiratory system does not have the adequate anatomical support for its proper function during nighttime, causing a cascade of effects in the overall health of the child.

WHAT ADVICE CAN YOU GIVE ABOUT LIVING YOUR BEST LIFE?

Consider yourself a life-time student, be curious learn and implement your knowledge for the betterment of humankind.

AIRWAY AND SLEEP GROUP

✚ TREATING TMJ (TMD), OROFACIAL
MYOFUNCTIONAL THERAPY, CRANIOFACIAL
ORTHOPEDICS, INTERCEPTIVE ORTHODONTICS

📍 11800 Sunrise Valley Dr., Suite 200, Reston,
VA, 20191
703.646.9950

airwayandsleepgroup.com
www.sunrise-orthodontics.com



The Face of Cosmetic Dentistry

Dr. Geith Kallas

Dr. Kallas' advanced training and continuing education are pursued at the Las Vegas Institute for Advanced Dental Studies (LVI), one of the world's most renowned facilities for aesthetic and neuromuscular dental training. Named the Virginia "Dentist of the Year," Dr. Kallas understands the difference an incredible smile can make in someone's appearance and confidence. He frequently gives interviews about the latest advancements in dental technology. He has improved thousands of smiles in his practice, making him highly skilled in the art and science of smile design. Dr. Kallas is distinguished in the U.S. and internationally for excellence in dentistry and for his contributions to his community.

SMILE MAKERS DENTAL CENTER

✚ ALL-ON-4 DENTAL IMPLANTS, DENTAL CROWNS AND DENTAL BRIDGES, DENTAL IMPLANTS, DENTAL VENEERS AND DENTAL LAMINATES, DENTURES AND PARTIAL DENTURES, EMERGENCY DENTIST, FULL MOUTH RECONSTRUCTION, INVISALIGN DENTIST, LASER DENTISTRY, LUMINEERS, ROOT CANAL TREATMENT, SEDATION DENTIST, SMILE MAKEOVER

📍 8310 A Old Courthouse Rd, Tyson's Corner, VA 22182
703.828.0613 | smilemakerscenter.com



The Face of Cosmetic Medicine

Dr. Dima Ali

Wellmedica is an internationally recognized Aesthetic and Anti-Aging Treatment and Training Center focused on promoting, advancing and standardizing the field of Non-Surgical Aesthetic Medicine. Known for treating many of Washington DC's and Northern Virginia's political elite, Dr. Dima's patients praise her for her compassion, professionalism and artistic ability in restoring youthful beauty with natural looking results. She is dedicated to providing the latest effective technologies available and combines artistry with medicine and a deep commitment to your satisfaction. She believes that restoring inner health is as important as physical rejuvenation and customizes each individual's care in order to achieve true harmony and balance. Dr. Dima has a 25 year history of proven excellence in her field. Join Us For A World-Class Cosmetic Surgery Experience!

WELLMEDICA AESTHETICS & ANTI-AGING MEDICINE

✚ COSMETIC AND PREVENTIVE
DERMATOLOGY; NON-SURGICAL
PROCEDURES FOR THE FACE, SKIN,
AND BODY; ANTI-AGING MEDICINE/
BIOIDENTICAL HORMONE
REPLACEMENT THERAPY

📍 1801 Robert Fulton Dr. Suite 540,
Reston, VA 20191
703.810.3669
wellmedica.com



The Face of Pediatric Dentistry



Dr. Gema Island

Dr. Gema Island is a pediatric dentist, a Diplomate of the American Board of Pediatric Dentistry, a Fellow of the American Academy of Pediatric Dentistry, and a member of the American Dental Society of Anesthesiology. Dr. Island founded Island Children's Dentistry in 2014. She's dedicated to providing the highest quality of dental care in the most gentle, positive, and enthusiastic manner possible. Dr. Island combines her academic background, research experience, clinical skills, and mother's touch to deliver the best to her little patients and their parents. Dr. Gema obtained her Board certification in 2006 and did 3 years of residency at TUFTS University in Boston, MA. While at TUFTS, she received the prestigious Bates Award for her postgraduate research, and, in her senior year, she won the Aesthetic Dentistry Challenge. She has published articles in peer-review journals and has lectured nationally and internationally on different topics and participated in the Infant Oral Care and Prevention of Early Childhood Caries Project at San Francisco General Hospital.

ISLAND CHILDREN'S DENTISTRY

- ✚ PREVENTATIVE DENTISTRY, CLEANING AND X-RAYS, SEDATION, ORTHODONTICS, SPECIAL NEEDS CHILDREN, EMERGENCY SERVICES, PATIENT COMFORT AND CUTTING-EDGE TECHNOLOGY
- 📍 1500 Cornerside Blvd #310, Tysons, VA 22182
703.790.1320 | islandchildrensdentistry.com

The Face of Implant Dentistry

Dr. Christopher Bonacci

Dr. Christopher Bonacci is celebrating 20 years of service to our community and 20 years as a Top Doc! He is Board Certified by The American Board of Oral and Maxillofacial Surgery. Dr. Bonacci has served as Chairman of the Department of Oral and Maxillofacial Surgery, Division of General Surgery at the Reston Hospital Center. Dr. Bonacci was inducted as a Fellow into The American College of Dentists, an honor that only 2-3% of dentists nationwide receive. He received his medical and dental degrees and completed general surgery and oral surgery residencies from Columbia University in New York City.

ORAL, FACIAL AND DENTAL IMPLANT SURGERY

✚ DENTAL IMPLANTS, BONE GRAFTING FOR IMPLANTS, WISDOM TEETH, IV SEDATION, ORAL PATHOLOGY, FACIAL TRAUMA, TMJ, ORTHOGNATHIC SURGERY, COSMETIC SURGERY, PLATELET RICH PLASMA AND FIBRIN, I-CAT 3-D IMAGING, ALL – ON – 4, TEETH IN A DAY, 3-D COMPUTER GUIDED IMPLANT SURGERY, LASER TECHNOLOGY

📍 361 Maple Avenue West,
Suite 200
Vienna, Va 22180
703.255.9400 '
www.drbonacci.com



The Face of Cosmetic Surgery

Dr. Csaba Magassy

Dr. Csaba L. Magassy is one of the Washington area's best known and most highly regarded plastic surgeons. Specializing in surgical and non-surgical procedures, his practice of cosmetics has attracted patients from all over the world. With over twenty years of experience, Dr. Magassy has achieved the ability to reflect nature's most beautiful work in each of his patients. When you want nothing less than excellence, experience matters the most.

Dr. Magassy has helped thousands reach their cosmetic goals. He has performed every cosmetic surgical procedure many times over, and brings to each patient the ability to discuss and fully explain all the options possible to reach the desired result. The choice of technique and how far to take a procedure is yours. How reassuring it is to know that this doctor can offer solid advice based on more than twenty years of experience in bringing beauty to nature.

PLASTIC SURGERY ASSOCIATES, PC

✚ BREAST AND BODY PROCEDURES, FACETITE,
BODYTITE, PROCEDURES FOR MEN

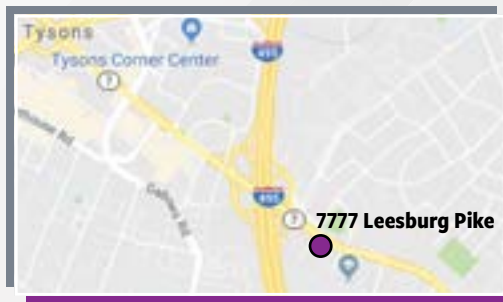
📍 The Magassy Building
1300 Chain Bridge Rd.
(at Dolley Madison Blvd.)
McLean, VA 22101-3935
703.790.5454
plasticsurgerymclean.com

7777

7777 Leesburg Pike | Tysons Corner | Falls Church, VA 22043



**FLEXIBLE
LEASE
OPTIONS**



**SMALL
SUITES
AVAILABLE
IMMEDIATELY**

- ✦ This Tysons Corner Office Building has a wide range of Offices from Large to Small to suit your needs!
- ✦ Across the street from Tysons Corner Center, Tysons Galleria Mall, The Greensboro Silver Line Metro, and surrounded by the vibrant neighborhoods of Tysons Corner and Falls Church.
- ✦ Located conveniently on Route 7, just inside the beltway and down the road from West Falls Church Metro!
- ✦ Easy access to I-495 HOT Lanes, Dulles Toll Road and I-66!



703-204-2000

www.bernsteinmanagementgroup.com
leasing@bernsteinmanagementgroup.com

STRYKER'S SQUARE

3230 Old Pickett Road | Fairfax, VA 22031

TWO SPACES AVAILABLE!



Circle Plaza Laundromat ❖ Abunawas Cafe & Hookah Bar
CBD Wellness ❖ Sharon Hair Town
Hot Spot Restaurant ❖ Alrafedain Tobacco & Hookah
Posh Nails & Spa ❖ Ishtar Cafe & Hookah Bar
#1 A Lifesafer Ignition Interlock
Capital MMA & Elite Fitness ❖ University Barber Shop
Lanna Oriental Spa ❖ Batina Market
Charly's Watch & Clock Shop



BERNSTEIN
MANAGEMENT GROUP

703-204-2000

www.bernsteinmanagementgroup.com
leasing@bernsteinmanagementgroup.com

NOW LEASING QUALITY COMMERCIAL SPACES



226 Maple Avenue West
Vienna, VA 22180



2220 Cedar Lane
Vienna, VA 22182



The Village Green Retail Center
513 Maple Avenue W, Vienna, VA 22180



The WestLee, 2200 N Westmoreland St
Arlington, VA 22213



Regal Center, 20921 Davenport Dr
Sterling, VA 20165



Sterling Village Center
22034 Shaw Rd, Sterling, VA 20164



10 Pidgeon Hill Drive
Sterling, VA 20165



6 Pidgeon Hill Drive
Sterling, VA 20165



13000 Harbor Center Drive
Woodbridge, VA 22192



We do not meet your expectations. We Exceed Them

PROPERTY LOCATIONS

FAIRFAX, VA | FALLS CHURCH, VA | VIENNA, VA | LEESBURG, VA | FAIRFAX CITY, VA | TYSONS CORNER, VA
WOODBIDGE, VA | RESTON, VA | ARLINGTON, VA | DUNN LORING, VA | STERLING, VA | NORTH BETHESDA, MD

Call today or check out our state-of-the-art virtual tours at
www.bernsteinmanagementgroup.com

703-204-2000 | leasing@bernsteinmanagementgroup.com



DINE IN | TAKE OUT | PRIVATE DINING | CATERING

Celebrated Chef Patrick Bazin and the culinary team at Bazin's on Church in the heart of historic Vienna offers a contemporary American menu featuring organic and seasonal ingredients. Their award-winning wine bar features a collection of wonderful wines from around the world, with an emphasis on California. Reservations suggested.

MAKE YOUR RESERVATION TODAY!
703.255.7212 | bazinsonchurch.com
 111 Church Street NW, | Vienna, VA 22180

Lake Anne Brew House
Reston, VA

THE BEER
travelled
LESS THAN
YOU DID.

LOCALLY
POURED

Brewed in Fairfax County.
Poured in Fairfax County.

VISIT **FXVA.COM**
TO FIND YOUR LOCAL BREWERY.

fxva Fairfax County, Virginia
Connect with America

FAIRFAX COUNTY
BREWRIES



Get the Smile
YOU DESERVE

Celebrated dentists Dr. Daniel Han, Perio/Prosthodontist, and Dr. Sooyeon Ahn, Orthodontist, in McLean invite you to discover a new level of services and dental excellence. Experts in the fields of preventive, restorative, and cosmetic dentistry, their experience in fixed prosthesis, periodontics, implantology and orthodontics, and their advanced study of dental sciences at The University of Pennsylvania, have won them respect and praise from industry professionals and patients alike.

703.356.7001
Call for your assessment today!



★★★★★
Two-hundred Five-Star Ratings
on Facebook, Google, & Yelp!



HAN & AHN
DENTISTRY BY SPECIALISTS

6845 ELM STREET, SUITE #450 • MCLEAN, VA
WWW.MCLEANDMD.COM

Dental Implants
Periodontal treatment
Orthodontic treatment

Full-mouth reconstruction
Cosmetic surgery & reconstruction



Vienna Merchants

Since '73
THE CLOCK SHOP
of Vienna
 Where all we have is time

CLOCKS OF QUALITY AT COMPETITIVE PRICES
 Chelsea • Howard Miller Hermle • Seiko • Lindow
 Comitti • Rhythm • Coo Coo's and more...

ANTIQUE CLOCK RESTORATION
FREE "IN-STORE" ESTIMATES

*In light of COVID-19, our hours may vary from normal.
 Please call before visiting to confirm someone will be here.*

109 Church Street, NW • Vienna, VA 22180
 (703) 938-3990 • www.clockshopofvienna.com

IT'S ALL IN THE CRUST.
 UNIQUE • BRITISH OWNED
 FARM TO TABLE • LOCAL

The Pure Pasty Co.
 specializes in
 Britain's iconic
 compact pies filled
 with savoury meats
 or vegetables.
 The taste of
 Britain is here.
DIG IN!

CATERING AVAILABLE
 703-255-7147 • www.purepasty.com
 128 Church St NW Unit C • Vienna, VA 22180

**PEKING
 EXPRESS**

A TYSONS FAVORITE!

Mon - Sun 11:00am - 9:30pm
 Lunch - 11:00 am - 4:00 pm
 Dinner - 4:00 pm - 9:30 pm

703-281-2445
www.peking-express.com

Pazzo Pomodoro
 Authentic Italian Food

*"Pazzo Pomodoro represents a
 different concept offering more
 authentic Italian meals. Our food
 will taste like it came out of my
 mother's kitchen in Salerno."*

Chef Raffaele

118 Branch Road | Vienna, VA 22180
 703.281.7777 | pazzopomodoro.com

SALES • SERVICE • REPAIRS

BIKES@VIENNA

- Folding Bikes
- Recumbents
- Trikes
- Tandems
- Adaptive

128A CHURCH ST, NW VIENNA
 703-938-8900 | www.BikesAtVienna.com



THE DENTAL CONNECTION

Top-Rated Area Dental Professionals



ORAL, FACIAL & DENTAL
IMPLANT SURGERY

DR. BONACCI

Christopher E. Bonacci, DDS, MD
361 Maple Ave W #200
Vienna, VA 22180
703.255.9400
drbonacci.com

EDUCATION: Kenyon College

EXPERTISE: Board Certified by the American Board of Oral and Maxillofacial Surgery. Past Chairman of the Department of Oral and Maxillofacial Surgery, Division of General Surgery, at the Reston Hospital Center. Fellow, American College of Dentists.



ORTHODONTIC SPECIALIST

DR. GARAI

Garai Orthodontic Specialists
427 Maple Ave W
Vienna, VA 22180
703.281.4868
www.bracesvip.com

EDUCATION: Eastman Dental Center, University of Rochester

EXPERTISE: Served as attending faculty and taught lingual "invisible" orthodontics in the postdoctoral orthodontic program of Children's National Medical Center and Washington Hospital Center. Diplomate by the American Board of Orthodontics.



COSMETIC DENTISTRY AND
ORTHODONTICS

DRS. HAN & AHN

Han & Ahn DMD, PC
6845 Elm St #450
McLean, VA 22101
703.356.7001
www.mcleandmd.com

EDUCATION: University of Pennsylvania

EXPERTISE: Achieved dual specialty certificates in both Periodontics/Implantology and Periodontal Prosthesis (Advanced Restorative, Cosmetic Dentistry) and recognized as a Diplomate of the American Board of Periodontology.



PEDIATRIC DENTISTRY &
ORTHODONTICS

DR. ISLAND

Island Children's Dentistry
1500 Cornerside Blvd #310
Tysons, VA 22182
703.790.1320
www.islandchildrensdentistry.com

EDUCATION: TUFTS University in Boston, MA

EXPERTISE: Diplomate of the American Board of Pediatric Dentistry, a Fellow of the American Academy of Pediatric Dentistry and a member of the American Dental Society of Anesthesiology. Using the latest techniques and equipment.



DENTAL AIRWAY AND SLEEP
MEDICINE IN ORTHODONTICS

DR. CALKINS

Airway and Sleep Group
11800 Sunrise Valley Dr., Suite 200,
Reston, VA, 20191
703-646-9950
www.airwayandsleepgroup.com

EDUCATION: National Autonomous University of Mexico City

EXPERTISE: Dr. Calkins has become well versed in the areas of dental sleep medicine, craniofacial orthopedics, nasoalveolar molding for infants, along with diagnosis and treatment for Temporomandibular Joint disorders.



COSMETIC & GENERAL
DENTISTRY

DR. SBEIH

Novel Smiles
8180 Greensboro Dr #100
McLean, VA 22102
703.942.8882
www.novelsmiles.com

EDUCATION: George Washington University

EXPERTISE: Awarded both his Fellowship and Mastership in the Academy of General Dentistry (AGD). Member of American Dental Association, Virginia Dental Association, Academy of General Dentistry, and the American Academy of Cosmetic Dentistry.



**ENCOURAGING
BRIGHT
SMILES**

Specialists in
Laser Dentistry for
removing **Lip-tie,**
Tongue-tie and
Dental decay!



11790 Sunrise Valley Drive
Suite 105, Reston, VA 20191
(571) 350-3663

www.SmileWonders.com

GCA- LA PRECISION
ANTIQUE HOROLOGY | Since 1972
VIENNA'S ANTIQUE WATCH & CLOCK MAKER



GUIDO CALVETTY ALAVE
Master Watchmaker | Antique horologist

ROLEX TRAINED & CERTIFIED #168
STATE OF THE ART EQUIPMENT
TIMELY & GUARANTEED REPAIRS

Antique · Vintage · Modern

Mention this Ad for **ONE** of the Following:
Free Battery with Any Repair
\$10 Off Any Basic Repair
\$50 of any Advanced Repair

703.255.0055
WWW.GCALAPRECISION.COM
320 Maple Ave. East, Building E, Vienna



VLP
FINANCIAL ADVISORS
Customized Strategies and Solutions



Planning is a Process - Not a Product



Bruce Vaughn, CFP®, AIF® • Rose Price, CFP®, AIF® • Daniel Lash, CFP®, AIF®

We believe in a holistic approach to financial management, aligning your investment and financial decisions with your values.

Our financial advisors give objective advice, putting your best interests first. As a client, you put us in a position of trust, and we take that responsibility seriously. You can rely on us to provide:

- honest advice
- transparent cost information
- proactive investment management

8391 Old Courthouse Road • Suite 203 • Vienna, VA 22182
(703)356-4360 • VLPFA.com

Investment advisor representatives offering securities & advisory services through Cetera Advisor Networks LLC, member FINRA/SPIC, a Broker/Dealer Registered Investment Advisor. Cetera is under separate ownership from any other named entity.



Diagnosing and Treating Obstructive Sleep Apnea

By Dr. Liliana Calkins

As everyone knows, poor sleep quality can cause one to feel fatigue during the day. But did you know that sleep quality can be affected by heavy snoring, choking, gasping or breathing cessation during the night? Sleep-disordered breathing can cause you wake up often during the night and is characterized by recurrent episodes of upper airway collapse during sleep.

Obstructive sleep apnea (OSA) is the most common type of sleep-disordered breathing. The following symptoms are often present for years before the patient is referred for evaluation. Some signs of OSA during the night are:

- Snoring, usually loud, habitual, and bothersome to others
- Witnessed apneas, which often interrupt the snoring and end with a snort
- Gasping and choking sensations that arouse the patient from sleep, though in a very low proportion relative to the number of apneas they experience
- Nocturia
- Insomnia; restless sleep, with patients often experiencing frequent arous-

als and tossing or turning during the night

If you have OSA, during the day you may feel upon waking as though you are as tired as when you went to bed. You may have a headache upon waking, memory and intellectual impairment, personality and mood changes, Gastroesophageal reflux or Hypertension.

To know for sure whether you have obstructive sleep apnea, an overnight sleep study, or polysomnography, is necessary. The study would record sleep stages, heart rhythm, leg movements, airflow at the nose and mouth, breathing effort and breathing patterns.

Some steps you can take to help manage or prevent OSA is to manage your sleep position: avoid sleeping on your back, or sleeping upright. You should also avoid smoking, alcohol and sleep deprivation.

People with moderate to severe apnea should be treated with nasal continuous positive airway pressure (CPAP), however there are other ways to improve airflow using craniofacial orthopedics—like Rapid Maxillary Expansion.

Airway and Sleep Group specializes in craniofacial orthopedics and use the latest treatment options to modify your airway by changing the shape, size and relationship of the bones in the jaw and face. Their airway improvement techniques help to create enough space in your mouth for the tongue to treat obstructive sleep apnea.

Read more here: <https://emedicine.medscape.com/article/295807-overview>

For more information and to schedule an appointment visit the links below:

<https://sunrise-orthodontics.com/>

<http://airwayandsleepgroup.com/>



Airway & Sleep Group
Dr. Liliana L.C.
Calkins, D.D.S.

*Interdisciplinary Dental
Airway & Sleep Medicine
in Orthodontics.*



At Tysons Office Suites we pledge to provide highest quality of offices, support services, meeting rooms and virtual offices to gain the respect and trust of our customers to propel their business into success.

In The Heart Of Tyson's

YES Great Location
Ready To Use

NO Long Term Commitment
Infrastructure Cost

Choose Your Work Space:



OFFICE SPACE

A Fully furnished and equipped workspace simply turn up, plug in and get down to business.



MEETING ROOMS

A fully equipped conference rooms for your next meeting. Equipped with Covid19 safety shield.



VIRTUAL OFFICE

A prestigious business address, mailing address, phone answering and access to our business lounges or work virtually from anywhere with our packages.



703-288-4001



info@tysonsofficesuites.com



**8200 Greensboro Dr, Suite 900
McLean, VA 22102**

www.tysonsofficesuites.com



From blueprints to built, we're behind you all the way.

At FNB, our experienced bankers provide the personal support and comprehensive financial solutions you need to advance your business. We've been recognized as a "Best Brand"* for businesses because we've helped companies of all sizes reach their goals. We're ready to help with yours.

Let's get started. Schedule an appointment at fnb-online.com.



First National Bank

**Visit our newest office location:
1497 Cornerside Blvd. | Tysons, VA**

*Recognized by Greenwich Associates as a 2019 Greenwich Excellence and Best Brand Awards winner in commercial and small business banking. | Member FDIC | NYSE: FNB



Mediterranean Flavors and an evening of romance.



Voted 100
Very Best
Restaurants
2012-2018
-Washingtonian

An evening at Nostos brings all the charm, flavors and warm hospitality of Greece to your table. Immerse yourself in the rich comfort of warm hues, Mediterranean flavors, and family hospitality.

Indoor and Outdoor Dining Available.

Make Your Reservation Today! 703.760.0690

8100 boone blvd. vienna, VA 22182 | www.nostosrestaurant.com

OFFERING
Curbside or
delivery
within 5 miles

SMILE *makers*

DENTAL CENTER

TELEDENTISTRY
NOW AVAILABLE
schedule video chats
with the doctor
and team

YOUR SMILE...OUR PASSION!

Smile Makers team of dental professionals provide multi-specialty services for every dental need. From cosmetic surgery to periodontal services—pediatric dentistry and orthodontics, Smile Makers provides thorough, compassionate and experienced care.

**GENERAL AND COSMETIC DENTISTRY | INVISALIGN
DENTAL IMPLANTS | PEDIATRIC DENTISTRY**

www.SmileMakersCenter.com

FAIRFAX FALLS CHURCH TYSONS

Café Renaissance

Open Table's Best 100 romantic restaurants in the USA for many years.



COME TO US FOR YOUR EVENT

Private Dinners
Group Dining

Weddings
Engagement Dinners

Rehearsal Dinners
Bridal Showers

BRUNCH

**NOW OPEN
INDOOR OR PATIO
DINING**

163 Glyndon Street SE, Vienna, VA 22180

T: 703.938.3311 | www.caferenaissance.com

LUNCH: Mon. - Fr. 11.30AM - 2.30PM BRUNCH: Sunday 11AM - 2PM

DINNER: Mon. - Sat. 5.30PM - 10.00PM, Sun. 5PM - 9.00PM



How to Choose a Summer Camp

Your Kids Will Love and That You Approve

By Kimberly Blaker

Whether you're looking for enrichment for your child, a way to keep your kids occupied and supervised while you work, or need a short reprieve from parenting, there's sure to be a summer camp that's the right fit for your child and family.

The benefits of summer camp

Summer camp offers kids plenty of benefits, and many kids thrill at the idea of going away to summer camp. Still, for some kids, particularly those who are shy,

introverted, or homebodies, the thought of going away for a night, let alone a week or more, can cause considerable anxiety. When kids are adamantly opposed, forcing summer camp on them may not be in their best interest.

But for kids who are eager—or at least willing to give it a shot without much fuss—summer camp offers opportunities kids may not have elsewhere. Summer camp provides kids the following benefits:

✓ fosters independence

- ✓ a place to develop new and lasting friendships
- ✓ development of new skills
- ✓ discovery of new interests and hobbies
- ✓ the opportunity for creative expression
- ✓ a break from being plugged-in
- ✓ daily exercise
- ✓ improves their self-esteem
- ✓ teaches kids to work with others
- ✓ makes them feel part of a community
- ✓ prevents or reduces summer learning loss



Getting started in your search

Before you begin looking into summer camps, create a list of the criteria you're looking for. Here are some things you'll want to consider.

- What is your budget for summer camp?
- What is the purpose of sending your child to summer camp?
- Do you want a resident (overnight) or a day camp?
- Are you looking for a short-term (week or two) or summer-long program?
- Do you want a camp that's very struc-

tured or one that provides your child with lots of freedom and choices?

- What are your child's passions, such as a particular sport, hobby, or other interest?

Once you've narrowed down some of the criteria, you can begin your search. An excellent place to start is your local parenting magazine. Many summer camps advertise in local parenting publications found at newsstands and online. Also, visit <http://www.summercamps.com/>, where you can search by zip code or category.

The American Camp Association (ACA) accredits summer camps. So this is another excellent place to look. The ACA educates camp owners and directors in health and safety for both staff and campers as well as program quality. It then accredits camps that meet the ACA's standards.

Next steps to finding the perfect summer camp

Once you've selected a few summer camps that meet your primary criteria, and that fit your child's interests, share the choices with your child to see what excites him or her. Be sure to let your child know upfront that you still need to thoroughly investigate the camp(s) before making a final decision. But do keep your child's choices in mind to ensure your child gets the most out of summer camp.

Once you and your child have narrowed the list down to a manageable selection, you'll want to investigate the camps further. There are several things you'll want to consider.

What are the staff's qualifications?

Many summer camps use teens to staff the camps. Teens make excellent mentors and can bring liveliness to summer camp programs. However, the programs themselves should be developed by professionals and have professional oversight to ensure kids are getting the most from their camp experience.

But for kids who are eager—or at least willing to give it a shot without much fuss—summer camp offers opportunities kids may not have elsewhere.

How does the camp ensure your child's safety?

Find out what kind of safety training the camp provides its staffers. Also, is there staff on hand at all times that knows CPR? What are the camp's procedures in the event your child becomes ill, has an accident, or an emergency?

What is the daily schedule for campers?

Ask for a daily itinerary, so you know your child will be getting everything you and your child anticipate from the program.

What are the rules?

Each camp has its own set of rules. So, find out whether your child is allowed to call you. If it's a summer-long residential camp, can parents come and visit? Can kids bring along a cell phone or electronics? Also, how much money can they bring, and how is it managed?

Don't sweat it

Keep in mind, although there are many great camps, no camp is likely to offer everything precisely the way you want it. Just choose the one that best fits your child and satisfies your most important criteria. Remember, your child will have many summers to come and plenty more opportunities to work in more exciting camp experiences. ♦

Kimberly Blaker is a freelance family writer. She's also founder and director of KB Creative Digital Services, an internet marketing agency, at kbcreativigital.com

Little Luxuries & Everyday Delights

Curio by Fifth & Main highlights life's little joys

By Linda Barrett

Life can take you on some interesting journeys. However, in Heather Shaw Menis' case, all roads seem to lead back to one passion.

With a bent towards environmentalism, Menis attended college to explore environmental studies and journalism. Graduating in 2001, her first job was in public relations, focused on environmental affairs. It seemed like a good fit, but she soon realized there was very little advocacy in what she was doing. It didn't suit her picture of idealism, so she left there to work for Joan Hisaoka, the grand dame of fine dining PR in Washington, D.C. through Hisaoka Public Relations.

"I worked on public relations for restaurants and hotels, and since Joan knew I was interested in fashion, she allowed me to bring on local boutiques as well. She encouraged me to work on things that I had a passion for." Joan Hisaoka passed away in 2008, and Menis took other public relations positions for a hotel company and Chef Art Smith before landing in an executive marketing position at Saks 5th Avenue, where she spent five years learning about luxury lifestyle brands.

Fifth & Main PR

Getting married and having a baby spurred her to leave that job, with its long hours, holiday and weekend work, to open her own luxury goods public relations agency in 2014 she named Fifth & Main PR. "When naming the company, I wanted to take that 5th Avenue mindset and attention to detail that luxury offers, and bring that to the mom-and-pop businesses locally. These small business owners tend to spark the most creativity in the world. They have an idea and are trying to make it work, which I find inspiring," she said. She began to build her PR business with local hotel, restaurant and spa clients.

Then the pandemic hit. "Overnight, I had no clients. Everybody went on pause, and even though I understand the reasoning, it felt like a blow to the ego."

Opening Curio by Fifth & Main

"I had always wanted to open my own online boutique, but working for Saks 5th Avenue made me a little gun shy because I saw luxury retail competing with the Amazons of the world. But it was a passion project and it pulled at me. When the world changed in March of 2020, it felt like the right time to get it off the ground. I had the time and the inspiration." She named it Curio by Fifth & Main, and launched in December 2020.

Menis and her husband Dennis had been making custom wallpaper, using their own equipment, so it seemed like a natural transition to sell this as their first product line, F&M Wall Coverings, as a peel and stick textured wallpaper printed with No-HAPS (hazardous air pollutants) Latex Ink that is safe for nurseries, hospitals, or anyone with conditions like asthma. The small-batch, high-quality wallpapers are non-flammable, non-combustible and are nickel-free. The product lines expanded from there.

"Everything is ethically sourced, environmentally friendly and sustainable," Menis said. "Most is made in the U.S., and much is created by women. We have a wide array of products, which is why I called the company Curio. It's a lot of different little things that make me happy that I think others would also find joy in." Her tag line is 'Little Luxuries and Everyday Delights.'

"As I find vendors who inspire me, I add new product lines. I make limited buys because right now, my basement is our warehouse." This enables her to provide one-day local delivery!

Curio by Fifth & Main is a curated collection of ethically-sourced everyday delights. Its wide array of mindfully-curated products include décor, gifts, accessories and wellness products to invite warmth and peace of mind into your home and soul—your sanctuary. Products include fair-trade Oeko-tex linens, hand-poured/dipped candles, health-boosting elixirs, silk initial scarves and ingenious greeting cards. "I have an intense yearning to support the little guys—the makers, shops and service providers that are the heartbeat of communities, and from which creativity abounds.

Nothing is mass produced," she said.

"I find that these offerings are far superior to mass-marketed alternatives, and we should vote with our dollars to preserve artisanal practices, and choose handmade objects of art over mass-produced goods. Our products are carefully curated to embrace these ideals. We believe you should give gifts rich with emotional value and treat yourself to these little luxuries!"

Some of her favorite products include, on the wellness side, tonics and herbal remedies, like her Happiness Tonic that promotes a sense of well-being and boost serotonin, and Ashwagandha. Other favorites include the silk initial scarves from a British designer, loom.ist Turkish towels, and Towl brand towels made from organic cotton and bamboo that never mildew. "I'm also really into our Gluggle Jugs and our candles that contain no scary chemicals."

Learning to Appreciate

"I like the Danish philosophy of hygge, their art of cozy living that engenders a feeling of contentment and well-being. You can light a bunch of candles, get your coziest blanket, make cookies from scratch, and curl up and read a good book."

"The good thing about being forced to slow down during the pandemic is that you learn to appreciate more. There are so many everyday delights we didn't pay attention to." She gets to work from home, which enables her to spend more time with her husband and 8-year-old Maxwell. She also runs every day—her form of meditation.

Her advice? "We live in a world where we have so many options, and too often we choose the one forced in front of us without it being what we really want. Hold back until you feel really good about what you're buying. Choose that little luxury, and outfit your life with the things you can feel good about." ♦

Curio by Fifth & Main

www.CuriobyFifthandMain.com



Heather Shaw Menis



Modern Sprout Brass Growhouse



Ester+Erik Candles



Fat Belly Tonic Cocktail



What To Expect From Scotts Run South's New Buildings

You'll be hard-pressed to find a local that hasn't heard of Scotts Run—the 40-acre mixed suburban area near the McLean Metro station. It's essentially a small “city” within a city, featuring a number of malls, restaurants, parks, residential areas, and other places. The most defining aspect of Scotts Run is how construction here is never really completed. Its recent projects are concentrated in South Station. And here's what we know about them so far.

Scotts Run South

Scotts Run is divided into two parts: the North and the South. Between the two, it's the South that has seen more development throughout the years. It debuted with MITRE Building 4 in 2015, which is an all-

around amenity space that includes coffee shops, conference centers, R&D labs, and more. In 2016, Scotts Run South saw the rise of The Haden—its first residential building. In 2017, two more residential buildings and retail space were created. This year, we're seeing the gradual completion of three new buildings in Scotts Run South: Archer Tysons, The Heming, and a new fire station.

New buildings

Archer Tysons is a 178-room hotel that's scheduled to open in summer 2021. Once it does, it will be the first hotel in the area. It's owned by LodgeWorks Partners, who also owns and developed the growing Archer Hotel collection. Guests can choose from four accommodation types: single, double,

a king suite, and “Archer's Den.” The latter is a one-bedroom suite bigger than the third option on the list. In addition to a bedroom, it offers a fully furnished living area and wet bar.

The second building under construction, The Heming, is a 28-story luxury condominium building. Its plans consist of 410 units and 40,000 square feet of retail space. It will be complete in 2022. Finally, the new fire station is located at 1766 Old Meadow Lane and is set to be fully functional by spring.

Who is behind Scotts Run?

The Scotts Run project is being developed by Cityline Partners LLC, a real estate business in collaboration with architectural firm SmithGroup. Despite other states



being more urbanized, like New York, both decided to build their projects in Virginia, where it's easy to conduct business. LLCs in Virginia only need to pay an annual registration fee of \$50 to operate, compared to annual reports that most states require. They also don't require a business license aside from those mandated by national law. Since there's little to no hassle to operating businesses in the state, many Virginia LLCs are encouraged to expand. LS Technologies, AAA Healthcare, and Capital Investment Advisors are great examples of this feat. Cityline even has another project in Tysons called Arbor Row—a residential area.

Other projects

Aside from Archer Tysons, The Heming, and a new fire station, a new project was recently approved in Scotts Run South last quarter: an unnamed 25-story mixed-use building at the corner of Chain Bridge Road and S Dartford Drive. With 47 apartments and 15,000 square feet of retail space, Cityline is using this as an opportunity to attract big businesses into establishing an office in urban Tyson. Once finished, it will be 285-feet-tall, a staggering sight for sure.

Scotts Run is the pride of Tysons, and every expansion proves that. It'll be interesting to see what new things are going to be added in the coming years. ♦

Ristorante Bonaroti

Est. 1982



Sergio Domestici and the Bonaroti family invites you to explore the joy of Classic Italian Cuisine and their award-winning wines and service. Since 1982, Sergio Domestici's classic Italian cuisine has received acclaim from all major magazines and critics in the Washington Metro area.

Warm and romantic, Bonaroti's is a favorite of Italian fine dining patrons and enjoys the praise of visiting dignitaries and the stars

Private Dinners | Corporate Functions
Holiday Celebrations | Retirement Parties
Engagement & Rehearsal Dinners

428 East Maple Ave, Vienna | 703.281.7550

BonarotiRestaurant.com





Laurie Mensing

CHRISTIE'S INTERNATIONAL REAL ESTATE

Ranked in the top 1% of agents nationwide, Laurie Mensing eclipsed the \$800 million mark in real estate sales by the end of 2018. Her strategy, treating every transaction as if it's her own, has proved to be the key to her overwhelming success. In 2018 Laurie was ranked the #1 Agent Long & Foster McLean, #1 for the entire NOVA region for Long and Foster and #3 in the state of VA. Laurie's success is the result of the extraordinary service she's provided to her clients in Virginia, Maryland, DC. Her local knowledge and ambition to provide impeccable service to a wide range of clients with different price points, truly separates her from her counterparts. Consider Laurie YOUR trusted real estate advisor.

Specialties:

New Construction, Works With
First Time Home Buyers, Specializes in
Relocations, Resale Residential,
Historic Homes, Downsizing



c: (703) 965-8133 

w: (703) 873-5193

1355 Beverly Rd, Suite 109

McLean, VA 22101

www.lauriemensing.com



Casey Margenau

FINE HOMES & ESTATES

With exceptional credentials, Casey uses his 30 years of experience to help his clients maximize the value of their real estate transactions. His experience, extensive knowledge and understanding of Northern Virginia's Real Estate market have helped him to sell over \$3 Billion of homes. For 5 years straight, Casey had been the #1 agent worldwide because of the fact that he enjoys helping families as well as individuals find the best homes, or the land to build their forever homes. The homes that Casey specializes in are some of the finest homes Northern Virginia has to offer. He has always been an innovator in marketing the properties he sells; from digital, print, and social media marketing. His reach is global, national, regional, and local to make sure that people, no matter where they are, see the homes that he has to offer so they can find the perfect home that meets their unique needs.

Specialties:

Area's Premier Luxury
Home Builder and Realtor



703-827-5777

8478 Tyco Rd, Vienna, VA 22182

www.margenau.com



Mark Goedde

QUALITY REAL ESTATE SERVICE

Mark Goedde has been exceeding his clients expectations in quality real estate service throughout Northern Virginia. Mark has the financial and investment experience to help you make smart decisions concerning your home and/or your real estate portfolio, representing YOU when you're ready to either buy or sell a home. He can assist you with multi-million dollar homes and mid-level properties and has been serving residential real estate needs for over 30 years in Fairfax, Loudoun and Arlington Counties and the Cities of Alexandria, Fairfax and Falls Church. Mark is a full-service Realtor with mortgage, insurance, property management and title partners to serve your every need.

Specialties:

Investment Property, New Construction,
Works With First Time Home Buyers,
Specializes in Relocations, Resale
Residential, Single Family Homes and
Townhomes, Associate Broker, Luxury



c: 703-850-8129

w: 703-790-1990

markgoedde@LNF.com

www.markgoedde.com



Sari Dajani

THE WEICHERT/ TEAM DAJANI DIFFERENCE

Sari Dajani and Team's over 50 years of experience with residential and commercial real estate in northern Virginia and the Washington DC metro area have proven beneficial to their clients. Team Dajani's diverse background (speaking several languages) help them to understand the needs of both buyers and sellers in this cosmopolitan region and offer them negotiation edge. Together Team Dajani provide seamless service, creative marketing and support 7 days a week. Team Dajani's commitment to help coupled with Weichert's many resources can save you valuable time and effort in securing home financing, insurance, and home connections.

Buy. Sell. Relax.

Acheter Vendre Relax

إشتري • بيع • إرتاح

Compra Vende Relájate

With Weichert unlimited support Team Dajani ensures maximum online presence through SEO marketing and online campaigns.



156 Maple Ave, Vienna, VA 22180

c: 571-239-9997

w: 703-938-6070

sari.dajani@outlook.com

www.dajanirei.com

MyFlorist

Your expression. Our passion. MyFlorist.

*Blooming in Tysons Since 1989
National Top 50 Florist Since 2005*



Parties | Lobby Arrangements | Romance | Sympathy
FLOWERS FOR ALL OCCASIONS

Call Us. We Love to Help. 703.442.8203

www.myflorist.com | 1984 Chain Bridge Road | Tysons Corner

NEED A PRINTER?

WE'VE GOT YOU™

Sir Speedy
VIENNA®

PRINT | SIGNS | MARKETING

www.sirspeedyvienna.com

703-847-8880



Signage & Banners

Direct Mail

Digital Production

**All Your Business
and Marketing Needs**

**RIGHT HERE.
RIGHT NOW.**



Cathy Pongmalai

LISTING SPECIALIST & BUYER'S AGENT

A prime example of the American Dream.

As a child of military parents, Cathy Pongmalai has traveled the world and met career professionals of all variety. With a heart for design and a background in the service industry, Cathy could have chosen any career. Instead, on October, 2001, Cathy Pongmalai became a real estate agent. With drive and tenacity, Cathy quickly rose to the top 1% of Realtors, by building a great team and implementing a strategy that helps 70% of her clients net above list price on the sale of their homes. When asked what other career she would choose today, Cathy said, "A Real Estate Agent". Which is why her company tagline is, "Love Your Home. Love Your Neighborhood".

Specialties:

Upsizing, Downsizing,
Investing Or Relocating,
Negotiation Expert,
Accredited Staging Professional (ASP),
Senior Real Estate Specialist (SRES)



c: 703-786-5776
cathy@callcathy.com
www.cathyrealtor.com



Gloria Adams

TRUSTWORTHY, NEIGHBORLY, TENACIOUS!

Top Producer Gloria Adams has been listing and selling homes in the upscale markets of Fairfax for over 20 years building a reputation for service that exceeds one's expectations. Gloria received the NVAR Diamond Top Producer Award in 2018 from the NVAR Top Producers Club and is a Life Member of the NVAR Million Dollar Club. In 2017, Gloria also received a TTR Sotheby's Special Achievement Award for Sales Accomplished. Gloria moved to McLean, Virginia 25 years ago from the Texas/Oklahoma area. Prior to starting her career in real estate, she worked for the Congressional Budget Office on Capitol Hill, the Brookings Institution, and two Presidential Commissions, solidifying her grasp for the missions she serves so well. She developed a love for the real estate business and her reputation among her peers and customers alike is a testament to her desire to go that "extra step" to ensure a satisfied client.

Specialties:

Negotiation Expert,
Resale Residential, Rentals



703-319-3344
6723 Whittier Ave #101,
McLean, VA 22101
www.sothebysrealty.com



Ginger P. King

BEST REAL ESTATE AGENT AND TOP PRODUCER

Designated Best Real Estate Agent by Washingtonian Magazine 2015 and #4 in the Company Top Ten in 2014, Ginger is a Life Member Northern Virginia Association Top Producer. She is a native and resident of Vienna, VA, and as the daughter of a builder, she loves residential real estate marketing and sales. Ginger is a licensed realtor in Virginia and Florida and specializes in residential real estate sales in Northern Virginia—especially, Vienna, Fairfax, Oakton and nearby. She has a number of real estate designations and enjoys tennis and golf.

Specialties:

Accredited Buyer Representative (ABR),
Accredited Staging Professional (ASP),
Graduate Realtor Institute (GRI),
Senior Real Estate Specialist (SRES)



ginger.king@cbmove.com
703-477-8793
465 Maple Ave West
Vienna, VA 22180



Richie Hanna

REAL ESTATE CUSTOMER SERVICE EXPERT

Richie is an award winning sales professional that has worked in the sales/customer service industry his entire adult career. Over 20 years of sales experience perfected his skills needed to not only achieve his client's expectations but exceed them! Acquiring knowledge of schools, commute, surrounding amenities, and indispensable business relationships supplies him with the ability to help you buy or sell with the utmost confidence. If you are looking for a Real Estate Customer Service Expert that sets their expectations high, is totally up front with you, thrives on customer satisfaction, and is a fearless yet effective negotiator then "Real Estate Richie" is the right agent for you. Richie takes great pride in the relationships he builds and always works relentlessly to ensure his clients best interest!

Specialties:

Over 70+ Five Star Reviews
on Zillow and Google
99.8% Sale Price to List Price Ratio
12 Days on Market Average
30+ Homes Sold Per Year
Integrity - Service - Results



703-655-9585
RE/MAX Gateway
www.richiehanna.com



Lori Shafran

OVER 100 YEARS OF REAL ESTATE TRADITION

With over 35 years of career experience in residential real estate sales, luxury home sales and marketing, office leasing and real estate settlement services, Lori has in-depth knowledge and experience in the Northern Virginia housing market and provides her clients with a comprehensive level of support in buying or selling their home.

In every real estate transaction, her focus is to meet and exceed the needs of her clients. She is committed to providing personalized sales support with attention to detail and responsive service—working closely with each buyer or seller to carefully understand their specific goals and needs of home ownership.

Whether the purchase or sale is a single-family home, townhouse or condominium, she provides clients with the information they need to make wise investment decisions in buying or selling a home.

Her background in real estate settlements is a powerful asset to both her selling clients as well as purchasers. With an in-depth understanding of the settlement process as a former settlement agent, she is able to share this knowledge and successfully guide her clients through all phases of selling or buying a home— from contract to closing.



agent: 703-967-0909
office: 703-790-3330
1309 Vincent Place
McLean, Virginia 22101
www.lorishafran.com



SORGIUS
INSURANCE AGENCY INC



HOME INSURANCE

- Homeowners Policy Coverage
- Renter's Policy Coverage



AUTO INSURANCE

- Collision Coverage
- Comprehensive Coverage
- Liability Coverage
- Medical Payments

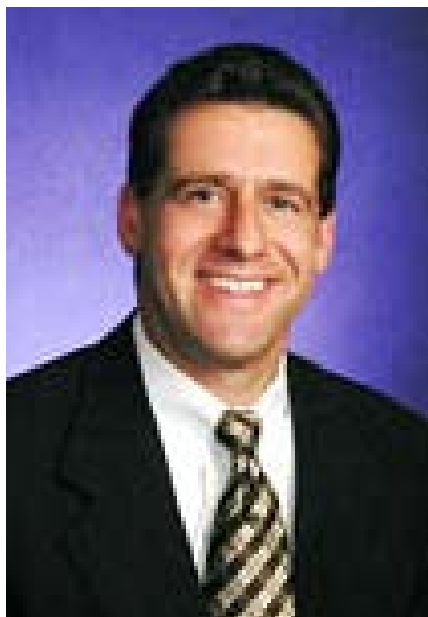


COMMERCIAL INSURANCE

- Commercial Auto Insurance
- Commercial General Liability Insurance
- Commercial Property Insurance
- Workers Compensation
- Business Owner Package (BOP)

Brad Sorgius

CALL: 571-510-3132
EMAIL: brad@leesburgagent.com
18213 Presidio Place
Round Hill, VA 20141
www.LeesburgAgent.com



Kevin Kleifges

SOMEONE WHO KNOWS THIS AREA INSIDE AND OUT!

As an agent who's an expert in this local area, Kevin brings a wealth of knowledge and expertise about buying and selling real estate. Kevin is someone you can trust for up-to-date information who is eager to serve you. If you need to find your next home, Kevin will find you the ideal property at the right price for you, including all the neighborhood amenities that matter.

When it's time to move, Kevin will handle advertising your home, showing it prospective buyers, negotiating the purchase contract, arranging financing, overseeing the inspections, handling all necessary paperwork and supervising the closing. He can take care of everything you need, from start to close. Consult with Kevin on Home Selling Tactics. His experience in home staging can be the difference between a home resting on the market and one that's sold fast.

Specialties:

Find a Home, Sell a Home
Consult on Home Selling Tactics



c: 703-346-3783

w: 703-471-7220

11911 Freedom Dr Ste 520

Reston, VA 20190-5646

www.coldwellbankerhomes.com



Poppy Cole

EXCEPTIONAL RESULTS ...ONE CLIENT AT A TIME

Poppy completely understands that no two transactions are the same. Each transaction involves different people with different driving forces, different seasonal markets, locations, and property features. Poppy's background in nursing with its lessons in assessment, analysis, listening and team management are vital tools in a Real Estate transaction. The ability to bring these tools together and use modern technology in marketing and targeting specific audiences are a winning combination for clients. Having grown up in the Northern Virginia area, Poppy is familiar with the different neighborhoods and what they have to offer. A full-time Realtor since 2002, consistently a top 100 Mid Atlantic Coldwell Banker Realtor, and a Certified Negotiation Expert, Poppy has the experience to deliver successful results for her clients.

Specialties:

Certified Negotiation Expert



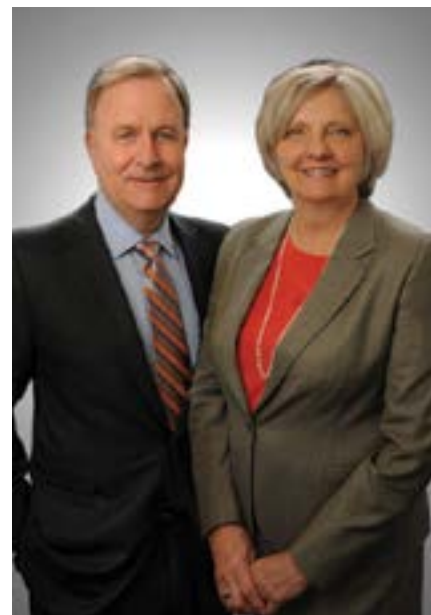
c: 703-304-1420

w: 703-938-5600

2070 Chain Bridge Rd Ste #103

Vienna, VA 22182

www.poppycole.com



Dave and Joanne Adams

CERTIFIED LUXURY HOME MARKETING SPECIALIST

After 19 years as a retail business executive with extensive marketing and negotiation skills, JoAnne transitioned into Real Estate. Dave served 21 years with the United States Secret Service before transitioning into Real Estate. His unique knowledge of Northern Virginia and the Washington D.C. area has proven beneficial to their clients. Dave and JoAnne have been Northern Virginia residents since 1991 and work together as a team. They understand the stresses of relocating, having moved several times when Dave worked for the Federal government. Dave's relationships here and abroad, their knowledge of sophisticated database technology, analytical approach to tasks and commitment to service, honesty and integrity are the cornerstones of the Dave and JoAnne Adams Group.

Specialties:

Military Relocation Professional (MRP®)
Seller Representative Specialist (SRS)
Certified Luxury Home Marketing
Specialist (CLHMS®)



dave@joanneadams.com

m: 703-963-4491

o: 703-471-7220

Casey Margenau

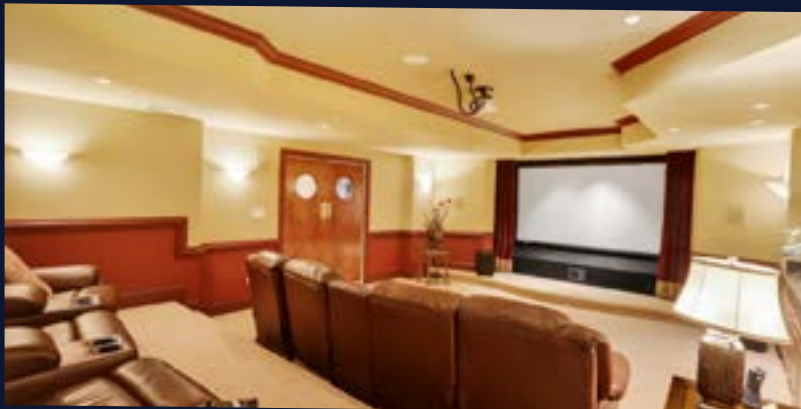
— Over 3 Billion Sold — Fine Homes & Estates

KNOWLEDGE

| EXPERIENCE

| TRUST

1364 Hardison Lane, McLean, VA 22102
\$2,495,500



This stately brick colonial on a cul-de-sac street has the greatest location one could ask for. Just minutes to Tysons, the Dulles access road, the beltway, and walking distance to the spring hill recreation center; you won't find a better location. The home is in the school district of Spring Hill, Cooper, Langley which are some of the best schools in the nation. The home itself offers a great lot that is very level and backs to a common area with a beautiful and private pool in the rear yard that has two water features. There is a huge patio area and a large deck and the yard is landscaped to perfection. As you enter the front door, you find dramatic dual stairs and a 2 story foyer and family room, giving you a very open and inviting floor plan. In the family room, you find custom built-ins, a coffered ceiling, soaring glass windows that provide tons of natural light as well as a view of the pool. The rooms flow together which makes entertaining easy and seamless. A library with custom cherry built-ins and raised panels. The kitchen has natural cherry cabinets, a sub-zero refrigerator, double ovens, and a large pantry. The kitchen is open to a large breakfast area as well as a rear sunroom with Palladian windows. Laundry is on the main level and the 3 car garage has garage tech flooring and shelves. The upper level boasts a grand owners suite with tray ceiling, fireplace, a lounge area, 2 large walk-in closets, and an elegant owners bathroom with a beautiful soaking tub and separate water closets. The three secondary bedrooms all have en-suite baths as well. The lower level is something to behold with a billiards room, a beautiful bar, wine cellar, large open rec room that walks out to the pool, an additional bedroom and bath as well as a theatre room that is to die for.

Casey Margenau Fine Homes & Estates, Inc.



www.margenau.com
703.851.2600



WALKER BEND ESTATES GREAT FALLS, VA \$2,740,000

- Located in the heart of Great Falls near the Village Center
- Three new luxury properties sited on 1 acre to 5+ acre lots
- Accessed by a private, paved road. No HOA.
- Located in the "Langley Pyramid"
- Built by GE Custom Homes, LLC
- Model Home-Immediate Delivery Listed at \$2,740,000

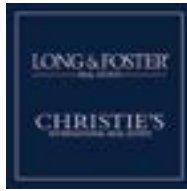


*Over 100 Years of
Real Estate Tradition*

WWW.LORISHAFRAN.COM

LORI SHAFRAN
Yeonas And Shafran Real Estate LLC
1309 Vincent Place, McLean, Virginia 22101
Agent: 703.967.0909
Office: 703.790.3330
lorishafran@gmail.com





COMMUNITY POND

OAKTON, VA

\$978,500

Fabulous upgraded colonial with three gorgeous levels including extended sunroom and remodeled kitchen overlooking open family room. Stunning master suite with sitting room and luxury bath with separate tub and shower. All baths updated, shiny hardwood floors, finished lower level and private nearly-one-acre lot overlooking acres of community common area with pond. This original-owner "Beauty" has been well-loved!

CUSTOM CRAFTSMAN

VIENNA, VA

\$1,749,000

Walk to EVERYTHING in Downtown Vienna from this stunning open Craftsman in the Town's quaint historic district. Grand and wonderful details on all three levels including moldings, hardwoods, dual kitchen islands, bent staircases, ten-foot ceilings, luxury baths and two decks. Over 7,000 sq.ft. of gorgeous finished space including five bedrooms, five-plus baths, main level library, two fireplaces and finished lower level. Delightful one-third-acre private flat lot. This home has it all, right where you want to be!



CLASSIC CONTEMPORARY

RESTON, VA

\$799,000

Enjoy this sunny retro contemporary in the terrific and fun lake-front community of South Bay. This cluster has its own private dock with stunning southern views across Lake Audubon. Three open levels with two-story windows, vaulted ceilings, two-sided fireplace, and a great family room off the kitchen. Large master suite, main level office and open staircases.



"Making It Happen"

WWW.MARKGOEDDE.COM

MARK GOEDDE
LONG AND FOSTER REAL ESTATE

c: 703-850-8129

w: 703-790-1990

markgoedde@LNF.com



Top 10 Most Expensive New Listings

Information courtesy of Bright MLS



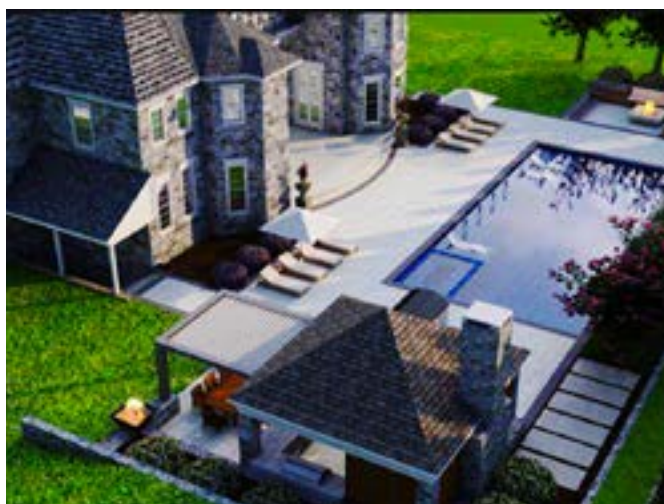
3150 SOUTH ST NW

Washington, DC

Architecture: **Contemporary Penthouse**

List Price: **\$18,000,000**

Prominently positioned above prestigious Georgetown with breathtaking views overlooking the Potomac River, Penthouse 2C has been curated for the most discerning tastes. This exquisite property contains over 6,400 square feet of living space designed for sophisticated living and entertaining. The foyer introduces the residence with carved French Limestone moldings accented by solid rosewood doors and sterling silver casings. The expansive and light-filled living room features unobstructed views of the Kennedy Center, Roosevelt Island, and the Georgetown waterfront. The second level living space has an expansive rooftop terrace with views of the Washington Monument and beyond.



1011 TURKEY RUN RD

McLean, VA

Architecture: **Colonial**

List Price: **\$12,000,000**

Positioned on a prominent hilltop, Federal Hall commands views in all directions. The main residence encompasses over 20,000 sf finished with the finest materials including hardwood floors, marble, and plaster. The impressive main entry hall is spacious and designed to accommodate large receptions which flow easily to the great room overlooking the pool and gardens beyond. The main chef's kitchen is a culinary showplace while the separate catering kitchen will accommodate both catering and daily requirements. Throughout, seven exceptional bedrooms with en-suite baths provide ample accommodations.



2804-2806 Q ST NW

Washington, DC

Architecture: **Traditional**

List Price: **\$7,900,000**

Four-story Federal style home with nearly 11,000-square-feet of living space. Generous foyer leads to exceptional large scale entertaining spaces. The residence has a large library, formal living room with 21' ceilings, elegant formal dining room, open gourmet kitchen and family room. Third level features 4 bedrooms and 4 full baths, and the master suite occupies the entire 4th level with two full baths, sitting room, and private roof deck. There are two one-car garages, two elevators, a wine cellar, two laundry rooms, and three fireplaces.



2211 MASSACHUSETTS AVE NW

Washington, DC

Architecture: **Interior Row/Townhouse**

List Price: **\$8,500,000**

2211 Massachusetts Avenue, NW is a 9,400 sf six-story townhouse, ideally located on historic Embassy Row. Formerly part of the Greek Embassy, 2211 Massachusetts Ave, NW has undergone a full renovation, including new elevator, and is being delivered, in a warm lit shell ready for final tenant finish. The property is ideal for an embassy chancery or residence, as well as a high-end residential home.



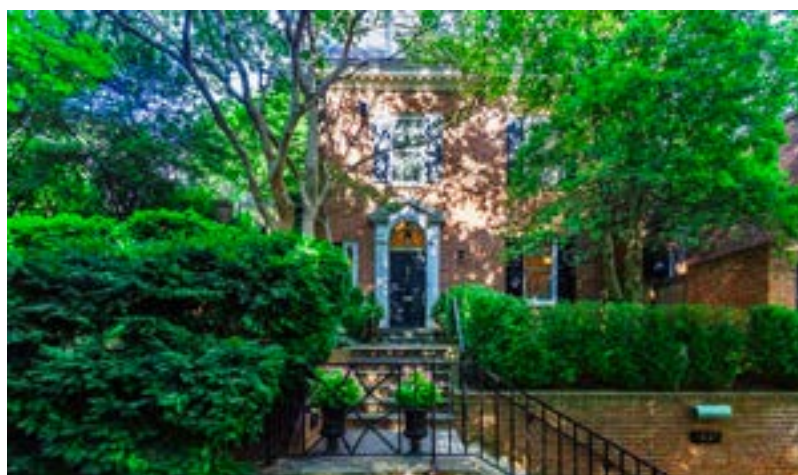
2915 NW O ST NW

Washington, DC

Architecture: **Federal**

List Price: **\$7,395,000**

Privacy, History and Grandeur mark this exceptional Georgetown East Village Home. Surrounded by a beautiful walled garden, this spacious home features 7 bedrooms, 7 1/2 baths. On the main level are large rooms for entertaining, formal library, large dining room and kitchen /family room with butler's pantry. Additionally, a second kitchen/ family room and wine cellar in the lower level will allow for greater space for entertaining. The large gardens surrounding the home boast 3 beautiful fountains, the elevator services all four floors and 2 parking spaces can be found outside the rear garden wall.



1691 34TH ST NW

Washington, DC

Architecture: **Contemporary, Traditional**

List Price: **\$6,450,000**

A large private terrace, separate renovated pool house, elevator, and heated pool are some of the remarkable features of this exceptional residence. The charming arched-front vestibule leads to the reception foyer, complemented by marble floors, elegant moldings, and splendid architectural details. The fully renovated gourmet kitchen offers marble countertops, high-end appliances, and abundant cabinet space.



2100 DUNMORE LN NW

Washington, DC

Architecture: **Traditional**

List Price: **\$6,300,000**

No detail was overlooked in the custom construction of this architectural masterpiece, where style and sophistication meet modern day amenities and lifestyle needs. A spectacular open floor plan with 10 foot ceilings provides breadth and airiness on the main level and the two-story foyer, living room, and dining room capture an abundance of natural light. Modern day living is enhanced with the open chef's kitchen and generous family room with fireplace and built-ins, both complemented by the highest quality fixtures and finishes.



9410 PISCATAWAY LN

Great Falls, VA

Architecture: **French, Manor, Mediterranean**

List Price: **\$5,850,000**

Just a few years young, this gorgeous home is designed for luxurious indoor-outdoor living on 8 private acres! Embassy sized formal rooms with a magnificent entryway that features a stunning, iron, curved floating staircase with breathtaking rear views makes this home a show piece for entertaining. A family compound with a gourmet kitchen, media room, sauna, pool room, wine cellar and a "one of a kind" outdoor space makes this home so special.



40543 COURTLAND FARM LN

Aldie, VA

Architecture: **Cape Cod, Traditional**

List Price: **\$5,800,000**

Nestled within 100 acres is this much improved and updated 10,500+ SqFt delightful property combining new and old charm in a tasteful and rather clever fashion. The original 1930s stone manor home was updated and extended in 2006 with a modern addition, while being sympathetic to the original home. The current owner has made significant updates that added some extremely smart additions. The possibilities are endless with this exquisite property, with breathtaking views of mountains, luscious pasture, stream, pond and pool.



12138 HARPERS FERRY RD

Purcellville, VA

Architecture: **Colonial**

List Price: **\$4,999,000**

The large brick estate home features 5 bedrooms, 3 full bathrooms, 2 half bathrooms, 4 fireplaces, 2 car garage, finished basement, country kitchen and a dining room that can accommodate 20 of your closest friends. Indulge in a glass of wine from your own estate on the 1600 square foot brick patio right behind the house while soaking in the new hot tub. The main Winery building is a multipurpose building used for wine storage, wine production, tasting room, and other events. The adjoining 1600 square foot patio has grandiose views.



Van Metre Homes Ambassador Chef Spike Mendelsohn Shares Kitchen Design Tips

Maximize your Pantry

“How many times have you wanted to hide stuff, or have a little hide away space, before or even while having people over? Adding a sink and countertop to your pantry allows you to have a clean kitchen while you are entertaining, keeping your entertaining area looking awesome. Use it as a prep area to cut vegetables or use it as a utility sink, you’ll find having this added space to be priceless.”

Shelving

“Seeing all of your tools gets your creative juices pumping. So, really well designed shelving is key. Cabinetry should be

thoughtful, so there is no wasted space. In my world as a chef, shelving is everything. So rather than being stored in a drawer you stumble on once a year, you see your favorite tools often. My favorite tool is a blender because there is nothing more rewarding than making a refreshing gazpacho in the summer or a hot velvety soup in the winter.”

Kitchen Island

“When it comes to the kitchen layout, you can’t underestimate the value of a large well designed island. The classic rectangle is most new home buyers go-to, but a new trend that I am loving is the L shaped island. The L shape allows you to have work

space on one side and have friends and family seated on the other so you do not have to holler into the other room.”

Pet Dining

“We all know our four legged friends are part of the family too! That’s why we added a built-in bowl area to the kitchen island to give furry family members an eating area that is lifted off the floor, which is cleaner and better for them.”

Pot Storage

“The key to a great kitchen is to mimic the flow of a restaurant kitchen. We designed under stove pot and pan storage, so everything is within arm’s reach. I advise home

buyers to make sure they avoid sharp edges or things you'll bump your head into like hanging pot racks in the kitchen."

Microwave Oven Design

If you can, I suggest upgrading to a speed oven rather than a traditional microwave. It looks better and has more versatility. Another option is to hide the microwave in your kitchen island."

Functional Extras

"Because the kitchen is the hub of the house, it's important to have functional extras designed into the space like a charging post and a storage area for cookbooks, notepads or mail so they are easily accessible but off of your counters."

Ingredient Storage

Proper ingredient storage is the first step to achieving great tasting meals. We designed options for beverage areas and wine fridges in the island so that when you pool a drink out or open a bottle of wine, it's ready to consume at the appropriate temperature. We also designed pull out drawers where new homeowners can drop baskets in for proper storage and easy access to dry ingredients like potatoes and onions.

Flooring

"I love that we offer EVP (engineered vinyl plank) Flooring because it looks beautiful but is also waterproof and scratch proof making it a practical choice for your kitchen. I also advise buyers to opt for slip resistant mats in the high traffic areas of your kitchen."

Outdoor Living Design

"When you move in, find a space and start an outdoor herb, vegetable and mushroom garden. It's a great way to increase your daily veggie intake - especially when we are eating at home now more than ever."

"Try to design your deck or patio so that it wraps around your kitchen window or door so that you have easy access to pass food through when grilling."

"Don't underestimate how long it takes to get your grill hot. Place your grill in the shade so you don't overheat while cooking outdoors."



Dental Airway and Sleep Medicine in Orthodontics

What's one of the best things you can do for your growing child?

An evaluation of the quality of their breathing can improve their school performance, behavior, reduce or eliminate snoring, better sleep and support general growth and development. Dr. Calkins can assist your child with early facial growth evaluation.



Patient's Choice
Winner



AREAS OF EXPERTISE

Pediatric & Adult Orthodontics
Craniofacial Orthopedics
TMJ Diagnosis and Treatment
Orofacial Myofunctional Therapy (OMT)
Cleft Lip & Palate Orthodontic Management
Pediatric & Adult Airway Management



Dr. Liliana Calkins

Specialist in Interceptive Orthodontics and Craniofacial Orthopedics

American Association of Orthodontists
American Academy of Dental Sleep Medicine
American Cleft Palate Association
American Dental Association
International Association of Orofacial Myology



**AIRWAY &
SLEEP GROUP**

Dental Airway and Sleep Medicine in Orthodontics

11800 Sunrise Valley Dr., Suite 200, Reston, VA, 20191

Call: 571-244-7329

Text message: 571.244.7329

For appointment request email: infosunriseortho@gmail.com

www.AirwayandSleepGroup.com

www.Sunrise-Orthodontics.com

Go Crazy Over Pazzo Pomodoro

By Linda Barrett

Tucked away in an unassuming strip mall in Vienna, VA, Pazzo Pomodoro is a delightful combination of a family-friendly neighborhood restaurant and fine Italian dining you'll want to return to again and again. It is an ideal choice for either dinner with the kids or a romantic evening on the town.

Pazzo Pomodoro, owned by Jimmy Audia and Bill Hicks, is a Cantina-style concept, offering a Neapolitan-inspired menu of made-from-scratch dishes that represent traditional cuisine and pay homage to memories of Campania and Sicily. The dishes are typical to the working class neighborhoods of Napoli, Salerno, Capri, the dozens of small villages along the Amalfi Coast, and the diverse island of Sicily.

You'll notice the enticing aromas and the warm welcome as soon as you step inside. There are several dining areas, each featuring red-and-white checkered tablecloth settings, stone walls and colorful depictions of the Old Country, where dining groups can be spaced safely apart. As an added attraction, the open concept kitchen allows you to watch the chefs in action as they prepare your dishes. Note the massive blue wood-fired pizza oven.

A large bar area at the rear of the restaurant doubles as a wine cellar, as well as offers additional seating. Note the clever way that wine bottles are incorporated into the ceiling storage bins. Pazzo Pomodoro features more than 390 wines, with many available by the glass. Ten tap beers that change on a regular basis are also available, along with bottled beer.

Pazzo Pomodoro has been awarded five Wine Spectator Awards, including Awards of Excellence in 2017, 2018 and 2020. Sign up for a Wine Tasting where you can sample five wines, along with munchies. Or attend a monthly Wine Dinner to enjoy a five-course meal and five wines.

Buon Appetito

Start your meal with one of the appealing salads. We tried the Insalata di Bietole, a light, bright salad composed of two types of beets served with goat cheese and peppery baby arugula, drizzled with a balsamic vinaigrette and topped with shaved Parmesan.



According to owner Jimmy Audia, "It was my mother's favorite."

From there, a couple of hearty appetizers made their way onto our table, and into our stomachs. Although I'm not usually a fan of calamari, I could be converted by the Calamari Fritto o alla Griglia. These lightly-breaded bites were a delight dipped in the spicy tomato sauce that accompanied them. I chose the Polpette di Ricotta, a bowl of Sicilian-style meatballs covered with a tangy sauce and ricotta cheese and garnished with fresh microgreens. Although the menu says they are small, they are hearty enough to be quite filling.

Authentic Entrées

What adds to the experience of dining here is the food's presentation. Each plate is an Instagram-worthy

work of art as well as a taste sensation. The ingredients are fresh and locally-sourced; many of the herbs and vegetables come from Audia's organic family garden in Waterford, VA. And the pasta is always homemade. Patron favorites include the Lasagna alla Partenopea, Involtini di Vitello and the Piccata di Vitello (both Veal); and the Gamberoni al Salmoriglio (Jumbo Shrimp).

Chef Juan Bonilla outdid himself with the Agnello in Crosta di Pistachio we ordered, translated to Sicilian lamb chops crusted with pistachios and served with a Madeira wine reduction. Grilled to medium, the meat was tender and flavorful, and the crisp roasted vegetables and sprigs of rosemary added to both the presentation and the taste.



Server, Jerry Jrab



All Photos Credit: Linda Barrett



REIMAGINE
YOUR SPACE
and transform it into
an elegant, stylish
and functional home,
tailored to you and
your lifestyle.

(703) 448 0201
Info@SynthaHarrisInteriors.com
www.SynthaHarrisInteriors.com



The regular menu is large, but don't overlook the Specials menu that changes weekly according to what is fresh and in season. We ordered the Branzino and were delighted with the tableside presentation as our server Jerry Jrab filleted the Whole Grilled Mediterranean Rockfish before our eyes and accented it with a bright green Salmoriglio Sauce before serving it with roasted potato wedges and vegetables. It all paired perfectly with the Torri Montepulciano d'Abruzzo Riserva 2015 wine he suggested.

Wood-Fired Pizzas

The 6,000-pound pizza oven was hand built in Naples, Italy by Stefano Ferrar, a renowned third-generation artisan, and creates the most appetizing array of 12" pizzas in a flash. The classic Margherita pizza with fresh mozzarella and basil, the Ducati, and the Anema e Core are popular choices. Gluten-free crust is available upon request.

Save Room for Dessert

A separate dessert menu offers a variety of tempting options including the house specialty Baci di Sofia Loren, or petite chocolate cups filled with Zabaione and fresh berries, a classic Tiramisu or Cannoli, and a Torta di Limone con Amaretti, or lemon cheesecake soufflé with Amaretti cookies, among them. There's usually a dessert or two on the Specials menu as well.

Indoor seating is currently limited due to COVID-19 restrictions, but in March, the restaurant opens its outdoor dining tent to add 40 additional seats. Private dining is available in the Vienna restaurant's Capri Room for up to 35 guests. A second Pazzo Pomodoro restaurant is located in Ashburn, VA.

The name Pazzo Pomodoro translates to "crazy tomato," but the only thing crazy about this restaurant was that it is crazy good! For high-quality meals at affordable prices, visit either location. ❖

Pazzo Pomodoro Vienna

118 Branch Rd. SE, Vienna, VA 22180
703-281-7777

Pazzo Pomodoro Ashburn

19825 Belmont Chase Dr.
Ashburn, VA 20147
703-858-5555

Being online
is a big part
of my job, but
digital eye strain
shouldn't be.

Take the strain out of seeing.
Book an exam today.

myeyedr.
MYEYEDR.COM • 866.693.9336

WE WELCOME ALL INSURANCES

50% OFF

Can you pinch or grab the body fat you want to treat?

**SAVE 50% ON ONE TREATMENT OF YOUR CHOICE,
ALL OTHERS AFTER THAT 25% OFF.**

(Injections and Laser Hair Removal not included)

Call today, free consultation anytime.

***Ask our Experts in
CoolSculpting about
the NEW CoolTone
Magnetic Muscle
Stimulation Treatment***

The best way to find out
if CoolSculpting or the
New CoolTone is right
for you is to have a
professional assessment
at Astoria Laser Clinic.

They can develop a
customized treatment
plan to help you reach your
body sculpting goals!



2106-B Gallows Road | Vienna, VA 22182

703-992-9290

AstoriaLaserClinic.com



Lydia Russo & the Vienna VA Foodies Facebook Group *Angels in Our Midst*

by Allison Chase Sutherland

Lydia at Patsys American

José Andrés and his World Central Kitchen, Bon Jovi and his restaurant JBJ Soul Kitchen, and Vienna's own ultra-altruist, Lydia Russo and her Vienna VA Foodies. What do they all have in common? They are out on the front lines making a difference in the lives of others, feeding those in need—one meal at a time.

Almost two years ago, Vienna resident Lydia Russo created a Facebook group with her local friend Chris Drinkuth. Their main mission was to feature local Vienna restaurants and shine a spotlight on Vienna's growing culinary scene.

During the pandemic, the Vienna VA Foodies grew into something much larger – a support system for restaurants during the toughest times. The community rushed to come together and keep the local restaurant scene afloat. So many kind souls, such as RusticLoveVienna.com, joined in on the movement. All proceeds from sale of the Rustic Love wooden heart signs, T-shirts, sweatshirts, blankets, and magnets went to the food deliveries organized by Lydia.

The impact became so great, Lydia is currently in the works of establishing the One Neighborhood Foundation to focus entirely on the food deliveries. She knows this could have not been accomplished by all the kind citizens who stood up and played a part with their goodwill.

Lydia says it best. “Vienna VA Foodies has become one of the most magical groups. For the past ten months, we have helped local businesses by sending meals to front-line/first responders, essential workers, and food-insecure families. The entire community has pitched in and played a part, teachers, counselors, business owners, community members—even my dear colleagues.”

Recently I watched Lester Holt's compelling report on the food-insecure people in our nation, so many for the first time, and was reminded that I had seen this firsthand before, albeit not at this scale, in the schools where I taught in Fairfax County—especially at a Title I school where many of my students got free lunch. Some got breakfast too. Lydia and the Vienna Food-



ies are well aware and there to lend a hand wherever they can.

“This week alone we surprised over a dozen groups—some of which consist of Capitol police officers, National Guard, firefighters, teachers, and restaurant workers. Such moving, inspiring, heartwarming work. I am left speechless each day. It truly is a beautiful day in the neighborhood. I love Vienna, VA with my whole heart.”

Lydia and her tireless Vienna Foodies recently sent a lot of love from Church Street to DC. Local Vienna restaurants reached out to Lydia to help feed the National Guard during the inauguration. Lydia commented, “When I asked them if they minded if I grouped them together, they said, ‘Do it! We love our neighbors and we’ll go together.’”

These National Guard members are pulled from their everyday lives to serve, so the Vienna Foodies sent treats throughout the week to show their appreciation, including 100 pasties from The Pure Pasty Co., 100 sandwiches from The Sandwich Shop, 100 salads from Bazin's On Church, 300 freshly baked cookies from Best Buns Ty-

sons, 100 Skorpis Maggio's family restaurant meals, 100 Side Street & Sushi Bar by I-Thai meals, Patriotic Cookies made by Vienna baker Sarah Marshall, and Lollipop bouquets made by Lauren McCabe, and dessert by Lucy Q's. Two Vienna Foodies, Barbara Hamill and Sarah Pollinger, even stepped up to fund and send 200 Rustic Love Vienna masks (special edition gray) as a friendly reminder that Vienna appreciates their heroic service.

Great minds think alike. Great hearts beat alike. Nicola Willis-Jones, chef at The Pure Pasty, noted, “Today we (Pure Pasty) made and sent hot pasties into DC to help keep the National Guard fed and happy. Lydia Russo from Vienna Foodies, who has a heart of gold, has been coordinating food deliveries from restaurants in our area and we were happy to assist. Here to warm your toes, hands, bellies, and hearts.”

It's not surprising what Lydia decided to do for her birthday. She posted on Facebook, “Donating blood on my birthday! INOVA is in need of blood! Please consider giving! You can save lives.” That following week, with the help of the Vienna Foodies,



Lydia Wedding Day at Vienna Vintner



Lydia at Caboose Commons



Lydia at Blend III

INOVA was able to successfully book two entire days of blood appointments.

From the time Lydia was a little girl, she was taught to always give back. She has had many great mentors along the way. The beloved former Mayor of Vienna, M. Jane Seeman, dear Vera Lloyd, a volunteer for over 50 years at the Vienna Volunteer Fire Department, and countless teachers made sure Lydia understood—there is nothing more important than to give.

In addition to these noteworthy recent accomplishments, in February Lydia married Vicente Parra (who she met at a local restaurant!) in a small, intimate ceremony, and the giving community she inspires was there to cheer her on virtually in the weeks prior in true Vienna spirit. Although the wedding was scaled back, Lydia felt the love of her dear neighbors who had become family to her over the past ten months.

Lydia Russo is much more than a self-described hypegirl. Her work with the energetic and enthusiastic Vienna VA Foodies has been deservedly recognized, as she was selected as one of Harris' Heroes on Chan-

nel 4, who said she turned it into "a force for good." She was also awarded the first annual Corporate Social Responsibility Award by the Vienna Business Association.

Delegate Mark Keam from Vienna expressed his appreciation. "Lydia, it's been a tough year, but you certainly put a lot of smiles on my face with all of your wonderful kindness and selfless efforts to support those who are struggling the most in our community. Thank you!"

To join the movement of kindness and share photos from your visits to Vienna restaurants, be sure to join the "Vienna VA Foodies" Facebook group, or follow Vienna VA foodies on Instagram: @viennavafoodies

It is humbling to see so many amazing people stepping up to try to help in any way they can. One of my favorite lines from Mr. Rogers is in times of trouble to look for the helpers. And Lydia Russo is one of the biggest helpers of all. There are indeed angels in our midst. ♦

Don't Keep Your Enterprise a Secret!

You're reading this, like 240,000 others every issue... and we hope you appreciate the caliber of the company we keep and community that we serve. Our readership is within miles of your doorstep. Keeping your name in front of our area's most affluent consumers pays handsome dividends over the years. They're looking for you... **Be there for them.**

Talk to our marketing strategist on how we can keep your name front and center in print and digital today. Space is limited, hurry!



TYSONS
PREMIER

(703) 585-3354 | vivatyson.com | vivareston.com



PaSa-Thai
Restaurant & Bar

Authentic Thai Cuisine

“Love the Pad-Thai!
This place is great
for a good value
and yummy meal.
My family loves
the pad Thai and
chicken panang curry.”

Neighborhood favorite PaSa-Thai is a McLean landmark for classic noodles, rice dishes, and veggie choices in a warm, modern setup with a bar and outdoor patio seating.



**ORDER
ONLINE!**

Online ordering
NOW available
for pick-up &
delivery



703-442-0090
703-442-0093

www.pasathaimclean.com

1315 Old Chain Bridge Rd
McLean, VA 22101

Now Open
ABACA
ONLINE STORE

sleep better | stress less | live a healthier life

www.abaca.vip

**ABACA sells only the highest quality
Hemp CBD products!**

- Whole-Plant Benefits
- 3rd Party Lab Testing
- Responsibly Grown CBD



f Abaca.vip

@ abaca.vip

www.abaca.vip | info@abaca.vip
703.596.3710

15% OFF
first order
(code: open15)



Ask an Advisor: Special Needs Planning

By Dan Lash, CFP® AIF®

All parents worry about their children's futures – it's part of the job. Parents of children with special needs may face more uncertainty. Some of the biggest concerns special needs parents have are financial. Mapping out your child's financial future can seem like a daunting task, but having a plan in place can help ease your fears.

There are complex legal and governmental issues surrounding disability so planning for the long term can be tricky. The wrong decision might create a tax burden or render a child with special needs ineligible for government benefits. Having a strategic plan that maps out your vision for your child's future can lessen some of the uncertainty. Below are three things I recommend parents of children with special needs do to secure their future:

■ Create a letter of intent

No one knows your child better than you do. If something were to happen to you, how can you express your wishes for your child's future and share all the facts about your child's wants, needs, and care? While not a legally binding document, a Letter of Intent will serve as a guide for future caregivers and cover topics such as: daily schedule, medical history, education, benefits received, and your vision for your child's future.

■ Create a special needs trust

Work with an attorney to create a special needs trust. Such trusts are an important part of your child's long-term financial plan. The trust will serve to benefit your child in two ways: A trustee that you identify in the trust document will manage the

assets inside the trust for the best interest of the beneficiary and limit the beneficiary's access based on the trust document's stipulations (i.e., The funds can't be used to buy a sports car, but can be used for food and lodging). The second benefit of having the assets in a trust will preserve the beneficiary's eligibility for public benefits, such as Medicaid and public housing. You should work with an experienced Financial Advisor and a Trust Lawyer to establish and fund the trust.

■ Name a trustee

The trustee is the individual or institution that is responsible for administering the trust in accordance to your trust document. A trustee is usually not the same person that is named as a guardian. A trustee can be a close friend or family

member or an institution, such as a bank or trust company. The trustee controls the money and is responsible for investing the assets and dispersing them as necessary. They should also serve as a partner to a future caretaker to help make and be the voice of reason when tough financial decisions need to be made.

A great place to start planning for the financial future of your child is with your Financial Advisor. You are planning for two generations - yourself and your child. Your Advisor will help you organize and prioritize your personal financial goals and wishes and help you create a long term financial plan for your child. They will also be able to refer you to the appropriate attorneys, accountants, and other service organizations that would be of help. Having a team by your side is easier than going at it alone. ♦

Daniel P. Lash, CFP®, AIF® is a Financial Advisor and Partner at VLP Financial Advisors. Dan works with his clients to help them plan for their family's financial future. He believes that strategic planning is the key to creating, protecting, and growing wealth. Visit VLP Financial Advisors online at: www.vlpfa.com

Want to learn more?

Visit: <http://www.vlpfa.com> or submit your question for an advisor to info@vlpfa.com.

VLP Financial Advisors

8391 Old Courthouse Rd., Suite 203
Vienna, VA 22182

Dan Lash is a Registered Representative of and offers securities and Advisory Services through Cetera Advisor Networks LLC, member FINRA/SIPC a Broker/Dealer and Registered Investment Advisor. Cetera is under separate ownership from any other named entity.

For a comprehensive review of your personal situation, always consult your legal or tax advisor. Neither Cetera Advisor Networks LLC, nor any of its representatives may give legal or tax advice.

WE NOW DELIVER WITH DOORDASH!



Customers rave
"The best gyro you'll find!"

TASTE THE AUTHENTIC FLAVORS OF GREECE
from Chef/Owner, Peter Drosos who traveled there —
learning the art of hand made gyro and souvlaki.

The enthusiastic staff at Plaka prepares several Greek specialties which are all made in-house from the finest, freshest ingredients available. Open seven days a week for lunch and dinner.

OPEN
Seven days
a week
11am – 9pm



**ONLINE
ORDERING
FOR TAKEOUT
AVAILABLE**



TRY OUR CATERING SERVICES
TAILORED TO YOUR SPECIAL EVENTS!
Email us at catering@plakagrill.com or visit
www.plakagrill.com

VIENNA
110 Lawyers Road NW
Vienna, VA
703-319-3131

FALLS CHURCH
1216 W Broad Street
Falls Church, VA
703-639-0161



A Day Just for Mom:

Mother's Day Celebrations and Gifts She'll Treasure

By Kimberly Blaker

The role of mothers in shaping their daughters' and sons' lives is unsurpassed. Mothers teach us to love, be strong, be confident, persist, live life to its fullest, and be the best we can be.

“I realized when you look at your mother, you are looking at the purest love you will ever know.”

—Mitch Albom



Pampering

The role of mothers in shaping their daughters' and sons' lives is unsurpassed. Mothers teach us to love, be strong, be confident, persist, live life to its fullest, and be the best we can be.

Mother's Day is just around the corner. So, this year give her a gift from your heart and your undivided time to make it a special day she'll treasure. Just remember, the pandemic isn't over. When choosing a celebration, take into account whether your mom, yourself, and others involved are fully immunized, and follow pandemic safety protocols.

Mother's Day Brunch – Serve your mom a scrumptious breakfast or take her out for Mother's Day brunch. If you prepare it yourself, the following menu will be sure to please: fruit salad, juice, waffles or pancakes with her favorite blueberry or strawberry topping, Canadian bacon or fresh sausage, omelets or eggs benedict, homemade hash browns, and coffee cake or Danishes. Also, don't forget the fresh cut flowers for the table centerpiece.

Spring Blooms – What better way to spend a spring day than together in your mother's garden? Pick up her favorite annuals and perennials: begonias, petunias, violets, morning glories, poppies, marigolds, snapdragons, or mums. Then enjoy a relaxing day together, planting and sprucing up her flower garden and catching up on old times.

Mother/Daughter or Mother/Son-Memories

– Give your mom a keepsake that'll be dear to her heart. Purchase Mothers & Daughters: A Record Book About Us to fill out and share with her. Or create your own memory book with a scrapbook or journal. Include photos and memories about special times the two of you have had together; the most important things you remember about your mother from your childhood; how she has inspired you; and the times you look forward to in the future.

The Main Event – Surprise your mother with tickets to an event she's been dying to see: the ballet, a concert, play or musical, the opera, a favorite sporting event, a comedy show, or dinner theater. Be sure to tell her you have something special planned (but not what), so she'll be all yours for the day.

Train Excursion – Spring is the perfect time to tour the countryside. Take a train ride with your mom, and enjoy the vivid colors of spring, blue skies, beautiful blossoms, and other scenic sights.

Family Portrait

– If your family is like most, you're well overdue for an updated family portrait. What better time to have it done than on Mother's Day? Schedule to have your family's picture taken at a studio, or hire a photographer for a photoshoot in the park. Coordinate with family members in advance on the formality and color scheme, so outfits don't clash. Inform your mother how to dress for her special day, but keep the



Keepsakes

specific reason a surprise.

The Power of Poetry – You don't need to be a poet to write a special verse for your mother. In your poem, share what it was like growing up with her, how she influenced your life, or tell her just what she means to you. Then print it on stationery, and mat and frame it.

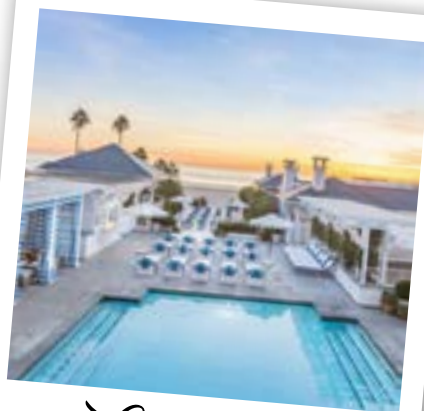
A Little Pampering – Mothers spend many years pampering their children giving bubble baths, washing hair, and caring for them when they're ill. Give your mother a special treat, a gift certificate for pampering at the spa where she can enjoy a Swedish massage, hair design, a sea spa manicure and pedicure, or a soothing facial.

Weekend Get-away

– Put together a weekend package designed especially for your mom. Choose a city that offers excellent shopping, art museums and cultural centers, or even a quaint historic town with neat shops, cafes, and parks. Leave the dates for the getaway open so she can make the

trip at her convenience, or so the two of you can make plans together.

Keep it Simple – Plan a relaxing day together, enjoying the outdoors. Head to a nearby park where you can meander along nature trails reminiscing or take a scenic bike ride. ♦



Getaway



WE LOVE, *Therefore We Grieve,* OUR PETS

by **Holli B. Shan**

Pet Loss Grief Counselor and Animal Communicator

At some point in our lives as devoted dog, cat and other pet owners, we all have experienced the loss of these beloved members of our families. After such a loss, it is human nature to not only emotionally grieve that loss, but to physically mourn as well. What I want to share with you is that your grief process is normal; it is also part of being human, and you are not alone in your feelings of sadness.

Grief is a Process

Grief is a process as well as a feeling and an emotion. Grief is something we go through when a loved one has passed on. It doesn't matter whether the loved one was a human or an animal companion. My teacher, Teresa Wagner, states, "Grief is indifferent to the species lost." I would add to that by saying, "We grieve so very deeply because we loved just as deeply." Why it matters is because there is an emotional bond between two beings—two living creatures.

Everyone will experience grief in his or her own way. For some, grief lasts only a short

time because the passing was expected and the bereaved had time to prepare themselves. For others, the passing of a loved one may be unexpected or sudden. The grief process for an unanticipated death will likely take longer to work through.

Grief is Normal and Understandable

The most important thing to remember is that when you are grieving, your feelings are not only completely and totally normal, they are understandable! Feel free to cry, yell, punch pillows or even just be silent. The grieving process that works best

is completely up to the individual.

Two wonderful coping methods that have helped me when I've lost a pet, and may help others, are to journal about how you feel or draw it out, if you like drawing. Remember, no one needs to see your writing or your artwork—it is your private therapy for your own path to healing.

Grief Has No Timeline

Grief has no timeline. Everyone's grief process is their own and it is important to honor that. Some people need to tell their favorite stories over and over again until

they have worked through their grief or even anger over the death. Others prefer silence. Both of these methods are normal and acceptable coping mechanisms. Grieving is a process, and each individual will work through it in their own way towards healing. If the bereaved person wants to create a memorial to honor the memory of the pet who has passed, they can see it as a reminder of the animal as they lived, and something that makes them smile or “lifts their spark” when thinking of their beloved animal companion.

Platitudes are Never a Good Idea

When other people tell someone who is grieving the loss of a beloved pet “It’s been 6 months, you should be over that by now. After all, it was just a dog,” their words are more hurtful than helpful. If you, as the bereaved, have experienced this, it’s okay to tell that person their comment isn’t helpful. Or you can ignore it outright, depending upon your relationship with the other person. This is one of those moments where platitudes are rarely helpful. Would you believe I’ve heard about people using this exact same sentence when someone else’s father died? If you wouldn’t want someone telling you this while you’re grieving, consider not saying it to someone else while they are.

Remember to Care for Yourself

The main thing to remember is that it’s important to be gentle with yourself during your grief process. Take time to rest, drink plenty of water and nourish your body with healthy foods. And don’t be too concerned about eating comfort foods now and then if it helps you. You are undergoing a difficult, emotional time. As humans, we are equipped with a complete set of emotions. It is healthy to allow yourself a grace period to feel all of the feelings you were born with. What exactly “feeling the feelings” looks like will vary from person to person. It all depends on you; be kind to yourself. We love, therefore we grieve, our pets. ❖

Holli B. Shan is a Certified Pet Loss Grief Counselor and Intuitive Animal Communicator. You can contact her at www.CompassionSpeaks.com. Join her Facebook group at www.facebook.com/groups/PeacefulPetPlayground.



WAKEFIELD SCHOOL


Training the intellect while fostering self-discipline, independence, creativity, and curiosity

NEW SUMMER PROGRAMMING:


- Bridge Courses
- Credit Courses
- Academic Enrichment

OFFERING OPEN HOUSES ALL SUMMER!

WWW.WAKEFIELDSCHOOL.ORG



EXPLORE • WONDER • GROW



Now Enrolling Ages 2 to 6 • Toddler Program • Before & After Care

NEW Outdoor Education Classroom

Montessori Kindergarten & Preschool
Advanced Academic Curriculum

McLean, VA • 703-356-5437 • www.brooksfieldschool.org



JW Marriott announced plans in February for a \$250 million luxury hotel at Wiehle-Reston East Station as part of Comstock Holdings Companies Inc.'s development there.

JW Marriott Lands in Reston

Iconic Brand's Announcement

Welcome News For Dulles Corridor

By Marcia McAllister

The economic future of the Dulles Corridor—from Tysons to Reston, through Herndon, across the Route 28/Innovation area and into eastern Loudoun County—got a gigantic show of faith in early February.

Reston-based Comstock Holdings Inc. announced that a landmark JW Marriott is coming to Wiehle-Reston East Station as part of Comstock's development.

The announcement comes at a time when the COVID-19 pandemic has some questioning whether the corridor would regain all of its luster, and, if so, when that would happen.

The hotel will be the signature property at the Reston Row Project, according to Chris Clemente, CEO of Comstock Holdings.

The announcement put smiles on the faces of busy leaders and landowners from Tysons to Ashburn, who are aware of JW Marriott properties' reputation for its world-class luxury facilities. The site, midway between Tysons and Washington Dulles International Airport, will be the first JW Marriott property in Virginia and will be centerpiece of Comstock's Reston Station development at the Wiehle-Reston East Station, which opened in 2014.

The \$250 million 26-story glass and structure will have easy access to the metrorail station. The hotel will include 250 guestrooms, 90 luxury residences, two restaurants, an executive lounge, a swimming pool, spa and fitness center. Comstock subsidiary CRC Hotel LC partnered with Marriott for the design and operation.

According to Clemente, he expects the project will attract business and social functions from the DC area and “meet the needs of our corporate office clients, including Google, Rolls Royce, Neustar, ICF Global.” Google notably has taken residence in and placed its logo atop Comstock’s iconic 1900 Reston Metro Plaza building.

Clemente’s developments have anchored the Wiehle-Reston East Station area since Phase 1 of the Silver Line opened, as well as Ashburn Station, where its Loudoun Station mixed-used development opened several years ago.

Nunzio Marc DeSantis Architects is designing the JW Marriott project, adding even more drama to the ever-expanding Dulles Corridor skyline. ❖



EXCELLENCE IN *Dental Care* AT TYSONS CORNER
 COMPREHENSIVE DENTISTRY | COSMETIC DENTISTRY | DENTAL ANESTHESIOLOGY



- *One of the Only Anesthesia-Trained Dentists in Northern Virginia*
- *28 Years Experience*
- *Relaxed, Anxiety-Free Environment*
- *Meeting All ASA Standards of Care*
- *We Treat All Ages*

Services Include:

- General Anesthesia IV Sedation/Nitrous
- Full Mouth Reconstruction • Implants
- Root Canals • Cleanings • Fillings
- Bridges & Crowns • Veneers
- Snore Appliances • Sleep Apnea
- Smile Makeovers • Extractions & More

MOST INSURANCE ACCEPTED
FREE PARKING

Five Star Google Rating

©2019 Google LLC All rights reserved. Google and Google logo are registered trademarks of Google LLC.




Dr. Anil Dwivedi
 University of Pennsylvania School of Dental Medicine Graduate
 Anesthesia Residency from the Medical School of Pennsylvania

TOP DENTIST
 in Northern Virginia Magazine

ANIL DWIVEDI, DMD, PC | www.drdwivedi.com
 2071 Chain Bridge Rd, Ste 410 | Vienna, VA 22182 | **703-734-1080**

VivaTysons.com

Super Affordable Banner Ads



Remarkable Exposure

Call 703-585-3354



The Moon Shines Bright on Success

The lights are on along both sides of the platform at the Silver Line's Dulles Airport Station, marking passage of a major milestone for Phase 2 of the Silver Line construction.

On a cold winter night in February, the moon could be seen overlooking the windscreens that help the station resemble the iconic Eero Saarinen-designed main airport terminal.

Besides lending to the architecture, the windscreens provide protection from

the elements for passengers waiting on the platform for future trains, according to the Airports Authority's Stephen Barina, who directed that aspect element of the project among many others.

Maryland-based W.M. Schlosser Co. Inc. constructed the windscreens, while Capital Rail Constructors, a joint venture of Clark Construction and Kiewit Infrastructure South Co., built the station itself as part of the main project contract. ❖

Rail Update

The Metropolitan Washington Airports Authority (MWAA), leaders of the Silver Line Phase 2 construction project, are preparing for additional testing of the complex systems necessary for opening of the extension from the Wiehle-Reston East Station westward through Dulles Airport and ending in Ashburn.

In addition, the tie-in of the second phase to the first phase at the Wiehle-Reston East must be completed before turning the project over to the Washington Metropolitan Area Transit Authority (WMATA). This will require another temporary shutdown of existing rail service at Wiehle-Reston East as well as major coordination between contractors and the WMATA.

Additional dynamic and other final testings will follow before the project is ready to turnover to WMATA. After turnover happens WMATA then will conduct its own pre-revenue testing, which is expected to take about five months.

The rail team first must resolve some issues that WMATA outlined during a public meeting in February. Those issues include negative cross bond spacing, direct fixation fasteners, water-related platform issues, car hoists in the rail yard and establishment of escrow.

Issues related to ballast in the rail yard, and cracks in panels in stations are resolved and the screenwall at the Dulles Airport Station is complete.

The Phase 2 opening date for the public also depends on budget issues facing WMATA as COVID-19 impacts continue to slam revenues, which are dramatically below previous years' revenues. An infusion of federal dollars has allowed WMATA to anticipate opening this year.

COVID-19 has not slowed construction. All workers are following safety procedures including wearing masks and maintaining social distances. Tours and public presentations have been replaced by virtual sessions.



Still selling homes in under 14 days.

And for more money.

Established in 2001

Ready to sell your home?

CALLCATHY.COM

♥ YOUR HOME ♥ YOUR NEIGHBORHOOD™

703.786.5776

Serving the VA, DC & MD areas



Ask about **FREE**
home staging by



FRANCLY.
REAL ESTATE
FALLS CHURCH, VA 



*a luxury experience
without formality*



COLOUR BAR
STUDIO



THE BORO TYSONS
1640 Boro Place, Suite 204
McLean, Virginia 22102
703.848.2000
contact@colourbarstudio.com
colourbarstudio.com

VALIDATED
PARKING