The Wedding Issue

Venues, Vendors, Caterers, Stylists and Gifts
Casey Margenau

Over 2.7 Billion Sold

Fine Homes & Estates

Virginia’s Leader in Luxury and International Real Estate Marketing For Over 25 years

View Casey’s YouTube Tours of These & Other Homes

Knowledge | Experience | Trust

1063 Silent Ridge Ct, McLean, VA 22102 $2,895,000

This elegantly appointed cul-de-sac home in The Reserve has extensive landscaping, an in-ground pool, waterfall and spa on a private, gated rear yard. Main level has hardwood flooring, gourmet kitchen with granite and high-end appliances, family room with vaulted ceiling. Upper level hosts a spacious owner’s suite and luxurious bathroom, with 4 additional bedrooms. Lower level offers a walkout with finished rec room, media, fitness, and 5th bedroom with full bathroom. A must see!

2350 N. Daniel Street
Arlington, VA 22207 $2,245,000

2775 Cody Road
Vienna, VA 22181 $1,299,900

619 Kentland Drive
Great Falls, VA 22066 $1,699,900

464 River Bend Road
Great Falls, VA 22066 $2,895,000

2704 Green Oak Drive
McLean, VA 22101 $1,899,900

7820 Swinks Mill Court
McLean, VA 22102 $2,289,900

1503 Woodacre Drive
McLean, VA 22101 $2,295,900

6924 River Oaks Drive
McLean, VA 22101 $2,949,900

7108 Benjamin Street
McLean, VA 22101 $2,975,000

1344 Woodside Drive
McLean, VA 22102 $3,200,000

1031 Bellview Road
McLean, VA 22102 $3,985,000

8611 Georgetown Pike
McLean, VA 22102 $6,250,000

Casey Margenau Fine Homes & Estates, Inc.

www.margenau.com
703.827.5777
Reinvent Your Home To Enrich Your Life

Sun’s sparkling reputation has been built on reinventing homes through the creative use of light and space, working closely with clients, with minimal impact on busy lives.

design/build | additions | kitchens and baths | basements | outdoor spaces
Serving Northern Virginia & Montgomery County, MD for 27 years
703.425.5588 | SunDesignInc.com
THE JEFFERSON HOTEL
ELEGANCE OF A BYGONE ERA

by Allison Chase Sutherland

The graceful circular drive at the entrance to the historic Jefferson Hotel welcomes you to a most remarkable place. Attentive valets greet you with gracious efficacy, and you begin to experience the gentility that awaits you. The grand lobby, also known as Palm Court, with its imposing marble statue of Thomas Jefferson, is overseen by a magnificent Tiffany stained-glass ceiling, capturing the fascination of guests for a truly incomparable reception.

WEDDING TRENDS FOR 2017

by Analiese Kreutzer

Couples today want their wedding to reflect their unique story, and they’re finding creative ways to do it. With the variety of venues, dress styles, flower options, food choices, decorations and invitations available, and websites like Pinterest and The Knot to provide ideas and inspiration, couples can mix and match wedding elements to make their day memorable for everyone involved. Here, we’ve rounded up some of the latest trends to choose from if you’re planning a wedding.

Cabin Fever Diversions

by Molly Stoopler

With the cold winter months in full force, it can be difficult to get the whole family out of the house for some fun. The usual outdoor haunts seem unappealing, but staying in all the time can make everyone a little restless. Here are some great ideas for activities you can do, even when there’s snow on the ground, to bring a little warmth to your loved ones.
FOR EXTRAORDINARY SERVICE AND RESULTS...

Laurie Mensing

is one of Long and Foster McLean’s Top Producers, and is Nationally Ranked in the Top 1% of Residential Real Estate Professionals.

Consider Laurie your trusted advisor!

“EVERY TRANSACTION IS TREATED AS IF IT WAS MY OWN.”

laurie.mensing@longandfoster.com
www.lauriemensing.com
Licensed in VA, MD, DC
Direct: 703.873.5193
Cell: 703.965.8133
DEPARTMENTS

14 LETTER FROM THE PUBLISHER

16 SELECTED EVENTS
Discover who’s playing at local music venues along with other hyper-local events.

30 ARTS & THEATRE EVENTS
Check out entertaining area shows and art.

38 MUSIC SCENE
Keith Loria interviews Judy Collins.

ARTIST COLUMN
40 Elaine Watt introduces Katibeh Art Center

WINE
64 Red or White? What’s right for your wedding. Find out with Linda Barrett.

AROUND TOWN
74 Joker’s Wild benefits Cystic Fibrosis Foundation and coverage of Experience Tysons

84 ASK DR. DIMA
About Vaginal Rejuvenation

90 EDUCATION
Discover Fusion School

112 GADGETS
See what’s new and notable in gadgets by Lauren Simmons.
Our Board-Certified Primary Care Physicians can care for you, your family, and your key employees. Let EHS expertly handle your health care, from sudden health issues to chronic disease management and preventive services.

The EHS Residential and Corporate Plans offer unequalled primary medical care with 24/7/365 direct physician access and healthcare-concierge services to a limited number of individuals and families. Your initial enrollment fee and low monthly fee entitles you to same-day appointments based on your schedule, comprehensive adult and pediatric care and more. We are your partner in decision making and your medical advocate. The EHS care model delivers the coordinated medical care you need and the peace of mind you deserve in today’s hectic, fragmented, impersonal health care system.

Services included in the membership fee:
♦ Concierge medical services
♦ Prescription services and specialist scheduling
♦ Doctors who really know you
♦ Same-day office visits
♦ 24/7/365 direct physician access by phone and email
♦ Comprehensive adult and pediatric care

Meet EHS’ Newest Physician

Dale Matthews, MD
A board-certified internist and Duke University School of Medicine graduate, Dr. Dale Matthews has served as faculty at Yale University, University of Connecticut, and Georgetown University. He is a nationally recognized, published author. Dr. Matthews joined EHS in early February of 2016 and is currently accepting patients.

Please contact our office to discuss which plan best fits your needs and to begin receiving the area’s most exceptional, personalized care.

(703) 230-0347 | info@EHSdocs.com | www.EHSDocs.com
12040 South Lakes Drive | Suite 204 | Reston, VA 20191
DEPARTMENTS

114 REAL ESTATE
Why the winter months may be ideal to sell your home

118 TYSONS PREMIER

122 TYSONS HOME & DESIGN
Sun Design’s lower-level remodel.

127 TYSONS TOP PROFESSIONALS

136 TYSONS SENIORS
The benefits of dogs for seniors

148 ASK AN ADVISOR
About New Year’s Resolutions

152 ASK COACH AMY
Amy Schoen gives advice on staying and when to move on.

157 TYSONS UPDATE
Dusty Smith gives us updates on Phase 2 of the Silver Line and its six new stations.

159 FUN & GAMES

161 JAN KING
Apparently 2016 was the Year of the Long Shot.

162 HOROSCOPE
Discover Dewey Beach’s only resort-style condominium community

Situated on the Rehoboth Bay with views of the Atlantic Ocean, residents of Lighthouse Cove are able to enjoy unparalleled amenities, including public beach access, on-site dining, a fitness center, indoor saltwater pool and more. New construction, 2, 3 & 4 bedroom homes starting in the low $600’s – Call today to schedule a tour!
AND MORE . . .

36 LOCAL BANDS ON THE RUN
Learn where George Mason High School and City of Fairfax are playing

37 VIENNA MERCHANTS

78 THE ORIGINAL PIANO BARS IN THE DMV
Stacie Steinke tells us where to find the piano men.

82 REDSKINS AND NATIONALS TEAM PHYSICIAN
Dr. Robin West Builds her Own Strong Team

86 SIP ‘N’ SWIRL
Area Wineries

87 CHEERS
Area Breweries

88 THE COFFEE BEAN JOURNEY

92 CHOOSING THE RIGHT SCHOOL FOR YOUR CHILD

94 BEST DEALS ON BITES
For the Big Game

116 A DREAM HOME AWAITS IN VIENNA
Dunhill Builders

138 THE IMPORTANCE OF WOLF TRAP ANIMAL RESCUE

140 SENIOR LISTINGS
Area Memory Cafes

141 SENIOR LISTINGS
Area Senior Centers

142 ED SKIDMORE
Senior Profile

150 NEW FITNESS EXPERT
Introducing One to One Fitness

154 HICKORY HILL
Carole Herrick Shares the History of One of Mclean’s Landmark Properties
Bienvenue to The Bellevue, an exotic venue for romantic dreamers searching for a breath-taking view of traditional couture and modern sophistication.
THE MAGAZINE FOR TYSONS • GREAT FALLS • MCLEAN
VIENNA • OAKTON • FALLS CHURCH
JANUARY // FEBRUARY 2017

VIVATYSONS.COM

Space
LARGE
or small.
We have it all.

Flexible suite sizes to accommodate your immediate & future needs
On-site property management for accelerated decision making
Access to several commuting routes including I-495, I-66, Rt 7, Rt 50, and Dulles Toll Road
Shopping, dining, entertaining — all just minutes away!
Spec Suites Now Under Construction

800 SE - 125,000SF

---

Tysons Corporate Center
8229 & 8245 Boone Boulevard

Westpark Business Campus
1521 & 1517 Westbranch Drive
7915-7927 Jones Branch Drive

Prosperity Business Campus
2700-2751 Prosperity Avenue

www.psbusinessparks.com

ON THE COVER:
Mai Shiozaki and John Lynch at The Anderson House in D.C.
The Society of the Cincinnati
Photo credit: Photography Du Jour
Shauna Ploeger

SUBSCRIPTIONS FOR VIVA TYSONS MAGAZINE ARE AVAILABLE FOR $12 PER YEAR OR $20 FOR TWO YEARS. PLEASE ADDRESS REQUESTS TO CALAMITY MEDIA, 7921 JONES BRANCH DRIVE, STE 311, TYSONS, VA 22102, OR CALL US AT 703.448.7323, OR YOU CAN SUBSCRIBE ONLINE AT WWW.VIVATYSONS.COM.

VOLUME 10, ISSUE 1. COPYRIGHT © 2017 BY VIVA TYSONS MAGAZINE INC. VIVA TYSONS MAGAZINE IS PUBLISHED EVERY TWO MONTHS BY CALAMITY MEDIA, 7921 JONES BRANCH DRIVE, STE 311, TYSONS, VA 22102. ALL RIGHTS RESERVED. ALL EDITORIAL MATERIAL IS FULLY PROTECTED AND SHOULD NOT BE REPRODUCED IN ANY MATTER WITHOUT WRITTEN PERMISSION. CALAMITY MEDIA MAKES EVERY EFFORT TO ENSURE THE ACCURACY OF THE INFORMATION WE PUBLISH, BUT WE CANNOT BE HELD RESPONSIBLE FOR ANY CONSEQUENCES OR CLAIMS DUE TO ERRORS OR OMISSIONS. RETAILERS WISHING TO CARRY VIVA TYSONS AT THEIR LOCATIONS AND READERS WISHING TO CORRESPOND WITH US ARE ASKED TO WRITE US AT COMMENTS@VIVATYSONS.COM.
Just like the wrong size shoes will make your feet hurt, choosing a printer with the wrong size equipment for a print job will make your budget hurt. And how do you know it’s the wrong size equipment? You won’t until you call Stephenson Printing where you’ll find the right size presses (digital, sheetfed and full-size web) capable of printing a hundred copies, a thousand, a million or more. And when Stephenson’s extensive inhouse bindery and mailing departments finish your job, the cost savings won’t let you buy just one pair of shoes – you’ll be able to buy the whole closet!

FINDING THE PERFECT FIT IS MORE IMPORTANT THAN YOU THINK

Just like the wrong size shoes will make your feet hurt, choosing a printer with the wrong size equipment for a print job will make your budget hurt. And how do you know it’s the wrong size equipment? You won’t until you call Stephenson Printing where you’ll find the right size presses (digital, sheetfed and full-size web) capable of printing a hundred copies, a thousand, a million or more. And when Stephenson’s extensive inhouse bindery and mailing departments finish your job, the cost savings won’t let you buy just one pair of shoes – you’ll be able to buy the whole closet!

STEPHENSON PRINTING

www.stephensonprinting.com
5731 General Washington Drive, Alexandria, VA
703.642.9000 • 800.336.4637
Happy New Year! In what promises to be an exciting year on all levels, please accept our warm wishes for a healthy and prosperous new year. We promise to do all we can to bring the community closer together.

We were sorry to hear that our dear friend, Michael Caplin will be stepping down from the Chairmanship of the Tysons Partnership this month. His vision, complete with development projects, transportation, cultural, and retail initiatives has set us on the path and gives us the foundation that will allow us to continue to build America’s next great city. Thanks Michael.

With so many new venues for dining and entertaining in our community, it’s only natural that Tysons has become a wedding destination for those looking for places to celebrate that special day—and we have a few options to share with you. Analiese Kreutzer gives us new wedding trends and Linda Barrett helps us choose the wine.

Piano Bars? We love them, ans so does singer Stacie Steinke—she has a few she thinks you’ll enjoy. Thanks Stacie.

What do the Nationals and Redskins have in common? Meet Dr. Robin West, keeping everyone in tip-top shape. Rick Mundy got the story, thanks Rick.

I love architecture. Especially grand old hotels. Ever been to the Jefferson in Richmond? The elegance of the bygone era, and a story you’ll want to read, by Allison Chase Sutherland.

We have some ideas for enjoying the big game, and Molly Stoopler has some ideas to escape “Cabin Fever.” Should you sell your home in the winter? Ask Linda Barrett—she has some thoughts.

Carole Herrick, our area’s premier historian, has given us a piece on the historic Hickory Hill in McLean. There is so much history in our neighborhoods and we are lucky to have historians like Carole to give us a look into the past. Carole, you are simply the best, thank you.

Our friends at the new Wolftrap Animal Rescue in Merrifield and Dr. Jordan are looking for help to bring relief to our furry friends in need of love and attention. Please give whatever support you can.

Again, on behalf of our entire team, thank you for your continued support of our community efforts to bring people together through our magazines, social media and digital programs. Your support, letters of appreciation for our efforts, and consideration of our advertisers is amazing. Thanks. See you in March. Stay well.

Cheers…
Dream in Comfort

“The customer service at Urban Mattress was great, Nathaniel was personable and very knowledgeable.”

Experience the support and quality of a mattress offering the perfect combination of beauty and comfort you’ll find at Urban Mattress. Offering our area’s most complete line up of quality organic mattresses, you’ll enjoy the comfort and peace of mind knowing that you’re sleeping on all-natural materials!

Locally owned and operated, we’ve grown our business by consistently doing the right things for customers creating a reputation other mattress companies can only dream of.

Visit an Urban Mattress Bedroom Showroom and experience sleep and comfort like never before!

545 E Market St
Leesburg, VA 20176
571.529.5458

229 Maple Ave E
Vienna, VA 22180
703.261.4585

www.urbanmattress.com
MARCH 1
BALLAKÉ SISSOKO &
VINCENT SEGAL
The Barns at Wolf Trap

LOCATIONS
THE BARNs AT
WOLF TRAP
1635 Trap Rd., Vienna
703.255.1900
www.wolftrap.org

JAMMIN’ JAVA
227 Maple Ave E, Vienna
703.255.566
www.jamminjava.com

THE STATE THEATRE
220 N. Washington St.
Falls Church
703.237.0300
www.thestatetheatre.com

SELECTED EVENTS

JANUARY 8
ALESSIO BAX, Piano
LUCILLE CHUNG, Piano
Chamber Music at the Barns at Wolf Trap, 3pm, $38
The real life marriage of two great concert pianists, Alessio Bax and Lucille Chung, has led to one of today’s leading piano duos. Program:
- Mozart Sonata K. 521 in C major for 4 hands
- Mendelssohn The Hebrides Overture for 4 hands
- Stravinsky Petrouchka (original transcription by the composer)
- Piazzolla/Bax/Chung Two Tangos: Milonga del Angel and Libertango

JANUARY 11
THE TOASTERS
Jammin Java, 7:30pm, $14-$22
Formed on the lower East Side in 1981, the band has become synonymous with American 2 Tone Ska music. They forged their instantly recognizable “East Side Beat” sound in such famous Big Apple dancehalls as CBGB’S, where they have been named as a top 20 core artist alongside myths like the Ramones, Blondie and the Talking Heads. Widely acclaimed as launching the Third Wave Ska revival the Toasters went on to form the famous Moon Records label and kick-started the careers of dozens of bands. Their early collaborations with the iconic Joe Jackson helped define their sound and establish them as the premier USA ska act of their generation.

JANUARY 14
KEVIN GRIFFIN
(OF BETTER THAN EZRA)
The Barns at Wolf Trap, 8pm, $25-$27
Kevin Griffin is at the top of his game performing, producing, and writing albums and songs that have sold in excess of 30 million copies. The pop/rock hitmaker continues to tour solo and with his band, Better Than Ezra, as well as produce and write for some of today’s hottest acts like Taylor Swift, Train, and Barenaked Ladies.

JANUARY 20
AILYN PÉREZ, Soprano
KIM PENSINGER WITMAN, Piano
Chamber Music at the Barns at Wolf Trap, 7:30pm, $38
“Her voice has a distinctive timbre, with plaintive richness blended into its youthful bloom… Ms. Pérez, a beautiful woman who commands the stage, has the makings of a major soprano” (The New York Times).

JANUARY 20
PRESIDENTIAL INAUGURAL PRAYER BREAKFAST
Old Postal Pavilion, 1100 Pennsylvania Ave NW, Washington, DC 20004, 7am-12pm, $150-$550
The History of the Presidential Inaugural Prayer Breakfast dates back to Inauguration Day 1993, when Dr. Ruth Ward Heflin, hostess, was inspired of God to gather people of faith to pray for the “Office of the Presidency” and thank God for a Spiritual Outpouring in the United States of America. The nonpartisan and interdenominational event will be held on Inauguration morning in the
Dr. Gocke excels in treating patients who need improvement of their dental and facial esthetics. Placing dental implants, bone grafting, facial trauma and reconstructive surgery, and corrective jaw surgery are his areas of expertise.

Dr. Gocke is Board Certified by the American Board of Oral and Maxillofacial Surgeons and practices in McLean, VA. For multiple years, Dr. Gocke’s peers voted him as a top oral surgeon in the Washingtonian Magazine, Northern Virginia Magazine, and Virginia Living Magazine.
Presidential Ballroom of the 1891 American Landmark known as the Old Postal Pavillion. It houses the Bells of Congress in the tower and is located halfway between the White House and the U.S. Capitol. There will be special guest musical artists and vocalists. The Inaugural Swearing-In Ceremony at the Capitol will be live streamed following the breakfast, for those who do not want to attend in person.

January 21

ROBBIE SCHAEFER: A CONCERT TO SUPPORT SYRIAN REFUGEES
Jammin Java, 6:30pm, $25
In March and June of this year, Robbie and his non-profit organization, OneVoice, visited Pikpa Solidarity, a small camp on the island of Lesvos, Greece hosting 100 of the most vulnerable refugees from the Syrian war. OneVoice’s mission was to offer music and art as tools for healing and storytelling. The residents at Pikpa are Syrians, Afghans, Iraqis, and Pakistanis. They are fathers and mothers, teachers and nurses, musicians and children. They are, indeed, all of us. In addition to music, this concert will feature stories and video from Robbie’s time at the camp, as well as opportunities to fund OneVoice’s ongoing efforts to support the residents of Pikpa camp.

January 21–22

AARON TVEIT
The Barns at Wolf Trap, Sat. 8pm, Sun. 7pm, $40–55
Recently highlighted as Danny Zuko in Grease Live! on Fox, this screen and stage heartthrob creates a charming pop cabaret for his Barns debut.

January 22

WINTER HIGH TEA
Sweet City Desserts, 131-A Maple Avenue West, Vienna VA, www.sweetcitydesserts.co, 1pm and 4pm
Beat the winter blues and celebrate hot tea month! Enjoy savory soup, scrumptious sandwiches, and pretty plates of pastries with a hearty pot of tea. Call to reserve your table by January 15, first come, first served. $30, including tax and gratuity (age 10 and older).

January 27

MARCH FOR LIFE
Washington, D.C. Mall, 1pm
Each year, people travel to our nation’s capital to show their support for LIFE—from conception to natural death. On the anniversary of the day on which abortion was legalized in America, these pro-lifers come together for prayer and silent protest. The March for Life Rally will take place at noon on the grounds of the Washington Monument, near the corner of 15th Street and Constitution Avenue. Following the Rally, the March will begin on Constitution Avenue between 15th and 17th Streets at approximately 1:00 pm. Visit marchforlife.org for a complete schedule and march route.

CONTINUED FROM PAGE 16

Together, these masters share the delightful experience of ki-ho’alu (slack key guitar)—the distinctly Hawaiian style of open tunings—ukulele, and Hawaiian vocals.
January 28

Crystal Bowersox
The Barns at Wolf Trap, 8pm, $26-$28

With a subtle “touch of twang and fragility” Crystal Bowersox “expertly works the territory between folk and country” (The Chicago Tribune). The American Idol season nine runner-up returns to The Barns with the gentle warmth and wisdom beyond her years that has earned her performances alongside everyone from Harry Connick Jr. to Alanis Morissette.

February 1–2

International Guitar Night
The Barns at Wolf Trap, 8pm, $25–27

One of the most important showcases for contemporary finger stylists features Gypsy jazz virtuoso Lulo Reinhardt, Italy’s innovative Luca Stricagnoli, brilliant Brazilian Chrystian Dozza, and India’s groundbreaking Debashish Bhattacharya.

February 3

Passing the Torch Debut Artists from SUNY Stony Brook
The Barns at Wolf Trap, 7:30pm, $38

Three members of the Emerson String Quartet join 3 of their most talented protégés from the venerable program at SUNY Stony Brook: Eugene Drucker, Lawrence Dutton and Paul Watkins. Mozart Divertimento in E-flat major, K. 563; Brahms Sextet No. 1 in B-flat major, Op. 18.

February 4

Charlie Hunter Trio
Jammin Java, 6:30pm, $22

Everybody Has A Plan Until They Get Punched In The Mouth, referring to a quote once uttered by heavyweight boxing champion Iron Mike Tyson, is an album recorded 100% live in a studio in Hudson, New York. Charlie Hunter returns to his quartet to perform 10 all—new Blues, Rock, Jazz and Latin flavored songs alongside bandmates Kirk Knuffke (cornet), Bobby Previte (drums), and Curtis Fowlkes (trombone). Everybody Has A Plan Until They Get Punched In The Mouth was released July 22 on GroundUP Music.

February 6

P.O.S
Jammin Java, 8pm, $15-25

Doomtree co-founder, punk philosopher and lyrical bomb-thrower Stefon Alexander, aka P.O.S makes tight, declamatory music that builds on the Minneapolis-bred rapper and producer’s penchant for grinding beats and radical lyrics. Known for welding hip-hop with guitar squalls, screamed vocals, and futuristic beats fit for a Berlin nightclub, kidney surgery sidelined him from making music for a bit, but it’s never felt better to have him back in action.

February 11

Alyson Cambridge
Until Now Tour
The Barns at Wolf Trap, 8pm, $25–35

Alyson Cambridge’s refreshingly sultry, sassy, and sophisticated album Until Now (2016) comes to life on stage as a jazzed —up cabaret. “Radiant, vocally assured, dramatically subtle and compelling and artistically imaginative” (The Washington Post), she makes her Barns debut after over a decade of success on the world’s leading opera and concert stages.

February 12

Valentine High Tea
Sweet City Desserts, 131-A Maple Avenue West, Vienna VA, www.sweetcitydesserts.co, 2pm and 5pm

Treat your sweetheart to a romantic tea with heart-shaped sandwiches and delectable desserts that will satisfy any sweet tooth! Perfect for couples. Call to reserve your table by February 5, first come, first served. $30, including tax and gratuity (age 10 and older).

CONTINUED ON PAGE 20
FEBRUARY 14–15
CHERISH THE LADIES
The Barns at Wolf Trap, 8pm, $25–30
For over 30 years, this Grammy-nominated, Irish-American group has blended masterful music, beautiful vocals, and stunning step dancing for an “astonishing array of virtuosity” (The Washington Post).

FEBRUARY 16–17
SOLAS
The Barns at Wolf Trap, 8pm, $25–28
Celebrating 20 years, “the finest Celtic ensemble this country has ever produced” (The Boston Globe) lights up The Barns with its melodic beacon of Irish music.

FEBRUARY 18
1964 THE TRIBUTE
The Barns at Wolf Trap, 8pm, $38–42
“Twist and Shout” and relive Beatlemania with “best Beatles tribute on Earth” (Rolling Stone)

FEBRUARY 18
STEVE FORBERT
Jammin Java, 6:30pm, $20–25
Compromised is Steve Forbert’s newest album and from the comparative essay of the disc’s title song (complete with catchy chorus and signature harmonica solo), to the exasperated advice for “everyman” on the album closer, “Whatever, Man,” Steve Forbert leaves no stone unturned in his exploration of life, love, turmoil and survival.

FEBRUARY 18
SHERRY LANGE & CHRIS ELDIDGE
Jammin Java, 7:30pm, $20–22
Known for pushing the envelope of folk, bluegrass, and jazz, Lage & Eldridge showcase, as the New Yorker writes, a “familiarity with the fretboard...so extravagant and capacious that they bring flourishes to this music that it simply hasn’t enjoyed before.” Their performance is sure to astound.

MARCH 1
BALLAKÉ SISSOKO & VINCENT SEGAL
The Barns at Wolf Trap, 8pm, $25–27
“Startling, neoclassical fusion” (The Guardian) from the entrancing talents of this duo made up of Malian kora player Ballaké Sissoko and French cellist Vincent Segal.

MARCH 1
LEROY SANCHEZ: MAN OF THE YEAR TOUR
Jammin Java, 7:30pm, $15–22
As a child growing up in Vitória, Spain, he taught himself to play guitar and developed his voice entirely by ear. At age 15, Sanchez uploaded his first cover song on YouTube, and has since posted over 70 videos collecting upwards of 28 Million YouTube views from a legion of dedicated fans inspired by his passion for music, innate ability, and inherent charm. In 2010, Grammy-Award winning producer and songwriter Jim Jonsin (“Lollipop” Lil Wayne, “Motivation” Kelly Rowland, “There Goes My Baby” Usher, “Sweet Dreams” Beyoncé, “Whatever You Like” T.I.) discovered Sanchez’s rendition of Craig David’s “Walking Away” and invited the singer to meet with him in Miami. Immediately connecting, Jonsin signed Sanchez to his Rebel Rock label shortly after.

Northern Virginia’s Award Winning & Proven Family & Divorce Law Practice
1604 Spring Hill Rd | Suite 460 | Tysons, VA 22182 | 703.442.0040 | www.rooplaw.com

“We understand that the divorce is one of the most traumatic events you will ever have to endure; you are not a case.

At Roop Law we attempt to preserve what is good in your family relationship, and we are on your side.

Divorce / Litigation
Mediation / Collaborative Law
Complex Assets / Compensation
International Divorce / Custody
Business Valuations / Substance Abuse

Northern Virginia’s Award Winning & Proven Family & Divorce Law Practice
1604 Spring Hill Rd | Suite 460 | Tysons, VA 22182 | 703.442.0040 | www.rooplaw.com

VIVATYSONS.COM
In a maintenance-free environment, our residents enjoy life at their own pace and schedule. Residents can build their day around an array of activities including gardening, engaging trips, educational opportunities, art, music, entertainment, and a variety of dining experiences. We promote physical and spiritual well-being by offering fitness programs, health services and an indoor swimming pool. Through partnerships and continual research, we bring in breakthrough technologies and tools that help our residents get the most out of life. Contact Us Today! 703-536-4344
DAILY

TYSONS CORNER ICE RINK
Tysons Plaza
Starts at 3pm during the week, 11am on weekends
The Tysons Corner Ice Rink is open seasonally from early November to mid-March, offering public skating every day.

FULL-SERVICE TEA
Sweet City Desserts
12pm - 5pm
Three tiers of amazing sweets, scones, and savory sandwiches, served with your favorite pot of tea, right in the heart of Vienna! Call to reserve at least 48 hours in advance. Available daily. $25/adult, $13/child, including tax and gratuity. Light Tea ($19) and Cream Tea ($15) are also available.

$5 BOTTOMLESS GUACAMOLE
La Sandia, 4pm-7pm, $5
Experience bottomless guacamole with you and your closest friends for $5.

MONDAYS

STROLLER STRIDES
Tysons Plaza, 9:30-10:30am
StrollerStrides® is a total fitness program that moms can do WITH their babies. It includes power walking/jogging and intervals of strength and body toning exercise using exercise tubing, your stroller, and the environment. Taught by certified fitness instructors with specialty training in the pre and post natal woman, it is a great workout for ANY level of exerciser.

TRAIL AND ALES RUNNING CLUB
Caboose Brewing Company, 6pm sign in, run begins 6:30pm
Caboose Brewing Company is proud to partner with Grass Roots Fitness and DC Capital Striders for our “Trail and Ales” fun run each Monday evening! This club is a way to bring the community together safely and promotes active lifestyles and social interactions. Run will be 3-5 miles with options to go shorter or longer on the WO&D, beginning at Mile Marker 12 - Caboose Brewing Company. You can walk or run. Dog and stroller friendly! All paces welcome! Club Members Get: $1 off all pints after Monday Runs. Get a point for every run. After 10 points, you can buy an exclusive “Trail & Ales” T-shirt for $10.

50% OFF WINES AT WILDFIRE
Wildfire
Choose your favorite bottle of wine from a select list developed by Wildfire’s very own wine and spirits director, Brad Wermager.

50-CENT WINGS
Dogwood Tavern
Dine in on Monday night at Dogwood Tavern in Falls Church for 50-cent wings, 5pm-close.

MONDAY WINE SPECIAL
J. Gilbert’s
Enjoy 1/2 off bottles of wine marked $100 or less every Monday.

PRIX-FIXE NIGHT AT ASSAGGI OSTERIA
Assaggi Osteria, 4-6pm, $34
Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience. Choose your favorite appetizer, main course, and dessert from their regular menu.

TUESDAYS

DESSERT TEA SPECIAL
Sweet City Desserts
Buy one Dessert Tea at $9.99, get the second one at 50% off! Dessert Tea consists of two desserts—S’mores Cake, Chocolate Pyramid, Eclair or Cupcake (any flavor)—and a pot of tea. Perfect for you and a friend! Available while supplies last.

CONTINUED ON PAGE 24
TUESDAYS

A DANCE FOR EVERYONE

Colvin Run Dance Hall, $12, 7pm

Ed Cottrell, Gail Crum and the NVA Dance Crew teach a one-hour class on a different dance each week. The class will start promptly at 7pm and will be followed by “Dance for Everyone” with a variety of DJ’d contemporary and classic dance music including rumba, West coast swing, East coast swing, hustle, shag, Latin, country-western two-step, foxtrot, tango, waltz, and more. 18 or older.

½ PRICE WINE AT BRX

Brx American Bistro
All wines below $65 are half price with an entrée.

$2 TACO TUESDAYS

La Sandia, 4pm-9pm, $2

Experience $2 tacos al pastor, skirt steak, chicken tinga, or carnitas. $2 Torta sliders, chicken tinga, and carnitas with $2 Dos Equis to wash it all down.

KIDS’ TUESDAY

Pizzeria Orso
Kids 10 and under get one free item from the children’s menu for each traditional or house specialty pizza. Not valid with any other special offer or advertised coupon. Not valid for cash. Dine-in only.

SALSA NIGHT

Iris Lounge | 8:30-9pm
Salsa Night – Maria Fernanda Krupholter teaches the hottest Salsa dance moves! Classes go from 8:30-9pm, then hot salsa dancing until 2am.

OSSO BUCCO NIGHT

Assaggi Osteria, $19.50
Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience.

TRIVIA WITH ERIK LARSON

Clyde’s of Tysons, 7-9pm
Come out to Clyde’s of Tysons to enjoy trivia with Erik Larson on the side bar from 7-9pm and enjoy live music from 9pm to close.

WEDNESDAYS

STROLLER STRIDES

Tysons Plaza, 9:30-10:30am

StrollerStrides® is a total fitness program that moms can do WITH their babies. It includes power walking/jogging and intervals of strength and body toning exercise using exercise tubing, your stroller, and the environment. Taught by certified fitness instructors with specialty training in the pre and post natal woman, it is a great workout for ANY level of exerciser.

1/2 PRICE WINE NIGHT

Amphora
Join Amphora each Wednesday for half-priced bottles of wine.

FAMILY PASTA NIGHT

Brx American Bistro
Come out to Brx and experience their famous filet meatballs, seafood pasta, and more!

CUPCAKE SPECIAL

Sweet City Desserts
Buy two cupcakes, get the third one free! Our luscious cupcake flavors include: Almond, Chocolate Peanut Butter, Red Velvet, German Chocolate, Mocha, and Ube (purple yam). Available while supplies last.
RISOTTO DINNER
Cafe Oggi, $19.95
Risotto with fresh strawberries and a fresh garden salad

PUB QUIZ
Ireland’s Four Provinces, 8pm
Test your trivia knowledge at one of the hottest spots in Falls Church. Make sure you bring a group of friends for the maximum trivia experience.

JAZZ NIGHT
Iris Lounge, 6:30-9:30pm
Join Iris Lounge and 100 of your closest friends for Live Jazz Night with Jaared Arosemena.

MUSSEL MADNESS
Argia’s, $9.95
Try our award-winning Solo Mussels Argia or Marinara. These delectable entrees are just $9.95 on Wednesdays.

WINE’D DOWN WEDNESDAYS
Entyse, Wine Bar & Lounge, 5:30pm
Sample Sommelier Vincent Feraud’s hand-selected wines by the glass or step up to the Fresh Market Seafood Station where you can create your own tasting of Jumbo Shrimp, Crab Claws, and Fresh Louisiana Oysters prepared right in front of you by our chefs.

MARTINI WEDNESDAYS
Brio Tuscan Grille
Join Brio Wednesdays for $5 Martinis.

LOBSTER SPECIAL
Assaggi Osteria, $22.50
Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience. You will get a salad and lobster grilled, sautéed, or baked with risotto or pasta.

HALF OFF PRIMETIME
Palm Restaurant, 5pm-7pm
During PrimeTime, all Prime Bites® are HALF-OFF only at Palm Bar! Try some Calabrese flatbread, dirty shrimp, prime steakburger sliders, or Nova Scotia lobster and bacon fondue.

WINE WEDNESDAY
Pizzeria Orso, 4pm-9pm
50% discount off all bottles of wine. Not valid for cash. Dine-in only. Offer valid from 4pm to 9pm.

REINHARDT LIEBIG
Maplewood Grill, 7:30–11pm
Reinhardt Liebig, a consummate pianist, is equally at home playing jazz standards, blues, classical and the popular song form with some Broadway tunes thrown into his performances.

Terry Lee Ryan
Maplewood Grill, 8 -11pm
New Orleans’ own Terry Lee Ryan, pianist and vocalist, plays blues, popular standards and especially N’awlins’ style funky piano music. Their piano bar is an “institution” in the area - don’t miss it! If you can’t go to the Crescent City, then come to the Maplewood Grill on Thursdays.

SUSHI THURSDAYS
Entyse, Wine Bar & Lounge, 5:30pm
Watch as our expert guest sushi chef creates savory maki, sashimi and specialty rolls for our guests’ delight. Enjoy drink specials and the luxury of creating your own sushi experience that will leave guests wanting more!

MEET THE BUILDER
333 Ayr Hill Ave NE Vienna
Introducing 333 Ayr Hill Ave, NE Vienna. Over 7200 Sq Ft of living space with 6 bedrooms, 6.5 bathrooms situated on a half-acre lot on one of Vienna’s most prestigious streets. Please join us for a Meet The Builder event on Sunday afternoon from 1 PM to 4 PM January 15th.

FISHER Custom Homes
344 Maple Ave W. #362 | Vienna, VA 22180 | 703-281-0009
rob@fishercustomhomesva.com | www.fishercustomhomesva.com
Reinhardt Liebig, a consummate pianist, is equally at home playing jazz standards, blues, classical and the popular song form with some Broadway tunes thrown into his performances.

DJ & DANCING
Iris Lounge, 9:30pm – 2am
Come out to Iris Lounge every Friday and Saturday for DJ & Dancing and dance the night away with drinks and your closest friends.

FRIDAYS
REINHARDT LIEBIG
Maplewood Grill, 7:30pm – 11pm
Come out to Red, White, & Bleu for a free wine tasting every Friday night.

THURSDAYS
THIRSTY THURSDAYS BEER TASTING
Red, White & Bleu, 6-8pm
Come and join us in our tasting room for our Thirsty Thursday Beer Tastings! Tasting room open from 6-8pm every Thursday.

MEXICAN NIGHT
B rex American Bistro
Come out to B rex to experience Mexican cuisine and drink specials.

BOGO THURSDAY
Pizzeria Orso
Buy one pizza, get one 50% off of equal or lesser value. Not valid for cash. Dine in only. Not valid with any other special offer or advertised coupon.

AFTERNOON TEA
Entyse, Wine Bar & Lounge
12pm
Enjoy the timeless ritual of afternoon tea served at Entyse Lounge. Treat someone special to this enduring tradition honored in a luxurious setting while being pampered with The Ritz-Carlton hotel’s service excellence.

UNCORKED THURSDAYS
B rio Tuscan Grille
Join B rio Thursdays for 10 wines, $5 glasses at the bar.

EFI TOVIA EXPERIENCE
Iris Lounge, 8 -11:30pm
From standards & jazz to pop, rock & today’s radio hits, Efi Tovia Experience plays everything that makes you wanna dance!

THURSDAY MORNINGS WITH THE GREAT ZUCCHINI
Jammin’ Java
10:30am-11:30am, $5
The Great Zucchini, Washington’s funniest and most magical preschool and kindergarten entertainer, performs a colorful magic show where every child is a star and guaranteed to laugh! Experience the excitement of the children when they get to learn a magic trick at the end of show!

FREE WINE TASTING
Red, White & Bleu, 5-8pm
Come out to Red, White, & Bleu for a free wine tasting every Friday night.

JAZZ FRIDAYS
Entyse, Wine Bar & Lounge
8:30pm

FRIDAY NIGHT WINE TASTING
The Vineyard, 4-8pm
The Vineyard was founded in 2002 with the goal of making it easy to find the perfect bottle for any occasion. At The Vineyard, they believe that it is important to sort out the fodder, be well connected to the best producers, and focus on products with great value.
AFTERNOON TEA

Entyse, Wine Bar & Lounge, 12pm
Enjoy the timeless ritual of afternoon tea served at Entyse Lounge. Treat someone special to this enduring tradition honored in a luxurious setting while being pampered with The Ritz-Carlton hotel’s service excellence.

SATURDAYS

SATURDAY BRUNCH

Amphora
Join them for their famous brunch. Don’t miss the Double Chocolate Pancakes, Bananas Foster French Toast, Tomato Caprese Eggs Benedict and even their Greek Pocket, featuring grilled pita topped with scrambled eggs, simmered tomatoes, onions, feta cheese and authentic Grecian gyro made fresh daily.

TERRY LEE RYAN

Maplewood Grill, 8 - 11pm
New Orleans’ own Terry Lee Ryan, pianist and vocalist, plays blues, popular standards and especially N’awlin’s style funky piano music. Their piano bar is an “institution” in the area—don’t miss it!

BALLROOM SOCIAL DANCE

Colvin Run Dance Hall, $15-20
On the 1st ($20 for the band) and 3rd ($15 for the DJ) Saturdays of the month enjoy music and a Foxtrot, Merengue, Viennese Waltz or Samba lesson provided. Lesson from 8-9pm. Dancing from 9-11:30pm. Price includes the dance lesson and snack bar.

DJ & DANCING

Iris Lounge
Come out to Iris Lounge every Friday and Saturday for DJ & Dancing and dance the night away with drinks and your closest friends.

LIVE MUSIC SATURDAYS

Entyse, Wine Bar & Lounge, 8:30pm
Join The Ladies and Gentlemen of ENTYSE, Wine Bar & Lounge for live music.

BARBEQUE NIGHT

Brx American Bistro
Head out to Brx American Bistro to enjoy some of their famous delicious BBQ beef brisket.

CONTINUED ON PAGE 28
When you visit our Capital Esthetics and Family Dentistry office, your smile is our top priority! Dr. Pham and our entire dental team is dedicated to providing you with the personalized, gentle care that you deserve. We truly believe that all that is good begins with a smile... so smile like you mean it!

Make an appointment today... we’ll give you a reason to smile!

703 255-0040 | www.myviennadentist.com
133 Maple Avenue East, Suite 204 | Vienna, VA 22180

AFTERNOON TEA
Entyse, Wine Bar & Lounge, 12pm
Enjoy the timeless ritual of afternoon tea served at Entyse Lounge. Treat someone special to this enduring tradition honored in a luxurious setting while being pampered with The Ritz-Carlton hotel’s service excellence.

SATURDAY WINE TASTING
The Vineyard, 1-6pm
The Vineyard was founded in 2002 with the goal of making it easy to find the perfect bottle for any occasion. At The Vineyard, they believe that it is important to sort out the fodder, be well connected to the best producers, and focus on products with great value.

SATURDAYS
SATURDAY BRUNCH
Wildfire, 11am
Gather your family and friends and enjoy Wildfire Tysons’ new weekend brunch menu! Enjoy all of your brunch favorites like Lemon Ricotta Pancakes, Oven Roasted Crab Cakes Benedict, and more.

DJ & DANCING
Iris Lounge, 9:30pm – 2am
Come out to Iris Lounge every Friday and Saturday for DJ & Dancing and dance the night away with drinks and your closest friends.

SUNDAYS
SUNDAY BRUNCH
Amphora
Don’t miss the Double Chocolate Pancakes, Bananas Foster French Toast, Tomato Caprese Eggs Benedict and even their Greek Pocket featuring grilled pita topped with scrambled eggs, simmered tomatoes, onions, feta cheese and authentic Grecian gyro made fresh daily.

½ PRICE BURGERS
Dogwood Tavern, 7pm-12am
Enjoy ½ price burgers from 7pm-midnight every Sunday night at Dogwood Tavern in Falls Church. Dine in only.

½ PRICE WINE
Ristorante Bonaroti
Enjoy ½ price wine by the bottle on Sundays at dinner. Sergio Domestici and the Bonaroti family invite you to explore the joy of classic Italian cuisine and their award-winning wines and service.
SUNDAY BRUNCH
La Sandia
Every Sunday, feast on Mexican brunch favorites - huevos rancheros, Mexican chocolate waffles, iron skillet breakfast, and more. Make it a lazy morning washed down with Bloody Marias and Tropical Fruit Margaritas.

FABULOUS BUFFET BRUNCH
Ireland’s Four Provinces
Come to the 4P’s for a grand buffet brunch that includes smoked salmon, Eggs Benedict, carved roast beef, homemade omelets, shepherd’s pie, corned beef hash, potatoes, sausage, soup, salad, pastries, fruits, and SO much more.

SMALL DOG MEET & GREET
Wylie Wagg, 3-5pm
Bring your dogs on Sunday to make some new friends that are the same size! Healthy, happy, and helpful.

SUNDAY BRUNCH
Café Deluxe
Can’t miss menu items including the Deluxe Benedict—sourdough toast topped with black forest ham, poached eggs and sundried tomato Hollandaise sauce served with a side of breakfast potatoes—and the Brioche French Toast, topped with powdered sugar, cinnamon and fresh fruit.

SUNDAY BRUNCH
Cyclone Anaya’s
Come out and try the best brunch in the Mosaic. Huevos rancheros, huevos con chorizo, migas, breakfast quesadillas, and even a crabmeat omelet.

SUNDAY BRUNCH
Wildfire, 11am
Gather your family and friends and enjoy Wildfire Tysons’ new weekend brunch menu! Enjoy all of your brunch favorites like Lemon Ricotta Pancakes, Oven Roasted Crab Cakes Benedict, and more.

SUNDAY BRUNCH
Assaggi Osteria, 11am
Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience.

---

Fall in love with your floors

The Original Since 1952
Whether you need carpet care, rug cleaning, repairs or entirely new flooring, Ayoub carpet Service has the knowledge and experience to handle all your flooring needs!

Carpet Cleaning | Oriental Rug Care | Carpet & Rug Repairs
Sales & Installation of Carpet, Rugs and Flooring

3856 Dulles South Court
Chantilly, VA 20151
(703) 255-6000

312-A South Washington Street
Falls Church, VA 22046
www.rugcare.com

---

SELECTED EVENTS
BETTER THAN BLING
Juried Handcrafted Jewelry, Fashion and Accessories
Saturday, February 4, 2017
10 a.m.–5 p.m.
Admission $5, Children 12 and younger free.
For more details, go to our website at www.mcleancenter.org/special-events.

---

Admission $5, Children 12 and younger free.
For more details, go to our website at www.mcleancenter.org/special-events.
ARTS & THEATRE EVENTS

JANUARY 8
Keyboard Conversations with Jeffrey Siegel: A French Musical Feast
Concert Hall, George Mason University, 7pm, $25-42
Become a classical music insider with Jeffrey Siegel as he provides a delicious musical feast for the ears--gorgeous music of Debussy including the beloved Clair de Lune, Ravel’s impressionistic The Fountain, the charming Impromptus of Fauré, and the humorous Parade of Eric Satie. Virtuoso pianist and entertaining storyteller Jeffrey Siegel returns to the stage with a program of distinctively French musical delights. Popular with classical music lovers and newcomers alike, his unique “concerts with commentary” format gives the story behind the score. An interactive Q and A will conclude this program.

JANUARY 26
Visual Voices: Walter Kravitz “Art is What Isn’t – Studio Pursuits”
Harris Theatre, George Mason University, 7:30pm, Free
Visual Voices, a professional lecture series sponsored by the School of Art, invites eight nationally recognized visiting artists and designers to speak about their work and the world of art and design. In addition to providing a look inside the studios of these top professionals, the series offers students the opportunity to interact with them during daytime seminars and studio visits.

JANUARY 30
Junie B. Jones
Presented by TheatreWorks
Concert Hall, George Mason University, 10:30am
Now that JUNIE B. JONES has been going to school for over one-and-a-half years, who better to write the book on EVERYTHING you need to know? From bus rules to band-aids, carpool to cookies, Junie B. and friends deliver the definitive word on surviving and thriving in style. With a jillion tips, tricks and trip-ups, Junie B. shares her hard-won expertise and shows us all how school is sometimes scary, sometimes super-fun, and ALWAYS something to sing about! An all-new musical adventure based on Barbara Park’s popular book. Visit www.theatreworksusa.org for ticket prices.

FEBRUARY 2–FEBRUARY 26
Trevor
By Nick Jones, Directed by Alex Levy
1st Stage Tysons, Adults $30, Seniors $27, Students and Military $15
Thursdays 7:30pm, Fridays and Saturdays 8pm,

LOCATIONS

THE CREATIVE CAULDRON
410 South Maple Ave.
Falls Church, VA
703.436.9948
www.creativecauldron.org

1ST STAGE IN TYSONS
1524 Spring Hill Road
Tysons, VA 22102
703.854.1856
www.1ststagetysons.org

GEORGE MASON UNIVERSITY
Center for the Arts
4400 University Dr., Fairfax
703.993.1000
cfa.gmu.edu/calendar/
VIVATYSONS.COM JANUARY // FEBRUARY 2017

Saturdays and Sundays 2pm
Inspired by true events, Trevor is a subversive comedy about fame, success, and the lies we tell ourselves in order to keep people from taking away an erratic, 200-pound chimpanzee. At the center of this hilarious and heart-wrenching play are two individuals fighting against a world unable to understand their love: Trevor, a chimpanzee who once performed in commercials with the likes of Morgan Fairchild, and his owner Sandra, who swears he would never hurt a fly...at least not on purpose. A moving exploration of family, flawed communication, and humanity.

FEBRUARY 4
THE MASON CABARET
TheatreSpace, George Mason University, 8pm, $30
The Mason Cabaret explores composers and lyricists who have left an indelible mark on Broadway and the American Musical. Enjoy traditional Broadway hits paired with new favorites from the Musical Theater repertoire, as performed by Mason’s emerging stars!

FEBRUARY 4–5
VIRGINIA OPERA: DER FREISCHÜTZ
Concert Hall, George Mason University, Sat 8pm, Sun 2pm, $54–110
The struggle between good and evil takes center stage in Carl Maria Von Weber’s compelling opera Der Freischütz. As Max prepares to compete in a target-shooting contest to win the hand of his beloved Agathe, wicked forces conspire to tempt his fate. Drawing from German folk legend, this is the first of the country’s great Romantic operas and is revered for its stark emotions and strong sense of national identity. The hauntingly expressive score propels the virtuous young lovers and the mystic evil spirits in a story that twists reality with the supernatural. The accomplished artists and visionary direction of this Virginia Opera production bring to life an unearthly tale of otherworldly forces that will leave you on the edge of your seat. Performed in English with English supertitles.

FEBRUARY 9
VISUAL VOICES: J.J. McCRAKEN “THE DIRT EATER AND THE SCOLD: REFLECTIONS ON A

FEBRUARY 9–MARCH 5
BLUES IN THE NIGHT
Creative Cauldron, $11–16 Fridays and Saturdays 7:30pm, Saturdays and Sundays 2pm, Sundays 7pm
Conceived and Originally Directed by Sheldon Epps
Blues in the Night, a scorching, Tony-nominated musical, captures the soul of the blues. Featuring twenty-six numbers that tell of the sweet, sexy and sorrowful experiences three women have with the lying, cheating, snake of a man who does them wrong. The intertwining stories are defined through glorious songs made famous by Bessie Smith, Duke Ellington, and many others.

AQUILA THEATRE:
MURDER ON THE NILE
By Agatha Christie
Concert Hall, George Mason University, 4pm, $26–44
Set during World War II at the BBC Home Service studios in London, Aquila Theatre’s production features members of a theater troupe preparing for a live radio broadcast of Agatha Christie’s Murder on the Nile when yet another air raid threatens the performance. Air raid sirens were a regular occurrence in London during this time as Great Britain was on constant alert to bombings by Germany. Yet somehow, the show goes on and the story unfolds. Famous heiress Kay Ridgeway boards a honeymoon cruise with her penniless new husband, and it’s inevitable that foul play will follow. The passenger list on this treacherous journey includes a spurned lover, a protective uncle, a troubled doctor and a slew of other colorful characters, as well as the world-famous investigator Hercule Poirot, who must call on all of his intuition and investigative skills to solve this baffling mystery. This deliciously dangerous murder mystery is one of Dame Christie’s most popular tales. For Britain’s foremost mystery author, whenever class, wealth, and reputation are on the line, a murder or two cannot be far behind!
Known for its breathtaking interpretations of theatrical classics, Aquila Theatre brings its signature style of thrilling physicality and stunning design to this gripping play. Book a one-way ticket on this Nile cruise and see if you can figure out “whodunit!”
Johnny Mercer, Harold Arlen, Jimmy Cox, Ida Cox and more.

FEBRUARY 11
FAIRFAX SYMPHONY ORCHESTRA:
BEETHOVEN’S TRIPLE
Christopher Zimmerman, conductor
Concert Hall, George Mason University, 8pm, $39-65
Corigliano: Elegy for Orchestra
Beethoven: Triple Concerto
Nurit Bar-Josef, violin
Amit Peled, cello
Alon Goldstein, piano
Vaughan Williams: Symphony No. 5
2017 marks the beginning of our 60th Anniversary Celebration. The FSO rings in the new year by featuring an extraordinarily talented trio: National Symphony Concertmaster Nurit Bar-Josef; renowned cellist Amit Peled; and FSO audience favorite Alon Goldstein, who performed Beethoven’s Emperor concerto with the orchestra last season.

FEBRUARY 12
WALNUT STREET THEATRE:
LAST OF THE RED HOT LOVERS
By Neil Simon
Concert Hall, George Mason University, 7pm, $26-44
In the heat of the sexual revolution of the 1960s, one middle-aged married man sets off to celebrate the decade of free love... before it’s too late! Overworked and overweight, Barney Cashman attempts to covertly set up trysts with three potential lovers. Mishaps and hilarity follows as Barney starts to rediscover his humanity and to learn what is actually missing in his life. The king of modern comedic theater, Neil Simon, delivers a hilarious romp through the perils of middle-aged angst. Walnut Street Theatre, America’s oldest theater, brings their national reputation and unique artistic vision to this wonderful new production. Bring tissues because this hysterical comedy will leave you crying with laughter!

TAJ EXPRESS:
THE BOLLYWOOD MUSICAL REVUE
Concert Hall, George Mason University, Sat 8pm, Sun 4pm, $30-50
Journey into the contemporary culture of India through the glitz and glamour of Bollywood with this musical review based on one of its greatest films, Taj Express. With India’s high-energy pop music, this live performance is deeply rooted in the art of the Bollywood film genre, complete with colorful costumes, thrilling music, dazzling dance, and even film excerpts. Choreographer Vaibhavi Merchant, who choreographed more than 75 Bollywood films including Dhol Basje and Kajra Re, Kaml; and Director Shruti Merchant, a judge on India’s leading reality show Dance India Dance, have created this joyous tribute to Bollywood blockbusters.
EXPERIENCE
The MAC Difference

MAC’s approach to your project starts with one company, one contract, and one integrated flow of work. Design+build allows us to streamline the process, deliver faster, communicate better, and provide more cost-effective results for you.

Contact Us Today to Set Up a Free No Obligation Consultation
703.852.8825 | www.buildwithmac.com
MASON’S SCHOOL OF THEATER PRESENTS THE MIKADO
By Gilbert & Sullivan, Directed by Sara Hart and Matt Nall
A “Mics-Only” Musical Presentation
Harris Theatre, George Mason University, 8pm, $10-20
Arguably one of the most popular Gilbert and Sullivan operettas ever written, and representing these artists at the height of their creative genius, this story has delighted audiences for more than a century. Originally staged at the Savoy Theatre in London in 1885 at the height of Europe’s fascination with the East, this production launches a year-long celebration of G & S at Mason for 2017.

FEBRUARY 18
STRINGS ’N THINGS! A CONCERT FOR THE YOUNG & YOUNG AT HEART
Montessori School of McLean, 7pm
Johann Sebastian Bach | Concerto for Two Violins and Strings in D Minor.
Soloists: Chris Rudyj and Natalie Fike
Robert Oetomo | Soar – Concerto for Marimba and String Orchestra. Soloist: Rebecca Kite
Leroy Anderson | Orchestral Toe-Tappers... and student compositions to be announced following competitions under the auspices of the Northern Virginia Music Teachers Association (NVMTA).

FEBRUARY 26
THE NATIONAL SYMPHONY ORCHESTRA OF UKRAINE
Theodore Kuchar, conductor
Dima Tkachenko, violin
Concert Hall, George Mason University, 4pm, $36-60
Rachmaninoff: Symphony No. 3
Tchaikovsky: Violin Concerto
Stravinsky: Suite from The Firebird
The virtuosity and precision of one of Eastern Europe’s most esteemed orchestras presents an evening of brilliant Russian music. Founded in 1918, The National Symphony Orchestra of Ukraine is one of Eastern Europe’s most esteemed orchestras, earning international acclaim for its virtuosity and precision. This program showcases those qualities with some of the most demanding music written by three Russian masters: Rachmaninoff, Tchaikovsky, and Stravinsky. Throughout its history, the National Symphony Orchestra of

MARK MORRIS DANCE GROUP
8 P.M.
FEB 24-25
Concert Hall, George Mason University, 8pm, $29-48
The Mark Morris Dance Group is the preeminent modern dance company of our time. Acclaimed for its grace, power, and confidence the gifted dancers enchant both audiences and critics alike. Morris’s choreographic genius radiates beauty, musical sophistication, and gifted intellect. His choreography is performed by the MMDG Music Ensemble and explores the relationship between movement, expression, and music. This program includes Serenade, a solo piece set to Lou Harrison’s Serenade for Guitar and Percussion, Dancing Honeymoon featuring music from the 1920’s and 30’s, and two brand new works, including A Forest set to Haydn’s Piano Trio No. 44 in E major. Morris is hailed as “the most life-enhancingly musical choreographer alive” by The New York Times. Welcome back the dancers and musicians to their Northern Virginia home with an astonishing performance of the best in modern dance.
Ukraine has premiered the works of many classical giants including Prokofiev and Shostakovich, and has produced over 100 acclaimed recordings, garnering several Grammy nominations. Under the baton of Theodore Kuchar, the ensemble is sure to mesmerize audiences with their stunning performance of Russian masterpieces.

FEBRUARY 28
ALEXANDER WHO’S NOT, NOT, NOT, NOT, NOT, NOT GOING TO MOVE
Presented by TheatreWorks
Concert Hall, George Mason University, 10:30am
Alexander has just received some really bad news. His dad has taken a job in a city a thousand miles away, which means that he and his family are going to have to move to a whole new city. And even though his mom says, “Wait, you’ll like it,” Alexander already knows that he’ll hate it. He can’t bear to leave the people and places he loves, so he decides that he won’t move. First he tries to live with three different neighbors. Then he tries to build a tent so he can live by himself. Then he decides he’ll hide so that his parents will never find him, but that doesn’t work out either. With a little help from his mom and dad and even his bossy older brothers they help him to understand that home is “where your family is, where you’re with the people who love you best of all.” Visit www.theatreworksusa.org for ticket prices.

JUKEBOX ROMANCE
Creative Cauldron, South Maple Ave, Falls Church, VA. 7:30 PM
This fun-filled evening of love songs will feature everything from Schumann’s passionate Spanisches Liederspiel to favorites from the American Songbook. True to the name of the program, audience members will have the opportunity to select musical numbers for the musicians to perform. Come and join the fun with Words&Music! For more information, visit our website: www.words-music.org
LOCAL BANDS ON THE RUN

BY HUBIE CRAM

City of Fairfax Band

Also traveling this summer is the City of Fairfax Band, a popular area community band. They received a solicitation from the group that arranges entertainment for the annual Normandy ceremonies. Under the direction of the American Battle Monument Commission, one band from around the country is selected to perform each year. The CFB has been recognized with numerous awards in past years and is honored to be representing the country at this important occasion.

The group will be comprised of members of both Fairfax bands – the City of Fairfax Band and the Main Street Community Band. They will travel throughout France and will be the featured band at two American Cemetery ceremonies, and will perform in the D-Day Memorial Parade, in a public performance in Paris, and in the Musical Salute to Liberation featuring 1940's music.

Every participating member will cover their own travel costs and the group is currently fundraising to finance expenses like equipment/instrument transport, and other overhead costs. Those wishing to help support the CFB on this important occasion can donate online at www.fairfaxband.org/support/donate.php. For more information, email info@fairfaxband.org or call 571-336-2322.

George Mason High School Band

When Carnegie Hall invites you to perform, you would usually say “yes,” and that’s exactly what the George Mason High School Band said. According to GMHS band director Mary Jo West, “The kids are super excited to play at such an amazing venue. We submitted a recording for their consideration and were thrilled to be accepted. Our hope is that all the members can attend - we have held several fundraisers already to make that happen.” Fundraisers have included the popular MUSIC (Many Useful Students In our Community) Days where students worked for fair labor wages to rake leaves or other homeowner tasks around Falls Church.

The band is looking for additional support from local patrons and businesses to help EVERY student make the trip. The wind ensemble will play the Carnegie Hall concert and the symphonic band will perform at a workshop with Broadway musicians. During their trip they also will have an opportunity to visit the 9/11 museum, attend a Broadway show, and do some additional sightseeing.

The group consistently achieves superior ratings at the district assessments and the Carnegie Hall invitation is testament to their extraordinary ability. Director West has promised that the band will play an appreciation concert just prior to their departure. Watch for details in the coming weeks.
VIENNA
MERCHANTS

**PEKING EXPRESS**
A Tysons Favorite!
Mon - Sun 11:00am - 9:30pm
Lunch - 11:00 am - 4:00 pm
Dinner - 4:00 pm - 9:30 pm
703-281-2445
www.peking-express.com

**CLOCKS of QUALITY
AT COMPETITIVE PRICES**
Chelsea • Howard Miller
Hermle • Seiko • Lindow
Comitti • Rhythm • Coo Coo’s
and more...

**THE CLOCK SHOP
of Vienna**
109 Church Street, NW
(703) 938-3990
clockshopofvienna.com
TUE-FRI 10-6
THURS 10-8
SAT 10-5

**SALES • SERVICE • REPAIRS**
**BIKES@VIENNA**
- Folding Bikes
- Recumbents
- Trikes
- Tandems
- Adaptive
128A Church St, NW Vienna
703-938-8900 | www.BikesAtVienna.com

**Custom Clothier**
Custom Made Suits, Shirts,
and Sport Coats for Men
World’s Finest Luxury Fabrics
450 Maple Avenue E, Suite 212
Vienna, VA 22180
(703) 861-2940
www.cgcustomclothier.com

**ACHIKIAN GOLDSMITHS**
20% OFF
Wedding Bands OR
Buy one band,
get one 50% off!
*5% or less discount is paid of original lower value. Offer cannot be combined with any other offer & must be presented at the time of purchase or estimate given. Includes synthetic diamonds, other exclusions may apply.*
703-938-8800 | achikiangoldsmiths.com

**JUST like NEW**
Find the perfect gift for Valentine’s Day!
Jewelry, Silverware, Crystal, China, Gifts
and Clothing for the discerning lady.
(703) 938-8800
145 Church St NW #200, Vienna, VA 22180

**VIENNA MERCHANTS**

**SALES • SERVICE • REPAIRS**
**BIKES@VIENNA**
- Folding Bikes
- Recumbents
- Trikes
- Tandems
- Adaptive
128A Church St, NW Vienna
703-938-8900 | www.BikesAtVienna.com

**CUSTOM CLOCK SHOP**
109 Church Street, NW
(703) 938-3990
clockshopofvienna.com
TUE-FRI 10-6
THURS 10-8
SAT 10-5

**SALES • SERVICE • REPAIRS**
**BIKES@VIENNA**
- Folding Bikes
- Recumbents
- Trikes
- Tandems
- Adaptive
128A Church St, NW Vienna
703-938-8900 | www.BikesAtVienna.com

**ACHIKIAN GOLDSMITHS**
20% OFF
Wedding Bands OR
Buy one band,
get one 50% off!
*5% or less discount is paid of original lower value. Offer cannot be combined with any other offer & must be presented at the time of purchase or estimate given. Includes synthetic diamonds, other exclusions may apply.*
703-938-8800 | achikiangoldsmiths.com

**JUST like NEW**
Find the perfect gift for Valentine’s Day!
Jewelry, Silverware, Crystal, China, Gifts
and Clothing for the discerning lady.
(703) 938-8800
145 Church St NW #200, Vienna, VA 22180
Judy Collins has had quite the storied career. She’s won Grammys, charted more than a dozen hit songs, written a memoir and novel, was a guest on *The Muppet Show*, and made waves for her “naked” cover sleeve on the 1979 album, *Hard Times For Lovers*.

Collins will be performing Dec. 27 and 28 at the Birchmere, a venue she has been playing for decades.

“I’ll be doing some of the songs from the new Irish TV show, as well as some of the more recent songs, and of course, the classic Judy Collins songs people like to hear, and hopefully, everyone will enjoy it,” she says. “My concerts are fantastic experiences. Thank God for all the wonderful places to work around the country.”

One of her favorite things about her concerts today is that the audience is filled with people of all ages, as grandparents and parents are there with their kids.

“I tell a lot of stories at the shows,” she says. “They’re getting a show that no one else has seen before because I change it up every night.”

Last year Collins released a new CD, *Strangers Again*, and she says working on new projects keeps her engaged and young.

“Keep learning, doing new things and looking for new challenges. That’s the secret to lasting,” she says. “You need to keep the shows fresh and that’s always been important to me. You always wonder when you’re going to be ‘found out.’ I still feel like I’m making it.”

One of the ways Collins stays young at heart is by going to concerts of some of her favorites and grasping on to their energy. Recent shows she’s gone to include Randy Newman, Ringo Star and Michael McDonald, to name a few, and she even hit the stage for a few of them as a surprise guest.

She admits that travel is challenging at times—especially compared to the way things used to be, and getting her music heard takes some work.

“You have to keep yourself out there or people forget. You do everything you can think of,” Collins says. “The PBS specials are wonderful, iTunes, social media, it all helps.”

Looking ahead, Collins just wants to continue playing concerts and making new music, and she doesn’t care what sort of venue is welcoming her.

“My father was a performer and I was taught at a very young age not to pay attention to the size of the venue or the size of the audience; it doesn’t make a difference,” she says. “You do the show you want to do and you’ll stay in the public eye.”

That advice certainly worked for Collins.
Tired of the BIG BOX HOTELS with a la carte hotel charges like breakfast, dinner, parking and high speed internet service? The Staybridge Suites McLean Tysons Corner includes amenities and services that offer a “suite” stay for government, corporate, or business travelers and extended stay guests! Stay with us for that “home away from home” atmosphere and personal touch hospitality you won’t get at other larger Tysons hotels.

Proud Recipient of the Coveted RENOVATION OF THE YEAR AWARD

1-703-448-5400  1-800-238-8000
6845 Old Dominion Drive, McLean, Virginia 22101  www.staybridge.com

HUNGRY?

While supplies last!
Buy a two-year subscription to VivaTysons for $20 and we’ll give you a $25 gift certificate to a local restaurant!
vivatysons.com/subscribe
The Katibeh Art Center, established to exhibit, sell, teach and promote Middle Eastern Art, is now home to the vision of Iranian artist, Ebrahim Emad. Mr. Emad is a highly trained artist and a proponent of art as the connecting bridge between cultures for a beautiful expression of the depths of human emotion and experience. He wants the gallery to become a place where people of all backgrounds can interpret what they see through their own lens to appreciate the glory of nature and humanity seen through the artist’s eye and interpreted by each individual.

According to Mr. Emad, art is a calling with the responsibility to represent the human dialogue and intercultural relationships that form the fabric of our society. Through the artistic exchange we can relate our ideas of the human experience, from joy to sadness, hope to despair, and fear to courage. By encouraging artistic expression, he humbly hopes to engender increased understanding, love, and acceptance of all peoples and creatures of the earth.

Mr. Emad’s own work often includes mystical representations of creatures set in magical natural environs; it is in the flowing details of lines and expression that the range of emotions and portrayal of human experience are illuminated to his audience. He uses his art to create the mirror through which we can examine our own lives and deepest feelings, encouraging self-realization and compassion.

Katibeh will offer Mr. Emad’s works for sale, including gorgeous scarves bearing images of some of his paintings, as well as works by other artists on a rotating basis, so please visit their website for event announcements and details. Classes in drawing, painting, illumination, and calligraphy are available for adults and children.

Katibeh Art Center
2070 Chain Bridge Road, Suite 180
Vienna, Virginia 22182
703.388.2887
571.296.0988
Hours: Monday-Friday 10:00 am – 2:00 pm, 4:00 pm – 8:00 pm
Weekends: 10:00 am – 2:00 pm
info@katibehart.com
www.katibehart.com
QL+ engineers develop unique solutions and assistive devices for our nation’s wounded warriors.

DONATE TODAY!  
QLPLUS.ORG

Your donation will help improve quality of life for those injured in the line of duty. Thank you!

---

Drs. Passero & Feeney are specialists in periodontics with over 45 years of experience in implant dentistry

Implants • Periodontal Services • Prevention Dentistry
Laser Treatments for Gum Disease (LANAP)
TMJ Treatment • Sedation Dentistry • CAT Scans • Digital X-Rays
Teeth In a Day • Gum Grafting, Including Pinhole Technique
Computer Guided Implant Placement

Call today to schedule your evaluation
(703) 821-4040
1430 Spring Hill Rd., Suite 101 • McLean, VA 22102
www.novaperioimplant.com

---

Come In and See What We Can Do For You and THERE WON’T BE A REASON TO HIDE YOUR SMILE

---

Your donation will help improve quality of life for those injured in the line of duty. Thank you!
The Jefferson Hotel

Elegance of A Bygone Era

BY ALLISON CHASE SUTHERLAND

AUTHOR: Allison Chase Sutherland is a restaurant reviewer/travel writer and photographer, author of allicucina—a culinary journey international cookbook, multilingual voiceover talent, and foreign language instructor. www.allvoice.com
The Jefferson Hotel, built in 1895 by Major Lewis Ginter, who named it after his hero, Thomas Jefferson, is brimming with history. A registered National Historic Landmark, this breathtaking neoclassical Beaux-Arts queen has reigned on her throne at the center of Richmond’s social life ever since its inception, having been graced by visits from thirteen presidents, as well as multitudes of celebrities and notables, including the Vanderbilts, Charlie Chaplin, Sir Edmond Hillary of Mt. Everest fame, and famed pianist Rachmaninoff, who tickled the ivories in the Grand Ballroom. Fortunately for us, the talented Bill “Bojangles” Robinson was “discovered” here as well, as he waited tables in the dining room. When it first opened, lavish galas were held in the rooftop garden by the iconic clock tower. We only dare imagine.

You will be drawn irrevocably to the Grand Staircase, which descends majestically to the ornate Rotunda Lobby, with its towering 70-foot-high ceilings, as you step into one of Richmond’s most sought-after locales to mark an important event. You may wish to celebrate just being here.

The hotel features 181 recently renovated rooms and suites. The Grand Premier room is more like the microcosm of a mansion. Enter the vestibule with smoke-mirrored minibar and proceed to the grand main room with high ceilings and windows, opulent draperies, elegant décor, antique furniture reproductions, crown molding, and black and white art deco photography. Crystal chandeliers grace the ceilings. The palatial bath is painted a fine hue of bluish-greenish-grayish Wedgewood, like the seaside in winter, with gray marble baths with separate shower and soaking tub to create an ideal space for relaxation. Guests also enjoy luxury bath linens, exquisite Molton Brown bath amenities, and plush bathrobes and cozy slippers. Even the towels bear the insignia. One unexpected detail was the TV seamlessly embedded in the vanity mirror. I was for the first time compelled to hang up my clothes at a hotel, but the setting calls for multiple wardrobe changes, nicely facilitated by the spacious adjoining dressing area.

The Jefferson Suite (1,400 sq. ft.) enjoys a marble balcony, or loggia, overlooking historic Franklin Street, as well as a grand piano. From this view overlooking the city, you may experience a golden moment as we did as the sun gilded the skyline of the Financial District and the buildings below.

The enchanting indoor swimming pool, lined by palm plants and wicker furniture, is reminiscent of another epoch. Guests may unwind in this haven beneath sun- or star-lit skylights. Modern folks may visit the extensive health club with its massage facilities and locker rooms.

Take time to visit the precious floral and garden shop, Blooms at the Jefferson. Off to the side you’ll chance upon a tiny shop called Gators Gifts—a “nod to whimsy,” as the Jefferson’s Jennifer Crisp so poetically describes, as she vividly recounts the riveting history of the property. Legend has it that people would vacation in sunny Florida—harkening to the days of tycoon Flagler’s railroad—and
bring back baby alligators, who, up until 1948, came to live in the marble ponds in the Palm Court lobby. "After all, what do you do with a baby alligator when it starts to grow?"

Every time of year has its moment here. The Christmas tree lighting brings the joy of the holidays and children in their nicest sweaters and velvet dresses. Of course, weddings are always special. Really, just being here is special.

Culinary Jefferson

NEW AMERICAN CUISINE WITH A SOUTHERN ACCENT

The mellifluous voice of your wake-up call even includes the weather—mostly sunny, maybe a little windy. Spa sounds emanate from the iHome clock radio to set the mood. Head down for breakfast in the Valentine Room with its original fireplace mantel. When they were passing out personality, they clearly gave cheery server Moude Osei a double dose. Highly recommended are the bacon cheddar stoneground grits with creole gravy. "Add blackened shrimp to the grits. It's a serious game-changer."

Did someone mention tea? A grande dame such as the Jefferson would most certainly adore Southern Afternoon Tea. Pastries, scones (with Devonshire cream), and finger sandwiches. Oh my! Speaking of grandes dames, if you’re lucky, you may just chance upon the queens of the Red Hat Society, or some Sassy Ladies of the South, sipping tea in dainty Villeroï & Boch teacups in their glorious hats at the Chocolate Lover’s Tea, as they hold court in Palm Court. Glamorous and fashionable—and as charming, hilarious, and life-embracing as can be—these delightful dignitaries know how it’s done.

Your next indulgence will be to experience yet another true Richmond tradition. Be serenaded by the velvety smooth jazz stylings of the Randall Pharr Trio as they cast a chill groove over Sunday Champagne Brunch, set among the massive marblesque Corinthian columns of the Rotunda Lobby at the foot of the Grand Staircase. Gaze over the realm from your perch on the Mezzanine, with portraits of our Colonial forefathers for company. With ice sculptures and Mr. Lunsford’s grand floral arrangements, it is the very definition of a level refinement reminiscent of a bygone era. Feast not just your eyes upon Jefferson Benedict (with country ham and a flaky biscuit,) hickory-smoked bacon, Bananas Foster waffles, Southern Comfort & Cinnamon French Toast, oysters on the half shell, Tuscan kale soup, tender and juicy Thanksgiving carved turkey, signature spoonbread, fresh fruit, and tortes and tarts of all sorts.

The intimate TJ’s, a Southern-American-style bistro, serves breakfast and lunch on the weekdays, but take a deep breath and revel in anticipation, as the best is yet to come. The jewel in the culinary crown, Lemaire Restaurant, with its eight distinct nooks, is named after the maître d’ to Thomas Jefferson when he was serving at the White House. Upholding the culinary standard is Chef Bundy, as he creates his own New American cuisine with versions of Southern classics within a seasonal menu offering a delicious foray into Virginia’s bounty from the farms of the Blue Ridge and the waters of the Chesapeake Bay.

Start with house-cured pork belly carbonara with gnocchetti sardi, butterbeans, and soft egg in a savory parmesan broth. Next up, a most succulent certified Angus beef tenderloin in a green pepper demi-glace, accompanied by broccolini, beech mushrooms, and garlic butter mashed potatoes. For dessert, feast your eyes and your palate upon an artful presentation of roasted peaches and cream panna cotta with miniature lavender meringues and blueberries.

After dinner or anytime, Lemaire Bar and lounge is the perfect spot to enjoy fabulous hand-crafted libations and modern twists on classic cocktails. The extensive wine list features award-winning Virginia wines from Barboursville and White Hall, as well as many an international varietal, with a robust selection of bottles under $30. You might even get to rub elbows with bigwigs the likes of Chrystal Neal, Senior Vice President of the Richmond Chamber of Commerce, or the RVA, as it is affectionately called.

Richmond & Vicinity

Chrystal of the RVA has her finger on the pulse of this continually emerging urban landscape. She communicates clearly the accessibility and livability of the city. A lot of students from VCU and the University of Richmond who come to school here end up staying. "It’s convenient and comfortable. If you commute more than 20 minutes, that’s outrageous!" Tell that to a Northern Virginian. Yikes!

Richmond Magazine says the music around town is really happening, and Chrystal describes a "thriving restaurant scene," with events such as Fire, Flour & Fork, which bring in guest chefs, who, along with local chefs, create collaborative thematic food-centric dinners around town. Other beckoning quarters of town include the quirky and eclectic Carytown with its vintage bookstores, clothing boutiques, and playful destinations like For the Love of Chocolate, with its nostalgic candy. Let yourself wander. You never know what you might find.

Natural havens within the city limits include Byrd Park, named after William Byrd II, considered to be the founder of Richmond. This extensive green sanctuary features several lakes and a Virginia War Memorial Carillon. Just to the north, the Lewis Ginter Botanical Gardens is yet another beautiful expression of the generosity of The Jefferson’s founder. Also recommended by Richmond visitor and
savvy traveler Deb Haag of Fairfax is the Riverfront Historical Canal Cruise close to the Canal Walk in historic Shockoe Slip. Some places are cool to visit and fun to say!

Along the way or on the way back, James River Cellars Winery is just 15 miles to the north In Glen Allen and produces a dazzling array of flavorful varietals. And the scenic James River itself offers wonderful opportunities for whitewater rafting and tubing, as so thoroughly enjoyed on day trips from Charlottesville while students at the University of Virginia back in the day.

**Footsteps ON THE COBBLESTONES OF HISTORY**

Nowadays I always seek out the old city center, the heartbeat of the city. Church Hill is another historic area with many restored buildings, according to locals Vishwa and Eric Link. Patrick Henry gave his famous “Give me liberty or give me death” speech at nearby St. John’s Episcopal Church, built in 1741. On a personal historical footnote, my dad recounted the story of his great-uncle Jeremiah Chase, a member of the state legislature, as were his brother and father, who was present during arguments before the Supreme Court of Appeals at the State Capitol in April 1870, and was seriously injured when the floor of the third-floor courtroom collapsed and crashed down into the chamber of the House of Delegates below. On a brighter note, his Aunt Ruth, who was great friends with the governor’s daughter when Governor Peery held office from 1934-1938, got to stay on occasion at the Governor’s Mansion. I like to imagine our footsteps walking the same cobbles.

“It sweeps you away to a different time and place—a magical nearby staycation—grandeur, fine dining, museums—hospitality for days. I can’t believe we’re in Richmond. I feel like we’re somewhere in Europe,” noted astute Jefferson guest Dr. Wendy Leonard.

And in this genuinely genteel yet cosmopolitan context, the Jefferson Hotel represents a beacon across time, a pinnacle of artistic vision, a work of grace and beauty. A destination of discernment for centuries of well-heeled travelers, the Jefferson was not surprisingly recognized by Forbes magazine as the best hotel in America. It has been termed “historically significant and eternally relevant.”

Known at the time as Richmond’s wealthiest citizen, Lewis Ginter was born in New York and came to Richmond to determine his destiny. Having seen his fortunes turn on more than one occasion, he was replete with resilience. A classic Jeffersonian, he was cultured, gifted, and widely traveled, traits which I, of course, greatly admire. “This was his dream,” revealed the Jefferson’s Jennifer Crisp in all gifted, and widely traveled, traits which I, of course, greatly admire.

JEFFERSON HOTEL
101 West Franklin Street
Richmond, VA 23220
804.649.4750
www.jeffersonhotel.com

---

**Virginia Museum of Fine Arts BEYOND MAGNIFICENT**

With a treasure trove of 33,000 works of art in its permanent collection, the impressive galleries of the world-class Virginia Museum of Fine Arts, housed in a stellar masterpiece of modern architecture, run the gamut from Ancient Egyptian, Greek and Roman, Byzantine, Medieval, Renaissance, Indian, Nepalese, Tibetan, Pre-Columbian, Native American, and African, to the more recent schools of French Impressionism, including Monet, Renoir, and a bronze cast statue of Degas’s Little Dancer, to Art Deco and Art Nouveau styles, including a continuous Fabergé exhibition. You’ll find every unique trinket and keepsake imaginable in the thoughtful gift shop. The museum even includes its own comprehensive art library.

On the way back to the hotel, be sure to ask the shuttle driver to head down Monument Avenue, the only grand residential boulevard designated as a National Historic Landmark. Behold Colonial Revival, Spanish Colonial, Tudor Revival, French Renaissance, and Italian Renaissance mansions. Not only that, the driver will gladly drop you off anywhere along the designated route, as the hotel’s complimentary transportation service covers all of the city’s most popular shopping, entertainment venues, museums, and restaurants. Leave the keys in the room. You’re all set.

Fitting of a founder so fond of the arts, from January 1—February 20, 2017, the Jefferson Hotel’s Virginia Fine Arts Package includes two tickets to the VMFA exhibition, traditional Southern breakfast for two in the restaurant, valet parking and complimentary transportation to and from the Virginia Museum of Fine Arts. The Jasper Johns and Edvard Munch: Love, Loss and the Cycle of Life Exhibition displays more than 120 paintings, drawings, and prints. Amuse Restaurant overlooks the loveliest of city parks, where you can take a leisurely stroll by the fountains. In temperate weather, you might chance upon health enthusiasts doing yoga in the sculpture garden. Allow yourself to enjoy the inspiration to be gleaned from every aspect of this exceptionally creative space.

**VIRGINIA MUSEUM OF FINE ARTS**
200 N. Boulevard, Richmond, VA 23220
vmfa.museum
804.340.1400
YOUR WEDDING. OUR BLOOMS.

Flowers and design with beauty and grace.

We could be the best part of your morning routine.

Your Wedding. Our Blooms.

Wake up, enjoy a cup of coffee, and learn about the latest from Tysons. From local news and history to the best dining in town, we have it. Subscribe today!

vivatysons.com/subscribe

(703) 779-3530 | www.jmorrisflowers.com

THE VILLAGE AT LEESBURG | 1603 VILLAGE MARKET BLVD #108 | LEESBURG, VA 20175

Dr. Gema Island
Board Certified Pediatric Dentist

703-790-1320
1500 Cornerside Blvd. Suite 310,
Tysons Corner, VA 22182
www.islandchildrensdentistry.com

Services
Preventive Dentistry
Cleaning
Sedation
X-Rays

Special Needs Children
Emergency Services
Patient Comfort
Cutting-Edge Technology

$99 Special
Includes
Full exam
Cleaning and X-rays

Open Saturdays

“our main concern is what is best for your child.”

“our main concern is what is best for your child.”

GUIDO CALVETTY ALAVE
Master Watchmaker | Antique horologer

Rolex Trained & Certified #168
State of the Art Equipment
Timely & Guaranteed Repairs

Antique • Vintage • Modern

Mention this ad for one of the following:
Free Battery with Any Repair
$10 Off Any Basic Repair
$50 Off Any Advanced Repair

703.255.0035
WWW.GCALAPRECISION.COM
320 Maple Ave. East, Building E, Vienna
The Wedding Issue

Venues, Vendors, Caterers, Stylists and Gifts

Photo credit: Ken Pak Photography
DISCOVER the Venue

Relish in developing the style of your big day by choosing a space that complements it best—modern, sophisticated, unique, or rowdy—the perfect venue awaits!

Greenhill Winery & Vineyards

Experience the pastoral beauty, rustic elegance & serenity of Greenhill Winery & Vineyards! Whether you’re planning an intimate wedding or something larger, Greenhill can accommodate you. Their dedicated staff will work with you to tailor your event seamlessly. Alongside vineyard lawns and rolling hills, the estate offers four stunning venues: the historic Manor, the new Tasting Room, Barrel Room and Le Chai Room. In addition to venues, there are many scenic outdoor locations throughout the estate perfect for wedding ceremonies and receptions.

540-687-6968
23595 Winery Ln, Middleburg, VA 20117
greenhillvineyards.com
The Bellevue Conference & Event Center

A picture-perfect venue for corporate functions and black-tie affairs

At The Bellevue their mission is to implement and execute top-notch coordination for both professional functions and social gatherings, in addition to a picture-perfect backdrop filled with rich, timeless design that is adorned with character and historical beauty. The Bellevue is an exotic venue for those romantic dreamers and savvy, intellectual thinkers in search for a breath-taking view of traditional couture and modern sophistication. Photo courtesy of Kay's Photography.

703-825-9526
43350 John Mosby Hwy, Chantilly, VA 20152
www.thebellevueva.com

Pinstripes

Pinstripes was built from a passion to gather, to celebrate, and to experience sophisticated fun. Gather around the outdoor fire pit, rival friends in a game of bocce, or lace up the bowling shoes in a grand rendition of the classic American pastime. Their unique event venues accommodate an expanse of interests from corporate luncheons to wedding receptions. They feature seasonal, locally sourced ingredients in every dish and take pride in their thoughtfully selected wine list, rotating craft beers, and attractive variety of handcrafted cocktails. Guests will leave knowing they received the perfect balance of culinary expertise, entertainment, event space and professional service that can only be defined as the Pinstripes Experience.

202-625-6500
1064 Wisconsin Ave NW, Washington, DC 20007
pinstripes.com

Briar Patch Bed & Breakfast Inn

Make your wedding a historic event at Briar Patch Bed & Breakfast Inn, a historic property (circa 1805) with majestic mountain views in Middleburg—the heart of Virginia horse and wine country. With 47 rolling acres, beautiful grounds, historic lodging in 12 bedrooms, great mountain views, & event building for up to 200 guests, they are an ideal venue for your wedding. Conveniently located on Route 50, Briar Patch is just 20 minutes from Dulles Airport and about an hour from Washington, DC.

703-327-5911
23130 Briar Patch Lane, Middleburg, VA 20117
www.BriarPatchBandB.com
Top of the Town Reception & Conference Facility

Top of the Town is a premier event space which features a truly unrivaled spectacular panoramic view of our Nation’s Capital and its monuments, as well as the Potomac River from a one-hundred-foot span of floor to ceiling glass. The space is private and the staff is dedicated to hosting one unforgettable event at a time. The hilltop penthouse “room with a view” provides a panoramic view of the Nation’s Capital. Top of the Town is an ideal setting for wedding receptions (up to 180 people), ceremonies, engagement parties, and rehearsal dinners.

703-387-8696
1400 14th St N, Arlington, VA 22209
www.topofthetown.com

The State Theatre

You think big and do big, so does The State Theatre. Don’t need that much? No worries, they can scale it down to any size you need—50 people to 500 people. Some of their amenities include:
- Martin Intelligent Lighting with Full Studio Direction
- Custom-Designed Lighting & Sets
- Sound Image Sound System with Front of House and Stage Engineers
- High Definition projection with 20 foot screen
- Multiple small and midsize projection capabilities

Add in a fully restored 1930’s Art Deco setting, arranged any way you can think of, a full service in-house restaurant and catering service, four full service bars, and state of the art sound & lights (The State Theatre is a nationally recognized music venue, and there’s no reason to go anywhere else.

703-237-0300
220 N Washington St, Falls Church, VA
www.thestatetheatre.com

M & S Grill

Located minutes from Dulles Airport and right off the Toll Road in Reston Town Center, M & S Grill offers beautiful venues to hold wedding receptions, bridal showers and rehearsal dinners. Menus source seafood from the Pacific Rim, Atlantic Ocean and Gulf of Mexico, and other ingredients from local ranches, farms and wineries, to showcase regionally inspired dishes. M & S Grill will give guests a unique venue and an incredible dining experience – all accompanied by a stress free, enjoyable planning process. The staff will assist you in planning your occasion down to the smallest details, or partner with a wedding coordinator and work with them directly. For your next event, M & S Grill has the private or semi-private dining space to accommodate your party.

703-787-6931
11901 Democracy Dr, Reston, VA 20190
www.mccormickandschmicks.com
GRAND OPENING

OXANNA

Now Open in Vienna!
Offering everything from scarves to skirts to shoes and accessories—why not stop in and see what’s waiting for you? Inventory arrives daily keeping inventory current, stop by today!

An eclectic boutique of assembled womens wear.
448 Maple Ave E, Vienna | 703-319-9100 | oxannaboutique.com

Adjacent to Award-Winning Restaurants
Couples today want their wedding to reflect their unique story, and they’re finding creative ways to do it. With the variety of venues, dress styles, flower options, food choices, decorations and invitations available, and websites like Pinterest and The Knot to provide ideas and inspiration, couples can mix and match wedding elements to make their day memorable for everyone involved. Here, we’ve rounded up some of the latest trends to choose from if you’re planning a wedding.

Until De Beers launched its famous “A Diamond Is Forever” campaign in 1947, diamonds were not synonymous with engagement rings, and today, more brides-to-be are wearing colored gemstones or gemstones in combination with diamonds. Less traditional diamond settings such as two-stone diamond rings, east-west settings that lie horizontally across the finger, and vintage settings are also popular right now. Other engagement ring trends include floral, intertwined or braided bands, and yellow or rose gold instead of traditional white gold or platinum.

Most brides still wear white for their big day, but for those who want something different, pink dresses will be the most popular alternative in 2017. Floral-printed dresses also are making a splash on bridal runways.

The fall 2016 bridal fashion week showcased a lot of skin, with deep V necklines, off-the-shoulder designs, cut-outs with either lace or sheer insets, and back-bearing styles. Three-dimensional floral details that appeared in 2016 also remain a popular choice with designers. Corsetry, peignoir-inspired designs and more relaxed lace gowns that reflect a Bohemian style are also prominent on the runway.

In contrast to the more revealing styles, some designers went with capelets and ponchos as gown toppers, something that ties in with another trend, convertible gowns. Convertible gowns reflect a trend away from having a second dress for the reception, while still allowing for a different look and easier movement for the bride who wants to dance. Some convertible features for 2017 include removable bows, trains and layers.
Choosing a color scheme sets the mood for your wedding and makes decisions about flowers, decorations, and favors a little easier. Pantone’s color of the year in 2016 was actually two colors, Rose Quartz and Serenity, a dusty periwinkle blue. Now these colors are showing up in weddings either together or separately and are mixed with grays or ivory. Metallics are still popular, but in more muted shades than bright gold or silver.

The setting of your wedding also influences the mood. Barn and garden weddings will be popular in 2017. Choose the tone you want to set first and foremost, keeping in mind a rustic barn or garden can also be elegant, and a ballroom or restaurant doesn’t have to be formal. The food, decorations, set up and presentation all contribute to the overall effect.

Additional trends for 2017 include smaller, more intimate weddings, which allow the bride and groom to spend more time with their guests, and themes such as rustic chic, vintage, boho, tropical and fairy tale.

Some couples are choosing to have brunch or daytime weddings, which can be less costly and might feature an omelet or waffle station, yogurt parfaits and Bloody Marys. Others are moving away from traditional sit-down dinners, with some opting for seating guests at long tables instead of rounds and serving dishes family style.

Another big trend is food and drink stations. Stations make things fun for the guests and reflect the couple’s favorite foods or their families’ heritage. Think of a food court of choices with an elegant presentation, such as:

- A barbecue station with different meats and sauces
- A seafood station featuring crab cakes, mini shrimp cocktail and salmon sliders
- An Asian station with wontons, spring rolls and chicken skewers
- A build-your-own fajita or taco bar
- A mini station featuring bite-sized comfort-food favorites like soup shots, macaroni and cheese bites and tiny sandwiches.

Perhaps one of the hottest trends that you might be surprised to hear is crossing over into weddings is food trucks. If you like this idea, you have to consider your venue carefully. Food trucks need permits and a place to park, and you’ll want the trucks located conveniently for your guests. If you like the idea but don’t think it will work for your venue, look for a caterer to provide street foods at your venue instead of having your guests go to food trucks.

Today’s earth-conscious couples like using organic, locally sourced foods at their weddings. Also popular is offering food as an experience, such as having a chef make fresh guacamole or sushi. Breakfast for dinner is also a rising trend, so don’t think you can only have waffles or omelets if you’re having a daytime wedding.

When it comes to drinks, couples have been offering signature cocktails for a number of years. Now, they are also offering drink stations highlighting a specific type of beverage, such as mimosas or margaritas available in different flavors or a craft beer station. Non-alcoholic drinks also lend themselves to stations, such as one with different lemonades, sodas, or flavored waters.

---

O

e of the biggest decorative items at a wedding are the flowers, and 2017 will see flowers that reflect the Pantone and metallic color schemes as well. According to the Society of American Florists, more subdued colors of flowers mixed with muted grays will be popular, as will tropical flowers with jungle-inspired looks. Couples will use more greenery and fewer flowers as well as mixing in succulents and herbs and using more interesting filler flowers than baby’s breath. Non-traditional bouquets and centerpieces will include fruits and vegetables. In addition, couples are opting for fewer traditional roses in favor of in-season flowers or a mix of seasonal flowers and roses.
Just as cupcakes had their moment, other desserts are now popular at weddings in addition to or in place of a traditional wedding cake. Pies and dessert crepes are two such options, as are doughnuts, which come in lots of different flavors and colors for variety and a pretty presentation. Don’t feel pressured to have a cake just so you can do the traditional first slice. These days it’s fine to do a ceremonial slice of pie or split a doughnut instead.

If you want a cake, wedding cakes with buttercream icing are making a comeback, replacing fondant. Naked wedding cakes, with minimal or no icing and decorated with flowers or fruit are also popular and fit in well with rustic or boho themes.

A 2016 trend continuing into 2017 is the late-night snack for the after-dinner dance crowd. After dinner and dessert, couples provide snacks such as pizza, French fries, popcorn, personalized ice pops, snow cone bars, or cookies and hot chocolate for their guests.

Whatever kind of wedding you have, put your signature on it by incorporating a few of these trends or setting some of your own.

AUTHOR: Analiese Kreutzer is a freelance writer. As a long-time resident of the area, she is passionate about the communities, people and businesses our publications cover. She can be reached at Ana@VivaTysons.com.
CALAMITY MEDIA PRESENTS

LE NOUVEAU MOI

A story about every woman’s love of fashion and her journey of discovering beauty and wellness

NOW SHOWING ONLINE AT
www.LeNouveauMoi.com

PRESENTED BY CALAMITY MEDIA PARTNERED WITH TYSONS MAGAZINE
PUBLISHER & CREATIVE DIRECTOR MJ CINCOTTA
CLIENT ADVOCATES JUANITA BAPTISTE, JOHNNY HANNA
PHOTOGRAPHY SUNGHEE CHON  WEB DESIGN JULIE SNEE  GRAPHIC DESIGN ROBIN LONG
DELIGHT in the Perfect Menu

Finding the perfect caterer is a serious responsibility, so we're starting you off with some of the best in the area to "wow" your guests and make your wedding day memorable and delicious!

Amphora Catering

Amphora Catering's strength is in featuring fresh, healthy cuisine, through a world of boundary-crossing flavors. They pride themselves on satisfying some of the most diverse palates around and are well known for their creative twists on traditional and world cuisines, as their Chefs constantly keep up with the latest culinary trends. Amphora has achieved national recognition and is passionately dedicated to every detail, from edible works of art to awe-inspiring design.

703-938-3800 ext 1
1141 Elden Street, Suite 224, Herndon, VA
www.amphoracatering.com
**RSVP Catering**

“Perfect from the first bite!”

One of the premier caterers in the Washington metro area, RSVP Catering adds a personal touch to every culinary event. Founded by owner and operator Larry Abrams over 25 years ago, RSVP Catering creates an exceptional culinary experience through excellence in food preparation, event design and customer service. They cater events on any scale, from intimate private dinners to grand galas in Washington’s most exclusive venues. They use the highest quality ingredients in fresh, new ways to match the perfect menu to your event. RSVP Catering sets the standard for elegant, innovative events.

703-573-8700
2930 Prosperity Avenue, Fairfax, VA 22031
www.rspvcatering.com

---

**Helga’s Catering**

Helga’s Caterers help couples find and enjoy perfect settings and sensational celebrations that match their unique style and tastes, including:

- A Victorian feast at a historic site
- A casual buffet in a beautiful garden
- A formal banquet in a stately mansion
- A Country-Western barbecue in the backyard

Whether you’re thinking of a cozy wedding at home or a week-long celebration with hundreds of friends and family members, Helga’s experienced wedding planners will help you make everything absolutely perfect. Their almost two decades of experience with weddings enable them to show you many ideas and options for creating unforgettable showers, luncheons, rehearsal dinners and wedding receptions.

703-556-0780
6710 Old Dominion Dr, McLean, VA 22101
www.helgascatering.com

---

**Tysons Cakes**

Tysons Cakes pride themselves on making an event a truly special celebration with their unique desserts, which use the finest natural ingredients such as pure vanilla, sweet rich butter, fresh eggs and all fresh fruits. Providing specialty flavors and only the best products to their customers, Tysons Cakes will show you that it is elegance and perfection in the details.

703-743-0003
7500 Leesburg Pike, Falls Church, VA 22043
www.tysonscakes.com
Roofing | Siding | Windows | Doors

Comprehensive Services for Every Exterior Need

- Five Star Rated by Home Services Review
- Washingtonian 2011 & 2013 Top Roofing and Siding Companies
- 2011& 2014 Virginia Roofing Contractor of the Year
- Maintains a ✓ with Washington Consumers’ Checkbook
- Better Business Bureau “A+ Rating”

Named one of the Best Contractors in the DC Area by Washingtonian Magazine.

703.573.8000
www.pondroofing.com
2987 Prosperity Avenue, Fairfax, VA 22031

Salona Jewelers
Quality Jewelry and Watches

Custom Engagement Rings
Jewelry & Watch Repairs
Appraisals • Necklace Restringing
Custom Engraving

Authorized CITIZEN Watch Jewelry Dealer

1333 Chain Bridge Road
McLean, VA 22101
703.848.2660
www.salonajewelers.com

Comprehensive Services for Every Exterior Need

- Five Star Rated by Home Services Review
- Washingtonian 2011 & 2013 Top Roofing and Siding Companies
- 2011& 2014 Virginia Roofing Contractor of the Year
- Maintains a ✓ with Washington Consumers’ Checkbook
- Better Business Bureau “A+ Rating”

Named one of the Best Contractors in the DC Area by Washingtonian Magazine.

703.573.8000
www.pondroofing.com
2987 Prosperity Avenue, Fairfax, VA 22031

Celebrated dentists Dr. Han and Dr. Ahn in McLean invite you to discover a new level of services and dental excellence.

Dental Implants
Periodontal treatment
Orthodontic treatment
Invisalign treatment
Full-mouth reconstruction

Dr. Daniel Han Perio-Prosthodontist
Dr. Sooyeon Ahn Orthodontist

703.356.7001
Call for your assessment today!
You’ll get the smile you deserve!

6845 Elm Street, Suite #450, McLean, VA | 703.356.7001 | www.McLeanDMD.com | info@mcleandmd.com

Come Experience a NEW LEVEL OF DENTAL SERVICES!
ENLIST the Vendors

The vendors you choose really defines your style and makes your wedding your own. These wedding specialists have some rave reviews you’ll want to check out for yourself.

Karin’s Florist

With endless ideas and choices to bring your event to life, creating the look of a custom-tailored event can be challenging! Whether you have a distinct vision of what you desire and need just the right team to make it happen or are looking for guidance and concepts that fit you perfectly when you have too many directions to go in, Karin’s Florist is here to make it all bloom...beautifully.

703-592-0952
527 Maple Ave. East, Vienna, VA
www.eventsbykarins.com
Princess Jewelers
Princess Jewelers has the most extraordinary jewelry at exceptional prices. Find the perfect wedding gift for your bride or groom. You can never go wrong with a stunning diamond bracelet for any occasion for your bride. Surprise her with a diamond tennis bracelet from Princess Jewelers.
Starting from $1,500.
703-255-5050
529 Maple Ave W, Vienna, VA 22180
www.princessjeweler.com

Len and Jacqui DePas—Photographers
Len DePas started his career under the tutelage of some of the most celebrated photographers in New York City. He studied portraiture with the legendary Philippe Halsman and advertising photography with the great Joseph Schneider. His photographs have been commissioned all over the world and he has received numerous awards and honors for his work. The images of Len DePas are unsurpassed—steeped in the classical but with stunning clarity and freshness.
202-246-0600
3338 Reservoir Rd, Washington, DC
www.photogallerydc.com

Jarrett Laskey—Classical Guitar
Jarrett Laskey is a classically trained professional musician performing a repertoire of Spanish/Latin guitar music, standard classical music favorites, and contemporary arrangements. The elegant sound of Jarrett’s classical guitar music has created the perfect ambience in hundreds of events in the DC area. Jarrett has provided a versatile playlist for a variety of social events. Collaborations with vocalists, cellists, string quartets, and other guitarists have given him a broad background to accommodate your needs.
571-455-8039
www.LaskeyGuitar.com

Marsden Media
Marsden Media is the married duo comprised of freelance photographers Graham and Sarah. They specialize in events, creative portraits, photobooths, digital media, and documentary photography. They will capture the moments of delight, love and whimsy on the best day of your life so far! Visit their portfolio online: www.marsdenmedia.com
571-277-7028
info@marsdenmedia.com
www.marsdenmedia.com

Salona Jewelers
Salona Jewelers is a premier jewelry store specializing in custom engagement rings, intricate jewelry repairs, appraisals, necklace restringing, jewelry and watch repair, along with any custom/engraving work. They are honored to have Stephen Y. Cho—one of the foremost Rolex Technicians and watchmakers with over 40 years of experience specializing in repair and servicing of high-grade time pieces. He is a Certified Rolex Technician trained at the headquarters in New York and has cared for countless masterpieces.
703-848-2660
1333 Chain Bridge Rd, McLean, VA 22101
www.salona jewelers.com
“Over a lifetime, a woman looks at her ring a million times...”

Princess Jewelers
Brilliant Choice!

529 Maple Ave. West, Vienna, VA 22180
703.255.5050 | www.princessjeweler.com

Jewelry | Diamonds
Custom Design | Repair | Appraisals

MARTA BOTA
Professional Makeup Artist & Beauty Consultant
Television, Print, Bridal, Makeup lessons, Red Carpet & more!
Contributing Writer to Le Nouveau Moi Magazine
www.mblacedesign.com

Paul's
Shoe Repair & Leather Accessories

We repair your favorite shoes, boots, luggage, handbags and other leather accessories using the finest material.

9903 Georgetown Pike
Great Falls, VA 22066
703-759-3735
www.paulsleather.com
True artistry, truly transforming...your smile journey begins now

Dr. Chong W. Lee & his patient Rebecca M.

For over 30 years, Dr. Lee and his team have been providing dental solutions to clients throughout Northern Virginia, offering a complete range of services from routine preventive care to complete smile makeovers.

- State-of-the-art technology
- VIP treatment
- Expert care

• General and Cosmetic Dentistry
• Porcelain Veneers
• Full Mouth Reconstruction
• TMD & Headache Treatments
• Teeth Whitening

• Orthodontics
• Implants
• Sedation Dentistry
• Sleep Apnea Appliances

GALLERIA DENTAL AESTHETICS
1600 Tysons Blvd., Suite 120
McLean, VA 22102
703.448.1020
www.leeohdds.com
You may know your own wine tastes, yet may have no idea how to select wine for the hundred—or hundreds—of guests who will attend your wedding reception. Don’t worry, it’s not that difficult. And if you are holding your wedding/reception at a Virginia winery, you can rely on the winery’s special events planner to help. They’ve done it many times before.

Consider your reception a celebration party, where you, as a good host, will provide food and drinks for all to enjoy. Therefore, it is best to keep your refreshments in the middle-of-the-road territory and offer a variety to please personal palates. Here are several tips to guide you through the wine selection process.

**Several Ways to Select Wine**

The most important factor when selecting wine for your wedding is your personal taste. Most couples come for several tastings, often bringing along their bridal party or family members, before selecting their wedding wines. Select what you like, but provide a small variety of options that will account for your guests’ tastes as well. Be sure to taste every wine you will be serving. If you fall in love with a particular, but pricy wine, consider serving that wine for the bride and groom or the wedding party table only.

To make the wine tasting process fun, hold a blind tasting by putting the selections into paper bags by variety, and tasting without knowing which is which. Taste two or three reds, comparing them against each other, and two or three whites and rosés. You could also split the wine-selection process by assigning the groom and groomsmen to choose the red and the bride and bridesmaids to choose the white wine. Put the parents into play by having them select the sparkling wine for the toast.

Another way to select wine is by season. People tend to drink heavier wines and more reds during the cooler months, and lighter wines, whites and sparklings, in the hotter ones. For a fall or winter wedding, consider offering a 50-50 mix of red and white wines, while for spring and summer weddings, offer a one-third split between white or rosés, sparklings and reds.

Which wines to serve can be determined by the time of day. At daytime weddings, people drink less and prefer lighter wines. For evening weddings, pull out the bold selections.

Wine selection can also be made based on the menu served at the reception or cocktail hour. For rich meats, choose a full-bodied red; for fish or chicken, select a light red, white or rosé wine that complements rather than overpowers the meal.

To what degree is each tip helpful? How would you mix and match these tips for a perfect wedding wine selection?
Planning a Champagne toast? Opt for different styles ruled by the time of day and venue. For an outdoor or daytime wedding, choose lighter options like Prosecco or a sparkling Rosé. If the wedding is held at night or inside, consider a classic French Champagne.

**How Much Wine To Purchase**

Different wineries have different policies as to a minimum purchase of wine, and as to whether beer and spirits can be brought on site with a Virginia ABC one-day event or banquet license.

“Our minimum wine purchase is one case, or 12 bottles,” explained Ross Forry, marketing coordinator for The Winery at La Grange in Haymarket, VA. “There might be a number of people at the wedding who don’t drink and we don’t want to force a purchase. We leave it up to the wedding party to choose the amount and types; they know their guests better than the venue will.”

“We recommend that they don’t overwhelm their guests with options—keep it simple with perhaps two or three different wines” Forry advised. “Once they decide on their wine, they can prepurchase it and we will hold their cases here for them.”

A rule of thumb is to buy approximately one bottle for every two guests. If your reception will run long, is an evening event, or it is a very hot day, increase your purchase amount to as much as one bottle per drinking-age guest.

To keep your wine consumption in check, instruct the servers to offer an approximate three-ounce serving instead of filling the glass to the top. This calculation can keep wine from going to waste and ensures that it remains at optimal drinking temperature.

**When Do I Serve Wine?**

Some weddings feature a cocktail hour, while others provide wine only during the meal, whether it is a buffet-style serving or a sit-down dinner. It is completely up to the bride and groom how they want to design their wine service. Most wineries allow the wedding party to set a wine budget and track the number of bottles served up to the budget limit. When the limit is reached, the wedding party or wedding planner can decide whether to extend that budget or cut off wine service.

Keep in mind that wineries may also offer better pricing for volume purchases. If they don’t offer a discount, ask for one. And any pre-purchased wine left over is the property of the bride and groom. Start your own wine cellar or offer bottles as bridal party gifts. That way, you can toast to your love with reminders of your wedding again and again.

**How Much Wine Do You Buy For Your Wedding?**

According to Wine Folly, there is a simple formula for determining how much wine to purchase. Take the number of guests and divide that number by 2.15. For example, if you have 100 guests and divide that number by 2.15, you should purchase 46 bottles of wine. Purchase 30% less wine if cocktails are served.

For a champagne toast, divide the guest count by 8. This provides a half-glass each for toasting.

**RESOURCES**

The Winery at La Grange
Haymarket, VA 20169
703-753-9360
www.wineryatlagrange.com

**AUTHOR:** When not tasting or writing about wines, wine editor Linda Barrett runs All the Buzz, a creative agency offering professional copywriting. www.allthebuzz.net.
All-American Beauties Designed Here

Master stylist, Joey Noufal, and Celebrity Makeup Artist Gustavo Mottola
design Elaine Espinola-Keltz, Miss DC America 2015

703.893.7711 • NoufalHairColorStudio.com
703.908.9620 • www.gustavollc.com

Experience Olympic Fencing!
Programs for All Levels and Ages
Classes • After School • Home School • Birthday Parties • Camps

FENCING SPORTS ACADEMY
The Premier Fencing Academy in the Washington DC Area
Call today! 888-300-5095
www.FencingSports.net
10310-A Main Street
Fairfax, VA 22030

TYSONS PHARMACY
When it comes to HEALTH, yours should be BEST.

Photo credit: Sunghee Chon

Photo credit: Studio Cast

Custom Clothier
GET READY FOR THE 2017 INAUGURATION
Custom-Made Suits of the World’s Finest Luxury Fabrics
450 Maple Avenue E, Suite 212
Vienna, VA 22180
(703) 861-2940
www.cgcustomclothier.com
WE COULD BE THE BEST PART OF YOUR MORNING ROUTINE.

Wake up, enjoy a cup of coffee, and learn about the latest from Tysons. From local news and history to the best dining in town, we have it. Subscribe today!

vivatysons.com/subscribe

NEW YEAR NEW YOU

$99 for a complete pair of glasses*

*Some restrictions apply. Cannot be combined with other insurances or coupons.

myeyedr.com | 866.693.9136

WE WELCOME ALL INSURANCES

Valentine’s Day is February 14th!

MYFLORIST


 Parties | Lobby Arrangements | Romance | Sympathy

FLOWERS FOR ALL OCCASIONS

Call Us. We Love to Help. 703.442.8203

www.myflorist.com | 1984 Chain Bridge Road | Tysons Corner
LAST-MINUTE DETAILS

Hello Beautiful
Get a 60-minute custom-designed facial to relax you before your nuptials and create the perfect look with custom eyebrow design, lash application, airbrush makeup and hairstyling.
703-942-8988
2106 B Gallows Rd, Vienna, VA 22182
www.hellobeautifulstudio.com

Toka Salon
Whether you're looking for a haircut and color, total skin care, massage, or manicure and pedicure services, Toka is one of the premier and top-rated day spas in the Washington D.C. area. It is their privilege to pamper you and provide you with the look and feel that reflects your personality and lifestyle.
703-759-5700
9867 Georgetown Pike, Great Falls, VA 22066
www.tokasalon.com

When the big day comes, the last thing you want to do is stress about your appearance. These boutiques have a wide range of beautiful dresses and gowns to choose from—so make a day of it and enjoy their top-notch customer service as you find the perfect dress. And on the day of the wedding, let your stress melt away as you go off and get pampered by Tysons' very best stylists. It's nothing but fun from here on out!
Mae's Dress Boutique

Mae's provides customers with a wide selection of fashionable clothing at the most affordable prices. They also have all the accessories you need to give your outfits that finished look. This boutique carries elegant and stylish dresses and gowns that a mother of the bride or groom will treasure.

703-356-6333
1319 Chain Bridge Rd, McLean, VA 22101
www.maesdressboutique.com

Gustavo Skincare & Mineral Makeup

Gustavo Mottola, creator of Gustavo Skincare & Mineral Makeup and world-renowned Celebrity Makeup Artist and Image Stylist, Gustavo Mottola creates a look that is both timeless and accentuates one's own natural beauty. Gustavo launched his own 100% natural skin care and mineral makeup because he saw the need for excellence in the skincare and makeup world.

703-908-9620
gustavo.llc.usa@gmail.com
www.GustavoLLC.com

Merle Norman Cosmetic Studio

You're about to enjoy one of the most exciting and memorable experiences of your life. Merle Norman offers special services for professional makeup application for you and your bridal party. Make an appointment with a Beauty Consultant to establish a personalized skin care and makeup plan for radiant results on your Big Day and beyond. Members of your bridal party are also invited for private consultations. Start your bridal beauty program today!

703-938-6644
401 Maple Ave E, Vienna, VA 22180
www.merlenorman.com

CG Custom Clothier

CG Custom Clothier in Vienna, Virginia, is a sophisticated tailoring and clothing company that designs custom suits. Having been in business for more than 10 years, Christo has made all of his items by hand in the United States. Unlike his competitors, he only uses high-quality materials to make his garments. The most important aspects of his company are good service and quality workmanship, as they make him successful.

571-529-5280
450 Maple Avenue E, Suite 212, Vienna, VA 22180
www.cgcustomclothier.com

Colour Bar Studios

Their team of hair artists will create a style that is uniquely yours. It all begins with the consultation: hair type and texture, face shape, stature and even lifestyle are considered as they design a new you.

703-848-2000
8100 Boone Boulevard, Suite 115, Vienna, VA 22182
www.colourbarstudio.com
NEW AND UNIQUE GIFTS for the Newlyweds

Finding items to register for can become difficult when you've lived an independent life accumulating all the things you already love. Take a look at some of our suggestions for some new and different items you can love together. VivaTyson's Style & Fashion Editor Lauren Simmons shares her picks.

**Monogrammed All Purpose Wine Glasses Set Of Four**

Personalized wine glasses make the perfect gift. These lead-free crystal all-purpose stems are great for red, white, and rosé wines.

www.ThePinkMonogram.com

**Kibus 4 Candle Holder - Nickel**

Introduced in 1962 by Mogens Lassen, the Kibus collection represents his lifelong devotion to Bauhaus design. Copper plated steel heightens the simplicity and strength.

www.ShopHorn.com
Gianna Dish with Lid
This impossibly chic, hand-blown sculpture offers many uses to the modern home with its simplistic design. Use as a candy dish, for nuts, and even ice for drinks.

www.CB2.com

Slate Cheese Boards
Beautiful hand-shaped boards of natural slate show off unique flaked edge, providing an earthy foundation for cheeses, charcuterie or appetizers. Write directly on the slate cheese boards with chalk to label featured selections; simply wipe clean with a wet cloth. Felt backing protects tables.

www.CrateandBarrel.com

Orrefors Kostaboda Diamond 5” x 7” Frame
Beautifully simple and elegant glass frame that will go with any décor. There’s no better way of showcasing your special day.

www.NeimanMarcus.com

KitchenAid® Siphon Coffee Brewer
Never ignore the coffee lover. Vacuum brewing creates a bright, rich cup of coffee that truly expresses each coffee’s unique flavor and aroma profile. This siphon brewing process provides the true, full-immersion brewing in a convenient countertop machine.

www.SurLaTable.com

Stems Vases
These unique vases will sure to be a hit as any gift! Stems Vases are unique in that the metal frame holds the narrow acrylic vase insert.

The collection includes eight sizes featuring both, vertical and horizontal orientations. These vases are constructed of clear beveled glass in a warm bronze-colored anodized aluminum frame. Each vase includes a patented, clear acrylic insert which is watertight and removable for ease of cleaning. These durable vases, individually crafted, can be as simple and as sophisticated as your environment.

www.StemsVases.com
THE OPTIONS FOR Rehearsal DINNER

Sisters Thai
Sisters Thai offers the best authentic Thai food in the area—their original Old Town Fairfax location is a cult favorite among the locals. Every dish has some heat, often from colorful sauces. Besides bursting with potent flavors, the dishes are balanced and attractive to the eye. Enjoy fun drinks and homemade desserts in a whimsical living room atmosphere. The service matches the style—friendly and upbest. You’ll leave with feelings of nostalgia of the good old days.

703-280-0429
2985 District Ave
Fairfax, VA
www.sistersthai.com

Ristorante Bonaroti
For over 30 years, Ristorante Bonaroti has provided guests with an unforgettable culinary experience and exceptional service, while offering classic Italian cuisine that has been ranked among the best in the D.C. area.

703-281-7550
428 Maple Ave E,
Vienna, VA
www.ristorantebonaroti.net

Bazin’s on Church
Bazin’s evokes an old bistro, yet possesses a contemporary twist in its open kitchen, brick walls, vaulted wood beam ceilings and subdued lighting. The team of Chef Patrick Bazin and wife Julie offers a contemporary American menu featuring organic and seasonal ingredients. The wine bar features a collection of wonderful wines from around the world, with an emphasis on California.

703-255-7212
111 Church Street
Vienna, VA
www.bazinsonchurch.com

M&S Grill
From fresh seafood and shellfish to aged steaks and garden fresh salads, their goal is to exceed your dining expectations. As their guest you will experience culinary excellence at its best. A distinctive feature of their restaurant is their beautiful bar area that offers you a comfortable environment from which to enjoy a wide variety of wines, beers, classic drinks and trendy cocktails.

703-787-6931
11901 Democracy Dr.
Reston, VA 20190
www.mccormickandschmicks.com
**Chart House**

When it comes to private dining choices in Alexandria, there is no place like Chart House. As the only private waterfront dining option in the area, their Capitol Room offers magnificent views of the Potomac River and Washington D.C., for up to 80 guests. Your guests will be treated to the freshest seafood, most tender steaks and finest desserts in Alexandria. Their full service bar is available to help make your event spectacular.

703-684-5080  
1 Cameron St  
Alexandria, VA 22314  
www.chart-house.com

---

**Nostos**

Through Nostos, the owners wish to share their past with you and stimulate your senses with a variety of traditional and contemporary Greek dishes. Nostos presents a fresh, modern take on Greek culinary culture. Enjoy a wide variety of fresh fish and exciting vegetarian dishes, which are staples of the Mediterranean diet, as well as a select variety of Greek cheeses.

703-760-0690  
8100 Boone Blvd,  
Vienna, VA  
www.nosotrestaurant.com

---

**Pazzo Pomodoro**

Pazzo Pomodoro “The Crazy Tomato” is a Cantina style concept born by locals Jimmy Audia and Bill Hicks with great support and influence from Italian native, now distinguished local, Nicky de Chiara. Always fresh, they deliver quality meals at affordable prices featuring seasonally fresh ingredients from their local garden. The Capri Room in Vienna is available for your private gatherings with seating for up to 35 guests.

703-281-7777  
Danor Plaza, 118 Branch Rd SE, Vienna, VA 22180  
www.pazzopomodoro.com

---

**Top of the Town**

Top of the Town is an ideal setting for receptions (up to 180 people), ceremonies, engagement parties, and rehearsal dinners. Their staff will provide you with a list of approved professional caterers who will ensure impeccable service and exquisite menus. They can also provide you with a selection of photographers, florists, musicians, decorators and local hotels.

703-387-8696  
1400 14th St N,  
Arlington, VA 22209  
www.topofthetown.com

---

**Morton’s The Steakhouse**

Featuring a rich and timeless interior, trademark exhibition kitchen, classic bar area, exceptional private dining rooms, and an outdoor patio, Morton’s Reston is a perfect venue for any occasion, accommodating groups both large and small. The Reston location maintains Morton’s legendary dining experience with award-winning wines, prime-aged beef, fresh seafood, signature sides and decadent desserts.

703-796-0128  
1956 Market Street  
Reston, VA 20190  
www.moritons.com

---

**Earl’s**

Earl’s Tysons’ chefs prepare fresh, made-from-scratch dishes inspired by international cuisines and locally sourced ingredients with a nod to regional tastes. Earl’s offers premium seafood, Marine Stewardship Council Certified Sustainable, and Creekstone Farm’s Certified Humane Raised and Handed Angus beef.
Experience Tysons Community Showcase

Don’t tell us you missed it! The community showcase and open house at Basis Independent School in McLean on October 19th was your chance to experience what’s ahead for us, and there’s a lot coming our way! Area residents and businesses got a first hand look at the new roads (Including Jones Branch Connector) new parks, sports fields, Capital Bikeshare, and more, presented by The Tysons Partnership and Fairfax County Government. Other highlights include the new 1,500 seat auditorium, a 250 seat Black Box Theater, the upcoming 15 Screen Luxury Movie House, 10+ New Apartmentmen and Condo Towers, the proposed “Tysons Circle” for Routes 7 and 123, the new Whole Foods and Wegmans, and dining adventures to bring world class dining to Tysons...this is getting exciting—stay tuned! For more info go to www.tysonspartnership.org
Sharon Bulova, Chairman of Board of Supervisors; Barbara Byron, Fairfax County Office of Community Revitalization; and Mark Carrier of BF Saul Company

Vincent Mendolia shares Fairfax Connector Routes

Adriano Santos and Shannon Pankow to open Fogo De Cháo

Chelsea Buckner, Joshua Smoot, Jessica Vargas and Samuel Attending of Earls with Juanita Baptiste of VivaTysons.

Christy Cockrell of Crowne Plaza Tysons Corner and Courtyard by Marriott Tysons Corner served up mini shepherds pies and desserts.

Alexandra Hartman shares The Adaire Apartment building finishes.

Lauren Simmons from VivaTysons with Sally Shepardson.

The Jazz Workshop provided music for the evening.

Lauren Simmons from VivaTysons with Sally Shepardson.

Tuna Tartare appetizers from Earls.
On February 25th, the Metro DC Chapter of the Cystic Fibrosis Foundation is hosting its 21st Annual Joker’s Wild Casino Night at the beautiful Hilton McLean. In 2015, when the event celebrated its 20th anniversary, more than 300 supporters raised more than $150,000 for cystic fibrosis research, care and programs.

Judy and Carl Riedy have actively supported the Foundation since the mid-1980s, shortly after their son, Chad, was diagnosed with cystic fibrosis (CF). In 1996, they elevated their commitment by starting this event and have been co-chairs ever since. It has grown exponentially in its two decades of existence, from the amount of people who attend, the wonderful array of auction items – including a very robust live auction, featuring special trips, exclusive experiences, and even an autographed guitar from the band One Republic – to the unique entertainment experience of playing mock table and card games and dancing to live music. The CF Foundation’s Metro DC chapter, as well as its volunteer event committee, seeks to create something memorable for guests to look forward to each year – and to help raise the awareness needed to help save Chad’s, and thousands of others, lives.

Cystic fibrosis is an inherited chronic disease affecting approximately 30,000 children and adults in the United States. More than 10 million people are symptomless carriers of the defective CF gene, and about 1,000 new cases of CF are diagnosed each year. CF causes chronic lung infections and difficulty digesting food and nutrients. The current predicted median age of survival for a person with CF is in the early 40s and beyond, but there is no cure.

The Riedy family has kept the momentum going for so long, because they expect their son to lead a full life and the results of this annual event are measurable. They are grateful for the foundation’s aggressive approach to drug development and discovery, saying, “Through the progression of this event, we have watched the foundation develop a series of new..."
drugs and therapies that have added not only years, but dramatically increased the quality of our son’s life." Chad is now a healthy 35 year old, married to his wonderful wife Julie and father to two young boys, Liam and Tate. Joker’s Wild Casino Night is now definitely a family affair, as Chad and Julie have not only become actively engaged, but have also significantly increased the attendance thanks to the involvement of an ever-growing list of friends and young professionals.

Besides the miracle of Chad’s life, as he has now surpassed his original prognosis to be fortunate to live past middle school, Carl and Judy are seeing firsthand the hope and continued success that the Foundation has created. The most recent CF drug therapy, Orkambi, was approved by the FDA last year - this drug is considered a major advancement for the nearly 30,000 Americans living with CF. Most importantly, over 50 percent of the CF population is now over 18 years of age. To help assure a quality of life for adult CF patients, Chad has begun to play a more active role within the foundation, advocating for them. He is helping to navigate previously uncharted waters by working closely as a liaison between the foundation and CF adults nationwide, bringing to the forefront new issues that they are facing such as mental health, lung transplants, and family planning. Chad comments, “I am fortunate to be where I am today, and I want to support the direction that the Foundation is taking to increase the outreach, education, and services for CF adults.

While the progress of the foundation is clear, there is still much to do to ensure ALL CF patients live a long and healthy life. The foundation depends on the dollars raised to promote future advances in CF research and medicine. To find out more about the CF Foundation’s mission and its venture philanthropy model, please visit cff.org.

For more information about the Joker’s Wild Casino Night on February 25th, including tickets and sponsorship opportunities, please contact Beatrice Santacroce, Development Director, 301-657-8444 or visit casinonight.events.cff.org.

Please join Judy, Carl, Julie and Chad on February 25. You will have a good time and support a very worthwhile cause. ☁
The Original DMV PIANO Bars

BY STACIE STEINKE
On a warm night in June, 50+ people crowded into Maplewood Grill to listen to Sharon Springer sing a showcase of songs, and then have their turn on the open mic with Reinhardt Liebig at the keyboard. Sharon has a “day job,” and no one paid to hear her sing, but everyone in the restaurant and at the bar were tuned into her stylized performance of 8 standards, sipping on the emotions delivered with each lyric. In that 30-minute session, those 50+ people bonded over songs that tell the stories of love, loss, longing, and joy that listeners enjoyed when they were made famous 50 or more years ago by Frank Sinatra, Nat King Cole and Ella Fitzgerald. This type of Do-it-Yourself entertainment magic happens nightly in bars and restaurants in NOVA and across the DMV. Communities of strangers get folded into the broader community of active singers, their friends, and lovers of live-music who migrate to bars and restaurants around the DMV for this type of DIY entertainment.

Piano bars lure patrons with the opportunity to experience the live music partnership unfold between singer and pianist. For the singer, it can be the opportunity to share a favorite song, dedicate a special memory, or try a new arrangement. For the non-singer, it is listening to an unknown singer or tune, and appreciating the unexpected, or enjoying a standard tune made memorable by a new interpretation. In the space between these two partners, the interpretation of a lyric often leads to questions about personal interests and lives, and friendships form. Piano bar patron Michelle Sarson says, “I enjoy going to simply see my friends and all people sing because it brings them and me joy. Everyone is welcome and accepted, not ever pretentious.” And in a world where relationships are more often found via one’s fingertips on a laptop keyboard, this is a place where people can engage in direct, personal, authentic encounters made with its own background music. Cue “Cheers” theme song – where everybody knows your name and they sing it to you!

The Tysons Corner region claims some of the original DMV piano bars. Maplewood Grill, in Vienna, originated as Le Canard on Branch street (off of Maple Avenue). It was opened in 1985, and soon became very popular. Other locations copied them—Serbian Crown in Great Falls, and Alpine in Arlington, but when the owners retired these restaurants and their piano bars closed. Rather than retire, Kuchler now shares the duties of ownership with his son, Paul. Kuchler remains committed to the live music and piano bar scene because he believes that people enjoy the upbeat and lively music, and it creates community around the location for people who enjoy listening to and making live music.

Maplewood features two extraordinary pianists, Terry Lee Ryan and Reinhardt Liebig. With unique and diverse styles, both are equally adept as soloists, providing dinner music from 7–8:30pm, and then switching to piano bar style and inviting singers in the room to take turns at the microphone. Terry Lee digs into his New Orleans’ roots as a pianist and vocalist, performing on Thursdays 8pm-10pm & Saturdays 8pm–11pm. He plays blues, popular standards and especially N’awlings style funky piano music. On any given Saturday night, you can find people dancing in the aisles of the bar and restaurant area to his music. Thursday evening features Karl Anthony with a “Straight ahead Jazz Jam” from 8–10:30pm. Reinhardt’s style, heard at the same times on Wednesday and Friday evenings, is more a fusion of classical, jazz and Broadway, often blending one style into the next within a song. He has been playing there since 2000 and observed the transformation from Le Canard to the more American looking MWG in 2009.

As a pianist, Rein enjoys meeting people during his solo segment. “I think about what I’m going to play and what is happening in life; requests are taken and you can get to know people through their requests. Song choices reveal what people want,” says Liebig. “That first song is pretty cool. I use it to get a response from the crowd that could have me play “Clair De Lune” next and/or some American standards and Elton John in the mix after that.” He enjoys the open mic portion as well. Accompanying people is something he’s grown into after working with bands in 70s and 80s. Liebig maintains an exhaustive library of music in many different keys to accompany just about any singer. He believes that everyone has a voice, and to let it out in a public place is exciting. Diners, singers and music-lovers are invited to pull up a chair around the piano, which is treated with a polyurethane coating and protection over the hinge to shield it from drinks.

No job is without its challenges—even that of the piano bar musician. Liebig has learned not to get upset when people are talking “cause it’s a bar/restaurant,” and working with singers with the wide range of experience level—from first-timer to professional—often one after the other, keeps him on his toes and his ear sharp. Professional singers know their keys, intros, endings and solo
sections, while beginners may need to be led through the sections. All of this requires enormous patience, decorum, and sense of humor as the MC of the evening. He sets a tone that says “all are welcome,” realizing that when we “strip away all of the responsibilities after ‘work’ we want some entertainment or go out into nature, and have connection with other people.” Patrons come to enjoy the vibe. Wayne Comer had been coming to Maplewood for years, and then after his wife died four years ago it became his home. Dick Galus says “I’d much rather listen to live music than watch TV,” and has learned over his years of piano bar interactions have similar tastes but different stories to their lives.

Tom Saputo’s two nights per week at Café Montmartre are standing room only and set the tone for great evenings of music-making and fun. A native Virginian, Tom began his keyboard career playing in Top 40 groups every night at clubs and hotels, and would often play solo during happy hour. He eventually met more piano bar types and became a one-man band at Mr. Henry’s in Adams Morgan in the early 80s, creating the first open mic night five times per week. Saputo says, “The owner forced me to do it. The Washington Post did an article about it and it became very successful.” The venue helped to launch the careers of “Sharon Clark” and “Steve Washington.” According to Saputo, the piano bar with an open mic dynamic has been around since the 40s/50s, but things started to change when comedians and rappers took over the scene. He also wanted to do showcases featuring singers, which he still does today. Over time, Saputo gravitated to Virginia and brought these concepts: Open mic and dancing with a keyboard—left hand base, right hand upper register with drum machine. In addition to Pistone’s Italian Inn, Saputo plays regularly at Alley Cat in Alexandria, Normandie Farm in Potomac, Captain Ma’s in Sterling, Café Montmartre in Reston, and the Elks Lodge in Fairfax. Saputo believes that people come for the music and come back for the camaraderie that is created through the process—people become friends in this setting. “It’s a very similar type of person that comes out—not as many people with younger kids. Most people have good social skills, skillful at conversation, more so than the average person. They like the mix of people they can socialize with.” See his website for more details about times and venues; he is adding new venues all the time.

So, if some piano bars have changed course in recent years, does that mean that the community of support for this level of entertainment has dwindled as well? Not so, believes Tim Gavagan—producer, talent manager, singer and founder of the “Singing Friends” Facebook page, now home to 2350 singers* who post their singing activities (shows, concerts and open mics) on the page. Gavagan says that about 75–100 active singers use the page in DC metro area. The community of singers and patrons of open mic and performance venues has morphed into a network of opportunities to entertain and be entertained. Many people start with a song at a piano bar, catch the bug, and then develop their hobby into a professional level experience through workshops, private lessons, additional training, and performing at piano bars. Gavagan started the Singing Friends so he could find the locations of open mics. “Pianists who played at piano bars had email lists to notify folks of their locations. If you weren’t on the list then you didn’t know about dates.” But, he notes, even the Singing Friends system only works when someone posts. Some pianists, like Tom Saputo and Bob Stout, use Singing Friends and performing at piano bars. Gavagan started the Singing Friends and would often play solo during happy hour. He eventually met more piano bar types and became a one-man band at Mr. Henry’s in Adams Morgan in the early 80s, creating the first open mic night five times per week. Saputo says, “The owner forced me to do it. The Washington Post did an article about it and it became very successful.” The venue helped to launch the careers of “Sharon Clark” and “Steve Washington.” According to Saputo, the piano bar with an open mic dynamic has been around since the 40s/50s, but things started to change when comedians and rappers took over the scene. He also wanted to do showcases featuring singers, which he still does today. Over time, Saputo gravitated to Virginia and brought these concepts: Open mic and dancing with a keyboard—left hand base, right hand upper register with drum machine. In addition to Pistone’s Italian Inn, Saputo plays regularly at Alley Cat in Alexandria, Normandie Farm in Potomac, Captain Ma’s in Sterling, Café Montmartre in Reston, and the Elks Lodge in Fairfax. Saputo believes that people come for the music and come back for the camaraderie that is created through the process—people become friends in this setting. “It’s a very similar type of person that comes out—not as many people with younger kids. Most people have good social skills, skillful at conversation, more so than the average person. They like the mix of people they can socialize with.” See his website for more details about times and venues; he is adding new venues all the time.

The piano bar scene strives to keep pace with developing musical tastes and audiences. Pianists often include digital keyboards and background tracks that give the singer and listener a “band” feel. Liebig runs a live open jam session for musicians and singers at Pistone’s Italian Inn in Falls Church on Sunday afternoon, and other keyboardists and bands play the remainder of the week; many of whom provide open mic nights. (Monday and Thursday: Tom Saputo; Tuesday – Terry Lee Ryan; Friday – Eddy Packi - Western; Saturday - Lou Neely – R&B and Blues.)

The genre and experience needs younger audiences in order to keep growing, as does any type of entertainment. Enjoying singing and the camaraderie of getting up in front of others to perform is not an age-related event. Open mic is like Live Karaoke, and the pianists and musicians have the skills to follow or lead singers of any age through a performance of any tune. Getting younger people involved can be achieved through promotion and advertising using social media, says Liebig. Perhaps a talent night or a showcase without judging so that even a weaker singer can do something, as long as they relate to the audience and connect. The piano bar is a good lab to work on your craft; there are enough people to give feedback on what you do, and, as Liebig maintains: “We need an audience in life for some things. The eyes can be deceiving about what you are really doing for someone.” Perhaps we are building community: one song at a time. 

*(including International)
BeltTeamRealEstate.com
“Changing Lives For The Better - One Family At A Time!”

Belt Team listings not only sell FASTER than average, they sell for MORE!

Call NOW to find out our secret!
(703) 242-3975

Featured Homes ~ More Info at BeltTeamRealEstate.com

Langley HS Pyramid - Great Falls ~ $1,219,000

In McLean ~ Over 3 Acres! $1,775,000

Vienna ~ Close to Metro! $860,000

Vienna ~ Close to Metro! $998,900

Visit TheBeltTeam.com for FREE REPORTS

♦ 4 Tips To Make Downsizing Easy
♦ 42 Questions You MUST Ask Your Realtor When Selling Your Home
♦ 6 Secrets To Surviving A Home Renovation
♦ 10 Tips To Keep Your Home Safe When You Travel
♦ Budget Like It's 1999 - Tips For First Time Homebuyers
♦ Do You Need To Stage Your Home When Selling?
♦ Is Northern Virginia A Retirement Paradise?
♦ Selling A Home When You Have Pets
♦ The Dangers of Overpricing Your Home and Other Truths You NEED To Know

NEWLYWEDS and ENGAGED COUPLES:
Wondering what’s your BEST move? The Belt Team has Specialists who help first-time buyers AND couples looking to move from two households to one. Call (703) 242-3975!
In the male-dominated world of professional football and baseball, one woman is also on the team. Dr. Robin West is one of only two female team physicians in the NFL and she’s been at it a long time.

Dr. West was an associate professor and orthopedic surgeon at the University of Pittsburgh for 12 years. While there she also worked as a team physician for the university, plus the Pittsburgh Steelers, along with Carnegie-Mellon University.

The Great Falls doctor was recruited to Inova to build a comprehensive sports medicine operation which could be a “one-stop shop for athletes under one roof” copying the model used at Pittsburgh. Following the model of the sports teams she supports, Dr. West is taking a team approach to building Inova’s program, bringing in a multitude of disciplines, from orthopedic surgeons and physical therapists to nutritionists and sports performance specialists.

Dr. West herself is chair of Inova Sports Medicine, plus Lead Team Physician for the Washington Nationals, Head Team Physician for the Washington Redskins, an associate professor at both Georgetown University Medical Center and Virginia Commonwealth University School of Medicine and a board-certified orthopedic and sports medicine surgeon with her own practice. She balances it all with "tremendous family support, a great husband and two wonderful daughters, 9 and 11, calling the four of them a "great family team." The Inova office forms another comprehensive team where Dr. West is but "one small part. We work together and while I may have performed the operation, the entire medical team is responsible for the overall recovery of the patient. Of course I get to hand pick the players and I am thrilled to have a tremendous team."

West truly enjoys working with the two pro teams as well. She attends every game for the Redskins, home and away, and will usually be right there on the sidelines during the games. "It can feel like a war zone sometimes, loud and fast-paced. There are often 5-10 injuries per game although the fans may not be aware of every one. Quick decisions must be made about when an injured player can return to the game. I am the team physician, but I'm working for the players. Their safety and long-term health are always my primary responsibilities."

Work with the Washington Nationals may not be as hectic, but there is still much to do and all 81 home games are covered, which can be challenging when the two teams’ schedules overlap in the
fall. She shares coverage with her colleagues, Dr. Brandon Bryant (Redskins) and Dr. Robert Najarian (Nationals), and is there an hour before game time and works for about an hour after the game ends, meeting with injured players.

Dr. West comments that there is no awkwardness with her being a female doctor. “They might even come to me more often because I’m a woman. They show a lot of respect for me and are able to discuss their personal issues.”

When looking to the future and thinking of the institute, Dr. West says “we’re going to keep growing. We want this great sports medicine center available to everyone. Our goal is to be the best – the best concussion center, the best sports performance help, the best physical therapy. Health care is changing and we want to be the top professionals with accessibility to all.”

As for Dr. West herself, she plans to keep doing what she obviously enjoys. “This work keeps me at the top of my game. I have to stay up on the current research and literature so that I don’t get lackadaisical. I must stay challenged and working with the pro athletes definitely keeps me on my toes.”

Her greatest compliment was from a mom who wrote that “you treated my child like a professional athlete.” Dr West points out, “I don’t treat any person different from another. I treat everyone the same and this is the culture that we work with at the center.”

ABOUT INOVA SPORTS MEDICINE

The Inova Sports Medicine Institute focuses on “personalized care and comprehensive treatment to athletes and active people of all ages and abilities. [Their] method includes a concierge approach to sports medicine with a customized treatment plan based on the needs of each patient. The Institute’s clinical activities include injury treatment, concussion treatment and management, nutritional services, sports psychology, sports performance and regenerative medicine.” – Inova Sports Medicine Institute

Inova Sports Medicine offers concussion baseline testing including the ImPACT baseline test for athletes 10 and older as well as the VOMS baseline screening for athletes aged 5 through 9. For more information go to www.inova.org/concussioneducation.

INOVA MEDICAL GROUP – Orthopaedics and Sports Medicine is located at 8501 Arlington Boulevard, Fairfax, VA Phone: 703 970 6464
Historically, surgery was the only option for women for vaginal tightening and changing the appearance of the labia. I trained with Dr. David Matlock – of the E! network docu-series Dr. 90210 – in LA so that I could offer this procedure to patients. There is now an alternative and it is quite remarkable. It’s called ThermiVA.

What is Vaginal Rejuvenation?

Also known as female genital plastic surgery or aesthetic vaginal surgery. Vaginal rejuvenation usually combines vaginoplasty (“tightening” of the vagina) and/or labiaplasty or vulvaplasty (reshaping of the vulva or labia, the outer and inner lips of the vagina). It has become an increasingly popular option for women.

What is ThermiVA?

ThermiVa is a non-surgical radio frequency procedure for vaginal and labial tightening. Both the internal and external tissues can be treated.

What is the healing time after the procedure?

There is no downtime with this procedure. Women report feeling tighter even after one treatment. After week two, you will notice an increase in vaginal moisture (the glands “regenerate”). Sexual activity can be resumed as normal. Improvement with incontinence is also noticed after the first treatment. The vulvovaginal tissues continue to tighten after each treatment. It is actually quite a remarkable difference physically, sexually and psychologically.

What is the procedure like?

The procedure is very comfortable and takes about 45 minutes. I do 3 treatments about 1 month apart. There is no need for anesthesia.

Who is a candidate for ThermiVA?

ThermiVA is an excellent treatment for women who suffer from urogenital atrophy/laxity and complain of painful intercourse. Giving birth vaginally, aging and obesity are some contributing factors to this condition. Other reasons to get ThermiVA may also include:

- If you have sexual dysfunction or problems reaching orgasm
- If you have urinary leakage (incontinence) when you laugh or cough
- If you feel that your vagina is dry and is not producing moisture like before.
- If you simply don’t like the way your labia look on the exterior.

–Dr. Dima

WellMedica Aesthetic & Anti-Aging Medicine
WellMedica is a designated Syneron-Candela training center for physicians.
703.787.9866
1801 Robert Fulton Dr., Suite 540, Reston, VA
www.WellMedica.com

BY DIMA ALI, MD

Ask Dr. Dima about vaginal rejuvenation
Dr. Berrada brings over 18 years of clinical experience and a bright, vibrant personality to her work. She also has a wide variety of up-to-date skills and experience with today's newest technology. Throughout her career, she has had extensive training in orthodontics, dental implants, cosmetic, and general dentistry. She is committed to providing the best possible dental care in our community.

- General and Cosmetic Dentistry
- Implants
- Porcelain Veneers
- Orthodontics including Invisalign
- Teeth Whitening
- Single Visit Crowns

7641 Leesburg Pike
Falls Church, VA 22043
571.982.8680
www.tysonsdentalesthetics.com

Creating Happy Smiles & Teeth
Sanae Berrada, DDS
Bluemont Vineyard is a country farm winery located 95 feet above elevation at the top of the Blue Ridge Mountains overlooking the Loudoun Valley. From the vines that cling to the sun-kissed mountainside to the orchards that spread out below, it is our terroir that makes our wines unique among Virginia Wineries. Our wines are graced with subtle overtones of cherries, apples, peaches, and black raspberries. We offer all kinds of wine for everyone’s palate. Try everything from our dry to sweet whites, to our light to full bodied reds.

Open Daily!
11:00am – 5:00pm (Nov–Mar),
11:00am – 6:00 pm (Apr–Oct)
*Last Friday of the Month: Open until 9:00

540-554-8439
18755 Foggy Bottom Rd
Bluemont, VA 20135
www.bluemontvineyard.com

Winter is for warmth, whispers, and wine.

Oakton Wine Shop
Purveyor of Fine Wines, Beer & Cheeses
703.255.5425
www.oaktonwineshop.com
2952 - A • Chain Bridge Road • Oakton, VA • 22124
Dirt Farm Brewing is a family owned and operated Farm Brewery in Loudoun County. From plow to pint, our focus is small batch hand crafted beer from fresh ingredients grown on our family farm, Great Country Farms. Our 10bbl brewhouse delivers traditional brewing style ales and many farm fresh seasonals. With our newly established 3 acre hop yard, 10 acres in grain, and all the farms bounty we look forward to growing craft beer in Loudoun!

**NO FARMS, NO BEER!**

We offer flights & pints to enjoy here, also 32oz cans and growler fills to go!

**Dirt Farm Brewing**
18701 Foggy Bottom Road
Bluemont, VA 20135
540-554-2337 (BEER)
www.dirtfarmbrewing.com

Monday 12-6 ● Tuesday 12-6 ● Closed Wednesday
Thursday 12-6 ● Friday 12-8 ● Sat & Sun 12-6

Comfortably nestled in The Blue Ridge Mountains 1 mile outside of the village of Bluemont

Sehkraft (pronounced “say-craft”) means “vision,” or “eyesight” in German. Sehkraft Brewing seeks to bring about the vision of what the craft beer movement is all about. The 9,000 square foot brewpub houses a 10-barrel brewhouse, a 200+ seat indoor restaurant offering hearty family fare, a 100+ seat beer garden, a retail butcher and cheese shop and a music stage featuring a variety of performing artists.

YOUR DESTINATION FOR BEER, FOOD AND MUSIC

Céad mile fáilte! Great folks. Great times.

Enjoy our huge selection of beers, fine whiskeys, specialty cocktails, wines and happy hour daily specials along with Mouthwatering Authentic Irish Cuisine at a great price and our Weekly Live Music!

(703) 883-2000 | www.paddybarrysva.com
8150 Leesburg Pike | Vienna, VA 22182

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Céad mile fáilte! Great folks. Great times.

Enjoy our huge selection of beers, fine whiskeys, specialty cocktails, wines and happy hour daily specials along with Mouthwatering Authentic Irish Cuisine at a great price and our Weekly Live Music!

(703) 883-2000 | www.paddybarrysva.com
8150 Leesburg Pike | Vienna, VA 22182

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Céad mile fáilte! Great folks. Great times.

Enjoy our huge selection of beers, fine whiskeys, specialty cocktails, wines and happy hour daily specials along with Mouthwatering Authentic Irish Cuisine at a great price and our Weekly Live Music!

(703) 883-2000 | www.paddybarrysva.com
8150 Leesburg Pike | Vienna, VA 22182

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Céad mile fáilte! Great folks. Great times.

Enjoy our huge selection of beers, fine whiskeys, specialty cocktails, wines and happy hour daily specials along with Mouthwatering Authentic Irish Cuisine at a great price and our Weekly Live Music!

(703) 883-2000 | www.paddybarrysva.com
8150 Leesburg Pike | Vienna, VA 22182

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com

Serving up hearty, farm-to-table American fare (think rabbit pot pie and grass-fed beef burgers with candied bacon) and house-brewed craft beers.

703-865-8580
520 Mill St NE, Vienna, VA 22180
www.cabortsebrewing.com
Americans are passionate about coffee. More than a caffeine jolt, for some, the first morning cup is a sacred ritual. But, have you ever considered what goes into your daily cup of joe ... aside from cream and sugar?

The United States imports $4 billion worth of coffee per year and is the largest consumer of coffee in the world. According to the National Coffee Association and the Specialty Coffee Association of America, more than 50 percent of American adults drink coffee daily, yielding more than 400 million cups per year. While the trip to your first cup of coffee in the morning can feel like a rigorous one, the seed to cup journey of a coffee bean is astounding.

Growing, Harvesting & Processing

The bean’s adventure begins in the world’s equatorial region known as the coffee belt, where ideal, year-round growing conditions produce coffee beans with unique flavor profiles. Coffee grown in Brazil, the world’s largest coffee bean exporter, tends to be mild and light, while arid Ethiopia’s coffee possesses a diverse flavor profile with fruity, floral attributes. Hawaii’s famous high-altitude Kona coffee is dense and flavorful. But, it takes the right intersection of cultivar, soil, climate, and plant husbandry to maximize a bean’s potential.

According to coffee buyers, harvesting the cherry when it’s perfectly ripe is the single most impactful thing a grower can do to ensure a specialty bean’s quality. Once harvested, growers must quickly transport beans to a mill where they are separated from the cherry.

Bean mills use different separation processes to bring out certain flavor attributes of the beans and each step must be carefully managed to protect them. Regions where water is scarce, such as Brazil, Ethiopia, Indonesia, and Yemen, use dry-processing methods that produce full-bodied, complex, smooth, sweet coffee. Wet-processing creates brighter, cleaner, fruitier coffee and is used mostly in countries where coffee is valued for its perceived acidity.

After the beans are processed and dried, a Q—or quality—Grader, checks the entire lot for imperfections and grades the green beans, an important step toward determining a specialty coffee designation. There are five grades of coffee beans: specialty, premium, exchange, standard, and off-grade. After receiving their designation, beans are rested, hulled, separated by size and packaged for shipping.

Roasting

Next to participate in the bean’s transformational process are coffee roasters who begin by first identifying the coffee bean’s flavor potential. Roasters use rapid heat processing to manipulate flavor nodes and bring out the bean’s desired attributes and aromatic properties. During the average 15-minute roast, beans burst from the heat, undergoing a chemical change. The point at which this occurs determines which flavor nodes are exploited. Perfecting this craft is where specialty coffee roasters blend art and science to yield the best tasting coffee possible.

Roasts fall into four color categories:

- **Light**: Roasted for shorter periods, light roasts are mild, yield drier beans with more acidity and have a slightly higher...
Caffeine concentration than darker roasts.

- **Medium**: Possess a stronger flavor than light roasts and have a non-oily surface.
- **Medium-Dark**: Rich and dark in color, slightly oily with a bittersweet aftertaste.
- **Dark**: Oily with a bitter flavor; less acidic than other coffees.

**Rating Specialty Coffee**

After the beans are roasted to a universal standard, they are quickly cooled to stop the roasting process. Roasters then cup, or officially note the coffee's strength and flavor attributes and grades the overall quality.

Specialty coffee has to receive a certain perceived score to maintain its designation. Certain high-scoring coffee can even receive the Alliance for Coffee Excellence's Cup of Excellence designation, reserved for the highest quality coffee produced. Cupping also acts as a quality control measure for the buyer and roaster. Coffee roasters use the cupping process to compare their rating to that of the Q Grader to verify the quality of each batch of coffee beans received.

**Grinding & Brewing**

To bring out the fullest flavor of these dark jewels, grind the beans as close to brew time as possible to reduce oxidation and staling. Brewing methods should drive the size of the grinds; a grind that is too fine for the chosen method can destroy coffee by over-extraction; too coarse a grind may prevent coffee from developing its full flavor potential. Once ground, the right water quality, brewing temperature, and coffee to water ratio also must be applied to create the best cup of coffee possible.

Life is too short to drink bad coffee. With all this knowledge at your fingertips, you can maximize your morning brew's flavor potential. But, if all of this is too much to remember, don't worry. You can rely on coffee professionals at your local, independent coffeehouse or small batch coffee roaster to help you out. So sit back, relax, and treat yourself to a cup of specialty coffee this morning. Your coffee experience will never be the same.

---

**CHRISTOPHER E. BONACCI DDS, MD, PC**

**CAPITOL DENTAL IMPLANT CENTER**

The Dental Surgical Professionals at Oral, Facial and Capitol Dental Implant Surgery invite you to explore the difference our team members bring to your chair side. With unparalleled training in state-of-the-art procedures, you can be sure of an exceptional surgical experience.

We welcome the opportunity to show you today’s more comfortable, reliable and affordable procedures.

Call for your assessment examination today!

**ORAL, FACIAL AND DENTAL IMPLANT SURGERY**

361 Maple Ave W, Ste 200, Vienna
DRBONACCI@VERIZON.NET
703.255.9400 • WWW.DRBONACCI.COM
Fusion Academy

Tysons opening in January

Fusion Academy is a unique, private middle and high school that creates a “learning ecosystem” offering more than 250 classes for students. It meets students where they are and creates positive relationships to unlock academic potential and open opportunities for personal growth and achievement.

Fusion Academy completely recreated the education model, teaching customized content at each student’s individual pace with a one teacher to one student ratio. Up to 70 full-time students attend each campus, with an additional 100 to 200 students taking Classes for Credit or engaging in tutoring or mentoring. Campuses are located in key metropolitan areas throughout the United States.

“Our courses aren’t the usual textbook-type courses,” she continued. “While every course meets state standards, classes are self-paced and tailored to each student’s social, emotional and academic needs and goals with teachers who are deliberately trained to be mentors. Compassion, creativity and flexibility steer our method of teaching to each student’s strengths and challenges.” In addition to core academic subjects, Fusion also offers art, music, Honors and other extracurricular and elective courses, using creativity as a tool to help students connect more deeply with their friends, family, community and themselves.

“A key reason why Fusion students are happy and successful is because of the one-to-one relationships with their teachers,” explained Lisa Stern, Tysons Director of Admissions. “This consistently engages every student in their content and better equips each teacher to gauge the student’s progress and pace.”
Additional programs include Classes for Credit, for those who need to make up a class, get ahead, or for homeschooled students to enrich their learning experience; the Learning Center for subject tutoring; standardized test prep and enrichment classes; the Transitional Program that helps navigate the change to upper grades; and the Homework Café where students complete their homework under teacher supervision. “We don’t want our students taking homework home; we want our families enjoying that time just being together.”

“Fusion’s learning community is a place of connection, support and real understanding that allows students to turn their potential into reality and create a balance between learning and life,” Stern continued. “Our students come here because they are excelling in public school and want to move faster, or are struggling in the traditional public school setting. Students who need to travel due to equestrian events and sports, for example, or those with health issues also come because of the flexible scheduling we offer. You aren’t allowed absences in public schools.” Heavy focus is placed on regular communication between parents, staff and students to ensure progress in each student’s academic, emotional and social growth.

Each campus also employs teachers trained in working with students with learning disabilities and an SSD coordinator who coordinates individualized education programs. Because each student is on their own customized academic plan, tuition can vary from student to student and school to school. In addition to the new Tysons campus, Fusion also operates academies in Alexandria, VA and Washington, D.C. locally.

Fusion Academy
Grades 6-12, co-ed
Tysons opening Jan 2017, other campuses in Alexandria, VA and Washington, D.C.
(866) 461-8039
www.fusiontysonscorner.com

We believe that positive relationships are the key to unlocking the potential in every student. Our teachers are able to personalize curriculum and teaching styles to each student’s individual strengths, interests, and learning style, while also playing the role of mentor. These connections give students the confidence to pursue their goals, whatever they may be.
Choosing the Right School for Your Child

Here are some points to consider when trying to choose the right school for your child.

Think about what style of education best suits your child

Schools in Northern Virginia come in a variety of forms, from Montessori schools to military academies, giving you a plethora of options to suit your child's needs. Is your child a creative type who learns better in environments that emphasize freedom within limits, or does your child need structure and rigidity to accomplish their academic goals? Is your child particularly strong in a specific area or do they seem to gravitate towards an all-around education?

Accurately evaluating these criteria is important to choosing the best school for your growing student.

Look at the Logistics

There a variety of factors that don’t immediately come to mind when striving to find the right school. How long is the commute for your child? Obviously, we don’t normally think of the ride home from school as a “commute” with children, but especially for young children, a long bus or car ride can be tiring. When compounded with after-school work, long travel times can impact a child’s ability to participate in other activities that are key to their development.

Ask the experts

Discuss your child’s behavioral and educational requirements with the admissions staff at potential schools. You know your child best, but they know their school best. In the long run, any schooling decision has to be a marriage between both parties in order to succeed. Try not to let preconceptions get the best of you or your child – just because a school is a “top” school doesn’t mean it is the right top school. If the educators express concern that your child may not fit their learning environment, do not take it personally. On the opposite tack, if a school seems exceedingly interested in your child, don’t let their flattery get the best of you. Try to rationally assess the situation as an advocate for your child.

Take your child for a visit

As much as ensuring a child’s academic success is a parent’s responsibility, ultimately it is the student who must succeed in school. Take your child to visit the schools you are considering and see how they react to the environment. Listen to their feedback and determine if any criticisms are valid from an adult’s point of view as you narrow down your list. Many children may not be thrilled about changing schools, and it is important to suss out if the school isn’t right, or if it is just that school is different than their current one. If it is the latter, try to allay any fears they may have, and see if there are any new-student programs available to help acclimate them to a new situation. Going to recreational activities on-site are he school are another great option to introduce your child to their new environment in a fun, friendly manner.
“A CHILD IS A DISCOVERER. HE IS AN AMORPHOUS, SPLENDID BEING IN SEARCH OF HIS OWN PROPER FORM.”

—MARIA MONTESSORI

We look forward to sharing our unique program with you! Contact our admissions office to schedule a tour.

1711 KIRBY RD | MCLEAN, VA 22101 | 703.790.1049 | MCLEANMONTESSORI.ORG

Randolph-Macon Academy

You’re invited! Open Houses May 30th and June 12th.
Or call to schedule a personal tour!

www.rma.edu 540-636-5484
The Super Bowl is much more than a football game; it’s an excuse to eat fried food, cheesy dips, and wings. There are a number of Tysons area restaurants willing to provide football enthusiasts with the perfect venue to chow down and drink. In addition, many restaurants are offering Super Bowl takeout specials, including places to find foot-long hoagies, wings, football shaped doughnuts, and barbecue platters to feed an entire living room of friends, you want to skip the hassle of cooking and want to order carry-out.

**IRELAND’S FOUR PROVINCES (4P’S)**

105 W. Broad St, Falls Church

The 4P’s, a real neighborhood pub, is an institution in Falls Church. For the Super Bowl, the restaurant always makes it an event, with food and drink specials and amazing To-Go Platters. The Big game will be showing on all eleven of their big screen TV’s in the bar so you don’t miss the action.
Babalu
8605 Westwood Center Dr., Vienna
Enjoy watching the Super Bowl on a large screen, 50 cents wings and other food and drink specials, including hookah. DJ will spin top 40 after the game.

O’Malley’s Pub
1960 Chain Bridge Rd. McLean
If you’re looking for a lively Irish pub to watch the big game, they are hosting their annual Super Bowl Pub Party with food and drink specials. Enjoy watching the big game on any of their many flat screen TVs in the pub, also many tables have their own private TV for privacy. Enjoy some good pub food and free parking!

Paddy Barry’s Irish Pub and Restaurant
8150 Leesburg Pike, Tysons
Cozy up at this neighborhood Irish pub, where you can grab a pint of your favorite brew on tap while catching the game on one of their 18 TVs. Enjoy food and drink specials and free garage parking.

The State Theatre
220 N. Washington St., Falls Church
The State Theatre will be interrupting its regularly scheduled showing of music and films to bring you the Super Bowl on their big screens. Food and drink specials will be available at 5:30, and admission is free.

Astro Doughnuts & Fried Chicken
7511 Leesburg Pike, Falls Church
Astro’s Falls Church location is offering 24 packs of wings (either sriracha or spicy garlic) along with six Boston cream, football-shaped doughnuts for $45. Supplies are limited, so call ahead. Meanwhile, the football doughnuts are available at their downtown D.C. location too, and sell by the half-dozen for $15.

Dogfish Head Alehouse
6220 Leesburg Pike, Falls Church
13041 Lee Jackson Memorial Hwy. Fairfax
Locations of this brewpub will be offering Super Bowl Specials for takeout on Super Bowl Sunday. Call ahead for ordering.

Red Apron Butchery
Mosaic District, 8298 Glass Alley, Fairfax
Red Apron has three locations, including the Mosaic District. Each location is accepting orders for 30-inch long Italian hoagies and nacho chili packs that feed 6-8 people. Call ahead to order.

Taylor Gourmet
has many locations, including the Mosaic District.
Mosaic District, 2905 District Ave #160, Fairfax, VA
Offering huge three foot hoagies at each of their locations for Super Bowl Sunday. Sandwich options include: Federal (Italian), Locust (Turkey), Cherry (Roast Beef), South (Chicken Cutlet), and Cumberland (Vegetarian). Each hoagie feeds about 15 guests for $99. Orders are being accepted online or by calling (202) 423-0403. Call ahead for ordering.

Oklahoma Joe’s Bar-B-Cue
2670 Avenir PL O, Vienna
Named one of the 13 places that you have to eat before you die by Chef Anthony Bourdain, this transplant restaurant, famous for its ribs, has already served more than 10,000 customers since opening Memorial Day weekend. Oklahoma Joe’s BBQ caters with custom options like beef ribs, whole smoked hogs or other barbecue classics. Pick up from their Dunn Loring location or have it delivered.
2941 RESTAURANT
Falls Church | American | $$$
Nestled in a corner of an office building off the Beltway, 2941 offers an upscale casual dining experience in a cozy, open setting. Chef Bertrand Chemel creates succulent dishes with fresh, locally-sourced ingredients.
2941 Fairview Park Dr. | 703.270.1500 | www.2941.com

ANTHONY’S RESTAURANT
Falls Church | Italian | $$
For 40 years, Anthony’s has offered real, homestyle cuisine. They offer Greek, Italian and American specialties as well as pizza, club sandwiches, burgers, over-stuffed subs, salads and a wide range of entrées. Now serving breakfast on Saturdays and Sundays. Talk to them about any catering or banquet event.
3000 Annandale Road | 703.532.0100
www.anthonysrestaurantva.com

ARGIA’S
Falls Church | Italian | $$$
Nestled in the heart of downtown Falls Church, Argia’s is a family owned and operated restaurant that provides an opportunity to experience authentic, world class Italian cuisine in a cozy, relaxing ambiance. Always alive with friends and families enjoying both single and family size dishes, this is a Falls Church dining destination.
124 N. Washington St | 703.534.1033 | www.argias.com

BENTLEY’S
Falls Church | American | $
Bentley’s is known throughout Northern Virginia for its breakfasts. Famous Eggs Benedict, omelets, waffles, pancakes, crepes and more are served every day... but still the weekends are the best time. Their banquet facilities accommodate 50 to 250 people and they offer American, Latin, & Southwest Asian cuisine and accompanying services.
3000 Annandale Road | 703.532.4100
www.bentleysfallschurch.com

CLARE AND DON’S BEACH SHACK
Falls Church | American | $ Located next to the State Theatre in the heart of the City of Falls Church, Clare and Don’s brings the beach to landlocked Northern Virginia. This hot spot offers trivia on Wednesdays, and live music on weekends, and a menu with summer favorites like gator tail and jambalaya.
130 North Washington St. | 703.532.9283
www.clareanddons.com

DOGWOOD TAVERN
Falls Church | American | $$
The creators of Ragtime and William Jefrey’s Tavern is described as a “celebration of the Old Dominion,” which offers steaks, seafood, pasta, and burgers. The tavern offers live music on weekends.
132 West Broad St. | 703.237.8333
www.dogwoodtavern.com

DUANGRAT’S
Falls Church | Indian | $$$
For more than 25 years, co-owners Ed and Pookie Duangrat have been serving signature Thai dishes. Some of these dishes include chicken and Chinese sausage gumbo and lemongrass chicken. Their Thai Tapas Lunch offers Thai and Asian small plates on weekends.
5878 Leesburg Pike | 703.820.5775
www.duangrats.com

EDY’S CHICKEN AND STEAK
Falls Church | American | $ Edy Durnovsek’s secret recipe combines
flavors of Thailand with those of Peruvian rotisserie spices to create a delicious chicken. The Peruvian Chicken, Steak a la brasa, and sandwiches are just a few items to try on the menu.

5420 Leesburg Pike  703.820.5508

**ELEPHANT JUMPS THAI RESTAURANT**
**Falls Church** | **Thai** | **$$**
Elephant Jumps offers an extensive menu with more than 100 dishes including croissant green curry chicken sandwiches, burrito satay chicken, and crispy salmon salad. Diners are sure to find classic as well as hard-to-find Thai dishes.

8110-A Arlington Blvd. | 703.942.6600
www.elephantjumps.com

**HAANDI FINE INDIAN CUISINE**
**Falls Church** | **Indian** | **$$**
Northern and Southern cooking traditions incorporated into fragrant kabobs, curries, biryani, and vegetarian classic dishes make Haandi one of the region’s stars of Indian cuisine. A lunch buffet is offered from 11:30 a.m. to 2:30 p.m. daily.

1222 West Broad St. | 703.533.3501
www.haandi.com

**HONG KONG PALACE RESTAURANT**
**Falls Church** | **Chinese** | **$**
Hong Kong Palace offers some of the most authentic Chinese dishes in the area. Dan-dan noodles, tea-smoked duck, and sesame balls with bean paste are some of the items on the menu.

6387 Leesburg Pike | 703.532.0940

**IDYLWOOD GRILL & WINE BAR**
**Falls Church** | **American** | **$$$**
There is always something special about a good neighborhood restaurant. Idylwood Grill’s welcoming atmosphere, attentive staff, and fine cuisine are a welcome addition to our area’s casual dining scene. It may be hard to choose from their menu of seafood, pastas, steaks, veal, salads, and more.

2190 Pimmit Dr, Unit B | 703.992.0915
www.idylwoodgrill.com

**IRELAND’S FOUR PROVINCES**
**Falls Church** | **Irish** | **$$**
Award-winning Ireland’s Four Provinces offers as genuine an Irish experience as you can get on this side of the pond. Guinness as it’s meant to be poured with traditional Irish fare such as fish n’ chips, corned beef and cabbage, Irish bangers, plus Gaelic entertainment.

105 West Broad Street | 703.534.8999
www.4psva.com

**JV’S RESTAURANT**
**Falls Church** | **American** | **$$**
JV’s has been around for 60 years. A local institution, JV’s is the place to be for live music, homemade chili, and cold beer.

6666 Arlington Blvd. | 703.241.9504
www.jvsonrestaurant.com

**LITTLE SAIGON RESTAURANT**
**Falls Church** | **Vietnamese** | **$**
Little Saigon brings a taste of Vietnam to Falls Church. This restaurant has an extensive menu of Vietnamese classics as well as a solid wine list.

6218-B WIlton Blvd. | 703.536.2633
www.littlesaigoncuisine1.com

**TASTE OF TYSONS**

**LA CARAQUENA**
**Falls Church** | **Latin American** | **$$**
Chef and owner Raul Claros shares his family’s recipes with Latin American flavor. Comfort food in a relaxed atmosphere where diners can take free salsa lessons, enjoy mojitos, and eat Pollo La Caraquena, a Latin-style baked chicken with black beans and white rice.

300 West Broad St. | 703.533.0076
www.lacaraquena.com

**LITTLE SAIGON RESTAURANT**
**Falls Church** | **Vietnamese** | **$**
Little Saigon brings a taste of Vietnam to Falls Church. This restaurant has an extensive menu of Vietnamese classics as well as a solid wine list.

6218-B Wilton Blvd. | 703.536.2633
www.littlesaigoncuisine1.com

**LITTLE SAIGON BAR AND GRILL**
**Falls Church** | **American** | **$**
The Locker Room lunch/dinner menu features everything from burgers and sandwiches, to pizzas, steaks, and fish. They offer a full menu seven days a week plus daily specials, and weekday happy hour from 3-7pm. Brunch is served Sundays, 11am – 3pm

502 West Broad Street | 703.854.1230
www.thelockerroomfc.com

**MAD FOX BREWING COMPANY**
**Falls Church** | **American** | **$$**
Enjoy upsacle casual dining in an English-style gastro brewpub with an emphasis on high-quality food and house-brewed beers. Beer lovers and foodies unite to relish in the chef-driven, locally-sourced seasonal menu along with the seven to ten standard, house-brewed beers on tap as well as a rotating selection of seasonal brews.

444 West Broad St. | 703.942.6840
www.madfoxbrewing.com

**THE ORIGINAL PANCAKE HOUSE**
**Falls Church** | **American** | **$$**
Pancakes, French toast, crepes, waffles, and breakfast and lunch favorites are served at The Original Pancake House. Pancakes are made with old-fashioned sourdough yeast, which is grown in their own kitchen and delivers light and airy pancakes.

7395-M Lee Highway | 703.698.6292
www.ophrestaurants.com

**THE PERUVIAN CHICKEN**
**Falls Church** | **Peruvian** | **$$**
There is a Peruvian chicken that is a must-try. The Peruvian Chickens, Steak a la brasa, and sandwiches are just a few items to try on the menu.

5420 Leesburg Pike  703.820.5508

**VIVATYSONS.COM JANUARY // FEBRUARY 2017   v   TYSONS**
PANJSHIR RESTAURANT  
Falls Church | Afghan | $$
Named after an Afghan province, this restaurant offers genuine Afghan cuisine. The Niazy family serves native dishes from Afghanistan including Kadu Chalow, a sautéed pumpkin topped with seasoned yogurt and tomato sauce, and a variety of kabobs.
924 West Broad St. | 703.536.4566
www.panjshirrestaurant.com

PISTONE’S ITALIAN INN  
Falls Church | Italian | $$
Pistone’s is an area landmark and full service Italian restaurant. They have been in business since 1974. Chef/Owner Telemaco Bonaduce focuses on nutritious local foods and authentic preparation - a “rustic yet elegant” style that fits all occasions. They also offer first-rate entertainment. Check out the bar lounge where you are invited to sing with talented pianists and vocalists from the area.
6320 Arlington Boulevard | 571.388.3910
www.pistoneitalianinn.com

PIZZERIA ORSO  
Falls Church | Italian | $$
This casual, family-friendly restaurant features a handmade volcanic brick oven by Forno Napoletano, where pizzas are made in the traditional Neapolitan style.
400 South Maple Ave. | 703-226-3400

SEVEN CORNERS PUB  
Falls Church | English | $$
Seven Corners Pub serves favorite English dishes including Shepherd’s Pie, Lancashire hot pot, fish and chips, and bangers and mash, to name a few. There are also English brews, specialty cocktails, and wines to accompany your meal or to enjoy during live music on weekends.
6315 Leesburg Pike | 703.942.6383
www.sevencornerspub.com

SAFFRON  
Falls Church | Indian | $
Tucked away in Falls Church by the Washington & Old Dominion Trail is Saffron, widely known for its authentic Indian cuisine. Their signature dishes include rich tandoori lamb chops and freshly-crafted naan, seasoned with hand-ground spices. Check out their menu for dine-in, carry-out, and catering options.
1077 West Broad Street | 703.992.0077
www.saffronfc.com

SAIGON CAFÉ  
Falls Church | Vietnamese | $
Saigon Café offers a warm and spacious environment. The restaurant specializes in Vietnamese dishes, including famous appetizers and entrees from the central part of Vietnam. Saigon Café offers a wide variety of pho, noodles, soups, and rolls, as well as a extensive vegetarian menu.
6286-B Arlington Blvd. | 703.237.1899
www.saigoncafe-va.com

SWEETWATER TAVERN  
Falls Church | American | $$
Sweetwater, the Merrifield outpost of this microbrewery, serves handcrafted seasonal brews, burgers and ribs, and fresh seafood, chicken and pasta. The restaurant offers seasonal outdoor dining.
3066 Gatehouse Plaza | 703.645.8100
www.greatamericanrestaurants.com

TARA THAI  
Falls Church | Thai | $
The word “Tara”, commonly found in Thai folk literature, means water. Thus, the restaurant offers a unique and relaxing atmosphere, featuring a variety of underwater art for your dining pleasure. The menu consists of authentic Thai cooking, using family recipes that have been handed down for generations.
7501 Leesburg Pike | 703.506.9788
www.tarathai.com

Café Renaissance  
Opentable’s Best 100 romantic restaurants in the USA for many years.

COME TO US FOR YOUR EVENT  
Private Dinners  Weddings  Rehearsal Dinners  Group Dining  Engagement Dinners  Bridal Showers

163 Glyndon Street SE, Vienna, VA 22180  |  T: 703.938.3311  |  www.caferenaissance.com
LUNCH: Mon. - Fr. 11.30AM - 2.30PM  |  BRUNCH: Sunday 11AM - 2PM  
DINNER: Mon. - Sat. 5.30PM - 10.00PM, Sun. 5PM -9.00PM

VIVATYSONS.COM
THE AULD SHEBEEN IRISH PUB & RESTAURANT
Fairfax | Irish | $
For traditional Irish fare, look no further than Fairfax’s Auld Shebeen. This local favorite brings the spirit of Ireland to Virginia by combining great food with a great time. Swing by for some fantastic selections such as fish and chips, braised lamb shank or even shepherd’s pie. With a full bar, live music on the weekend, and a special events space for up to 200 people in “The Cellar” downstairs portion of the restaurant, Auld Shebeen has everything you need to celebrate any occasion.
3971 Chain Bridge Rd | 703.293.9600
theauldshebeenva.com

CHUTZPAH DELI
Fairfax | American | $
Matzoh ball soup like your grandma used to make? Chutzpah Deli has that, and more. This New York Jewish deli in Fairfax offers your favorites like rugalach, hamantaschen, linzer tarts, sandwiches, burgers, and more. You can top off your meal with real New York cheesecake and an egg cream made with Fox’s Umet.
12214 Fairfax Town Center | 703.385.8883
www.chutzpahdeli.com

DOLCE VELOCE
Fairfax | Italian | $
Stop at a bar along the piazza in sunny Sardinia, or linger at a trattoria in Venice’s San Marco Square and you will be invited to experience cicchetti (chi-KET-tee), small plates or side dishes from the legendary cuisine of Italy. Now you can also enjoy cicchetti closer to home, at Dolce Veloce. These small plates offer a variety of flavors, from seafoods, salumes and salads to skewered meats, risotto and Mediterranean plates of olives and cheese.
10826 Fairfax Boulevard | 703.385.1226
dolceveloce.com

SISTERS THAI
Fairfax | Thai | $5
Sisters Thai offers the best authentic Thai food in the area—their original Old Town Fairfax location is a cult favorite among the locals. Every dish has some heat, often from colorful sauces. Besides bursting with potent flavors, the dishes are balanced and attractive to the eye. Enjoy fun drinks and homemade desserts in a whimsical living room atmosphere. The service matches the style—friendly and upbeat. Check out the new location of this local favorite at Mosaic. You’ll leave with feelings of nostalgia of the good ol’ days.
2985 District Ave, Fairfax, VA | 703.280.0429
www.sistersthai.com

PLANNING A REHEARSAL DINNER OR RECEPTION?

Make it an affair to remember!

All the excitement of Bazin’s on Church is now available for private dining, parties, and intimate gatherings!
Evoking the feeling of an old bistro, yet with a contemporary twist, Bazin’s on Church brings to your event an inviting dining experience. Bazin’s offers a contemporary American menu featuring organic and seasonal ingredients. The wine bar features a collection of wonderful wines from around the world, with an emphasis on California.
Whether hosting a rehearsal dinner or wedding reception, talk to the banquet and catering experts at Bazin’s Next Door.
Book Your Private Event Today.
Please call us at (703) 255-7212 or email info@bazinsnextdoor.com

We’d love to host a great event for you!
After finding success in Fairfax, Bollywood Bistro opened its second restaurant in Great Falls just last year. A modern and fresh take on Indian cuisine, this restaurant offers selections such as tomato-cheese naan, tender chicken korma, and decadent Bombay shrimp. With reasonable pricing for both catering and in-house dining, Bollywood Bistro is perfect for any occasion.

9853 Georgetown Pike | 703.865.0450
www.bollywoodbistrofairfax.com

Italian born chef Giuseppe Di Benigno serves comfort foods from his hometown in Italy. The menu includes Italian favorites like pastas, Osso Buco alla Milanese, and Giuseppe’s signature seafood soup. Dante offers an extensive wine list with plenty of reds and whites to choose from.

1148 Walker Rd | 703.759.3131
www.danterestaurant.com

Located in Great Falls, L’Auberge offers a flavorful and beautiful array of French cuisine. Choose from their delectable French onion soup, or a sampling of their classic appetizers. Enjoy the quaint and cozy atmosphere where you’ll feel like you just stepped into the heart of France.

332 Springvale Rd | 703.759.3800
www.laubergechezfrancois.com

Classic Irish pub and restaurant near Great Falls Park featuring award winning food and drink, Katie’s Coffee Shop, great Sunday brunch and live music Thursday-Saturday. A Great Falls institution with outside seating and enclosed patio.

760 Walker Rd | 703.759.3309
www.oldbrogue.com

Amoo’s offers Persian cuisine in the heart of McLean. Amoo’s specialties include Baghali Polo, with lima beans and rice tossed in a dill and lime reduction, and Zereshk Polo, which is also called “the dish of kings.” Amoo’s also offers a variety of kabobs and Persian dishes. Carry out is available for larger orders.

6271 Old Dominion Dr | 703.448.8500
www.amoosrestaurant.com
Levant

Tysons Corner

RESTAURANT & LOUNGE

A special fascinating combination of the old-traditional and the new-modern Style Restaurant & Lounge, the name “Levant” originally means the “Mediterranean Lands of the East.” Levant is the point where the sun rises.

Come experience traditional cuisine at its best, with all the comforts and service you expect today!

Traditional Mediterranean Cuisine Served Daily
Hookah and Beverages
Coffee and Desserts

TUESDAYS
TARAB NIGHT

THURSDAYS
FLAMENCO NIGHT

NEW HOURS!
Sunday, Monday, Wednesday, & Thursday 4:00pm-12:00am
Tuesday 4:00pm-1:00am
Friday & Saturday 4:00pm-2:00am

8411 Old Courthouse Rd
Vienna, VA 22182

(703) 570-5555
www.levantva.com

Ask Us About Catering!
ASSAGGI OSTERIA
McLean | Italian | $$
Domenico Cornacchia, chef/proprietor of Assaggi Osteria, taps into ages of ancestral Italian cooking each time he steps into his kitchen and brings a rich love of the cuisine that he so skillfully nurtured through the years. For those who love Italian cuisine, Assaggi Osteria features numerous appetizers, large salads, homemade pastas, fresh seafood, veal, and scrumptious beef. Assaggi Osteria sources whole fresh fish from worldwide sustainable sources, offering the finest bounty the sea has to offer. Produce is purchased from local farms, and all desserts are homemade.
6641 Old Dominion Dr | 703.918.0080
www.assaggiosteria.com

BARREL AND BUSHEL
McLean | American | $$
This contemporary American-style restaurant and bar located on the Plaza level of Hyatt Regency Tysons Corner Center offers regionally-inspired handcrafted American food, 22 local and regional craft beers on tap and more than 40 select bourbons that round out a selection of handcrafted cocktails and unique wines to satisfy nearly anyone’s palate. Barrel and Bushel is open for breakfast, lunch, dinner and times in between.
7901 Tysons One Pl | 703.848.6340
www.barrelandbushel.com

BENNIGAN’S
McLean | Irish | $$
Bennigan’s is one of the latest restaurants to open in Tysons Corner, offering pub fare with a beer, wine, and cocktail menu. Gourmet burgers, soup and salad combos, and sandwiches make for good lunch or dinner meals.
8201 Greensboro Dr. | 703.288.3232
www.bennigans.com

BOULEVARD CAFE & CATERING
McLean | American | $
Think of Boulevard when planning office celebrations, sales and breakfast meetings, office holiday parties, home celebrations, and last-minute occasions. Breakfast, cold luncheon buffets, entrée salads, hot entrées, hors d’oeuvres, and desserts.
8180 Greensboro Dr. | 703.883.0557
www.boulevardcafecatering.com

BUSARA THAI CUISINE
McLean | Thai | $$
Busara is an inviting place to enjoy Thai cuisine made with fresh ingredients prepared by experienced chefs. Diners can enjoy their lunch or dinner in a modern dining room. Entrees like Ka Pow Chicken and Pad Thai and soups and salads comprise their extensive lunch and dinner menus.
8142 Watson St. | 703.356.2288
www.busara.com/main
CAFÉ DELUXE
McLean | American | $$
Café Deluxe combines the charm of a neighborhood restaurant with the energy of a European eatery. This restaurant offers brunch, lunch, and dinner menus combining traditional fare with menu favorites.
1800 International Drive West | 703.761.0600
www.cafedeluxe.com

CAFÉ OGGI
McLean | Italian | $$$
For over 22 years, Café Oggi has reflected a pure and newfound combination of Italy’s old world sophistication with McLean’s contemporary novelty. With authentic preparations in an inviting and warm atmosphere, Café Oggi aims to please. Pasta, fresh fish, succulent veal, a notable wine list, and more.
6671 Old Dominion Dr | 703.442.7360
www.cafeoggi.com

CAFÉ TATTI FRENCH BISTRO
McLean | French | $$
This French bistro brings diners classic French dishes including vichyssoise, quiche lorraine, filet with béarnaise sauce, and Flounder Belle Meuniere. Closed Sundays.
6627 Old Dominion Dr. | 703.790.5164
www.cafetatti.com

CAPRI
McLean | Italian | $$
Chef Beatrice Zelaya serves classic Italian dishes just like Nonna used to make. This family-friendly restaurant offers a cozy dining atmosphere. Sip on a glass of red or white wine as you enjoy Insalata Caprese, gnocchi, or Vitello alla Parmigiana.
6825-K Redmond Dr. | 703.288.4601
www.caprimcleanva.com

EDDIE V’S PRIME SEAFOOD
McLean | American | $$$
A fine dining restaurant offering fresh, culinary-forward seafood creations and premium hand-carved steaks. The award-winning wine list features more than 300 selections. The atmosphere is refined yet relaxed, with live jazz and blues, featuring local jazz trios, played nightly in the V Lounge.
7900 Tysons One Place | 703.442.4523
www.eddiev.com

EL TIO
McLean | Mexican | $
Try tasty Tex-Mex with Mexican rice, refried beans, lettuce, pico de gallo, sour cream and guacamole on every plate. El Tio features grilled chorizo enchiladas, sizzling camarones, brochette fajitas, and a wide selection of chimichangas.
1433 Center Street | 703.790.1910
www.eltiogrill.com

FLEMING’S PRIME STEAKHOUSE AND WINE BAR
McLean | American | $$$
Inspired by the passion for steak and wine dinners, Fleming’s offers a list of 100 wines by the glass and an extensive selection of USDA prime steaks and fresh seafood. Seasonal ingredients are showcased on the menu.
1960 Chain Bridge Rd. | 703.442.8384
www.flemingssteakhouse.com

GREENBERRY’S COFFEE CO.
McLean | American | $
This Charlottesville-based coffee roaster’s local outpost is a popular spot for McLean residents. Friendly staff members serve a variety of coffee blends like Sumatra Mandheling and Java Blawan Estate alongside delicious pastries.
6839 Redmond Dr | 703.821.9500
www.greenberrys.com

HÄRTH AT HILTON MCLEAN TYSONS CORNER
McLean | American | $$
Executive Chef Luc A. Dendievel has his own rooftop beehive producing 200 pounds of honey each year and an organic garden that supplies Härth with a variety of herbs, fruits, and vegetables. Härth serves comfort foods with a modern, fresh twist. Extensive wine, beer, and cocktail list.
7920 Jones Branch Dr. | 703.761.5131
www.Harthrestaurant.com

Anita’s® New Mexico Style Bar & Grill
Bringing the unique flavors of New Mexico to Northern Virginia.
Newly Renovated Family Owned & Operated Open @ 5 am
WWW.ANITASCORP.COM BREAKFAST - LUNCH - DINNER Est 1974
ASHBURN - BURKE - CHANTILLY - FAIRFAX - HERNDON - LEESBURG - SPRINGFIELD - VIENNA

Kiloys®
Sports Bar
Back Deck Available
5250 Port Royal Rd
Springfield, VA 22151
(703) 321-7733
www.kilroys.com

TASTE OF TYSONS
VIVATYSONS.COM
JANUARY // FEBRUARY 2017  T Y S O N S  103
J. GILBERT’S
McLean | American | $$$
For nearly 15 years, J. Gilbert’s has offered premium wood-fired steaks and seafood. Although this American restaurant has plenty to offer in beer, wine, steaks, and seafood, J. Gilbert’s also offers a vegetarian menu and gluten-free menu.
6930 Old Dominion Dr. | 703.893.1034
www.jgilberts.com

JOE’S SIMPLY AMAZING BURGERS
McLean | American | $$
Burgers are made with all-natural and locally sourced black Angus beef, lamb, bison, and Spanish chorizo sausage. Their specialty burgers are for the truly adventurous.
6710 Old Dominion Dr. | 703.288.0288
www.joesburgersmclean.com

LA SANDIA
McLean | Mexican | $$
Chef Richard Sandoval, internationally recognized as the Father of Modern Mexican Cuisine, elevates Mexican cooking to new heights at La Sandia, serving up authentic Mexican specialties alongside over 200 fine Tequilas. Inspired by his culinary mantra of ‘old ways, new hands,’ Chef Sandoval reinterprets traditional dishes with innovative techniques and skillful presentation.
7852 Tysons One Pl. | 703.893.2222
www.richardsandoval.com/lasandiavirginia/

LEBANESE TAVERNA
McLean | Lebanese | $$$
Lebanese Taverna offers the best in Middle Eastern cuisine. Sample kalamar, falafel, and baba ganoush small plates, or try one of the seven types of hommus in their hommus bar. Lebanese Taverna offers seating for parties small and large, as well as an outdoor café with a fountain and plenty of al fresco dining.
1840 International Dr. | 703.847.5244
www.lebanesetaverna.com

MOBY DICK HOUSE OF KABOB
McLean | Persian | $
Moby Dick’s has terrific, healthy, wholesome and fresh fast food— perfect for a quick lunch or dinner fix. Try their "Kabob-e-Kubideh," which is ground sirloin seasoned with onion and herbs and wrapped around a skewer for grilling. Succulent, juicy meat with rice are served with your choice of yogurt cucumber sauce, shirazi salad or fresh herb as well as a piece of bread.
1500 Cornerside Blvd  | 703.992.7500
mobysonline.com

O’MALLEY’S PUB
McLean | Irish | $$
O’Malley’s Pub is the perfect place to watch the Redskins games on one of their 12 TVs
and grab a beer with your friends. Diners can snack on pub favorites like spinach and artichoke dip, calamari, chicken tenders, wings, and nachos.

1960 Chain Bridge Rd. | 703.893.2100
www.omalleyspub.com/tysons

PAUL BAKERY TYSONS GALLERIA
McLean | French | $
PAUL Bakery brings a taste of France to Tysons Galleria. This upscale bakery offers French breads, sandwiches, pastries, and of course, tea and coffee.
2001 International Dr. 1856G | 571.447.5600
www.paul-usa.com

PAUL BAKERY TYSONS GALLERIA
McLean | Italian | $
At The Italian Host, dining is more than great food. You can feel the true spirit of Pulcinella, the lovable character with a zest for life. In the southern Italian tradition of family dining, we celebrate every meal with music and laughter.
6852 Old Dominion Drive | 703.893.7777
www.pulcinellarestaurant.com

ROCCO’S ITALIAN RESTAURANT
McLean | Italian | $$$
An institution in McLean, family owned and operated Rocco’s has been serving up Italian delights and the area’s best pizza for over 30 years. From fried calamari to genuine “Brick-Oven Pizza”, you can find your favorites at Rocco’s. Open for lunch and dinner seven days a week. Catering too!
1357 Chain Bridge Road, Suite A | 703.821.3736
www.roccositalian.com

SEASONS 52
McLean | American | $$$
Seasons 52 gives diners a fresh dining experience using natural cooking techniques to let the flavors shine. With all of their menu items being under 475 calories, it’s a great place to dine if you’re eating a healthy diet. Menus based on the flavors of the seasons, flavorful wines, and delectable mini desserts are a real treat for diners.
7863L Tysons Corner, McLean | 703.288.3852
www.seasons52.com

SILVER DINER
McLean | American | $
This location gives back to the community with its partnership with WolfTran Elementary. Curbside carryout available.
8101 Fletcher St. | 703.821.5666
www.silverdiner.com/restaurants/tysons

STAR NUT GOURMET
McLean | American | $
The most exquisite fancy food gift store in the Washington, D.C. area, Star Nut Gourmet’s high standard of quality products and unique packaging has given them a very special reputation. Their comfortable café exudes old world charm and casual elegance. The menu reflects international flavors and offerings including Europe’s #1 coffee.
1445 Laughlin Ave | 703.749.9090
www.starnutgourmet.com

THE CAPITAL GRILLE
McLean | American | $$$
The Capital Grille at Tysons Corner offers classic steakhouse fare like the Filet Oscar, served with lump crabmeat and drizzled with house-made Bearnaise sauce, and fresh seafood dishes. Grab a drink at the bar and try the Grille’s Signature Cheeseburger with Parmesan Truffle Fries.
1861 International Dr. | 703.448.3900
www.thecapitalgrille.com

THE PALM RESTAURANT
McLean | American | $$$
The Palm is notorious for its prime aged steaks, jumbo Nova Scotia lobsters, and Italian classics. For those who want a nibble, The Palm offers bite-sized gourmet comfort food in their Prime Bites Menu, including mini broiled crabcakes with mango salsa and remoulade and calabrese flatbread.
1750 Tysons Blvd. | 703.917.0200
www.thepalm.com/Tysons-Corner

PADDY BARRY’S
McLean | Irish | $
Brendan Barry has opened an authentic Irish Pub in the heart of Tysons—classic Irish fare and hospitality, TV’s to watch the game, and of course, classic Black and Tans.
8150 Leesburg Pike | 703.883.2000
www.paddybarrysva.com

BLACKFINN AMERIPUB
Merrifield | American | $$
Located two blocks south of the Dunn Loring Metro, Blackfinn Ameripub specializes in craft beers, signature cocktails and American food with a twist. Flatbreads, salads, burgers, and sandwiches (called “handhelds”) are among the fare offered at this great place to meet with friends, family, or coworkers.
2750 Gallows Road | 703.207.0100
www.blackfinnameripub.com

Celebrate with music and laughter in the Southern Italian tradition of family dining!

Pulcinella
THE ITALIAN HOST
Pulcinella serves a unique blend of authentic dishes from regions of south and northern Italy. Our banquet room in the lower level can cater any event you may wish to have accommodating up to 100 guests.

To plan your special event, please contact one of the corporate directors of catering at 703.893.4777
6852 Old Dominion Drive | McLean, VA 22101
703.893.7777 | www.pulcinellarestaurant.com
Good Food Enjoyed in Good Company Since 1979

Ristorante Bonaroti
Est. 1982

Sergio Domestici and the Bonaroti family invites you to explore the joy of Classic Italian Cuisine and their award-winning wines and service. Since 1982, Sergio Domestici’s classic Italian cuisine has received acclaim from all major magazines and critics in the Washington Metro area.

Warm and romantic, Bonaroti’s is a favorite of Italian fine dining patrons and enjoys the praise of visiting dignitaries and the stars

Private Dinners | Corporate Functions | Holiday Celebrations | Retirement Parties | Engagement & Rehearsal Dinners

Make Your HOLIDAY RESERVATIONS Today!

428 East Maple Ave, Vienna | 703.281.7550 | BonarotiRestaurant.com
CYCLONE ANAYA’S
Merrifield | Mexican | $$
Located in the Mosaic District, this is the first D.C. area outpost of this Texas legacy. Founded by world-class wrestler Cyclone Anaya and his wife Carolina, this restaurant offers homemade Mexican food, margaritas, ceviche, and all types of tacos. You can be sure to find something for everyone on their menu.
2911 District Ave. Ste. 170 | 703.992.9227
www.cycloneanaya.com

FOUR SISTERS RESTAURANT
Merrifield | Vietnamese | $$
For 20 years, the Lai family has been serving an extensive menu of home-style Vietnamese dishes. The restaurant offers a gluten-free menu and MSG-free menu, with favorites like pho, Vietnamese rice crepes, and a wide range of vegetarian selections.
8190 Strawberry Ln. | 703.539.8566
www.foursistersrestaurant.com

MATCHBOX VINTAGE PIZZA BISTRO
Merrifield | American | $$
This outpost of the popular D.C. pizza chain is located in the Mosaic District, close to the Dunn Loring Metro. Fresh ingredients comprise their salads, appetizers, sandwiches, pizza, and entrees. The cool, laid-back atmosphere with exposed brick walls and beams makes you feel as though you’re in a loft.
2911 District Ave. | 571.395.4869
www.matchboxmerrifield.com

OPEN ROAD GRILL AND ICEHOUSE
Merrifield | American | $$
Owned by the group that brings you Circa, Trio Grill, and The Italian Market and Deli, Open Road Grill and Icehouse is inspired by the owners’ love of cars, trucks, and motorcycles and Americana. A relaxed atmosphere with live music and extensive beer list awaits you.
8100 Lee Highway #300 | 571.395.4400
openroadmerrifield.com

PASSION FIN ASIAN BISTRO & SUSHI BAR
Merrifield | Asian | $$
In the Halstead District, elegant, yet comfortable Passion Fin possesses a full Asian inspired menu, sushi, sake and full stocked bar for getting together with friends. Open daily for lunch and dinner.
2750G Gallows Rd. | 703.204.2969

AWARD-WINNING PLAKA GRILL OFFERS AUTHENTIC GREEK CUISINE

Chef/Owner Peter Drosos along with his enthusiastic staff prepare several Greek specialties all made in-house from the finest, freshest ingredients available.

Plaka Grill  |  www.plakagrill.com
513 W Broad Street, Falls Church, VA  |  703-319-3131
110 Lawyers Road NW, Vienna, VA  |  703-319-3131
Plaka Grill  |  www.plakagrill.com

Open seven days a week for lunch and dinner.
WE OFFER CATERING SERVICES TAILORED TO YOUR SPECIAL EVENTS.
CALL US AT 703-319-3131
RAOUCHE CAFE
Merrifield | Middle Eastern | $5
Don’t be fooled by the store front, this is one of the best restaurants if you are a Middle Eastern dining enthusiast. Grape Leaves, Lebneh, Falafel, just about everything is terrific. One our favorite spots—(a favorite for grape leaves!) Say “hi” to Hussein!
2839 Gallows Road | 703.205.9099
www.raouchecafe.com

SEA PEARL
Merrifield | Asian | $$$
The inspired creativity of Chef Sly Liao and the trend setting design of Studios Architecture create Northern Virginia’s most memorable dining experience. Sea Pearl’s menu includes seafood, salads, pasta, poultry, steak and more. Treat yourself to a great brunch on the weekend or early evening offerings during the week.
8191 Strawberry Lane | 703.372.5161
www.seapearlrestaurant.com

TED’S BULLETIN
Merrifield | American | $$
A family restaurant in the heart of Merrifield, Ted’s Bulletin offers conventional and classic American fare, including breakfast all day. Great bakery items to go, especially the Pop Tarts. The latest from the Matchbox Food Group.
2911 District Ave | 571.830.6680
tedsbulletinemerrifield.com

TRIO GRILL
Merrifield | American | $$
A signature cigar lounge, outdoor patio, and dining room await you at TRIO Grill. TRIO combines urban sophistication with the casual cool of a neighborhood grill. The menu offers delicious options from signature steaks to seasonal seafood, classic cocktails, and an extensive wine list.
8100 Lee Highway | 703.992.9200
www.triomerrifield.com

TRUE FOOD KITCHEN
Merrifield | American | $
With a wide selection of vegan, vegetarian and gluten free options, everyone can enjoy True Food Kitchen. The basis for the anti-inflammatory diet they advocate is to make you feel better, live longer and be happy while enjoying the salads, pizza, seafood entrees, and those to-die-for “Natural Refreshments.”
Mosaic District 2910 District Avenue, #170
571.326.1616 | www.truefoodkitchen.com
**AMPHORA**

*Vienna | American | $$$*

For over 40 years Amphora Restaurant, a landmark in Vienna, has been serving an extensive menu featuring authentic European and American flavors and offerings along with award-winning desserts and pastries. Open 24-7, you can enjoy breakfast, lunch and dinner any time of day as you comfortably meet with friends, family or coworkers.

377 Maple Avenue West | 703.938.7877

www.amphoragroup.com

---

**ANITAS**

*Vienna | Mexican | $$$*

This local chain has offered New Mexico style Mexican food in the D.C. area for nearly 40 years. Anita's offers breakfast, lunch, and dinner.

521 E. Maple Ave. | 703.255.1001

www.anitascorp.com

---

**BAZIN’S ON CHURCH**

*Vienna | American | $$$*

Set on historic Church Street in the heart of Vienna, Bazin’s on Church continues to exceed the expectations of the town’s discriminating diners. Chef Patrick Bazin’s modern American cuisine is simply extraordinary. Stop in for a drink at the bar or a delicious meal in their comfortable and casual dining area. Reservations are strongly recommended.

111 Church St. | 703.255.7212

www.bazinsonchurch.com

---

**BJ’S BREWHOUSE**

*Vienna | American | $$*

Located in the heart of Tysons Corner, BJ’s is the ultimate place to unwind after a long day. Start off with avocado egg rolls, Thai shrimp lettuce rolls, calamari, or try their wings or flatbread pizzas. BJ’s is known for their variety of signature deep dish pizzas, burgers, sandwiches, and light menu. Of course, you can’t forget their handcrafted beer.

8027 Leesburg Pike | 703.356.7305

www.bjsbrewhouse.com

---

**BRIX & ALE IN THE SHERATON**

*Vienna | American | $*

Diners can choose an old-school favorite or try a modern take on classic comfort food, while wine enthusiasts will marvel at their state of the art wine preservation system that allows guests to sample different wines from numerous vineyards. Brix & Ale also features handcrafted cocktails which are artfully prepared with the freshest ingredients.

8861 Leesburg Pike | 703.448.1234

www.brixandale.com

---

**CAFÉ RENAISSANCE**

*Vienna | French | $$*

Café Renaissance is an elegant restaurant in the true sense of Parisian tradition that is Vienna’s most sophisticated dining experience. Try Escargot Bourguignonne; Medallions of Monkfish with garlic, mushroom & white wine sauce; or Maryland Style Crab Cake with beurreblanc sauce. Visit Café Renaissance for the most romantic dinner in Northern Virginia.

163 Gymndon St SE | 571.938.3311

www.caferenaisance.com

---

**CHEF GEOFF’S**

*Vienna | American | $$*

The Tyson’s Corner location of Chef Geoff Tracy’s restaurant chain offers a gluten free as well as regular menu, plus a bacon bar with bacon nachos and chocolate pretzel cake with salty bacon. Businesspeople can be seen dining or enjoying a drink during lunch hour and dinner. Chef Geoff’s also offers a Sunday brunch and kid’s brunch.

8045 Leesburg Pike | 571.282.6003

www.chefgeoff.com

---

**CHIMA BRAZILIAN STEAKHOUSE**

*Vienna | Brazilian | $$$*

Chima offers traditional Brazilian churrasco of more than 15 rotisserie meats, including filet, lamb, chicken, sausage, and fish. The salad bar also offers Brazilian and American staples. Bring the family along for a unique dining experience.

8101 Towers Crescent Dr. | 703.639.3080

www.chima.cc

---

**CLYDE’S OF TYSONS CORNER**

*Vienna | American | $$$*

Clyde’s offers authentic American dining with a menu featuring locally grown produce, hormone-free beef, and desserts made in-house. This restaurant, located in an Art deco-inspired setting, features a brunch menu, bar menu, and raw bar.

8332 Leesburg Pike | 703.734.1901

www.clydesoftysons.com

---

**I-THAI**

*Vienna | Thai | $*

Taste authentic Thai cuisine and sushi, where quality is never compromised at i-Thai in Tysons West. I-Thai has a delicious selection of Thai dishes served in a buffet-style format. Their talented chefs’ extensive knowledge and expertise are able to transform each dish into a delightful experience with the boldest and most genuine flavors possible using the perfect blend of herbs and spices.

8607 Westwood Center Dr. | 703.992.7921

www.i-thairestaurant.com

---

**MAGGIO’S**

*Vienna | Greek-Italian | $$$*

Specializing in Greek and Italian cuisine with American favorites, Maggio’s offers award winning Mediterranean selections such as Greek Festive Rotisserie Chicken, classic gyros, souvlaki, moussaka, pita wraps, and falafel, as well as their popular marinated flame broiled lamb chops, and Italian specialties. Committed to healthy eating, they use only the freshest, high quality ingredients and cooking methods.

21 Maple Ave E | 703.938.7777

www.maggiovienna.com

---

**MAPLE AVE**

*Vienna | American | $$*

Maple Ave Restaurant serves eclectic American cuisine in the heart of Vienna, blending American with Asian, Latin American, and French flavors and techniques. Ranging from fresh-grilled Bronzini to homemade Carnival Funnel Cake served with vanilla bean ice cream.

47 Maple Ave W | 703.319.2177

www.mapleaverestaurant.com

---

**NEIGHBOR’S RESTAURANT**

*Vienna | American | $$*

A great place to watch soccer, football or basketball games. Featured games can be seen on their huge screen, visible from just about any seat in the restaurant. Enjoy karaoke on Friday and Saturday nights. The restaurant’s ambiance is relaxed and the service is professional, bringing the best Persian and American cuisine experience possible.

262 D Cedar Lane | 703.698.8010

neighborsrestaurantva.com

---

**NEISHA THAI**

*Vienna | Thai | $$*

Come discover for yourself a gem of an experience, tucked away from the chaos of Tysons Corner. Neisha Thai’s elegant dining room and bar area features treasures from Thailand itself. Embedded in the exquisite gold leaf walls are glittering gemstones, serving as the backdrop for each decadent dish the menu has to offer. Just like each gem has its own unique attributes, so does each dish, with flavors often tantalizing in their unique combinations or comforting in their familiarity.

8027 Leesburg Pike #110 | 703.883.3588

www.neisha.net

---

**TASTE OF TYSONS**

*Vienna | Greek-Italian | $$*

Specializing in Greek and Italian cuisine with American favorites, Maggio’s offers award winning Mediterranean selections such as Greek Festive Rotisserie Chicken, classic gyros, souvlaki, moussaka, pita wraps, and falafel, as well as their popular marinated flame broiled lamb chops, and Italian specialties. Committed to healthy eating, they use only the freshest, high quality ingredients and cooking methods.

21 Maple Ave E | 703.938.7777

www.maggiovienna.com

---

**VIVATYSONS.COM**
NOSTOS
Vienna | Greek | $$
Presenting a fresh take on Greek cuisine, Nostos offers fresh food in sharing-sized portions. Try one of their 50 different wines from different regions of Greece to complement your lunch or dinner. The menu showcases new and traditional Greek dishes, as well as fresh fish from the Mediterranean Sea.
8100 Boone Blvd. | 703.760.0690
www.nostosrestaurant.com

PALADAR LATIN KITCHEN & RUM BAR
Vienna | Spanish | $$
Paladar offers a delicious array of Latin comfort food including six different kinds of soft tacos such as slow braised duck, roasted pork, or blackened fish. Larger plates include Grilled Skirt Steak Churrasco and “Ocho Hora” braised short rib. And if you like rum or tequila, you’ve come to the right place! Choose from a selection of 50 rums and 15 tequilas.
1934 Old Gallows Rd, Suite 110 | 703.854.1728
www.paladarlatinkitchen.com/locations/tysons-va

PAZZO POMODORO
Vienna | Italian | $$
Now open in the Danor Plaza in Vienna, Pazzo Pomodoro Pizzeria Cantina offers a Neapolitan inspired menu of made-from-scratch dishes that represent a modern, but traditional cuisine. In the words of Executive Chef Raffaele Mastromarino “Pazzo Pomodoro represents a different concept offering more authentic Italian meals.”
118 Branch Road SE | 703.281.7777
pazzopomodoro.com

PEKING EXPRESS OF VIENNA
Vienna | Chinese | $$
Love, love, love! Peking Express offers outstanding selections for lunch and dinner. Combination platters include egg roll and choice of soups, authentic appetizers, chicken, shrimp, beef, and pork selections, plus the fried rice or lo mein is to die for!
103 Center Street N #107 | 703.281.2445
www.peking-express.com

PLAKA GRILL
Vienna | Greek | $$
Established in 2007, the award-winning Plaka Grill offers authentic Greek cuisine in a cheerful cozy setting. Chef/Owner Peter Drosos along with his enthusiastic staff prepare several Greek specialties which are all made in-house from the finest, freshest ingredients available. The made-from-scratch signature “Plaka Gyro” is available exclusively at Plaka Grill in Vienna. New location now in Falls Church at 513 W Broad St.

RISTORANTE BONAROTI
Vienna | Italian | $$
Warm and romantic, Bonaroti’s is a favorite of Italian fine dining patrons. Enjoy an extensive wine list and culinary creations made of the freshest and finest ingredients from Italy. There is everything from calamari to antipasti dishes and entrees of seafood, veal, and lamb.
428 Maple Ave E. | 703.281.7550
www.bonarotirestaurant.com

SAKURA JAPANESE STEAK HOUSE
Vienna | Japanese | $$
Steak, seafood, and sushi are the name of the game at this Japanese steak house. The Hibachi grill produces seafood, chicken, and steak entrees and sides. There is a separate section for those only ordering sushi. For a traditional Japanese steakhouse experience, go here.
8369 Leesburg Pike #10 | 703.356.6444
www.sakurasteakhouse.com

SHAMSHIRY
Vienna | Persian | $$
Shamshiry offers a taste of authentic Persian cuisine, from rice dishes to kabobs to vegetarian entrees. The Zereshk Polo offers rice studded with tart red currants, and the Chelo Kabob Shamshiry was previously prepared and served in the Shamshiry restaurant in Tehran.
8607 Westwood Center Dr. | 703.448.8883
www.shamshiry.com

SUNFLOWER VEGETARIAN RESTAURANT
Vienna | Vegetarian | $$
Sunflower Vegetarian Restaurant has two locations: Vienna and Falls Church. This award-winning restaurant offers vegetarian and vegan entrees, sandwiches, soups and salads as well as Asian-style dishes.
2531 Chain Bridge Rd. | 703.319.3888
www.crustyflour.com

TYSONS BAGEL MARKET
Vienna | American | $
Bagels boiled and baked the traditional way, crusty on the outside, soft and chewy on the inside. Choose from one of their many fresh-baked varieties with a shmear of several cream cheeses. A full breakfast menu along with a long list of deli and grilled sandwiches.
8137 Leesburg Pike | 703.448.0080
www.tysonsbagelmarket.com

WOO LAE OAK
Vienna | Korean | $$
Since 1946, Woo Lae Oak offers a Korean dining experience with traditional cuisine. Offerings like Bibimbap and Korean barbecue keep diners coming back. Be sure to go on Mondays for half-priced bottles of wine and on Tuesdays, Woo Lae

9917 Fairfax Blvd. • Fairfax, VA 22030 • (703) 385-5912

A Family Tradition Since 1982
The Osparitos
THE Italian Restaurant
Since 1982

9118 Fairfax Blvd. • Fairfax, VA 22030 • (703) 385-5912

Walker’s Grille
All Natural, Fresh, and Seasonal Never Tasted This Good!
6909 Metro Park Drive Alexandria, VA 22310
703-922-6200
www.walkersgrille.com

 Mention this ad and receive a FREE DESSERT with purchase of an entire meal!
Oak offers a prix fixe dinner for two.
8240 Leesburg Pike | 703.827.7300
www.woolaoak.com

**OAKTON**

**LUCIANO ITALIAN RESTAURANT**
Oakton | Italian | $$$
These family-focused restaurateurs specialize in fresh, homemade, southern Italian cooking. Known for authentic NY-style pizza, they also serve a full array of reasonably priced Italian dishes and desserts.
Hunter Mill Plaza, 2946 Chain Bridge Road
703.281.1748 | lucianoitalianrestaurant.com

**OLD PEKING**
Oakton | Chinese | $$
Specializing in Hunan and Szechuan cuisine, Old Peking opened in 1986, at which time a major restaurant critic wrote that “a beautiful flower has bloomed in Oakton.” The dining room conveys an intimate atmosphere, but carry-out and lunch delivery (within 2 miles) are also options. They will tailor their dishes to your preference, e.g., mild or spicy. Old Peking also offers catering.
Hunter Mill Plaza, 2952 Chain Bridge Road
703.255.9444 | www.oldpeking.com

**SANTINI'S NEW YORK STYLE DELI**
Oakton | American | $$
If you're looking for a good corned beef or pastrami sandwich, this is your place. Santini’s brings a taste of New York to the D.C. suburbs. Santini’s has a variety of subs and sandwiches and New York style pizzas.
2975 Chain Bridge Rd. | 703.766.6666
www.mysantinis.com

**TIGRIS GRILL**
Oakton | Middle Eastern | $$
Tigris offers all natural charcoal-grilled Middle Eastern cuisine with a Halal menu. They offer a wide variety of appetizers, salads, sandwiches and platters. All recipes are originals by Owner/Chef Moï, in particular the falafel, which is his own secret recipe.
Hunter Mill Plaza, 2946 Chain Bridge Road
703.255.5950 | www.tigrisgrill.com

**YOKO SUSHI**
Oakton | Japanese | $$$
This traditional sushi house serves rolls, noodles & other Japanese staples. Their lunch and dinner menus offer a huge sushi selection, plus appetizers, tempura, teriyaki, katsu and more.
Hunter Mill Plaza, 2946 Chain Bridge Road
703.255.6644 | www.yokosushi1.com

TASTE OF TYSONS

You can find Tysons Magazine at these locations:

Tysons Corner
Mall Information Center
Safeway
McLean Chamber of Commerce
Star-Nut Gourmet
Greenberry’s Coffee
Giant Food McLean
Long & Foster Realtor
Keller Williams Realty
Weichert Realtors
McEneaney Realty
Plastic Surgery
Sotheby’s Mclean
Dessange Paris
Remax Realty
Staybridge Suites
Anita’s Restaurant
Skorpios-Maggio’s
Maplewood Grill
Norm’s Beer & Wine
(next to Maplewood)
The Virginian Restaurant
Vienna Inn
Long & Foster Realtor
Foster’s Grill
Realtor Drugstore
Peking Express
Caffé Amouri
Plaka Grill
Bazin’s on Church
Artful Gift Shop
The Community Center
on Park Avenue
The Greek Grill
Long & Foster Realtor
Dunn Loring Post Office
Metro Dunn Loring
State Farm Insurance
Avery Hess Realtor
DMV
Coldwell Banker Realtors
Lyons & McGuire
The Olde Brogue/
Katie’s Coffee Garden
Deli Italiano
Classic Wines
The Tavern
Long & Foster Realtors
Serbian Crowns
Elite Fitness Concepts
Ireland’s Four Provinces
Long & Foster Realtor
Fairfax Realty
Clare & Don’s Beach Shack
The Dogwood Tavern
Open Kitchen
Saffron Grill
PizzaRama
Arby’s
Weichert Realtors
Elan Magazine
Studio Hair, Skin & Nails
GF Plastic Surgery

Maison Du Vin Wine Shop
Le Grand Appétit
CVS
Greenberry’s Coffee
Active Family Chiropractic
The Wine Cabinet
Lake Anne Coffee Shop
Lake Anne Community Center
Wielde Park & Ride
Whole Foods Market
CVS
Austin-Weston Cosmetic Surgery
Whole Foods Market
Nostos Restaurant
Evo Bistro
May Jewelers
Lost Dog Café
West Falls Church Metro
Stifel & Capra
Community Center, Falls Church
City Hall
The Virginian
Chesterbrook Residences
Sun Design
McLean Community Center
Oakton Vienna
Animal Hospital
Meadowlark Gardens

VIVATYSONS.COM

JANUARY // FEBRUARY 2017 • T Y S O N S  111
Megaverse Anti-Gravity iPhone Cases
www.MegaTinyCorp.com
This case sticks to windows, mirrors, whiteboards, metal, kitchen cabinets, tile, flat car dashboards and more! With a nano-suction surface and many swapable backplate colors this cover is great for hands-free use and selfies. Get rid of your embarrassing selfie stick and switch to a Mega Tiny Anti-Gravity Case!

ARC-NRG Pushup
www.ArcNrg.com
It’s that time of the year again for your resolutions. Start the right way with this revolutionary new product so you can begin burning fat, increasing strength, and building Muscle. Burn more calories in less time with this easy-to-use home solution that delivers a workout system for head to toe results using your own body weight. The only thing you have to lose is the weight itself.

Splash Tunes Pro – The Perfect Bluetooth Shower Speakers
www.FresheTech.com
 Hopefully you take a lot of showers, why not enjoy them? Splash Tunes Pro is the premier Bluetooth shower speaker on the market with unsurpassed sound quality and volume. Whether you’re trying to set the mood for a relaxing bubble bath or a wild dance party, Splash Tunes Pro gives you the freedom to play music, skip songs, increase/decrease volume, and answer phone calls all from inside your shower. This waterproof speaker is equipped with a suction cup that sticks to nearly any flat surface, so it’s always within arm’s reach. And it’s not just for the shower…use pretty much anywhere you’d worry about getting a traditional speaker system wet.

Recluse Desk
www.CB2.com
The now you see it, now you don’t small-space office that doesn’t give an inch on style. Designed by Louis Filosa, graphic brass inlays front a versatile design of mixed materials and usable space—closed it’s art/shelf, open it’s an office. Acacia wood front drops down to reveal an impromptu desk with clever tech storage. Look closely and see there’s an inside tray for storing laptops/tablets and cutouts in the back for cords and chargers. Also great in the kitchen as a recipe book/family note station.

The Laser Guided Parking Attendant
www.Hammacher.com
This motion activated parking aide guides two cars into a garage with laser-preciseness. The beam aligns with the hood/dashboard to indicate the optimal parking distance from the garage’s rear wall.
Chesterbrook Residences has served seniors with respect and dignity since 2007. From the fully independent resident to an individual seeking more assistance and support, our care and lifestyle choices are designed with you in mind. Call today to learn more about our vibrant and exciting community!
Everyone knows that the spring market is hot for selling or buying a home. But did you know that the winter months may actually be better for selling?

**Less Competition**

In the spring, a lot of inventory hits the market, and that means your listing is just one of perhaps hundreds from which buyers can choose. In the winter months, you have less competition; your house will stand out.

Be aware that the construction of new homes is projected to continue to increase in 2017, so buyers who may not have been able to find their dream home within the existing inventory will have new options to fill their needs.

**Demand is Strong**

According to the latest Realtors® Confidence Index from the National Association of Realtors (NAR), buyer demand remains very strong for most of the country. Buyers are ready, willing and able to purchase right now. People who need to move in the winter months also have more urgency. They cannot wait for the spring market, and that means your home may sell more quickly. In fact, Fannie Mae announced that they anticipate acceleration in home sales in 2017. As the spring market heats up, banks will be inundated with loan requests and closing times will lengthen.

The NAR’s Existing Home Sales Report also shows that the supply of homes for sales is still below the six-month supply needed for a normal housing market. And there is pent-up desire among buyers who may many have been waiting until after the presidential election to make a move.

**Higher Prices**

Nationally, amid tight supply, half the properties that sold in October 2016 sold at or above the listing price and were on the market 30% fewer days. Holding to the rule of supply and demand, when less inventory is available, prices go up. Be careful not to list your home at too high a price, however; you want your home to sell quickly. If it is still on the market when the spring surge arrives, it will look stale. Your Realtor® will help you find comparable properties in your area to help set an ideal price.

**It Is A Good Time To Move Up**

If you are considering moving to a larger, more expensive home, do it now. Prices are projected to rise by 5.2% in 2017, according to CoreLogic. Interest rates are also predicted to moderately rise in the next 12 months, reports Freddie Mac. Even a slightly higher purchase price or a small increase in your interest rate can have a big impact on your housing costs.

**Realtors Have More Time**

Since fewer people are listing homes, Realtors® have less inventory to show. That means they have more time available now than in the spring market when things are hopping. You will receive more individualized attention from your Realtor® and they will be able to focus more time on marketing and showing your home.

**Ready Your Home For A Winter Sale**

The way you stage your home for a winter sale differs from how you would do so in the summer months. Here are some ways you can attract buyers when it’s cold outside.

**Lower Heating Costs**

People who purchase homes in winter are concerned about heating: heating costs, heating systems and energy efficiency. Have your heating system checked and cleaned, change the filters and make any necessary repairs. In addition, weather strip leaky doors and windows, add insulation, or even install new energy-efficient windows. If you add energy-saving features, let your Realtor® know so he or she can point them out to potential buyers.
STAGE FOR WINTER

Winter months can be dark and dreary, so brighten the interior of your house with light-colored paint and white accessories. Maintain a consistent color theme throughout the home to give the feeling of brightness and space. Add touches that invoke warmth: display a beautiful afghan across a bed or chair in each room, stack wood in a fireplace, and set the table with an inviting winter centerpiece.

Since families are inside more in the winter, play up the entertaining options and focus on warmth, togetherness and family. Showcase an inviting den or family room, place a board game on a table, and lay out a buffet service with stacks of plates and fresh flowers. Remove all holiday décor and personal items; you want the home to be neutral so the new family can envision themselves living here with their own possessions.

ILLUMINATE THE EXTERIOR

Even though flowers aren’t blooming in winter, you can still bring warmth and light into your exterior decorating. Use small white outdoor lights or floodlights that illuminate the house front, and provide structural elements in the garden with benches, planters and rock walls. Don’t ignore the entryway; place urns with small evergreens or winter-hardy topiaries near the door, and hang a non-holiday wreath as a welcoming element. Show how outdoor entertaining areas can be used with a fire pit, candles and warm throws on outdoor chairs.

COZY UP AN OPEN HOUSE

Create a warm and inviting environment at your winter open house by adding a coziness factor. Light a fire in the fireplace (or gas logs or woodstove) and offer hot cocoa or hot cider and freshly-baked cookies. Turn on all interior and exterior lights, and illuminate the garden or backyard with festive twinkling lights. Clear snow and ice from driveways, walkways and paths to outbuildings, and don’t forget to clear dangerous icicles from the eaves. Ensure that parking spaces are available in front of your home.

Armed with all these reasons and ways to sell in winter, maybe listing your home now isn’t such a bad idea.

AUTHOR: Linda Barrett is a Realtor with Keller Williams Capital Properties and has worked in the real estate industry for more than 30 years.

RISE TO PERFECTION

Sunrise Orthodontics provides to our patients the self-confidence needed to make stunning first impressions: a beautiful unique smile. Dr. Calkins provides the finest personal care in the area utilizing advanced digital technologies to customize your diagnosis and treatment plan. The trust bestowed upon us by you, allows us to improve the orthodontic health of your whole family. Let the world experience your smile, self-confidence looks good on everyone!

Patient’s Choice Winner 2015

AREAS OF EXPERTISE
Orthodontics for Children and Adults
TMJ Treatment & Diagnosis with MLS Laser Therapy
Orofacial Myofunctional Therapy (OMT)
Insignia™ Invisalign™ & Invisalign Teen™
Lingual & Aesthetic Clear Braces
Cleft Lip & Palate Repair
Sleep Apnea Treatment

Member of American Association of Orthodontists
American Cleft Palate Association
American Academy of Dental Sleep Medicine
Northern Virginia Dental Society
Piper Education and Research Center
The Dawson Academy

11490 Commerce Park Drive, Suite 430, Reston, VA 20191
703.476.3969 • sunrise-orthodontics.com
As owner and president of Dunhill Builders, Barry Schwartz relies on more than two decades of experience in residential land development, construction and management in the Washington, D.C. area.

When he started Dunhill Development in 2002 and Dunhill Builders later in 2011, he made a commitment to provide clients with unique and special homes, designed to meet the highest standards of design, quality and workmanship.

“The lots we ended up with were bigger and in nicer locations than what we originally planned, so we started doing things the way I would have done if I was building my own home,” Schwartz says. “We just kept saying yes to all these exceptional ideas, such as hidden bookcases and heated tile floors. There are other people in town who do nice things, but we get raving reviews from people who come see our houses.”
One of those exceptional homes currently on the market is 208 Tapawingo Road, SW in Vienna. With seven bedrooms, and 7.5 baths, the 7,440-square-foot (finished square feet) home sits on a 15,876-square-foot lot in an ideal corner-lot location.

Priced at $1.797,800, the home is still one of the least expensive houses per finished square foot on the market in Vienna, and its intrinsic value is thanks to a lot of high-end choices, finishes and bonuses.

The gourmet kitchen is large with a separate counter space and breakfast area. It features the latest appliances, including two Thermador dishwashers, a 48-inch range with six burners and a griddle and separate cabinet-sided refrigerator and freezer towers. As you walk from the kitchen to the dining room, there’s a wine fridge and glass cabinets with under cabinet lighting. A pantry has an extra-large bonus fridge with icemaker.

It offers plenty of room with seven bedrooms—each with its own bathroom—and if needed, part of the living room can be closed off, creating an eighth bedroom and full bath. There’s also a media room, office, game area, rec room and exercise room.

Outside, it has two garages that fit a total three cars (the single can be wired for an electric car charger. There’s also a sundeck that’s perfect for enjoying the bountiful yard.

The house is walking distance to Vienna’s bustling downtown, close to the community center and plenty of walking and bike paths.

In addition to this property, another great home Dunhill is ready to market is 503 Kramer, a 5,900-square-foot home on a 19,213-square-foot lot. It offers five large bedrooms, five-and-a-half baths, and beautiful architectural design. It’s priced at $1.749 million.

For more information, visit www.dunhillcompanies.com. Use www.buildwithdunhill.com for direct link to the building company instead.
SELECTED AREA LISTINGS

1018 DESALE STREET, VIENNA, VA 23180

$1,635,000


Ginger P. King
ginger.king@cbmove.com
Direct: 703.477.8793
Office: 703.938.5600
“When Experience Counts”

GLYNDON FLATS

– “Live/Work Condos” in TOWN OF VIENNA!!
– 6 Live/Work Condos — Mixed Use in a Quite & Beautiful Residential Neighborhood
– Steel & Concrete Construction; Bldg Elevator
– 2 BR + Study, 2 Baths, 9-1/2 Ft Ceilings, Balconies

Subject to Final Approval from Common Interest Community Board.

IN THE TOWN OF VIENNA

Ginger P. King
ginger.king@cbmove.com
Direct: 703.477.8793
Office: 703.938.5600
“When Experience Counts”

1018 DESALE STREET, VIENNA, VA 23180

$1,635,000


Ginger P. King
ginger.king@cbmove.com
Direct: 703.477.8793
Office: 703.938.5600
“When Experience Counts”

Coldwell Banker is a registered service mark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Operated by a subsidiary of NRT LLC.
CLASSIC STONE FALLS CHURCH HOME

Casey Margenau
www.margenau.com
Direct: 703.827.5777
Office: 703.442.8600

FALLS CHURCH, VA
$1,039,000
Classic stone Falls Church home completely renovated down to the wiring and plumbing. 1st floor master with grand bath & walk-in closet addition. All wood floors, new baths, new state of the art kitchen with granite, two-tone cabinets and stainless steel appliances. Main level laundry, 3 beds upper level, walk up attic and lower level rec-room with fireplace. Lower level bedroom and bath. 2 car detached garage. A must-see!

CLOSE TO METRO!

The Belt Team
www.TheBeltTeam.com
www.BeltTeamRealEstate.com
Office: 703.242.3975

VIENNA, VA
$998,900
Beautiful custom colonial, built by award-winning Sekas Homes, in fabulous Vienna location. This home offers decorative finishes which create an added level of detail and architectural interest. 3 finished levels with 5 bedrooms, 4 full & 1 half baths, two-story entry, angled wood staircase, attractive moldings & pillars, gleaming hardwood floors, a fabulous gourmet eat-in kitchen, spacious owner’s suite. Even a finished lower level with rec room, wet bar, exercise room, bedroom & full bath (perfect for an in-law/au pair/guest suite). Outdoor details include professional landscaping, back deck & fully fenced-in back yard. Ideal for commuters, in the Thoreau/Madison pyramid and close to many amenities!
SELECTED AREA LISTINGS

CUSTOM LIVING

MCLEAN, VA
$1,899,000
5 BR / 5.5 BA custom home sited on .46 acres. Built by Westbrook Homes with attention to detail throughout. Stone and slate front porch, professionally landscaped, designer lighting package, premium HVAC package and hardwired for security system on all LL and main level windows and doors. Anderson insulated windows throughout and high efficiency heating and cooling systems. Honed granite countertops in kitchen with top of the line appliances, kitchen island with sink, seating and additional dishwasher. Family room with coffered ceiling, MBR suite with tray ceiling and mood lighting. Expansive LL with BR/BA, bonus room and built-in custom bar area. Custom mud room, attached 2 car garage and additional detached 2 car garage.

PRIVATE LIVING

MCLEAN, VA
$2,595,000
Custom, quality built home in the highly sought after community of The Reserve. 5 BR / 5 FBA / 2 HBA private home with 3 spacious levels and expansive outdoor entertaining areas. Sited on 1.15 acres with flagstone rear patio with pool and hot tub. Lower level features spacious recreation room, sun room, media room, game room, storage, full bedroom with en-suite bathroom. High ceilings throughout offering natural light. Gracious Master Bedroom suite with sitting room/office area, expansive “his and hers” walk-in closets, and en-suite bathroom. Each bedroom, throughout, has en-suite bathrooms. Main level offering library, living room with conservatory, family room and expansive kitchen with sun room. Custom plantation shutters on all three levels. Private gated driveway with three car garage. No detail has been overlooked in this exquisite home!
VIENNA, VA
$1,492,000

Stunning and fabulous new custom home by Dunhill Builders! Wonderful handcrafted details throughout this four-level home on a quiet cul-de-sac. Large open kitchen, main level library, luxury master suite, extended closets, two fireplaces and finished lower level. Six bedrooms each with their own private bath. Over 1/3-acre. Delivery in early spring. Photos of Similar Home.

Mark Goedde

c: 703-850-8129
w: 703-790-1990
markgoedde@lfn.com
www.markgoedde.com
“Making It Happen”

Build Your Dream Home with Dunhill Builders

Dedicated Project Management. Solid Construction. Exceptional Value and Customizing Flexibility. That is the Dunhill Difference.

At Dunhill, you are our priority. We adapt to your needs, budget, style and family in every way possible. Always focused on design, function, material, use of space and value. We are constantly offering innovative ways to make your home unique and fit your family and your use.

2512 Drexel Street
Vienna, VA 22180
Phone: 703.573.9329
info@BuildWithDunhill.com
www.BuildWithDunhill.com
Second owners often find that important parts of an otherwise perfect house have been “built-out” in ways that limit new uses.

Eric and Melissa Howell—each starting their second marriage—saw plainly that the 2,400 square foot lower level of the home they had recently purchased near Leesburg was not designed with their lifestyle preferences in mind.

For starters, there’s the small stage apparently built to support theatrical productions; a storage room created to hold half a dozen dog cages; a wall of “builder-grade” cabinets inadequate for refined display purposes; a pentagonal-shaped bar equipped with amenities the Howells don’t especially want.

Interestingly, the newlyweds had held their wedding ceremony in the lower level, but attention soon turned to remodeling other parts of the nearly 5,000 square foot house.

In the ensuing years, as the children moved-on, the lower level remained mostly overlooked.

“We didn’t use any of it except the gym,” Melissa admits. “There was no ambiance, and didn’t know what we wanted to do with it.”

All of that changed when the Howells met with Sun Design Remodeling, a Burke-based remodeling firm with a diverse and widely-regarded design team.

“They really helped us see the possibilities,” Eric recalls. “They offered us several alternatives for every issue we wanted to address. This allowed us to clearly assess options and get a better idea of what we really wanted.”

In the big picture, the Howells envisioned a suite of interconnected spaces that would satisfy everyday relaxation needs yet also serve as an elegant venue for socializing with friends and extended family.
The plan’s broad outlines came together quickly. The interior design would undergo a complete upgrade. The design should accommodate the objets d’art Eric had gathered in his travels around the world. There should be a comfortable gathering spot for enjoying of state-of-art electronic entertainment, but also designated areas to play pool or shuffle board.

CONTINUED ON PAGE 124

(At left) Howell hearth seating The Howells were seeking a casual-but-elegant design statement for the area in front of the fireplace. Sun Design’s Jon Benson built the asymmetrical shelving to house collectibles; interior designer Katie Coram proposed the tulip chairs framed by a woven rug with a metallic hide. Maximizing natural light throughout the suite was also a priority.

(Above) Pool Room A former storage room has been converted in an open niche for playing pool. The wall covering is cork veneer glazed with a metallic finish.

(At right) Howell bar The layered design for the base of the bar—a coat of Benjamin Newberg Green under a cooper-glazed latticework—lends a festive vitality to a previously nondescript corner of the room. The new space plan also created a niche for a floor-to-ceiling wine refrigerator.

The layered design for the base of the bar—a coat of Benjamin Newberg Green under a cooper-glazed latticework—lends a festive vitality to a previously nondescript corner of the room. The new space plan also created a niche for a floor-to-ceiling wine refrigerator.
The existing fireplace, now surrounded by ramshackle shelving, would remain a focal point, yet the interior design scheme—and the decor—needed a much more sharply defined personal aesthetic.

The footprint for the bar would be reworked to create space for a floor-to-ceiling wine refrigerator and cabinetry.

Since a pair of doors on the rear elevation is the only source of natural light, the designers proposed an “open” plan comprised of well-articulated activity zones within a visual continuum.

“We had lots of ideas on design details, but weren’t sure how to put them together into a working whole” Melissa Howell recalls.

Enter Sun Design’s lead designer Jon Benson and interior designer Katie Coram.

Benson, a veteran remodeler who has published several books on woodworking and holds an MFA from Rhode Island School of Design; would be the project’s point person in shaping the new space plan; Coram, who holds a BFA in interior design and is an allied ASID (American Society of Interior Designers) member would execute design research, and accompany the Howells on shopping trips.

“We really benefited from Katie’s useful eyes and attitude,” Melissa says. “She kept us focused on finding a coherent look that embraces our personal sensibilities and tastes. The success of this phase accounts for why we feel so comfortable in the new space.”

While the bar configuration, for instance, remained unchanged, Coram’s elevated design treatment presents a dramatic contrast to the bland parameters of its predecessor.

To reinvigorate a non-descript corner of the room, Coram developed a layered design for the base of the bar—contrasting an undercoat of bright Benjamin Moore Newberg Green with an eye-catching Arabesque latticework finished in metallic copper glaze.

The new foot rail is also cooper-hued. The duo-tone treatment to the bulk-heading, “uba tuba” bar surface and light gray walls, likewise, reinforce a carefully balanced composition that stands in bold relief against the soft maple flooring that unifies the entire lower level.

To create square footage for back bar cabinetry and a small refrigerator, Benson deleted an unneeded second door to the gym and relocated the sump pump. He also designed-in space for an 800 bottle wine refrigerator.

**FORMAL SEATING**

The formal seating area in front of the fireplace required thoughtful consideration to new wall elevations aimed at unifying several critical design elements.

From the outset, Eric wanted “cubbies” to display his widely-varied collectibles; he had also sweetened the mix with a copper-framed vertical water feature on a slate base which he wanted mounted above the fireplace.
The effect needed to be "crisp and elegant." Four white tulip chairs on a woven area rug provide a quite spot to sip champagne and toast friends.

“The rug is layered with a metallic hide—which complements the cork wall paper on the other side of the suite,” Coram says. “We’re exploring mixed materials. Metals, natural textures. Leather and cork.”

To display a cornucopia of art pieces that includes a pre-revolutionary Russian samovar, a middle eastern copper plate, and woven baskets, Benson developed an asymmetrical shelving system that presents each object as an isolated point of interest within a broader composition. Recessed puck lights provide pointed illumination. The water feature can be turned off and on.

Benson also designed the post-modern hearth: here, a rough-hewn solid cedar board picks up highlights from the water feature’s copper frame.

**ENTERTAINMENT CENTER**

Designing the electronic entertainment zone entailed several phases. Beneath the abandoned proscenium, Benson found a damaged floor which he was able to repair, partly by reusing wood from the stage. In the next phase, Benson and team collaborated with another contractor to install the projector television with 110” screen.

A floating six foot console below the screen was designed to hold a DVD and CD collection. An existing leather couch on an area rug functions as a space divider, preserving floorspace between the entertainment zone and the bar.

The 15’ x 19’ storage room formerly used to house dog cages is now an open niche occupied by a regulation-sized pool table. The wall covering is cork veneer glazed with a metallic finish. A copper and capiz-shell ELK lighting fixture over the table provides needed illumination, and an appropriate style statement.

Eric says the elegant new lower level has satisfied every requirement.

“We’ve had super bowl parties for 20 or so, and it’s been very comfortable and festive.”

Melissa adds, “We now use the downstairs every night now. Just walking into the new space gives me a lift.”

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm also maintains an office in McLean.

FOR INFORMATION: 703.425.5588 or www.SunDesignInc.com

**AUTHOR:** John Byrd has been writing about home improvement topics for 30 years. He can be reached at byrdma@gmail.com.net or www.HomeFrontsNews.com.
The Kensington promises to love and care for your family as we do our own

Opening in Falls Church Early 2017

Our beautiful assisted living and memory care residence is well on its way toward completion! We can’t wait to officially open our doors to welcome residents, their families and friends.

To those who have already chosen to entrust us with the care of loved ones, thank you. To those we haven’t met yet, we look forward to the time when we do. Our own families make our hearts full, but we have plenty of room for yours. Stop in for a visit, and tell us what you need to help keep the seniors you love safe, secure, well, and most of all, happy. We’re eager to deliver on our promise to love and care for them as we do our own.

The Kensington
An Assisted Living Community

Falls Church
703.992.9868
www.TheKensingtonFallsChurch.com
700 West Broad Street, Falls Church, VA 22046

PETS WE LOVE

SHAYNA
Owner: Kitty Timmes

DEXTER THE KILLER KITTY
Owner: Nancy Preston

ZIPPY THE PINHEAD
Owner: Nancy Preston

IS YOUR PET READY FOR THEIR CLOSE-UP?
SEND PHOTOS TO ARTICLES@VIVATYSONS.COM.
Discover our area’s finest and learn what sets each apart as a top leader in their field of expertise.

The following Greater Tysons professionals are highly trained and known for their quality service.

**Dentistry**

**DRS. CHRISTOPHER AND FAVAGEHI**
313 Park Ave, Suite 103
Falls Church, VA 22046
703.237.3700

**DR. GEMA ISLAND**
1500 Cornerside Blvd, Suite 310
Tysons Corner, VA 22182
703.790.1320

**DR. FARSHAD AND BITA FARHOUMAND**
1500 Cornerside Blvd, Suite 500
Tysons Corner, VA 22182
703.625.6229

**DR. ADAM FILALI**
8605 Westwood Center Dr, Suite 200
Vienna, VA 22182
703.942.8442

**Dr. Sanae Berrada**
7641 Leesburg Pike
Falls Church, VA 22043
571.982.8680

**Dr. Geith Kallas**
8310-A Old Courthouse Rd.
Tysons Corner, VA 22182
703.356.0250

**Dr. Allen S. Garai**
427 Maple Ave W
Vienna, VA 22180
703.281.4868

**Dr. Rodney S. Mayberry**
112 Pleasant St, NW, Suite H
Vienna, VA 22180
703.281.2111

**Dr. Christopher E. Bonacci**
361 Maple Ave. W, Suite 200
Vienna, VA 22180
703.255.9400

**Dr. Lilliana Calkins**
11490 Commerce Park Dr, Suite 430
Reston, VA 20191
703.476.3969

**Dr. Allen S. Garai**
427 Maple Ave W
Vienna, VA 22180
703.281.4868

**Dr. Sanae Berrada**
7641 Leesburg Pike
Falls Church, VA 22043
571.982.8680

**Dr. Geith Kallas**
8310-A Old Courthouse Rd.
Tysons Corner, VA 22182
703.356.0250

**Dr. Allen S. Garai**
427 Maple Ave W
Vienna, VA 22180
703.281.4868

**Dr. Rodney S. Mayberry**
112 Pleasant St, NW, Suite H
Vienna, VA 22180
703.281.2111

**Dr. Christopher E. Bonacci**
361 Maple Ave. W, Suite 200
Vienna, VA 22180
703.255.9400

**Dr. Lilliana Calkins**
11490 Commerce Park Dr, Suite 430
Reston, VA 20191
703.476.3969

**Dr. Michael T. Gocke**
7601 Lewinsville Rd, Suite 203
McLean, VA 22102
703.388.2805

**Drs. Neil & Susan Flenniken**
8300 Boone Blvd, Suite 140
Vienna, VA 22182
703.691.5760

**Cosmetic**

**Dr. Dima Ali**
1801 Robert Fulton Dr, Suite 540
Reston, VA 20191
703.787.9866

**Dr. David E. Berman**
14 Pidgeon Hill Dr, Suite 100
Sterling, VA 20165
703.406.2444

**Dr. Dennis Faludi, M.D. FABOS**
8150 Leesburg Pike, Suite B20
Tysons Corner, 22182
703.992.7979

**Dr. Phillip J. Chang**
19500 Sandbridge Way, Suite 350
Leesburg, VA 20176
703.729.5533

**Finance**

**Rose Price, CFP, AIF**
8391 Old Courthouse Rd, Suite 203
Vienna, VA 22182
703.356.4360

**DENTISTRY FUN FACTS**
In 1816 one of Sir Isaac Newton’s teeth was sold in London for $3,633, or in today’s terms $35,700. The tooth was set in a ring!

**Cosmetic FUN FACTS**

**Finance FUN FACTS**
$1 bills wear out in about 17 months. Bills of larger denomination last longer because they are used less. Several billion notes per year are currently being printed. To keep up with demand, the Bureau of Engraving and Printing (with locations in Washington, DC and Fort Worth, Texas) often keeps its currency presses running day and night.
**Dr. Sanae Berrada, DDS**

**TYSONS DENTAL ESTHETICS**

Dr. Berrada graduated from dental school in 1997 and spent two years working in private practice. She then joined a post-graduate program in orthodontics at New York University, where she was awarded a certificate in orthodontics and remained as a teaching fellow the following year. Afterwards she spent two years in a general practice residency at the Berkshire Medical Center, a TUFTS University affiliate Hospital in Massachusetts.

In 2007, Dr. Berrada joined a large group practice in Virginia Beach, becoming one of their lead dentists.

Dr. Berrada brings over 15 years of clinical experience and a bright, vibrant personality to her work. She also has a wide variety of up-to-date skills and experience with today’s newest technology. Throughout her career, she has had extensive training in orthodontics, dental implants, cosmetic, and general dentistry. She is committed to providing the best possible dental care in our community.

Continuing education is one of Dr. Berrada’s passions. She has taken several courses from Dr. Frank Spear of the Seattle Institute for Dental Education, and she studied implant dentistry at Columbia University in New York. She is also a preferred Invisalign provider and offers clear aligners as well as conventional braces to improve her patients’ smiles and oral health.

★★★★★

“Dr. Berrada is, by far, the most qualified, caring, detail oriented dentist that I have ever seen. I have been a patient for 5 years at her practice and have seen her for the past 5. I can’t tell you how thankful I am to have her performing my dental procedures. She is very concerned with your level of comfort, the overall service being delivered and the finished product. I am very satisfied with her and the TDE staff.”

– Ivan O.

**7641 Leesburg Pike**

**Falls Church, VA 22043**

**571.982.8680**

**www.tysonsdentalesthetics.com**

---

**Dr. Gema Island**

**ISLAND CHILDREN’S DENTISTRY**

When you enter, you’ll be greeted by a colorful salt-water aquarium, iPad stations with video games, and kids-only areas and music. Dr. Gema Island is a pediatric dentist, but most importantly, Dr. Gema is a mother first. She knows that as scary as it may be for your child to go to the dentist, it’s no less scary for the parents. She’s therefore dedicated to providing the highest quality of dental care in the most gentle, positive and enthusiastic manner possible.

**1500 Cornerside Blvd., Suite 310,**

**Tysons Corner, VA 22182**

**703.790.1320**

**www.islandchildrensdentistry.com**
**Dr. Chong W. Lee**

GALLERIA DENTAL AESTHETICS

After receiving his DDS degree in 1983 from the Medical College of Virginia, Dr. Lee pursued his passion for dentistry at the Las Vegas Institute for Advanced Dental Studies (LVI), a world-renowned post-graduate center for aesthetic and neuromuscular dentistry. He won top case for Mac Veneer, and was awarded Mastership at LVI for the exceptional quality of his cosmetic cases. Dr. Lee has been consistently voted Top Dentist by his peers.

It was this passion for dentistry that led him to continue his education at the Las Vegas Institute for Advanced Dental Studies (LVI). Dr. Lee is a graduate of this world-renowned post-graduate center for aesthetic and neuromuscular dentistry. His unique ability to create outstanding smiles not only impressed his patient base but also caught the attention of LVI leaders. As a result, he now holds the prestigious title of Regional Director of LVI.

★★★★★

“Dr. Lee is great. He took a lot of time explaining the process and showing me before and after photos. It was unlike any exam I’ve ever had. We decided on a full-mouth reconstruction and I feel and look so much better. I truly love my smile more than ever. And, once Dr. Lee adjusted my bite, it turned out I didn’t need the root canal after all! I feel more confident in business and when I go to social events.”

— Actual Patient

1600 Tysons Blvd., Suite 120
McLean, VA 22101

703.448.1020
www.LeeOhDDS.com

**Dr. Allen S. Garai**

GARAI ORTHODONTIC SPECIALISTS

Dr. Garai has been practicing orthodontics for more than 15 years, and is privileged to have created thousands of individualized beautiful smiles. He has at least 15 years of experience in Invisalign® and been recognized as a “Elite Provider” in 2014 and 2015. Dr. Garai has been teaching orthodontics, covering clinical and didactic studies, at Children’s and Washington Hospital Center’s orthodontic departments.

INVISALIGN, INVISALIGN TEEN, ORTHODONTIC TREATMENT FOR CHILDREN AND ADULTS, LINGUAL BRACES, ACCELEDENT® AURA, CORRECTIVE JAW SURGERY

427 Maple Ave, West
Vienna, VA 22180

571.483.8954
www.BracesVIP.com
Dr. Rodney S. Mayberry, DDS
MAYBERRY DENTAL

Recently Elected Honored Fellow of the American Academy of Implant dentistry, Dr. Rodney Mayberry graduated from the Dental School of the Medical College of Virginia and has taken over 2700 hours of continuing education. Areas of Practice include prosthodontics, orthodontics, dental implantology, oral surgery, cosmetic dentistry and computerized dentistry. A diplomat of the Prestigious ABOI and Fellow of the AAID and member of the ADA and AGD, Dr. Mayberry has over 37 years of experience bringing life changing smiles to thousands in our area and award “Top Dentist” by numerous area publications. The Honored Fellow designation is awarded to those members of the AAID, through their professional, clinical and research/academic endeavors, have distinguished themselves within implant dentistry.

DENTAL IMPLANT TREATMENTS

AREA'S OF CONCENTRATION
- CEREC CAD-CAM
- SEDATION
- IMPLANT DENTISTRY
- ALL-ON-4 DENTAL IMPLANTS
- DENTURE IMPLANTS
- PREVENTATIVE THERAPY BONE GRAFTING

EXCEPTIONAL DENTISTRY
- ORTHODONTIC TREATMENT
- PERIODONTAL TREATMENT
- FIXED AND REMOVABLE REPLACEMENT TEETH
- COSMETICS
- DIGITAL SMILE MAKEOVER
- 10 STEP PROCESS
- WHITENING
- VENEERS

★★★★★
“I don’t even know where to begin to thank you for my new smile. The physical change is amazing, but the mental change within me has truly changed my life. I am constantly talking to people and I no longer have a fear of opening my mouth because of my not-so-pretty teeth. Your staff is so professional but personal as well. Thank you, Dr. Mayberry, for my new smile!”

–ARTHUR DUHAIME

112 Pleasant St. N.W., Suite H, Vienna, VA 22180
703.281.2111
www.MayberryDental.com

Drs. Neil & Susan Flenniken
MONARCH DENTISTRY

Comprehensive, Comfortable, and Caring Dentistry best describes the extraordinary level of knowledge and care you will find at Monarch Dentistry in Vienna. Doctors Neil Flenniken and Suzan Rismanai-Flenniken are both N20 and Laser certified and involved with the prestigious Las Vegas Institute for Advanced Dental Studies. Using today’s most advanced technologies including Laser, N20, IV Sedation, and 3-D Cone Beam Technology, patients can be assured that the services offered are performed at optimum levels of excellence.

NEUROMUSCULAR DENTISTRY, INVISALIGN, IMPLANT RESTORATION, VENEERS, TEETH WHITENING, CROWNS & BRIDGES, ORTHODONTICS

8300 Boone Blvd, Suite 140, Vienna, VA 22182
703.691.5760
www.monarchsmiles.com
Dr. Phillip J. Chang, MD

**AESTHETICA**

Dr. Phillip Chang is a Board Certified plastic surgeon practicing plastic surgery, cosmetic surgery and laser surgery in the Loudoun County area.

Dr. Chang grew up in the Washington metropolitan area. After graduating from the University of Rochester School of Medicine, he completed his general surgery training at the prestigious Loma Linda University Medical Center in Southern California, where he was fortunate to train with prominent cosmetic surgeons in Newport Beach and Beverly Hills. Dr. Chang then returned to the University of Rochester where he completed an Accredited Fellowship in Plastic and Reconstructive Surgery.

Dr. Chang has given talks nationally on his research and insights on topics ranging from post-trauma facial reconstruction to abdominal wall reconstruction. In addition to developing the HARMONY minimal scar facial rejuvenation procedure, he has taught the technique of Transaxilly Hidden-scar Breast Enlargement as well as the Arcus Marginalis Release technique for cosmetic eyelid surgery to local plastic surgeons.

Dr. Chang has dedicated his efforts at Aesthetica to offering a unique plastic surgery experience to his cosmetic patients. At Aesthetica, minimally invasive cosmetic procedures are emphasized in a facility that blends spa-style pampering and state-of-the-art cosmetic surgery.

★★★★★

"The bags are gone, and I love my face. Dr. Chang, Angie, Karen and his entire staff are pleasure to work with. They are kind, very efficient and professional. Everything went seamlessly. Dr. Chang is a true artist. Never for a moment do I doubt him. I love the way I look, my husband and all my friends tell me how good I look. I highly recommend Dr. Chang. He is skillful, talented, trustworthy and fantastic cosmetic surgeon."

Dr. Dima Ali

**WELLMEDICA AESTHETIC & ANTI-AGING MEDICINE**

Dr. Dima has a 15 year history of proven excellence in her field and doctors come to WellMedica to learn how to use the latest technological innovations. Dr. Dima, known for treating many of Washington DC’s political elite, attended The George Washington School of Medicine, is Board Certified by the American Board of Laser Surgery, a Fellow of the American Academy of Laser Medicine and Surgery and is a Faculty Member of the American Society of Cosmetic Physicians. She is also a key opinion leader for several leading technology companies and is a regular contributor to Life and Style Magazine.

Aesthetic Laser Surgery, Skin Tightening/Body Shaping, Vaginal Rejuvenation, Bioidentical Hormone Implants, Fat Grafting, Neurotoxins, Soft Tissue Fillers

19500 Sandbridge Way, Suite 350, Leesburg, VA 20176
703.729.5553
www.GoToBeauty.com

1801 Robert Fulton Drive, Suite 540, Reston, VA 20191
703.787.9866
www WellMedica.com
Rose Price, CFP®, AIF®
VLP FINANCIAL ADVISORS

Rose is a certified financial planner (CFP) practitioner, a partner at VLP Financial Advisors, and a board member of the Financial Planning Association (FPA). She believes that strategic planning is the key to creating, protecting, and growing wealth. Rose works with individual and corporate clients to create well-designed financial plans and investment strategies and is committed to helping local people reach their financial goals and realize their dreams.

Investment advisor representatives offering securities & advisory services through Cetera Advisor Networks LLC, member FINRA/SPIC. Cetera is under separate ownership from any other named entity.

Financial Planning
8391 Old Courthouse Road, Suite 203, Vienna, VA 22182
703.356.4360
www.VLPFA.com

Bita Farhoumand, DDS, Dr. Farshad DDS and Dr. Fotini Chrisopoulos, DDS
AVANTI DENTISTRY

AVANTI Dentistry has served the DC Metropolitan Area since 1977 and takes great pride in dentistry being a family tradition. They are committed to serving their patients with honest, high-quality, gentle, and affordable care using state-of-the-art technology.

AVANTI’s goal is to improve the oral and overall health of their patients. They have all dental specialists in one location who work together to achieve personalized, quality, and long lasting results for every person. AVANTI looks at the big picture! No more bouncing around to different offices. They will save you time and money. AVANTI takes care of all your and your children’s dental needs. They have hours as early as 8am and as late as 6pm, and are even open on Saturdays.

★★★★★ “The entire office at Avanti is amazing. Every time! My whole family goes there and I recommend them to everyone we know. Thanks guys!”
–Claudia R.

★★★★★ “Fantastic staff and wonderful dentistry practice. They front desk is very courteous and always explains everything going on. Dr Farshad is a talented dentist. I had a crown done here that is basically invisible. I highly recommend these guys. They won’t up sell anything unnecessary and will do a great job on anything you do need done.”
–Benjamin Absher

1500 Cornerside Boulevard, Suite 500, Vienna (Tysons), VA 22182
703.625.6229
www.avantidentistry.com
Dr. Adam Filali
DENTAL BRIGHT

Dr. Adam Filali is a world-renowned prosthodontist with over 20 years of private clinical practice, focused on Cosmetic Dentistry, Family Dentistry and Full Mouth Rehabilitation. He provides complete and exceptional dental care using innovative technology to ensure ultimate comfort and safety, plus quality dental materials for long lasting results. Dr. Filali has been spreading his knowledge and passion for dentistry and Prosthodontics by teaching as a Clinical Assistant Professor at Boston University since 2009.

IMPLANT DENTISTRY, KIDS DENTISTRY, INVISALIGN, DENTAL CLEANING, PORCELAIN VENEERS, TEETH WHITENING, SEDATION DENTISTRY, ROOT CANALS

8605 Westwood Center Drive, Suite 200, Vienna, VA 22182
703.942.8442
www.tysons dentalbright.com

D. Dennis Faludi, M.D., FABOS
AESTHETIC MEDICAL CENTER

Dr. Dennis Faludi has decades of experience in reconstructive and microsurgery, with additional training in advanced facial aesthetic procedures. Dr. Faludi’s expertise in the delicate techniques required for working with small vessels and nerves, soft tissue and bone flow naturally into aesthetic medicine. He now uses his surgical skills to perform minimally invasive cosmetic treatments, including injectable neuromodulators and dermal fillers, and laser therapy for a variety of skin and vascular conditions over the face, hands, and body. To ensure the highest quality of care, he will work personally with you from your initial consultation through your treatments and follow-up visits.

BOTOX COSMETIC, DERMAL FILLERS, FACIAL REJUVENATION, HAND REJUVENATION, SPIDER VEINS, LASER HAIR REMOVAL, TMJ DYSFUNCTION, ROSACEA, SUN DAMAGE, BROWN SPOTS

8150 Leesburg Pike, Suite B20, Tysons Corner, VA 22182
703.992.7979
www.aestheticmedctr.com

Dr. Daniel Han & Dr. Sooyeon Ahn
HAN & AHN DMD, PC

Drs. Daniel Han and Sooyeon Ahn are experts in the fields of preventative care, restorative and cosmetic dentistry, fixed prosthodontics, periodontics, and implantology. Dr. Han & Dr. Ahn have designed their practice to meet all your dental needs in a comfortable environment with a team of specialists. Dr. Han is dual-certified in implantology and periodontal prosthetics, as well as periodontics, by the University of Pennsylvania. Dr. Ahn specializes in the field of orthodontics.

DENTAL IMPLANTS, PERIODONTAL TREATMENT, ORTHODONTIC TREATMENT, INVISALIGN TREATMENT, FULL-MOUTH RECONSTRUCTION

6845 Elm Street, Suite #450 McLean VA 22101
(703) 356-7001
www.McLeanDMD.com
**Drs. Christopher and Favagehi**

**DRS. CHRISTOPHER, FAVAGEHI & TRABOULSI**

Drs. Christopher, Favagehi, and Traboulsi are board-certified specialists with prominent academic, clinical, and research backgrounds. They have met the challenges of new advances in technology in their field and implemented them successfully in a specialty office. Their ability to prevent tooth loss, replace missing teeth with implants, and restore receding gum or bone around teeth have been enhanced by new scientific advances and innovations. These include: lasers, molecular growth factors, computer-guided implant surgery, and bone and soft tissue grafts. If you are in need of services from a periodontist, ask your dentist about Dr. Christopher. She is a nationally recognized leader in innovative gum graft procedures.

- **NON-SURGICAL PERIODONTAL TREATMENT, COSMETIC SURGICAL PROCEDURES, DENTAL IMPLANTS, MAINTENANCE, GUM GRAFTING, DIGITAL CT SCAN, ADVANCED TECHNOLOGY**
- **313 Park Avenue, Suite 103**
  Falls Church, VA 22046
  703.237.3700
  www.drperio.com

---

**Dr. David E. Berman**

**BERMAN COSMETIC SURGERY AND SKIN CARE CENTER**

Dr. David E. Berman is a University of Virginia, fellowship trained, board certified plastic surgeon in the United States and Canada. With over 25 years of experience, Dr. Berman has received recognition for his integrity, safe practices, and natural looking results. In 1993, he also received international fame when he reattached John Wayne Bobbitt’s famous missing genital. Dr. Berman was voted 2016 Top Real Self Doctor.

- **SCULPSURE, SAMILYPO, BREAST AUGMENTATION/REDUCTION/LIFT, TUMMY TUCK, LABIALPLASTY, BLEPHAROPLASTY, BOTOTOX, FILLERS, FAT TRANSFERS, FULL ESTHETICS INCLUDING MICRONEEDLING, LASER HAIR REMOVAL, LASER TATTOO REMOVAL AND CHEMICAL PEELS**
- **14 Pidgeon Hill Drive, Suite 100, Sterling, VA 20165**
  703.406.2444
  www.bermancosmeticsurgery.com

---

**Dr. Liliana Calkins**

**SUNRISE ORTHODONTICS**

Dr. Calkins is dedicated to providing patients with the highest quality and technology in orthodontic care. As an internationally trained orthodontist, she holds two degrees in dentistry and orthodontics. Dr. Calkins is a continuous student, and has access to the best training centers in her specialty, such as the elite Dawson Academy and The Piper Research and Education Center. Dr. Calkins successfully combines the latest technology in her field with her education to better serve the oral health needs of her patients.

- **ORTHODONTICS FOR ADULTS, TEENS AND CHILDREN, TMJ DIAGNOSIS AND TREATMENT, SLEEP DENTAL MEDICINE, JAW SURGERY, DROGICAL MYOFUNCTIONAL THERAPY**
- **11490 Commerce Park Drive, Suite 430, Reston, VA 20191**
  703.476.3969
  www.sunrise-orthodontics.com
Dr. Michael T. Gocke  
**VIRGINIA ORAL, FACIAL & IMPLANT SURGERY**

Dr. Gocke excels in treating patients who need improvement of their dental and facial esthetics. Placing dental implants, bone grafting, facial trauma & reconstructive surgery, facial plastic surgery and corrective jaw surgery are his areas of expertise. Dr. Gocke is Board Certified by the American Board of Oral and Maxillofacial Surgeons and practices in McLean, VA.

Dr. Gocke devotes his years of experience by attending trauma situations in local hospital emergency rooms and providing his elite surgical training to the families of Virginia to renew the joy and function of their smiles and faces. He stands out among his peers as the current President of the Virginia Society of Oral and Maxillofacial Surgeons and actively serves on the medical staff at local Virginia hospitals saving smiles and faces for individuals who suffer car accidents and severe facial and oral trauma. With certification from the American Board of Oral and Maxillofacial Surgeons, he performs surgical procedures beyond the capabilities of a regular dentist. He also volunteers his skills for athletes and youths at local high schools and community leagues.

★★★★★
– Gisela

**SERVICES:**
- DENTAL IMPLANTS
- TEETH-IN-A-DAY
- WISDOM TEETH
- OUTPATIENT ANESTHESIA
- CORRECTIVE JAW SURGERY
- FACIAL TRAUMA + RECONSTRUCTION
- SLEEP APNEA SURGERY
- PEDIATRIC ORAL + FACIAL SURGERY

**TECHNOLOGIES:**
- IN OFFICE CT SCANNER
- LASER SURGERY

7601 Lewinsville Road, Suite 203, McLean, VA 22102  
703.388.2805  
www.DrGocke.com

---

**Christopher E. Bonacci, DDS, MD  
ORAL & MAXILLOFACIAL SURGERY**

Dr. Christopher Bonacci has been practicing Oral and Maxillofacial surgery in Northern Virginia since 1998. He has been Board Certified by the American Board of Oral and Maxillofacial Surgery. Dr. Bonacci has served as Chairman of the Department of Oral and Maxillofacial Surgery, Division of General Surgery, at the Reston Hospital Center. Dr. Bonacci was inducted as a Fellow Into The American College of Dentists at the 2006 Annual American Dental Association meeting, an honor that only 2-3% Dentists nationwide receive. He received his medical and dental degrees and completed general surgery and oral surgery residencies from Columbia University.

**SPECIALTIES:**
- DENTAL IMPLANTS, BONE GRAFTING, WISDOM TEETH, IV SEDATION, ORAL PATHOLOGY, FACIAL TRAUMA, TMJ, ORTHOGNATHIC SURGERY, COSMETIC SURGERY, PLATELET RICH PLASMA, UNDER ARMOUR MOUTH GUARD

361 Maple Ave West, Suite 200  
Vienna, VA 22180  
703.255.9400  
www.drbonacci.com
Senior citizens can get lonely and many don't participate in the social media world to stay in touch with friends and loved-ones. A great way to make a senior happy is to pair him or her with a pet.

Dogs are a great companion for a senior citizen, providing them with day-to-day love and company when the family cannot be there. For elderly pet owners, who often live alone or in group facilities, pets can increase social interaction and physical activity and help them learn: a new pet can stimulate someone to read up on an animal or breed, which can be very mentally stimulating and important at that age.

It’s also been found that interaction with pets can lower blood pressure and cholesterol levels, decrease depression and even ease the pain of losing a loved one.

A recent study published in the Journal of the American Geriatrics Society revealed that independently living seniors with pets tend to have better physical health and mental well-being than those who don’t.

Of course, there are some important considerations when choosing a dog for the over-60 crowd, as you have to make sure the dog and the new owner are a match.

According to the American Pet Association, when choosing a dog for a senior in your family, an already trained older dog is a better bet than a puppy. You should also think about the energy level and the mobility of the potential owner.

There are many different breeds suitable for seniors of all activity levels. For seniors who consider themselves “outdoorsy,” a sporting or herding breed that thrives in an outdoor setting would be a good match. For those who like to stay in, smaller, smooth-coated breeds that enjoy the shelter of a home and constant companionship is the dog for them.

Beagles, most experts agree, are great for seniors because they’re small and relatively low-maintenance dogs. They are fun, incredibly intelligent and therefore easy to train. They are also fairly independent, which helps a senior who may not have the same energy every day.

Even those seniors living in assisted living communities are now adopting dogs. Many will welcome the residents’ pets as long as they meet certain conditions, and some even offer community dogs so all the residents can share in the joy and not have to worry about the responsibilities themselves.

For some seniors, the fear of not being able to provide the proper care, training, and exercise may keep them from experiencing the comfort and companionship of dog ownership, but with simple planning and homework, it’s easy for a senior to open their heart to a canine companion.

Keep in mind that dogs live very much in the here and now—they don’t worry about tomorrow—and tomorrow can be very scary for an older person. If having an animal with that sense of now, it tends to rub off on people.
Live life to the fullest in the heart of the Shenandoah Valley, the foothills of the Blue Ridge Mountains, or the warmth of small town living.

Enjoy a few days at one of our Life Plan communities and see for yourself if Sunnyside Communities is right for you. Plan your complimentary Staycation* today.

*Certain restrictions may apply.

www.sunnysidecommunities.com
On May 10, 2015, a crowd of people were cheering with excitement outside the Potomac Yards Petsmart. It was the arrival of Wolf Trap Animal Rescue’s first rescue transport. The concept of “Animal Rescue” for Northern Virginia residents would forever be changed by the sight of a large white cargo van and the sound of 40 barking puppies. “It’s a moment I’ll never forget,” says Dr. Amber Burton, Wolf Trap Animal Rescue’s full-time Veterinarian and co-founder. “We had driven all night to Mississippi, loaded up 40 puppies from a shelter, and drove straight back,” she says. “All of the fosters were so excited to pick up their rescue puppy, despite what poor shape they were in. That’s the moment we realized we could actually do this.”

When asked if she always wanted to work in animal rescue, Dr. Burton will tell you no. Her passion was teaching shelter medicine and surgery. However, her experiences from working in high-kill animal shelters in Mississippi laid the foundation for the beginning of Wolf Trap Animal Rescue (WTAR).

As a Resident at Mississippi State University’s Veterinary College, Dr. Burton would travel with veterinary students on a mobile surgery unit, teaching and performing up to 30-40 surgeries daily at local animal shelters. What impacted Dr. Burton was the discovery of what was happening to the animals once the mobile unit would leave the shelter. “We would come back to the same shelter the next week only to learn that majority of all the puppies and kittens - ones we had spay and neutered the week before - were euthanized for space. There simply aren’t enough homes for all the puppies,” she says. “When I relocated to NOVA, I noticed an entirely different situation here. Plenty of people wanted to adopt, but there were few opportunities for people to adopt and rescue a shelter puppy.”

In May of 2015, with the encouragement of two friends, Kim Pettit & Jesse Marsh, they co-founded the WTAR, becoming a 501(c)(3) nonprofit with the mission of rescuing animals at risk of euthanasia.

“There’s no rescue organization that tries to focus on providing an opportunity for people to adopt a rescue puppy,” she says. “There’s so many of these puppies that are put down every day. One of our biggest accomplishments is the drop in the euthanasia rate by over 50% in one of our partner shelters,” she says. “Instead of them mass euthanizing all of the pets for space, they call us for an emergency transport.”

By Keith Loria

The Importance of Wolf Trap Animal Rescue

In May of 2015, with the encouragement of two friends, Kim Pettit & Jesse Marsh, they co-founded the WTAR, becoming a 501(c)(3) nonprofit with the mission of rescuing animals at risk of euthanasia.

“There’s no rescue organization that tries to focus on providing an opportunity for people to adopt a rescue puppy,” she says. “There’s so many of these puppies that are put down every day. One of our biggest accomplishments is the drop in the euthanasia rate by over 50% in one of our partner shelters,” she says. “Instead of them mass euthanizing all of the pets for space, they call us for an emergency transport.”
In a short year and a half, the group has successfully rescued and adopted more than 1,400 dogs and 100 cats, all saved from euthanasia. Dr. Burton attributes a lot of their success to her veterinary training. “Puppies take a lot of work, and we require all of our puppies to go through a mandatory two-week quarantine to make sure they aren’t being adopted with life-threatening illnesses. The cost of veterinary care is astronomical to treat these diseases,” she says. “Although it is long hours and many sleepless nights, I can minimize a lot of those costs that other rescue organizations would otherwise have to incur.”

When the transport arrives on Sunday mornings, there are over 30 volunteers ready and waiting to help with intake. Directed by Dr. Burton, this process involves many biosafe check-stations where puppies are vaccinated, medicated, microchipped, and assigned to a foster. Each volunteer must wear new gloves and isolation gowns between animals to eliminate potential spread of disease. After intake, fosters arrive and take their assigned animal(s) home.

WTAR has recently signed a lease on a 4,400-square-foot empty warehouse in Merrifield to serve as a facility for both rescue operations and future veterinary hospital. The facility will provide the required spay-neuter services to each rescue animal before adoption as well as provide immediate care for puppies that become ill.

The organization is currently launching a capital campaign for corporations and local businesses to obtain naming rights and sponsorships at their new facility. A local Vienna business, J.D.A Custom Homes, is currently volunteering their time as the General Contractor for the project. “The rescue desperately needs sponsors and money to help with build-out of the new facility,” says Dr. Burton.

The campaign is hoping to raise $500,000 to provide the foundation for WTAR to expand their operations and save even more animals at risk of euthanasia.

For those interested in fostering, volunteering, or contributing to the cause, visit www.wolfrapanimalrescue.com or email at foster.adopt@wtarescue.com.
Area Memory Cafes

A monthly gathering of individuals with memory loss along with their caregivers in a safe, supportive, and engaging environment.

**Fairfax Area Memory Café**
4th Tuesday, 1-3pm,
Providence Community Center
3001 Vaden Drive, Fairfax
Contact: Carol Blackwell
571-236-6933
lovriver@aol.com

**Herndon Memory Café**
4th Monday, 2:15-4pm
Herndon Senior Center
873 Grace Street, Herndon
Contact: Pat Williams
703-904-3994 x103

**Sterling Memory Café**
2nd Saturday, 12-2pm,
Galilee UMC, Youth Center
45425 Winding Road, Sterling
Contact: Tim Frank
703-299-5622
tim@acesemb.com

**Reston Memory Café**
2nd Tuesday, 1-3pm,
Reston Community Center
2310 Colts Neck Road, Reston
Contact: Karen Brutsche
703-476-4500
karen.brutsche@fairfaxcounty.gov

**Insight Memory Café**
1st Wednesday, 2-4pm,
Insight Memory Care Center
3995 Pender Drive, Suite 100, Fairfax
Contact: Christi Clark
703-204-4664
Christi.clark@insightmcc.org

**MemoryCafe4U**
1st and 3rd Thursday, 2-4pm,
Andrew Chapel UMC
1301 Trap Road, Vienna
Contact: Carol Blackwell
571-236-6933
lovriver@aol.com

**Life at Arleigh Burke**

EXCELLENT QUALITY CARE WITH THE RESPECT AND DIGNITY YOU DESERVE

Our intimate assisted living floor, Arleigh Burke Pavilion at Vinson Hall Retirement Community, promotes a sense of family amongst the residents and the Pavilion employees and volunteers who help with daily activities. Assisted living residents enjoy the best of both worlds: residents are free to do as they please and create their own schedule.

- Studio, One- or Two-bedroom Apartments Available
- On-site Physical, Occupational and Speech Therapy
- Dedicated Team of Professionals

**Contact Us Today!**

703-536-4344
6251 Old Dominion Dr., McLean, VA 22101 • www.arleighburke.org

Independent seniors who are commissioned military officers and their immediate family, as well as government workers of an equal rank from select agencies.
What Life Is Like at Brightview Great Falls...

It is a full day to look forward to.

Rediscovering favorite pastimes. Sharing meals with friends. Enjoying the privacy to hear yourself think.

Brightview Great Falls is filled with people who are comfortable, who feel at home, who are rejuvenated and gain the energy to pursue their passions.

An appreciation for possibilities – rather than limitations – is the focus.

Everyone enjoys Brightview.

Residents are engaged in a full calendar of intellectual and cultural pursuits, sports and exercise, music, art and travel.

Mom and Dad enjoy themselves and are no longer isolated in a house that has gotten to be too much.

Everyone sleeps better at night.

Please call Carolyn to schedule a personal visit.

703-759-2513

10200 Colvin Run Road • Great Falls, VA 22066
Ed Skidmore can’t remember a time when he wasn’t fascinated by music. Born in Boston, he and his family moved to Grand Rapids when he was two, around the beginning of the depression. His family had a “living room radio” that received Chicago stations and every morning he heard fine classical music, but every three minutes the music was interrupted by a time hack. Skidmore jokes that it was years later that he found out that music did not include interruptions every three minutes.

He later obtained some 78rpm recordings which were sold with a turntable that could be played through a radio. These included the great music like Beethoven’s Fifth Symphony, the Nutcracker Suite, and more. Skidmore was in love with this music and quips that he “played those records till you could hear the other side coming through.”

As a band student in high school he tried trombone, “I was awful,” but he got hit in the mouth with a clarinet case after one performance and that was the end of his trombone playing. Sitting in band class shortly thereafter with nothing to do, the teacher suggested that he go straighten up the storage room, where he found a bass fiddle and within 10 minutes knew that’s what he wanted to do with his life. As bad a trombone player as he was, he took to this instrument right away. There was no one to teach him so he got a lesson book and taught himself. Within two months he was playing first chair in the orchestra. (“Which simply tells you how bad we were,” he adds.)

Skidmore loved playing all kinds of music in various groups that needed a bass fiddle – from the Lansing (MI) Orchestra to the high school dance band where he even made a little money. He always says that he has had a lot of luck, just like finding the bass in the storage room. “It’s funny how these things work out. I have never initiated anything. Someone or something has always shoved me in this way or that.”

Skidmore entered the University of Michigan in 1947 with the idea that maybe someday he could play in a symphony orchestra. Friends and teachers were appalled. Music simply was not a sought-after profession. Everyone was negative including two high school teachers who advised him that “if you insist on following this path, you’ll ruin your life with drink and drugs.” Skidmore says today, “Not yet.”

He continued until his junior year when he grew unhappy with a department decision to place him in the education school. One night he was invited to play in Detroit with an amateur orchestra and they ended up inviting him to tour Scandinavia with them for six weeks. He quit school, called his folks to tell them, and for some reason his dad became his greatest supporter.

He did finish his degree after his return. He even went on to complete a graduate degree over the next two years. As he was finishing up, an old friend who was the head composer for the Air Force band, invited him to Washington to audition. (Right place, right time again?) Skidmore got the job and spent five seasons touring with the band.

Upon completing his service with the Air Force, he auditioned for the National Symphony Orchestra, was hired, and spent the next 36 years with the NSO. He speaks fondly of his career there, playing under the direction of Howard Mitchell, Antal Dorati, and Mstislav Rostropovich. He speaks fondly of them all. Of Rostropovich, he tells the following story:

At the orchestra’s very first rehearsal, someone asked, “Maestro, how do you want this section to be played?” Feigning indignation, Rostropovich replied, “What is this ‘maestro’ s**t? If I’m expected to know your names, I expect you to know mine. It’s Slava!” And from that moment on, that’s what he was called.

“Part of the adventure of playing for the NSO was seeing the orchestra grow. Much like a ball team, an orchestra gets better over time – not just the players but also the audience, the venue, the touring, the management – everything gets raised up to a better standard, getting edged up bit by bit.”

At the end of Rostropovich’s departure from the NSO, Ed Skidmore decided it was time to retire, at least from the daily grind of a symphony orchestra. He was 65 and would be able to look after his aging mother.

Since then he plays with anyone who needs a journeyman bass player. A regular engagement is with the City of Fairfax Band which performs several times a year in the area.

“How your life fits together and what cockamamie things have tipped you in this direction or that is a mystery, and in my case, it all started with getting hit in the mouth by a clarinet case.”

---

**Ed Skidmore**

**MUSIC IS STILL HIS PASSION**

---

**BY HUBIE CRAM**
In our maintenance-free environment, your loved ones enjoy life at their own pace through engaging activities promoting physical and spiritual well-being based on individual abilities and group interests.

Our award-winning layout provides the safety, comfort, and freedom which allows residents to move freely through continuous walkways and numerous courtyards to enjoy safe outdoor experiences.

With a highly-trained, personable staff and a calendar of events, you can be sure our residents get the most out of life. Residents of the Renaissance Program can enjoy home-cooked lunches and dinners in our Compass Rose Café.

We designed the Renaissance Program at The Sylvestery specifically for those in the early phases of memory impairment.

The Sylvestery Memory Support
Vinson Hall Retirement Community
1728 Kirby Road, McLean, VA 22101
WWW.VINSONHALL.ORG

Contact us for a tour today!
703-538-2975

The Sylvestery Memory Support is open to the community and does not require any military affiliation.
Cabin Fever Diversions
By Molly Stoopler

With the cold winter months in full force, it can be difficult to get the whole family out of the house for some fun. The usual outdoor haunts seem unappealing, but staying in all the time can make everyone a little restless. Here are some great ideas for activities you can do, even when there’s snow on the ground, to bring a little warmth to your loved ones.

Alamo Drafthouse Cinema
20575 Easthampton Plaza, Ashburn, VA 20147
drafthouse.com/ashburn

Alamo Drafthouse Cinema is a great way to watch your favorite movies in style, with large screens and an award winning menu. The theater believes strongly in its “rules for watching movies” policy, so there is no talking, texting, or cellphone use allowed. This is to guarantee the perfect film experience for those who want to have a movie environment free from interruptions. You can also reserve your favorite seats online in advance, to ensure you get your ideal viewing angle. The menu features brunch items for shows starting before 2pm, as well as pizza, salads, burgers, sandwiches, and entrees. Alamo Drafthouse Cinema also boasts beer, wine, and a complete selection of liquor to accompany your movie. Of particular interest are the “Adult Shakes”—delicious boozy concoctions sure to please the palate. General admission to the cinema starts at $12 a ticket for all shows after 4pm.
Have you ever wanted to go skydiving without any of the fear or risk associated with jumping out of an airplane? iFly is the place you’ve always dreamed of. “Bodyflight” is a new sport that has arisen from the newfound availability of wind tunnels. At iFly, the experience of skydiving is simulated by floating in a contained wind tunnel that gives you a consistent flight experience. First time flyers will be accompanied by a trained flight instructor who will guide you through the entire experience. The whole affair lasts around an hour and forty-five minutes, which covers your check in time, training session, flight, and a debrief afterwards. iFly is great for kids and adults alike, as anyone over the age of 3 is welcome to take part. There is even a flight viewing deck available so that family can watch the participant during their flight session. As your skills progress, you can sign up for coaching from their team of dedicated instructors who will design a training program to help you hone your abilities. The flight experience starts at $79.95 for 2 flights per person for a first time flyer, which includes all the equipment rental—flight suit, goggles, and helmet.
Escape The Room
406 Elden Street,
Herndon, VA 20170
(571) 306-2279
www.escaperoomherndon.com

Escape the Room is the perfect indoor activity for the puzzle enthusiast this winter. Escape the Room has a dedicated team of puzzle builders who have crafted four different rooms for you and a team to escape from, using your wits and puzzle-solving skills. Each team has sixty minutes to find their way out of a locked room, with various puzzles all revolving around a unique storyline. The Supervillain room lets you become a superhero for an hour and break into the lairs of four different supervillains to save the city from destruction. Mindtrap has a story evocative of Silence of the Lambs, where you must escape your imprisonment by a cannibalistic doctor before dinner time. The spooky Cursed Crypt asks you to solve the mystery of your surroundings and escape the crypt before ill befalls you. Dreamscape, the most difficult puzzle, has you race against the clock to recover a stolen technology that allows people to enter the dreams of others. Public games, which run Thursday and Friday nights, and all day Saturday and Sunday, are $28 a person, and reservations for a timeslot for you and your group can be made online.
Looking for a fun way to go to the driving range even when the weather has turned chilly? Top Golf provides climate-controlled, infrared-heated hitting areas, replete with seating for six people and food and drink service. Top Golf boasts a number of different games you can play, as a beginner or an expert, to hone your golfing skills. Golf balls at Top Golf contain a locator chip that allows you to see exactly how far you are away from your target, which helps determine your score. Top Golf provides golf clubs free of charge, and are available for men, women, and children. To play, you will need to sign-up for a $5 lifetime membership card, which will save all of your player information and previous game scores. There is an extensive food menu with everything from hors d’oeuvres to dinner entrees, as well as a full bar. Top Golf is all about getting together with friends and competing in a friendly, fun environment. Prices vary depending on the time of day, but start at $25 per hour, per bay. Each bay holds seating for up to six people.
What Are the Most Important Financial Resolutions I Should Have for 2017?

Everyone has different priorities but here are the top four I recommend:

**PROTECT YOUR ESTATE**

**Review and update your estate documents.** The primary purpose of a will is to ensure that your assets are distributed to whomever you choose, in the amount and manner that you choose. You may also want to consider establishing a living revocable trust. A trust is an agreement between the grantor (the person who establishes and funds it) and the trustee, who administers it. If you have a living trust you can leave all of your assets to the trust when you die, which can then be doled out by your terms through the trustee. A trust avoids the probate process and allows the heirs access to the trust assets more quickly.

**Check your credit report.** A more recent development in protecting your estate is monitoring your credit report for fraud and identity theft. You can retrieve a free report from www.annualcreditreport.com from all three agencies once a year. You may also want to consider hiring a company to monitor your credit and notify you if there are any changes.

**Review your Life insurance needs.** If something were to happen to you (or your spouse) how would it affect your dependents? Make sure you have appropriate coverage and that the benefits are up-to-date.

**ASSESS YOUR RISK**

**Change your passwords.** It’s a good idea to change your financial account passwords periodically to avoid identity theft and fraud.

**Prepare for the Unexpected**

**Create an emergency savings account.** The best line of defense against unexpected events is to have a liquid cash fund that can cover at least six months of living expenses or any large, unforeseen bills that are too high to pay out of your regular monthly income.

**Evaluate your need for Long Term Care, Disability, and Umbrella insurance.** Emergencies do happen, and your financial well-being could be undermined by outsized costs that might accompany an illness or injury, job loss, or even a storm that does major damage to your home.
Optimize Your Portfolio

Consolidate your accounts. Do you have several 401(k) accounts from old employers? Multiple bank accounts? Consolidation can make maintenance and analysis easier and help lessen the risk of identity theft.

Review your Investments. Review your investments and make sure you have the proper investment mix and appropriate diversification that aligns with your goals and risk tolerance. Your Financial Advisor should be able to review your portfolio with you, or if you do not have an Advisor, many online investment accounts have built in tools for evaluating portfolio risk.

Evaluate your fees. Choosing low-cost investments and being aware of how much you are paying in fees can go a long way toward reducing the amount you pay to invest.

Create a Financial Plan

The key to long term financial success is having a plan. A financial plan provides a road map from your current financial situation to reach your future financial goals. A good financial plan will give you confidence and help you understand the steps you need to take to achieve your objectives.

A detailed financial plan includes multiple variables and strategies, covers risk management, asset allocation, tax planning, retirement and estate planning. If you have a large estate creating a financial plan can be confusing and time consuming. We recommend working with a good Financial Advisor who can help you navigate the process and keep you on track.

Author: Rose Price, CFP® AIF® is a partner at VLP Financial Advisors. She believes that strategic planning is the key to creating, protecting, and growing wealth.

Want to learn more?
Visit: www.vlpfa.com or submit your question for an advisor to info@vlpfa.com.

VLP Financial Advisors
8391 Old Courthouse Rd., Suite 203
Vienna, VA 22182

Rose Price is a Registered Representative of and offers securities and Advisory Services through Cetera Advisor Networks LLC, member FINRA/SPIC. Cetera is under separate ownership from any other named entity.
INTRODUCING

NEW FITNESS EXPERT

One to One Fitness

One To One Fitness has an impressive 30 year history in Washington DC and Northern Virginia. While it is one of our area’s crown jewels, it may also be one of our best kept secrets. “That’s fine with us,” say owners Doug Vasiliadis (40 year McLean/Great Falls resident) and Pat McCloskey (50 year Vienna resident).

“I started working in health clubs even before going to college when I was 16 years old,” says Vasiliadis. “I’ve always loved the members and loved the environment, but initially grew to hate the business. Mass marketing, high pressure sales and binding contracts were the focus. Club owners would hire a used car salesman before hiring a fitness professional with a Master’s Degree in Exercise Physiology. When my wife Helen and I opened the first One To One (Tysons Corner, 1986), our goal was to be the anti-health club. One To One has never employed a commissioned sales person, we’ve never made a single cold call, trainers had to have degrees in exercise science and we are all about service—personal training to be exact (which no one even heard of back then). No sign ‘em and leave ‘em membership sales. Instead, we listen to people, assess their needs, educate them, cultivate a long term relationship, do our best to keep them healthy and help them accomplish their objectives.”

Fast forward 30 years, personal training is now a household term and One To One has earned a national reputation both as a pioneer and as one of the most respected personal training companies in the fitness industry. Over the past three decades, One To One has trained many high profile celebrity clients such as NBA stars Sherman Douglas in the 1990’s, Jerry Stackhouse in the early 2000’s, Washington Redskins superstar quarterback Kirk Cousins who began training at One To One when he was a rookie and numerous others. However, according to Vasiliadis and McCloskey, one of the greatest things about One To One is the variety of clients of all ages and fitness levels that you will find training there. It is not uncommon to see a rising youth athlete training in hopes of earning a college scholarship, a mom training to get back into shape after having her third child, an executive training to improve his golf game or a senior citizen working on her strength and balance to remain vigorous in retirement. Many have been clients for between five and twenty five years. Vasiliadis still takes pride in the fact that One To One is unlike all other health clubs, chains and franchises.

“Not only do we have wonderful long term relationships with our clients, our trainers are also like family. Many of them have been a part of One To One for decades, which is unheard of in our industry and something we are very grateful for and proud of,” says Vasiliadis.

McCloskey, who also serves as One To One’s Director of Training and Staff Development, is equally proud of his highly talented staff and grateful for One To One’s diverse and loyal clientele.

“We don’t just implement one style of exercise. That’s the beauty of our high quality personal training. Our trainers were well educated even before we hired them. We then invest a great deal of time teaching them and helping them become expert personal trainers who know exercise science and who are capable of teaching a variety of methods and training all types of clients,” says McCloskey.

McCloskey has also served as conditioning consultant for US Women’s Soccer, consults for numerous sports teams, is a faculty member of the world famous Gray Institute and travels the country providing continuing education to fitness professionals.

One To One Fitness has locations in Washington DC and Northern Virginia. For more information, visit their website at www.1to1fitness.com.

Viva Tysons Magazine is proud to bring our readers our new Ask a Personal Trainer column so send us your exercise and fitness questions, and Doug Vasiliadis and Pat McCloskey of One To One Fitness will answer them in our upcoming issues.
You're Invited!
Dinner + Wine Event
hosted by
Dr. Hisham Barakat, DDS
of Vienna Smiles
Join us for a complimentary
dinner & educational presentation
about our newest service that
treats gum recession.

When:
Thursday, January 26
from 6:30PM - 8:30PM
Where:
Maggiano's Little Italy
2001 International Dr | McLean, VA
(703) 936-9000
RSVP by January 15th:
viennasmilesva.com/registration.html
Limited Seats Available

Dr. Barakat is 1 of 5
dentists in the state
of Virginia who is
certified in the
Pinhole Surgery Technique.

Traditionally, patients who
suffered from advanced gum
recession had only one treatment
option: surgical soft tissue grafting.
Today, a revolutionary technique
allows doctors to restore gum health
with less bleeding, discomfort, and
post-operative pain. People can go
back to work the same day.

viennaSmiles
Comprehensive Dentistry
All Under One Roof!
Cosmetic, Restorative & Preventative Dentistry, including Sedation, Implants, Invisalign, Whitening, Gum Recession
www.viennasmilesva.com
(703) 938-0212
2553 Chain Bridge Rd
Vienna, VA 22181
Mon & Wed 8am - 5pm
Tues 7am - 4pm | Thurs 8am - 7pm
Fri 8am - 12pm

fitness
ONE-ON-ONE PERSONAL TRAINING
PARTNER PERSONAL TRAINING
SMALL GROUP PERSONAL TRAINING
TRY US OUT!
NO COMMITMENT. NO PRESSURE.
JUST AN OPPORTUNITY TO IMPROVE YOUR LIFE!

www.1to1fitness.com
7900 Westpark Dr | Suite A030 | McLean/Tysons Corner, VA 22102 | (703) 848-0881
1800 Presidents St (in the Hyatt Regency) | Reston, VA 20190 | (703) 709-6100
MAX YOUTH PERFORMANCE | 1137 Walker Rd | Great Falls, VA 22066 | (703) 759-9110
METRO CENTER | 555 13th Street NW | Washington, DC 20004 | (202) 383-8765
K STREET | 1750 K Street NW | Washington, DC 20006 | (202) 452-1861

juliesnee
creative services
www.juliesnee.com
10000 Tech Ridge Blvd | McLean, VA 22101 | (703) 848-0881

juliesnee.design
Graphic Designer
DEAR COACH AMY,

I am an attractive, single, divorced gal in her late 40’s who is dating for a serious, committed relationship. I don’t have any children, and am open to dating men who do have kids. I have worked on my personal growth and feel that I am clear on the kind of guy I want. I have been on several dates with a divorced man who seems interested in me, but I just don’t know about him. I just went on my third date with him and I think I may be ready to move on. I’m just not feeling it. By the way, he tries to get a bit physical and I really am not interested in his advances. He’s not a bad guy. How do you know how many dates to give a man before you tell him you are not interested in a romantic relationship?

—Ambivalent in Annadale

DEAR AMBIVALENT,

From what I see from many of my clients, if you are not sure, then it’s not right! There seems to be a recognition or a connection fairly quickly, especially when you are clear on what you are looking for. If you were kind enough to give a nice guy a chance and to spend at least 3 dates with him, then by all means tell him that you just don’t see a love connection.

However, I wonder if you can put your finger on what is missing for you? Think about what expectations you bring into a new dating situation and what can be different about the person you are dating. When is physical affection appropriate for you? How can you communicate that you like to take it slow without hurting a guy’s ego? I do understand that many singles these days expect to get fairly physical within a couple of dates—this is as true for 60 year olds as it is for 30 year olds!

Perhaps there is a gremlin or something from your past that has been triggered. Make sure you are not bringing your old relationship baggage into your current relationship. When you look at what didn’t work in your past relationships, that will inform you on what you do need to have in order to feel fulfilled in your next relationship.

I want to make sure you are definitely not interested in this man before you toss him back in the dating sea! I do know of a client who met a man that she was not so sure about. He was clearly interested in my client. When we looked at their life goals, they were very much aligned and wanted the same things out of life.
They also seemed to have similar relationship values. However, my client was not really feeling it and was considering no longer dating him after about 3 dates.

I encouraged her to go out with a couple more times. There was no reason she could see to not date him. The more time she spent with him, the more she started to see that there was a lot of depth to him, and he started opening up to her. Some people are a bit more introverted and don’t open up as easily. They need to feel they can trust you and that takes time.

She started to feel closer to him and fell in love with him, and he was smitten with my client from the very beginning. Now they are married!

So do you need a little more time or are you sure that you don’t see a future with this gentleman? It’s not fair to drag things out if you truly don’t. That way both of you can move on and find someone who would be a better fit.

As you know deep down inside, ambivalence in love is never a good thing. You deserve to have a partner who is crazy in love with you, and you are with him.

Most people appreciate honesty in dating. That is what we can hope for.

Intentionally yours,

Coach Amy ♡

PS. The first 2 months of the New Year is the best time of the year to be looking for love! To jumpstart your dating efforts, go to www.TalkwithCoachAmy.com to set up a complimentary Meet Your Mate strategy session.

AUTHOR: Amy Schoen is a certified professional life coach and dating/relationship expert based in the D.C. area and is the author of Get It Right This Time—How to Find and Keep Your Ideal Romantic Relationship. She helps marriage-minded individuals to find and keep committed, loving relationships. www.MotivatedtoMarry.com.
McLean’s Hickory Hill was built upon ground that was part of a land grant of 2,862 acres taken out from the Northern Neck Proprietary by Thomas Lee in 1719. However, it wasn’t until 1870 that George Franklin Means Walters, the owner of 88.5 acres of the former grant, built the house near Langley Fork facing Chain Bridge Road. No streak of Puritan modesty restrained him from building the grandest house in the area. He was a master carpenter and his workmanship was not slipshod. The finished product was comfortable and welcoming. Walters also, prior to the Civil War built the Langley Ordinary in 1856 to serve as a drovers rest. It was located at Langley Fork which was just down Chain Bridge Road from his farmhouse. After the war his farmhouse was destroyed by fire and he replaced it with a magnificent dwelling on the same site. It was Walters who named the house Hickory Hill after the stately old hickory trees that once lined his semicircular driveway. Only a portion of the original 88.5 acres remain with the house today.

Over the succeeding decades, nine different families have resided at Hickory Hill: Walters, Speer, Fitch, Lyon, Rocca, Jackson, Kennedy (JFK), Kennedy (RFK) and Dabbiere. Each family brought its own personality to the home through changes and improvements. The original house built by Walters was an impressive red-brick three-story structure, built atop a knoll where his farmhouse once stood. It is thought that the bricks were made using red clay from the back of the property. At that time brick houses were uncommon in this section of Northern Virginia. The only other brick house in the immediate area was the nearby Federal-style Salona, built ca.1800. Walter’s Hickory Hill was constructed with a mansard-style roof that had dormer windows, a roofing style popular in Europe that was gaining acceptance in the United States. It even included a catwalk on top from which a person could see Georgetown, Washington City, and the U.S. Capitol building.

The Speer family purchased Hickory Hill from Walters’ heirs in 1916. They added a surrounding porch and built the stone wall in front of the house along Chain Bridge Road that remains today. In 1924, Arlington developer, Frank Lyon, purchased the home and then sold it to his business partner Charles Fitch in 1926. The Fitches did not live there long and the property was conveyed back to Lyon in 1930. The Fitches then moved to Illinois where
he became Director of Exhibits for the 1933 Chicago Worlds Fair. Lyon removed the mansard roof, gutted the house, and, with his architect Ashmead Fuller, turned it into a two-and-half story white brick colonial style residence. Lyon was also the owner of the magnificent adjacent property, the Franklyon Farm, (known today as Ballantrae) to which he transferred all but 5.7 acres from the Hickory Hill property and added them to his Franklyon Farm. Thus, Hickory Hill was significantly reduced in size. The Robert Jacksons purchased Hickory Hill in 1941 from the Roccas. In remodeling the living room they made two rooms out of one, constructed a fireplace in the dining room, installed a recreation room paneled in knotty pine, added more bedrooms, modernized the kitchen, and built a stable to accommodate at least three horses. Senator John and Jacqueline Kennedy purchased Hickory Hill in October of 1955. They did not stay long and sold Hickory Hill to his parents, Joseph and Rose Kennedy, on January 2, 1957. The Robert Kennedys moved into Hickory Hill in the spring of that year. They later enlarged the northern wing in 1963 to include a formal dining room, new living room, second floor master bedroom suite, and additional bedrooms for the children. Added to the grounds in back of the house were a tennis court, an Olympic sized swimming pool, a children’s pool, and a pool house with changing rooms and a kitchen.

Overnight Hickory Hill became a household word and, in a sense, the Kennedys put McLean “on the map.” The red front door became a McLean landmark. One only needed to say the name Hickory Hill and a vision of lots of adults and Kennedy children playing touch football came to mind. Theirs was an active life-style. From the very beginning of their residency there was constant activity whether it was in the form of tennis matches, touch football games, political events, fundraisers for charitable causes, or entertaining heads of state and other government officials. One of the earliest fundraisers, and perhaps the most memorable for Mcleanites, was the annual spring Children's Pet Show that began in 1958. Hundreds of children and their parents turned out for the event, bringing every pet imaginable. Many celebrities were present. Art Buchwald presided as the ringmaster wearing an oversized red morning coat, high leather boots and black top hat. Anything a child considered to be a pet was judged and, no matter what, every child received a prize.

Hickory Hill remained in the hands of the Kennedy family for nearly 50 years. By the time Ethel Kennedy offered the estate for sale in 2003, the house and grounds had fallen into significant disrepair. The listing price at that time was $25,000,000. The property remained on the market for over six years and had several price reductions. There were multiple issues. Hickory Hill represented a significant piece of Virginia’s history and any new construction had to be balanced with the property’s storied past. Yet, the house had never been put on the National Register of Historic Places. However, it had been placed on the Virginia Register of Historic Places, entered into Fairfax County’s List of Historic Sites, and included in the Langley Fork Overlay Historic District as a contributing property. Given the circumstances, restoring the house, grounds, and setting to their former grandeur would be a challenging balancing act of blending the old with the new.

Alan and Ashely Dabbier purchased Hickory Hill through the Hickory Hill Trust in December of 2009. They understood the difficulties they faced and spent a challenging three years to assure the success of their role as stewards of the historic nature of the property while making the home their own. The inside of the house was gutted and remodeled to accommodate everything from building code changes to the high tech innovations of today’s modern living while other elements were faithfully restored. When finished, the outside facade remained basically the same, although the south wing was enlarged and another section was added to it. The semi-circular driveway was constructed with brick pavers that surround a vehicular circle in the middle. Since its completion, the Dabbiere have generously opened the door of their home for various community and charitable events.

In summary, each succeeding family altered Hickory Hill to suit its taste, and today’s house bears little resemblance to the residence that Walters built after the Civil War. While the original house may no longer be recognizable, Hickory Hill retains the character of its historic past and preserves for McLean its storied history. Thanks to the Dabbier and their careful and thoughtful preservation and renovation efforts, Hickory Hill shall remain one of McLean’s landmark properties well into the future.
Atlantic Realty Companies of Tysons, VA (“Atlantic”) and New York-based alternative investment firm Angelo, Gordon & Co. have acquired Tysons Concourse from California State Teachers’ Retirement System (CalSTRS) for $78.8 million. Tysons Concourse consists of two Class A office buildings located near Atlantic’s headquarters in the heart of rapidly transforming Tysons, VA. CalSTRS was represented by Eastdil Secured in the transaction.

Situated just one block from the recently opened Spring Hill station on Metrorail’s Silver Line, the buildings have a total of 347,684 square feet of space and are 76 percent leased to a variety of tenants including Frontpoint Security, Konica Minolta, and MassMutual. Last year, Atlantic and Angelo, Gordon teamed up to acquire four office buildings with a total of nearly 500,000 SF of space in Reston, VA, close to the Wiehle Avenue station on Metro’s Silver Line.

Completed in 1987, the twin Tysons Concourse structures at 1593-95 Spring Hill Road are surrounded by extensive landscaping and joined by an atrium. Onsite amenities include a café, lighted basketball courts, theater-style conference center, fitness center with spa-style locker rooms, and covered and surface parking.

The Atlantic/Angelo, Gordon partnership has planned a $6 million renovation to completely update the physical building environment and amenities in order to appeal to today’s office tenant seeking to locate just steps from a key Metro stop in the new transit-oriented Tysons. The property’s lobby will be upgraded with marble flooring, a concierge desk, and interactive touchscreen directories. The front and rear entrances will feature a new curtain wall, and a Terraneo coating will update the exposed aggregate precast façade.

Part of the existing sports area will be transformed into an outdoor lounge and seating area for tenants’ use, along with an additional court for playing paddle tennis. Inside, the expansive conference facility will be upgraded with new finishes and a redesigned tenant/employee entertainment center.

“Tysons Concourse provides an excellent opportunity for us to participate further in the evolution of Tysons Corner from a suburban office enclave to a booming live-work-play transit-oriented community,” said David A. Ross, President, Atlantic Realty. “Along with our partners at Angelo, Gordon, we are very bullish on the future of this gateway to northern Virginia on Metrorail’s Silver Line.”

Christina Lyndon Winstead, Managing Director, Angelo, Gordon, added: “We are pleased to continue our partnership with Atlantic Realty and to invest in the attractive and growing Tysons, VA, market.”

Since the Silver Line opened in 2014, Tysons has grown to encompass more than 28 million square feet of office space and over 10,000 multifamily housing units, with several thousand additional units scheduled to deliver over the next two years. Already the nation’s 12th largest business district, Tysons is expected to have 100,000 residents and 200,000 jobs by 2050.
Hand Mining: One of the Toughest Jobs on Silver Line Phase 2

As work on the Dulles Corridor Metrorail Project (DCMP) progresses and Phase 2 of Metro’s Silver Line begins to take shape, some of the toughest work on the project is conducted underground, out of public sight. About 1,400 people currently are working on the project, which extends the Silver Line from the Wiehle-Reston East Station westward through Dulles International Airport and on to Ashburn.

To supply the rail line with needed utilities, such as water and electricity, project workers must tunnel beneath the Dulles Toll Road and Dulles Greenway to access the rail line in the median of those roads.

All along the project, dense rock known as diabase (granite) has challenged Capital Rail Constructors (CRC) crews attempting to dig out those tunnels. CRC is the group contracted to build the bulk of the project. The diabase is much denser than anticipated before work began. Project workers first began digging by a method called “jack and bore” using a large piece of equipment that drills horizontally through the earth without disturbing roadways. However, that process was not adequate to break through the hard rock along the rail line.

For many of the tunnels built roughly every mile along the Dulles Toll Road, CRC resorted to hand mining, an intensive process that requires workers to crawl into the tunnels and break out the rock bit by bit.

“That’s all basically on their knees,” said DCMP senior project manager Stephen Barna.

John Kearney, another DCMP senior project manager, emphasized that hand miners perform some of the most strenuous work on the job.

“Imagine crawling under your desk and digging through solid rock in that tight space on your knees for eight or more hours every day,” Kearney said. Further, it’s a job the public cannot see and therefore cannot appreciate.

“It’s an unseen and thankless piece of work,” he said. “No one understands what those miners go through. They work in more difficult conditions than most of the other trades and they have to work harder to complete these tunnels and get through their days.”

Digging the tunnels is but one part of the process. As the workers push forward – some shifts making up to 8 feet of progress, others making only 3 inches per shift – metal supports called liner panels are bolted around the tunnel and grout is used to fill in the gaps between the liner panels and rough, rocky walls. Once the tunneling is complete, utility lines or ducts are fed through the tunnel to supply the rail line with power, water and any other needed utility.

Finally, grout is poured to fill the spaces between and around the utility ducts.
At Reston Town Center Station, Capital Rail Constructors’ crews has started precast erection and backfilling at station walls.

Dulles Airport Station site. Construction of the Dulles Airport Station continues as a DCMP crew start to reconfigure the exterior of the pedestrian tunnel that will provide access for Silver Line passengers to the main terminal.

Phase 2 will add six stations to the Silver Line.

At Herndon Station near the existing Herndon Park and Ride, crews are working near the south pavilion and preparing for pedestrian bridge pier and bridge assembly continues.

At Innovation Station near Route 28 and the Center for Innovative Technology, CRC continues with precast erections, grouting, detailing, as well as masonry work. Electrical rough-in and plumbing work continues in the station. South and North Pavilion construction and pedestrian bridge pier and bridge assembly continues.

Photos courtesy of Capital Rail Constructors

At Dulles Airport Station walls are being constructed. Station Columns and cross girders are being cast. Walk Back tunnel demolition has been completed and tunnel tie-in work started.

At Loudoun Gateway Station, West of the airport along the Dulles Greenway, mass excavation for the station continues and foundation work has begun.
HOW TO SOLVE SUDOKU PUZZLES

To solve a sudoku, you only need logic and patience.

Simply make sure that each 3x3 square region has only one instance of the numbers 1-9.

Each number can only occur once in a 3x3 region. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.

**SO I WAS GETTING INTO MY CAR, AND THIS BLOKE SAYS TO ME “CAN YOU GIVE ME A LIFT?” I SAID “SURE, YOU LOOK GREAT, THE WORLD’S YOUR OYSTER, GO FOR IT.”**

Tommy Cooper.

**THE KING’S SPANIELS**

**CHARMED, I’M SURE**

<table>
<thead>
<tr>
<th>♠</th>
<th>J</th>
</tr>
</thead>
<tbody>
<tr>
<td>♥</td>
<td>10 8 7 6 3</td>
</tr>
<tr>
<td>♦</td>
<td>Q J 10 7</td>
</tr>
<tr>
<td>♣</td>
<td>A Q 6</td>
</tr>
<tr>
<td>♠</td>
<td>K Q 8 7 5 2</td>
</tr>
<tr>
<td>♥</td>
<td>A</td>
</tr>
<tr>
<td>♦</td>
<td>K</td>
</tr>
<tr>
<td>♣</td>
<td>K J 10 3</td>
</tr>
</tbody>
</table>

**WEST**  **NORTH**  **EAST**  **SOUTH**

<table>
<thead>
<tr>
<th></th>
<th>1 ♠</th>
<th>1 ♠</th>
</tr>
</thead>
<tbody>
<tr>
<td>pass</td>
<td>1 NT</td>
<td>2 ♥</td>
</tr>
<tr>
<td>all pass</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

West leads the deuce of hearts. You win and lead a trump, and East takes the ace and leads the king of hearts. How do you play? Answer on page 160.

*Excerpt taken from: Frank Stewart’s Bridge Club. Page 52.*

**BIDDING QUIZ**

**YOU HOLD:**

| ♠ A | ♥ K Q J 9 5 4 | ♦ A 9 4 | ♣ 8 5 4 |

Your partner opens one spade, you respond two hearts and he raises to three hearts. The opponents pass. What do you say?

**ANSWER:** Partner may have minimum values, but a typical minimum hand for him such as:

| ♠ | K Q 9 5 2 | ♥ A 8 6 3 | ♦ 8 2 | ♣ A 3 |

will produce twelve tricks. Cuebid four diamonds, showing the ace and slam interest. Even if partner signs off in four hearts, you’ll try again by cuebidding four spades.

*Excerpt taken from: Frank Stewart’s Bridge Club. Page 54.*

**LAUGHTER IS THE CLOSEST DISTANCE BETWEEN TWO PEOPLE.**

Victor Borge

**LAUGHTER IS THE CLOSEST DISTANCE BETWEEN TWO PEOPLE.**

Victor Borge
CHARMED, I’M SURE

Opening Lead: ♥2

‘Are you superstitious?’ Cy the Cynic asked me.

‘No,’ I replied, ‘and I thank my lucky stars I’m not.’

‘Today,’ Cy said, ‘I partnered a guy who had a rabbit’s foot around his neck and a horseshoe nailed to his chair.’

‘Did they work?’ I asked.

‘You judge,’ Cy replied. ‘He took the ace of hearts and led a trump, and East won and led a high heart. My partner tossed some salt over his shoulder and ruffed with the eight. West overruffed and led a diamond, and East won and led another heart.

‘My partner pulled out a four-leaf clover and ruffed with the King of trumps, but it didn’t matter; he was sure to lose another trump trick to West and go down.

‘The guy attributed his defeat to a black cat that had crossed his path,’ Cy went on, but he’s safe if he throws the king of diamonds on the second heart and ruffs the next heart low. West overruffs, but partner wins the rest.

‘Anyway, I hope I never cut him as a partner again.’

‘Knock on wood,’ I nodded.

Excerpts taken from: Frank Stewart’s Bridge Club. Pages 54.
The Year of the Longshot

Forget Seabiscuit and Secretariat. 2016 was the year that had astrologers’ heads spinning faster than the planets, odds makers going broke, and the average American scratching his head harder than Miley Cyrus with a bad case of lice.

The first event was an epic one. It had grown men falling to their knees weeping and 50% of the population ready to commit suicide. Nah—it wasn’t Trump getting elected. It was the Chicago Cubs’ historic 2016 World Series win over the Cleveland Indians, breaking their 108 year curse.

Come to think of it though, when Bill Murray sang “Take Me Out to the Ballgame” to the stadium in his screeching, off-key rendition, men did weep and there were attempted suicides. But I digress. After a rain delay, the Cubs came out smokin’, chewing tobacco, and pulling wedgies out of their tight pants ready to go for broke. It was in the 10th inning when Ben Zobrist smacked the tie breaking RBI double for an 8-7 Chicago victory. The Cleveland Indians were understandably heartbroken, but thankfully did not demand a recount or require grief counseling to get over their loss.

The second event had grown men falling off 20 foot diving boards and holding their breath underwater until they were blue in the face. Nope—that wasn’t the election either. It was the spectacular comeback of swimmer Michael Phelps in the 2016 Rio Summer Olympics. The 31-year-old Baltimore native looked fit and extremely slippery as he successfully competed in the butterfly, freestyle, backstroke, and individual medley winning 5 gold and one silver medal.

This was an amazing feat since he had obviously sustained third-degree cup shaped burns all over his hairless back, shoulders, and chest. The marks were attributed to the new fad of “cupping”, however I wouldn’t rule out the possibility of several bad waxing sessions. His victory was all the more amazing because previous to the 2016 Games he spent 1 ½ years in rehab at The Meadows for alcohol and drug issues. He knew he had to clean up his life and restore his good name. However, in my opinion, being photographed at a University of South Carolina frat party smoking a bong could possibly have helped his reputation with those under 19 years of age.

Phelps did a lot of reflecting and soul searching during his stint at rehab. He read motivational books like “The Power of Your Subconscious Mind” and “A Purpose Driven Life,” cancelling his subscription to “Beer, Broads, and Boobs” magazine. Great job, Michael. You made America proud…even though nobody can rock a Speedo like Mark Spitz.

The final longshot and most shocking of them all, left half of America elated and the other half permanently addicted to Zoloft and/or looting major cities. This was, of course, the election of Donald J. Trump as President over Hillary Clinton, which left most pollsters with not only egg on their faces but their whole bodies covered with an omelet. It also rendered all those lovely ladies on The View speechless for the first time since the program aired with Barbara Walters in a training bra. Yep, The Trumpster and his Eiffel Tower hair made the biggest comb-back of them all. Even more incredible was the fact that he and Hillary didn’t have the other one killed during the Presidential Debates.

But the most shell-shocked of all was the media. Newsweek had already published thousands of copies with Hillary on the cover proclaiming “Madame President.” They had to send people out scrambling all over the city to retrieve copies…which was no easy task. It takes a village. Then the New York Times had to print a front page apology for their unabashed biased bashing of the new President. However, the people I really felt sorry for were all those DNC supporters and workers who gathered in the Javits Center at 3am waiting for Hillary to appear and offer them words of comfort. Instead, they got a no-show—which in P.C. terms is referred to as a “premature evacuation.” Is there a blue pill for that?

But, hey, we’re resilient Americans. Well go on for the next four years…with only 50% of the country heavily medicated. We’re tough birds. And speaking of birds, the biggest lesson 2016 taught us was we should have listened to our mothers when they warned us: “Don’t count your chickens before they hatch.”
**Capricorn 12/22 - 1/19:** Consider whether you are at the top of your game when a sudden offer is presented. It might be a genuine opportunity, but the timing has to be right.

**Aquarius 1/20 - 2/18:** It's time to add people to your circle. An opportunity presents itself to join a group that will expand your social circle and address your social consciousness.

**Pisces 2/19 - 3/20:** When assessing relationships, consider that being able to be yourself is intimacy's greatest prize. If you feel unable to be yourself, the relationship will not be intimate.

**Aries 3/21 - 4/19:** At mid-month, you wake with the daylight and have exceptional clarity on important issues. At work, consider the advice of experts. They know their stuff.

**Taurus 4/20 - 5/20:** Start the morning, or the afternoon, with a fresh mind so you can focus on one task at a time. Don't let domestic matters dominate your thoughts.

**Gemini 5/21 - 6/20:** It's the New Year, but your thoughts go back to spending at Christmas. Make a plan and get it off your mind.

**Cancer 6/21 - 7/22:** 'Tis the time for the spirit of renewal to dominate relationships. At work, look at an old project with a new eye. Make a plan and get it off your desk.

**Leo 7/23 - 8/22:** You could think that your boss, or an associate, is not on your side. The fact is that only you can trip yourself up. Think positively about people and options.

**Virgo 8/23 - 9/22:** Creativity and energy come together as you make a final push to emphasize your plans and ideas about how the work should be done in the coming year.

**Libra 9/23 - 10/21:** You will be able to accomplish more in the new year than you now think will be possible. Remember that follow-through matters.

**Scorpio 10/22 - 11/21:** Avoid becoming involved in an idea you don’t really like. You won’t have to say anything. Others will read between the lines.

**Sagittarius 11/22 - 12/21:** Instincts serve you well in the area of finances. After thinking about it, you won’t take a risk that could spell trouble, and you will have the self-discipline to back off.

**Aquarius 1/20 - 2/18:** By the end of the month, you welcome a time of tranquility, replacing a chaotic mood. Embrace this time to reenergize yourself.

**Pisces 2/19 - 3/20:** You puzzle over the difference between gossip and information when a friend becomes the subject of conversation. Act on the information but don’t spread the story.

**Aries 3/21 - 4/19:** Resolutions have new meaning this year. A new project will go a long way to solve a lingering feeling of uneasiness.

**Taurus 4/20 - 5/20:** Budget is on your mind later in the month. Staring at the numbers won’t help. Time to find a solution.

**Gemini 5/21 - 6/20:** Be prepared for the full moon on the 12th that brings an unexpected change in attitude or opinion. Don’t let it shake you up.

**Cancer 6/21 - 7/22:** Family issues come to the fore as the moon begins its waning period on the 19th. A text message is misunderstood. Seek out an in-person meeting.

**Leo 7/23 - 8/22:** What used to be funny, doesn’t seem so this month, but don’t worry. Your natural magnetism reasserts itself by the end of the month. New opportunities are in store.

**Virgo 8/23 - 9/22:** Last month, you were too frank. This month you feel the consequences. Resolve to wrap the truth into a softer package this year.

**Libra 9/23 - 10/21:** If there is one thing you require from others, it is a response. Don’t be confused if you don’t get one on an important issue. Let it go. By the end of the month, all is resolved.

**Scorpio 10/22 - 11/21:** The stars are in your corner early in the month as you confront an nagging issue. No matter what the result, you enjoy a feeling of relief.

**Sagittarius 11/22 - 12/21:** Your pointed opinion puts off an acquaintance. If you care about them, try listening more. If not, give them a ticket to ride somewhere else.

**Capricorn 12/22 - 1/19:** Productivity is on your mind. If you aren’t getting enough done, admit it to yourself and make a new plan.
Embarrassed to smile, teeth failing?

Loose Dentures or Partials?

Do your teeth continue to be a problem year after year with no end in sight?

“All teeth on 4” could be the permanent dental implant answer you have been looking for!

Unbreakable strength options!

New teeth that look and feel better than ever, never decay, and can last a lifetime!

“All Teeth on 4 Implants”

If you have been told you’re not able to have dental implants make sure you call, we have new procedures that work.

Call for your FREE evaluation including CT Scan, $450 Regular Fee, 703-281-2111

Dr. Mayberry is a general dentist, and is Certified by the American Board of Oral Implantology/Implant Dentistry. He is an Honored Fellow of the American Academy of Implant Dentistry and is a Director of the AAID Foundation. He has 33 years of dental implant specific experience. He is a Vietnam combat veteran and gives back to other military combat veterans with special discounts.

Mayberry Dental

There are no “ADA” recognized dental implant specialists, but if there was we would be on the list. Dr. Mayberry provides all services!
HOUSES SHOULD BE MORE THAN SQUARE FEET.

Our on-staff architects, designers & craftsmen with decades of experience are eager to create your new kitchen, bath, home addition, whole house renovation or new custom home. Contact us today and discover why over 30% of our business is with repeat customers.

BOWERS DESIGN BUILD
26 Yrs. Serving Northern VA
703.506.0845
bowersdesignbuild.com