

# CaseyMargenau

- Over 2.6 Billion Sold - Fine Homes & Estates

Virginia's Leader in Luxury and International Real Estate Marketing For Over 25 years



### EXPERIENCE

\$3,950,000

\$2,495,000

\$1,225,000

### TRUST

\$3,200,000

\$2,275,000

\$999,900



\$5,999,900

\$2,555,000

8611 Georgetown Pike McLean, VA 22102



8408 Sparger Street McLean, VA 22102



6924 River Daks Drive McLean, VA 22101



1063 Silent Ridge Court McLean, VA 22102

\$3,200,000



1503 Woodacre Drive McLean, VA 22101



7629 Burtord Drive McLean, VA 22102



896 Helga Place McLean, VA 22102



1356 Northwyck Ct McLean, VA 22102

\$1,374,831



7901 Oak Street Vienna, VA 22027





619 Tapawingo Road Vienna, VA 22180



**B219 Electric Avenue** Vienna, VA 22182



2773 Dakton Plantation Ln. Vienna, VA 22181

\$1,125,000



952 Millwood Road



721 Elisworth Avenue Great Falls, VA 22066



2221 Westmoreland Street Falls Church, VA 22043



\$1,389,900



1881 N. Nash Street, Unit 1005

Casey Margenau Fine Homes & Estates, Inc.

\$925 000





\$2,645,000







\$1,995,500



View Casey's You little Tours of These & Other Homes





### REINVENT YOUR HOME TO ENRICH YOUR LIFE



Sun's sparkling reputation has been built on reinventing homes through the creative use of light and space, working closely with clients, with minimal impact on busy lives.







design/build | additions | kitchens and baths | basements | outdoor spaces Serving Northern Virginia & Montgomery County, MD for 27 years 703.425.5588 | **SunDesignInc.com** 



FEATURES



### **<····**

### CIRQUE DU SOLEIL COMING TO TYSONS

by Keith Loria

Have you ever dreamed about altering reality at will? If so, you'll want to head to Tysons Corner this summer as that's the theme of Cirque du Soleil's latest extravaganza, "KURIOS— Cabinet of Curiosities," which will will premiere under the iconic blue-and-yellow Big Top at Lerner Town Square at Tysons II from July 21 through August 21.



### THE WEDDING ISSUE

Are you planning a wedding here in Tysons? This issue we've made it easy for brides- and grooms-to-be to plan their perfect wedding day.

CHOOSING THE RIGHT VENUE	.46
IT'S ALL ABOUT THE FOOD	.50
SETTING THE SCENE	.58
LAST MINUTE DETAILS	.60
REHEARSAL DINNER VENUES	.62





### **<...**

### FATHER'S DAY GIFT IDEAS

What can you give the guy who has everything? Sometimes the most thoughtful gift turns an everyday experience into a pleasurable one. Take a look at these gift ideas that not only help our local merchants, but give your dad a little something to look forward to in the day-to-day.



### WOMEN IN BUSINESS

Discover our area's finest and learn what sets each apart as a top leader in their field of expertise. The following Greater Tysons professional women are highly trained and known for their quality service.



Jorgan For Long & Foster
Jorgan Son

703-407-0766 www.Lilian.com

CALL ME TODAY TO DISCUSS SELLING YOUR HOME, THE SPRING MARKET IS NOW!







































OAKTON \$685,000

LONG & FOSTER

REAL ESTATE

LUXURY HOMES

CHRISTIE'S INTERNATIONAL REAL ESTATE

"I had another successful year because of your loyalty and referrals. Thank you."

-Lilian

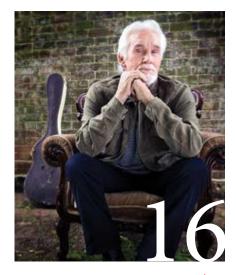
-Lilian



6



# DEPARTMENTS



- **<···**
- 14 LETTER FROM THE PUBLISHER
- 16 SELECTED EVENTS
  Discover who's playing at local
  music venues along with other
  hyper-local events.
- 34 ARTS & THEATRE EVENTS
  Check out entertaining area shows and art.



- MUSIC SCENE 38
  Keith Loria interviews
- the harmonious jazz trio, YazooZazz.
  - ART 40
- Keith Loria interivews Vienna Arts Society's very own Rita Bentley.
  - WINE 54
- Linda Barrett convinces us why Virginia Wineries are the best place to say, "I Do."





- 76 AROUND TOWN
  Tune in to the latest store
  - openings, small business awards, and neighborhood news.
- 86 TASTE OF TYSONS

  Reneé Sklarew gives us the scoop on the latest fast casual restaurant to open up in our area: Roll Play.



TYSONS \* MAY // JUNE 2016





# LUXURY. LOYALTY. LICKS.

BOARDING · GROOMING · DAY CAMP · TRAINING · SWIMMING

SPRINGFIELD & DULLES **ROCKVILLE OPENING SUMMER 2016** 

> **CALL TODAY** 888,475,3580





# enchLaw AN ESTATE PLANNING FIRM Mary Ellen Lench COUNSELOR & ATTORNEY AT LAW · Revocable Trusts · Wills • Estate & Tax Planning · Special Needs · Powers of Attorney Administration · Elder Law Voted Legal Elite Trust & Estate Attorney by Virginia Business Magazine 4000 Legato Road Suite 1100 Fairfax, VA 22033 (703) 896-7945 ME@LENCHLAW.COM LenchLaw.com

# DEPARTMENTS



<…

110 STYLE & GADGETS See what's new and notable in fashion and gadgets by Lauren Simmons.

118 TYSONS HOME & DESIGN Sun Design Repurposes a Center Hall Colonial to an Open Plan.

148 TYSONS SENIORS
Rick Mundy interviews
Ed Lowry.



PETS 152

Dr. Christmus helps you to understand those pet food myths and feed your pet properly.

Talk of Tysons 154





**<····** 

156 TYSONS UPDATE

Marcia McAllister fills us in on
the latest news regarding the
Dulles Corridor's Metrorail
Project, Phase 2 of the
Silver Line.

159 Fun & Games

161 JAN KING

Jan King's got us laughin' about
Livin' Large in the Summertime.

162 Horoscopes





COLORADO

BOULDER BELCARO DENVER CENTENNIAL CHERRY CREEK

FORT COLLINS GELNDALE AURORA

229 MAPLE AVE E VIENNA, VA 22180

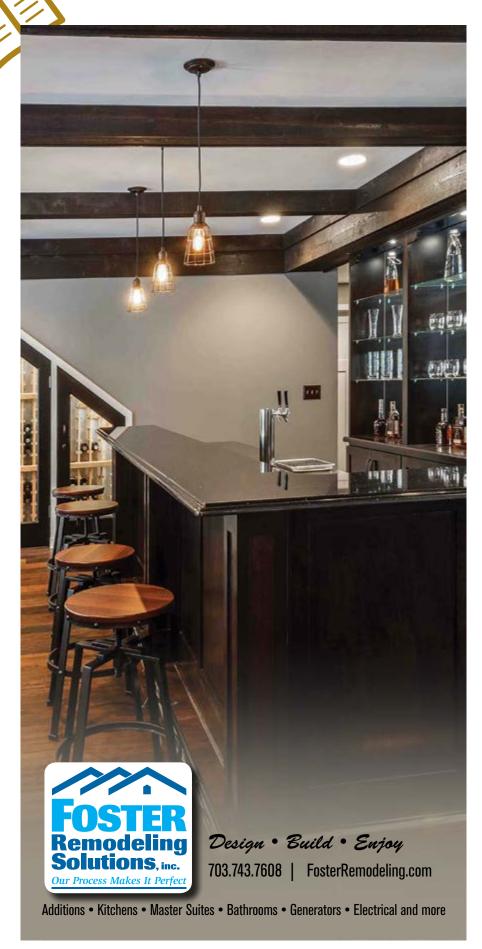
TEXAS NORTH AUSTIN SOUTH AUSTIN CENTRAL AUSTIN

LOCALLY OWNED FREE SAME-DAY DELIVERY

2% TO CHARITY

5 YEARS FREE FINANCING

10



### AND MORE . . .

- 48 AIRLIE CENTER
  Country Rustic Elegnace
- 66 BABALU SERVES UP
  MEMORABLE VISITS
  Tysons' exciting new
  Mediterranean gathering place
- 68 VIENNA MERCHANTS
- 70 PASSERO & FEENEY
  Get Your Smile Makeover
- 72 TEST PREP EXPERT DIVES IN THE SHARK TANK Tysons Gets New School
- 74 DIFFICULTY HEARING ON THE PHONE?
  A Caption Call Phone Can Help
- VIENNA ARTS SOCIETY Searching for New Home
- 84 BASIS INDEPENDENT MCLEAN
  Will change the way some schools focus on education.
- 88 TASTE OF TYSONS
- 104 DINING AL FRESCO
  There's Something Special About
  Dining Outdoors
- 108 ANYONE FOR TEA? Sweet City Desserts Delights with Full-Service Teas
- 112 MISTY OF CHINCOTEAGUE The Legacy of Misty on Chincoteague Island
- 123 tysons premier
- 130 REAL ESTATE Staging Your Home to Sell
- 132 BENEATH THE SEA
  See the Wonders of the
  Aquatic World at the
  National Aquarium
- 134 PLAY, WORK OR DASH Supporting families, parents, and kids
- 136 ASK AN EXPERT About Saving for College
- 140 ASK DR. DIMA Beauty Myths Busted

TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



# Come Experience a <u>NEW</u> level of dental services!

Celebrated dentists Dr. Han and Dr. Ahn in McLean invite you to discover a new level of services and dental excellence.

Dental Implant

Periodontal treatment

Orthodontic treatment

Invisalign treatment

Full mouth reconstruction

**Dr. Daniel Han** Perio-Prosthodontist **Dr. Sooyeon Ahn** Orthodontist

703.356.7001

Call for your assessment today! You'll get the smile you deserve!

11

### HAN & AHN DMD, PC

PERIODONTICS ORTHODONTICS PROSTHODONTICS IMPLANTOLOGY

6845 Elm Street, Suite #450, McLean, VA | 703.356.7001 | www.McLeanDMD.com | info@mcleandmd.com



### Space **LARGE** or small. We have it all.



Flexible suite sizes to accommodate your immediate & future needs

On-site property management for accelerated decision making

Access to several commuting routes including I-495, I-66, Rt 7, Rt 50, and Dulles Toll Road

Shopping, dining, entertaining all just minutes away!

Spec Suites Now Under Construction 800 SE - 125,000SF

**Tysons Corporate Center** 8229 & 8245 Boone Boulevard

**Westpark Business Campus** 1521 & 1517 Westbranch Drive 7915-7927 Jones Branch Drive

**Prosperity Business Campus** 2700-2751 Prosperity Avenue



www.psbusinessparks.com

12



THE MAGAZINE FOR TYSONS • GREAT FALLS • MCLEAN VIENNA • OAKTON • FALLS CHURCH MAY // JUNE 2016

PRESIDENT & PUBLISHER

ART DIRECTOR / PRODUCTION MANAGER

**GRAPHIC / WEBSITE DESIGNER** 

MARKETING MANAGER

**GRAPHIC ARTIST** 

**VIDEOGRAPHY** 

PHOTOGRAPHIC CONTRIBUTORS ADVERTISING / CLIENT ADVOCATES

Sunghee Chon Juanita Baptiste

Deborah McCallen Valerie Portney

Kari Cannistraro

Johnny Hanna

Julie Snee

Lisa Shapiro

Robin Long

Mary Jeanne Cincotta

Sarah Fleishman Molly Stoopler

**DIRECTOR OF HUMAN RESOURCES TRAVEL & CULINARY WRITER CONTRIBUTING AUTHORS**  Christy Jones

Allison Chase Sutherland Dr. Dima Ali

Dr. Ana Anzola Linda Barrett John Byrd

Dr. Sandy Christmus Hubie Cram Jeffrey S. Detwiler Charles S. Donnavan Jan King Daniel P. Lash

Keith Loria Marcia McAllister Rick Mundy Amy Schoen Lisa Shapiro

**WINE EDITOR** Linda Barrett DINING EDITOR Renée Sklarew **FASHION EDITOR** Lauren Simmons

VIVATYSONS MAGAZINE | 703.448.7323 | 7921 Jones Branch Drive, Ste 311, Tysons, VA 22102

### General inquiries and comments about this publication can be sent to:

info@vivatvsons.com

www.vivatysons.com www.facebook.com/vivatysons www.twitter.com/vivatvsonsmag www.tasteoftysons.com twitter.com/tasteoftvsons www.tysonstoday.com www.tysonshealthandbeauty.com

Subscriptions for VivaTysons Magazine are available for \$12 per year or \$20 for two years. Please address requests to Calamity Media, 7921 Jones Branch Drive, Ste 311, Tysons, VA 22102, or call us at 703.448.7323, or you can subscribe online at www.vivatysons.com.

Volume 9, issue 3. Copyright © 2016 by VivaTysons Magazine Inc. VivaTysons Magazine is published every two months by Calamity Media, 7921 Jones Branch Drive, Ste 311, Tysons, VA 22102. All rights reserved. All editorial material is fully protected and should not be reproduced in any matter without written permission. Calamity Media makes every effort to ensure the accuracy of the information we publish, but we cannot be held responsible for any consequences or claims due to errors or omissions. Retailers wishing to carry VivaTysons at their locations and readers wishing to correspond with us are asked to write us at comments@vivatvsons.com.



### ON THE COVER:

Our Wedding Issue cover features the work of Matt Albany, New York.

Photo credit: Matt Ramos.

TYSONS \* MAY // JUNE 2016

# GOLFDOM®



### THE 2016 SELECT LINE

Design, craftsmanship and performance from decades of work with the world's best players define the Select line of Scotty Cameron putters.



NEW ARRIVAL!

SCOTTY CAMERON





8203 Watson St, McLean, VA 22102 | 703.790.8844 | www.GolfdomGolf.com



### Here's What's **Happening at MCC**

Onstage @ The Alden **ArtsPower's** "Chicken Dance" Saturday, May 14, 2 p.m.

### McLean Day 2016

Saturday, May 21, 11 a.m.-5 p.m. **Lewinsville Park** 

Silent Film

**Buster Keaton's** "The Cameraman" (1928)

Tuesday, June 7, 7:30 p.m.

Old Firehouse Teen Center Summer Kick-Off Party

Friday, June 10, 7-9 p.m.

Onstage @ The Alden "Gut Churn" from Radiolab's Jad Abumrad

Saturday, June 11, 8 p.m.

Onstage @ The Alden **Morgan Taylor's** "Gustafer Yellowgold's Show"

Sunday, June 12, 2 p.m.

Onstage @ The Alden "The Magic of Bill Blagg Live!"

Saturday, June 18, 8 p.m.

Take a Day Away "Kinky Boots" at the **Kennedy Center** 

Sunday, June 26

The McLean Community Center www.mcleancenter.org

**Home of the Alden Theatre** 

www.aldentheatre.org

1234 Ingleside Ave. McLean, VA 22101 703-790-0123, TTY: 711



A "WORLD CLASS CITY"-

### TYSONS!

It seemed like only yesterday, driving in the outer loop of the beltway, I used to marvel at the Mormon Temple as it rose into the heavens with the gold Angel of Gabriel, horn in hand. It is unlike anything I could ever imagine in our area. Today, I marvel at the "illuminated" glass buildings and lights of the new city, Tysons-and we've only just begun. Watch for the 470 foot tall Capital One headquarters and new apartment complexes arriving soon... It's exciting.

Love is easy. Especially when you know who, where and how. Our designers and writers give us some options for the big day and everything you need to make it memorable. Venues, catering, florists and even wineries—thanks ladies.

Women-owned businesses are special. I think it may be because the connection is more relationship-based and consultative. Whatever it is, we have some great businesses in our area being lead by some well-trained and professional women. Read about them in our Women in Business section.

It looks like another packed season for our entertainment enjoyment here in Tysons. Wolf Trap has an amazing lineup for the season, and 1st Stage, Alden, State Theater and others mentioned in our events section offer some great choices. Keith Loria has his finger on the pulse-read his stories on YazooZazz and take note of the not-to-bemissed Cirque Du Soleil coming to Lerner Town Square in July.

So many new educational opportunities the new Fusion School and the new SAT Prep School that got funded on the show "Shark Tank." Also meet Head School Master Sean Aiken of the new Basis Independent in McLean and read abut the school that's delivering excellence and making a real





difference in today's curriculum. Allison Sutherland spent the day at the Culinaria Cooking School in Vienna with bassist Paul

> Cullen of the rock group Bad Company, and writes about the experience—

thanks Allison.

Our friends at The Vienna Arts Society are looking for new digs. Know anyone who can help? This is a great bunch of dedicated arts lovers-we wish we had the room

here at VivaTysons. This is a great cause if you are looking to give back to a great town. Let us know if you have someone in mind, we'll get them in touch with Doré.

Everything always seems to taste better outside, and al fresco dining in the spring is always special. Lisa Shapiro gives us some options—Thanks Lisa!

I love, love the pony experience in Chincoteague Island. Mark your calendar for July 27th, the official Pony Swim Day, it's wonderful. Linda should know, she's been and shares her thoughts.

Selling your home? Want to sell it fastand for more money? Jeffrey Detwiler of Long and Foster shows us the power of and need for "Staging."

When was the last time you saw the wonders of the aquatic world at the National Aquarium in Baltimore? It never ceases to amaze me and is a great getaway for everyone... just up the street. Thanks to Linda again.

Some Father's Day Gift ideas? Sure... Pages 138 and 139.

We're lucky to have Dr. Dima Ali join us with some beauty tips on aesthetic and anti-aging options. We hope you'll enjoy her suggestions and thoughts.

A special thanks to Marcia McAllister of the Dulles Metro Project for keeping us posted on the progress and getting us the pictures our readers enjoy. Thank you Marcia.

As always, we want to thank our readers for their letters of support, our staff for being so wonderful, and our advertisers who keep us afloat for helping to bring you the people and places that make our town special. Enjoy the Spring.Cheers!



14

### FOR EXTRAORDINARY SERVICE AND RESULTS...

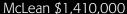
# Laurie Mensing

is one of Long and Foster McLean's Top Producers, and is Nationally Ranked in the Top 1% of Residential Real Estate Professionals.

Consider Laurie your trusted advisor!









McLean \$1,695,000



McLean \$1,162,500



McLean \$750,000



McLean \$1,495,000



Great Falls \$929,000



Falls Church \$1,249,500



### "EVERY TRANSACTION IS TREATED AS IF IT WAS MY OWN."



Over \$130 million sold!

Office: 703.790.1990 Dlrect: 703.873.5193 Cell: 703.965.8133

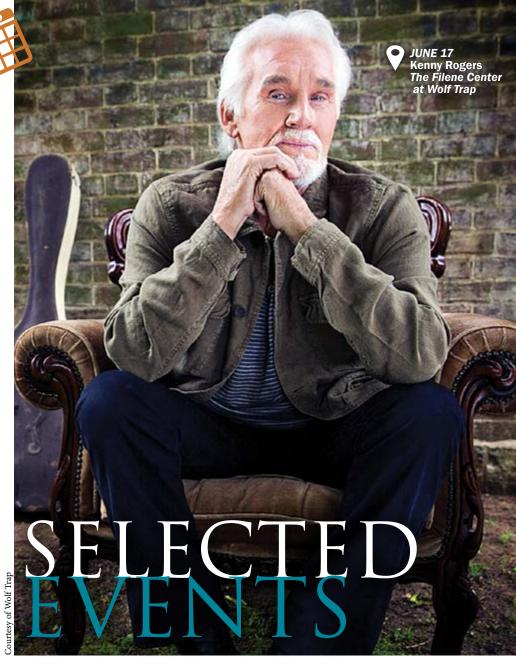
laurie.mensing@longandfoster.com www.lauriemensing.com Licensed in VA, MD, DC











LOCATIONS

THE BARNS AT WOLF TRAP 1635 Trap Rd., Vienna 703.255.1900 www.wolftrap.org

JAMMIN' JAVA 227 Maple Ave E, Vienna 703.255.566 www.jamminjava.com

THE STATE THEATRE
220 N. Washington St.
Falls Church
703.237.0300
www.thestatetheatre.com

### MAY 11 CASEY ABRAMS

Jammin Java 7:30pm \$20 Casey Abrams' story is that of a born natural, but it's also the story of a person who studied diligently and worked extremely hard, striving toward his dream of a life in music. He was born in Austin, Texas to professionally accomplished, extraordinarily creative parents. Casey's mother, Pamela Pierce, a screenwriter and teacher, also plays piano and sings. His father, Ira Abrams currently teaches at Idyllwild Arts Academy, the distinguished private school

in the mountains above Palm Springs, California that proved instrumental in shaping Casey's musical life. The walls of Casey's childhood home resonated with, "the music of the 1950s and '60s," he states. Even then, he was "hearing those blues riffs and little things that make a song what it is."

**MAY 12** 

AN EVENING WITH LEO MORAN & DAVY CARTON (OF THE SAW DOCTORS)

Jammin Java 7:30pm \$25 The Saw Doctors are an Irish rock band formed in 1986 in Tuam, County Galway.
They have achieved nineteen top-thirty singles in Ireland, including three number ones.
Their first number one, "I Useta Lover," topped the Irish charts for nine consecutive weeks in 1990 and held the record for the country's all-time biggest-selling single.

Renowned for their barnstorming live performances, the band has a loyal following, especially in Ireland, the United Kingdom, and the United States.

### MAY 15 SEBASTIAN BACH

The State Theatre 8pm \$25-30 18 And Life on Skid Row tells the story of a boy who spent his childhood moving from Freeport, Bahamas to California and finally to Canada and who at the age of eight discovered the gift that would change his life. Throughout his career, Sebastian Bach has sold over 20 million records both as the lead singer of Skid Row and as a solo artist. He is particularly known for the hit singles "I Remember You," "Youth Gone Wild," & "18 & Life," and the albums Skid Row and Slave To The Grind, which became the first ever hard rock album to debut at #1 on the Billboard Top 200. Bach then went on to become the first rock star to grace the Broadway stage, with starring roles in Jekyll & Hyde, Jesus Christ Superstar and The Rocky Horror Show. He also appeared for seven seasons on the hit television show The Gilmore Girls.

CONTINUED ON PAGE 18

TYSONS \* MAY // JUNE 2016



### Michael T. Gocke, D.D.S.

EXCELLENCE IN ORAL AND MAXILLOFACIAL SURGERY

### SERVICES

DENTAL IMPLANTS
TEETH-IN-A-DAY
WISDOM TEETH
OUTPATIENT ANESTHESIA
CORRECTIVE JAW SURGERY
FACIAL TRAUMA +
RECONSTRUCTION
SLEEP APNEA SURGERY
PEDIATRIC ORAL +
FACIAL SURGERY

### TECHNOLOGIES:

IN OFFICE CT SCANNER
LASER SURGERY
BONE REGENERATION:
PLATELET-RICH PLASMA
BONE + SOFT TISSUE
GRAFTING

RECONSTRUCTIVE JAW SURGERY





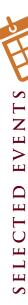
# A True Expert in Beautiful Smiles

Dr. Gocke excels in treating patients who need improvement of their dental and facial esthetics. Placing dental implants, bone grafting, facial trauma and reconstructive surgery, and corrective jaw surgery are his areas of expertise.

Dr. Gocke is Board Certified by the American Board of Oral and Maxillofacial Surgeons and practices in McLean, VA. For multiple years, Dr. Gocke's peers voted him as a top oral surgeon in the Washingtonian Magazine, Northern Virginia Magazine, and Virginia Living Magazine.

Call today to schedule your consultation.

VIRGINIA ORAL, FACIAL & IMPLANT SURGERY 7601 LEWINSVILLE ROAD | SUITE 203 | MCLEAN, VA 22102 703.291.0135 | WWW.DRGOCKE.COM





### MAY 18 CIMORELLI

Jammin Java 7:30pm \$20-30 Known for their tight harmonies, Christina, Katherine, Lisa, Amy, Lauren and Dani (ranging in age from 15-24 years old) started their group in 2007, playing many local gigs in Northern California after having spent several years in musical theater. In 2009, a top London music manager discovered their acappella cover of Miley Cyrus' song "Party in the USA" on YouTube, which led to a record deal with Universal label Island Records. Cimorelli has since released five EP's and nearly 300 YouTube videos of covers, original music, and special interest vlogs. In 2013, Cimorelli's "Made in America" was featured as iTunes single of the week. Their newest releases, the "Renegade" EP and "Christmas Magic" are now available on iTunes, and they have a mixtape of 9 original acoustic songs now available on NoiseTrade.

### MAY 19 RADNEY FOSTER

18

Jammin Java 7:30pm \$20-22 "I'm always trying to find a little

piece of the truth," says Texas singer-songwriter Radney
Foster. His first collection of new songs in 5 years opens with "Whose Heart You Wreck," a stormy lament to a fickle muse and closes with the title track, an unflinching apology for things done and left undone.

### MAY 20 SOUTHERN CULTURE ON THE SKIDS

Jammin Java 8pm \$20-25 The Chapel Hill, NC trio Southern Culture On The Skids has been spreading the rock and roll gospel since 1983. Rick Miller - guitar/vox, Mary Huff - bass/vox and Dave Hartman - drums, play a greasy mix of surf, rockabilly, R&B and country fried garage with a side of psych. It's a musical gumbo Miller calls, "Americana from the wrong side of the tracks." For over 30 years, the band have toured everywhere from the NC Prison System to Mt. Fuji, Japan, delivering what Rolling Stone calls "a hell raising rock and roll party."

### **MAY 21**

# SAVED BY THE 90'S—A PARTY WITH THE BAYSIDE TIGERS

The State Theatre 9pm \$15-18
18 Years and older
Cowabunga, dudes! 2016 is
sooo overrated, but you know
whats ALL THAT? The SAVED
BY THE 90s PARTY with the
Bayside Tigers! Boo Ya! Live
music from NYCs freshest
party band, The Bayside Tigers
(they're da bomb) playing all
your favorites: from Ace of
Base to Weezer and everything
in between! It'll be the raddest
thing since Your Mom (NOT!)

### SHENANDOAH RUN SR ALBUM RELEASE SHOW

Jammin Java 6:30pm \$20 Shenandoah Run is a folk group from the Washington, DC area that has been performing for over 4-1/2 years. The group's individual musical, vocal, and instrumental talent, combined with a strong desire to keep folk music alive and fresh, have proven key to their success. Shenandoah Run's repertoire features the songs and sounds of American folk, country, and bluegrass music, with the occasional infusion of songs from other lands. Their blend of vintage and contemporary folk music, treated with lush vocal harmonies and skillful instrumental backing, defines the group's signature sound.

### MCLEAN DAY

### Produced by the McLean Community Center Lewinsville Park, 1659 Chain

Bridge Rd., McLean, VA 11am-5pm Free Join the fun! Bring the family and enjoy McLean's most popular annual event with many free activities. Enjoy live entertainment, great food, a petting zoo, exhibitor booths, balloon animals, games, tennis clinic, a magician, parking at free shuttle sites and more. The event will include large and small carnival rides—tickets sold on-site. Vote for your favorite McLean Community Center Governing Board candidate at the event or in advance at McLean Community Center. Elections take place 10:30am-5pm.

### MAY 21–22 NORTHERN VIRGINIA FINE ARTS FESTIVAL

Reston Town Center Saturday 10am - 6pm Sunday, 10am -5pm \$5 Suggested Donations for Adults All Ages The Northern Virginia Fine Arts Festival, produced by the Greater Reston Arts Center (GRACE), is a top-rated annual juried outdoor street festival held in the heart of Reston Town Center. The two-day event attracts more than 50,000 patrons and provides an interactive experience to view and purchase art directly from unique and talented artists. Reston Community Center is thrilled to be a Signature Community Sponsor for the 25th Annual Northern Virgina Fine Arts Festival. Visit www. nothernvirginiafinearts festival.org for more information.

CONTINUED ON PAGE 21

TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM

# True artistry, truly transforming ...your smile journey begins now

Dr. Chong W. Lee & his patient Rebecca M.





Teeth Whitening

Sleep Apnea Appliances



Dignity.



Security.



Friendship.

# Independence You Want and the Care You Deserve.

In a maintenance-free environment, our residents enjoy life at their own pace and schedule. Residents can build their day around an array of activities including gardening, engaging trips, educational opportunities, art, music, entertainment, and a variety of dining experiences. We promote physical and spiritual well-being by offering fitness programs, health services and an indoor swimming pool. Through partnerships and continual research, we bring in breakthrough technologies and tools that help our residents get the most out of life.



Contact Us Today!
703-536-4344
6251 Old Dominion Dr., McLean, VA 22101
www.vinsonhall.org

Independent seniors who are commissioned military officers and their immediate family, as well as government workers of an equal rank from select agencies.



### May 25

### EDWARD SHARPE And the Magnetic zeros

**Preservation Hall Jazz Band** *The Filene Center at Wolf Trap* 

8pm \$25-50

Come "Home" or have a "40 Day Dream" with the 10-piece band that resurrects "the sounds of 1930s country, 1970s psychedelia, and 1970s...rock with a healthy helping of folk and gospel linking the chains" (*PopMatters*).

### HIS DREAM OF LIONS

Jammin Java 7:30pm \$10-18 We're all after something, and it's the thrill of the chase that keeps us on. For the five young alternative rockers in His Dream Of Lions, the thrill they find is in chasing their dreams. Having known one another through the local Fairfax Virginia music scene, guitarist Nick Jones, singer Seth Coggeshall, and bassist Blair Kilner came



together during the spring of 2012 to form the band that would eventually become His Dream Of Lions. After a full year of non-stop gigging and writing, the band's lineup was finalized with the addition of drummer Jack Dunigan and keyboardist Colby Witko. By the time June of 2013 rolled around, the band felt

they had generated sufficient buzz, both local and national, to warrant the recording of their double EP, a concept record inspired by their love of storytelling. Once hitting the studio with producer Ben Green (Fairweather), the band released their debut record simply titled "Part One" in March of 2014. The opening track, "Novel", has gained significant commercial success, climbing to #7 on the NMW Top 40 Chart, and #7 on the NMW Hot 100 Singles Chart.

### MAY 28 BETTER SAID THAN DONE

Jammin Java 6:30pm \$15 Better Said Than Done, Northern Virginia's premiere storytelling troupe, will be celebrating their five year anniversary in May with another audience choice storytelling contest. The top ten best storytellers in Northern Virginia-as voted for by the audience in an online survey—will compete for for the top prize of \$500 and title of Best In Show. To find out more about Better Said Than Done storytelling, or to view videos of our storytellers in action, visit www.bettersaidthandone.com.

### MAY 28-29

### THE GREAT OUTDOORS

### Steven Blier & Wolf Trap Opera Soloists

The Barns at Wolf Trap 3pm \$46 Music and nature have always been close companions. In this intimate concert, pianist Steven Blier and a quintet of singers explore the joys and the perils of nature for both rugged campers and high-strung city folks. The Great Outdoors is one of a number of summer 2016 performances that celebrate the centennial of Wolf Trap's partner the National Park Service.

# JUNE 3 JOHN PRINE PATTY GRIFFIN

8pm \$25-75
Chicago songwriting legend and Grammy Hall of Famer,
John Prine tells the story of
America's counter-culture
heritage through song. Catch one of the true greats of
American music when he

The Filene Center at Wolf Trap

one of the true greats of American music when he delivers folk classics like "Angel from Montgomery," "Paradise," and "Hello In There."

CONTINUED ON PAGE 22

# Photo credit: Sonny McCartney W. A. B. W. T. W. W. T. W.

### CYNDI LAUPER BOY GEORGE

The Filene Center at Wolf Trap 8pm \$30-85 Don't miss this night of '80s hits and rare appearance together by two iconic Grammy winners. Kinky Boots composer, Cyndi Lauper reminds audiences why "Girls Just Want to Have Fun," while Culture Club frontman, Boy George soulfully recounts "The Crying Game." SELECTED EVENTS



June 3

### AN EVENING WITH ERIC BRACE & PETER COOPER

Jammin Java 7:30pm \$15 Eric Brace and Peter Cooper are touring partners and have collaborated on two previous albums. On Master Sessions the pair fronted a band that featured pedal steel guitar legend Lloyd Green and dobro master Mike Auldridge, and the album made numerous critics' Best-of 2010 lists. Their first record together, You Don't Have To Like Them Both, was a Top Ten album on the Roots, Americana, and Folk charts. Grammy nominees Eric Brace and Peter Cooper have created a body of work that reflects their journalistic sensibilities, a love of harmony and wry humor, and their deep respect for the masters they've played with.

### JUNE 4 SOJA WALE

### Allen Stone

The Filene Center at Wolf Trap 7pm \$35-55 Arlington, Virginia's SOJA returns to "their favorite hometown venue" to jam with their Grammy-nominated brand of reggae. Selfproclaimed "Ambassador of Rap for the Capital," Wale and "Freedom" singer/songwriter, Allen Stone join them for an eclectic night of music.

# ME & DIXON FEATURING DON DIXON, PARTHENON HUXLEY AND ROB LADD

Jammin Java 6pm \$15-20 Me & Dixon is North Carolina's very own Super Group. It features three of the Tarheel State's most respected and exciting performers. Don Dixon's resume as bassist, singer and producer stretches back to the 60s and includes his work with R.E.M., Marshall Crenshaw, Smithereens and literally hundreds of other bands. Dixon's solo albums include the hits "Praying Mantis", "Most of the Girls Like To Dance", "Your Sister Told Me" and more. Parthenon Huxley's "Buddha, Buddha" was named one of the 10 Best Songs Recorded In North Carolina. Huxley (now living in MD) went on to record for Columbia and Universal, landing a #1 song on Rolling

Stone's Download Chart with "I Loved Everything." He joined ELO Part II as guitarist and singer in 1998. Rob Ladd's drumming helped make the Pressure Boys one of North Carolina's most entertaining bands of the 80s. Ladd later drummed for Don Henley, Roger Daltrey and many other world class acts.

### June 7 Lord Huron

### NATHANIEL Rateliff & the Night Sweats

### OH PEP!

The Filene Center at Wolf Trap 7:30pm \$25-45
Experience the festival-like atmosphere created by "Fool for Love" indie-folk band Lord Huron, along with the rowdy, retro vibes of "S.O.B." rockers Nathaniel Rateliff & The Night Sweats.

### JUNE 9–11 RAGTIME

### The Musical

The Filene Center at Wolf Trap Thursday and Friday 8pm, Saturday 2 pm and 8pm \$22-80 Catch the Tony-winning spectacular that took Broadway by storm! Set against a gloriously rich score, Ragtime transports you to the dawn of the 20th century where change is booming and possibilities are endless. Experience an all-new, striking production brought to life with vibrant dance and compelling characters, as three stories unfold in a timeless tale of hope, hardship, and the American Dream.

### JUNE 10, 12, 15, 18

### Britten THE RAPE OF LUCRETIA

The Barns at Wolf Trap Friday, Wednesday, Saturday 7:30pm, Sunday 3pm \$32-88 Premiered in 1946 to re-open Glyndebourne's theatre, Britten's intimate and haunting lyrical masterpiece is based on an ancient Roman tale of corruption and tragedy. Lucretia, the beautiful and virtuous wife of a Roman general, is defenseless against the tyrannical prince Tarquinius. The horrific events unfold reinforced by Britten's evocative score, moving arias, and two-person male and female chorus into a tense and potent tapestry of music and drama.

### June 11

### MCLEAN HIGH SCHOOL AND LONGFELLOW MIDDLE SCHOOL BIG BAND JAM

Jammin Java 1:30pm \$10 Under the direction of Mr. Scott Weinhold, the McLean Jazz Ensemble preforms regularly at school functions, music festivals, competitions, and local venues upon request. Locally the group has placed in the top three at the Chantilly Annual Jazz Invitational in 2003, 2007, 2008, and 2012.

CONTINUED ON PAGE 24

22 TYSONS • MAY // JUNE 2016 VIVATYSONS.COM



SPRING. It's a time for new beginnings and fresh perspectives. It's time to be bold and discover what our residents have already found: the Chesterbrook Residences lifestyle. Our assisted living blends quality care with affordability. giving you more time and energy to embrace your favorite pastimes and opportunities to discover new hobbies, cuisine, destinations, entertainment, and friends. Don't miss another wonderful season - call today!



Assisted Living Community

703-531-0781

2030 Westmoreland Street Falls Church, VA 22043 www.chesterbrookres.org



Coordinated Services Management, Inc. - Professional Management of Retirement Communities since 1981





### June 13

### FLIGHT OF THE CONCHORDS SING FLIGHT OF THE CONCHORDS

The Filene Center at Wolf Trap 8pm \$35-65

After creating a cult following with their HBO series, the Grammy-winning musical humorists who span all genres reunite to perform their musical comedy live.

### JUNE 14 **IACKSON** BROWNE

The Filene Center at Wolf Trap 8pm \$35-60 One of the most influential singer/ songwriters of the 70s, the Rock and Roll Hall of Famer transports audiences to a time of innocence and lost love with folk-rock hits like "Running on Empty" and "Somebody's Baby."

### JUNE 16 LAKE STREET DIVE

### The Lone Bellow

The Filene Center at Wolf Trap 8pm \$25-45 The buzzworthy band that lives at the intersection of the Beatles and Motown gets audiences dancing with its "joyous, upbeat songs and big, groovy vocals" (The Guardian).

### JUNE 17 KENNY ROGERS

The Gambler's Last Deal **Final World Tour** 

# BARFNAKED LADIES

# LAST SUMMER ON EARTH TOUR

The Filene Center at Wolf Trap 7pm \$37-57 Known for pop/rock hits like "One Week" and the Big Bang Theory theme, "The History of Everything," the Barenaked Ladies combine clever lyrics with hilarity and improvisation to create a one-of-a-kind live experience.

### with Special Guest Linda Davis

The Filene Center at Wolf Trap *8pm \$30-60* One of the top selling artists of all time with hits like "The Gambler" and "Lucille," Country Music Hall of Famer Kenny Rogers makes his final stop at Wolf Trap on his Final World Tour.

### June 18 FATHER'S DAY DESSERT TEA

Sweet City Desserts 131-A Maple Ave W, Vienna 2pm and 5pm \$25/adult, \$15/child Treat your dad or husband to delectable desserts that will satisfy his sweet tooth! Top it with his choice of tea or coffee, and he'll love you to the moon and back! Call 703-938-8188 to reserve your table at least one week ahead, first come, first served.

### HARRY CONNICK IR.

The Filene Center at Wolf Trap 8pm \$40-75 Showered in awards and

accolades for his signature croon, this New Orleans-bred singer and pianist returns to the stage showcasing why "he's one of America's most lasting entertainers" (NPR).

### June 19 **STUDIO SPOTLIGHT**

The Barns at Wolf Trap 3pm \$20 Studio Artists shine in their own program of opera scenes and highlights. To include excerpts by Rossini (The Barber of Seville), Donizetti (Daughter of the Regiment, The Elixir of Love), Bizet (Carmen, The Pearl Fishers) and Verdi (Rigoletto).

### RAY LAMONTAGNE

The Ouroboros Tour 2016 The Filene Center at Wolf Trap 8pm \$39.50-69.50 With his distinct, soulful vocals on tracks like "You Are the

Best Thing" and "Trouble," the ever-evolving Grammywinner for Best Contemporary Folk Album hits the road to coincide with the release of his 2016 record. Ouroboros. Members of My Morning Jacket join Ray LaMontagne as his touring band.

### **JUNE 23–26**

### RIVERDANCE

### The 20th Anniversary **World Tour**

The Filene Center at Wolf Trap Thursday and Friday 8pm, Saturday and Sunday 2pm and 8pm \$20-75

The international Irish dance phenomenon is back in Riverdance—The 20th Anniversary World Tour! Drawing on Irish traditions, the combined talents of the performers propel Irish dancing and music into the present day, capturing the imagination of audiences across all ages and cultures in an innovative and exciting blend of dance, music, and song. Of all the performances to emerge from Ireland-in rock, music, theatre, and film-nothing has carried the energy, the sensuality and the spectacle of Riverdance.

### June 26 ARIA JUKEBOX

The Audience Gets to Choose! **Wolf Trap Opera Soloists** Kim Pensinger Witman, pianist The Barns at Wolf Trap 3pm \$32-48 An afternoon of opera highlights curated by the audience and sung by Wolf Trap Opera soloists. Arrive early to vote for the arias of vour choice!

### June 27–28 PAUL SIMON

The Filene Center at Wolf Trap 8pm \$50-130 One of the most successful and distinguished American musicians of all time who

created classics like "You Can Call Me Al" "Me and Julio Down by the Schoolyard," and "50 Ways to Leave Your Lover," makes his Wolf Trap debut.

### JUNE 29 ASHA BHOSLE

### The Farewell Tour with Wolf Trap Orchestra

The Filene Center at Wolf Trap 8pm \$40-115
"The world's most celebrated 'playback' singer" (BBC) and most-recorded artist in music history with over 13,000 songs ranging from Bollywood to classical ragas, Asha Bhosle is lauded by CNN as one of the 20 most iconic artists of all time.

### JUNE 30 DREAMWORKS ANIMATION IN CONCERT

### National Symphony Orchestra

**Justin Freer, Conductor** 

The Filene Center at Wolf Trap 8:30pm \$25-45 Enter a world of adventure with some of DreamWorks Animation's biggest blockbusters brought to life with live symphony orchestra! Film clips of beloved characters from Shrek, Madagascar, Kung Fu Panda, How to Train Your Dragon, and more enchant on huge screens, perfect for the entire family.

### JULY 1 AMERICA THE BEAUTIFUL

National Symphony Orchestra

Emil de Cou, Conductor

The Filene Center at Wolf
Trap 8:15pm \$20-58 On the
occasion of the National Park
Service's Centennial, the NSO
journeys across America and
visits the finest landmarks
from over 30 national
parks and monuments for
a breathtaking compilation
of hundreds of majestic
images. This exciting concert

also celebrates the music of American composers including Copland, Bernstein, and Sondheim.

### JULY 2 MARY CHAPIN CARPENTER

The Filene Center at Wolf Trap

8pm \$25-50 Renowned and beloved singer, songwriter, and performer Mary Chapin Carpenter will return to Wolf Trap for a special performance on July 2, 2016. The concert will feature material from her highly anticipated new album, The Things That We Are Made Of, which was produced by Dave Cobb (Jason Isbell, Sturgill Simpson, and Chris Stapleton) and will be released in 2016. Carpenter has won five Grammy Awards and is a 2012 Nashville Songwriters Hall of Fame inductee.

### FIREWORKS AT THE WORKHOUSE ARTS CENTER

Workhouse Art Center, 9518 Workhouse Way, Lorton, VA 22079 5pm-9:30pm \$10 Celebrate Independence Day with your family at the Workhouse Arts Center in Lorton, VA. Enjoy art exhibits, food trucks, local craft beer and wine, live music, and a spectacular fireworks show! Live music begins at 7pm and fireworks start at dusk, typically 9pm. Admission is free and you're welcome to bring blankets and lawn chairs; parking is \$10. Call 703-584-2900 for more information or visit www. workhousearts.org.

# WE WERE PROMISED JETPACKS

Jammin Java 8:30pm \$20-30 Early 2014 saw Adam Thompson (Vocals / Guitar), Darren Lackie (Drums), Sean



Smith (bass) and Michael
Palmer (Guitar) working
tirelessly on "Unravelling"
which will be the bands most
confident and accomplished
record to date. Unravelling
was ecorded in Glasgow
at the infamous Chem19
Studios with Paul Savage
who has previously worked
with numerous established
and diverse Scottish acts such
as Teenage Fanclub, King
Creosote, The Twilight Sad,
Franz Ferdinand and Mogwai.

### July 7

# PAT BENATAR & NEIL GIRALDO MELISSA ETHERIDGE

The Filene Center at Wolf Trap 8pm \$30-60

Party to the enduring hits of '80s icons Pat Benatar and Neil Giraldo like "Hit Me With Your Best Shot" and "Love is A Battlefield," and sing along to '90s rocker Melissa Etheridge's rousing songs like "I'm The Only One" and "Come To My Window" for one night only.

### JULY 8 YUJA WANG, PIANO

National Symphony Orchestra Gershwin & Ravel Lionel Bringuier, Conductor

The Filene Center at Wolf
Trap 8:15pm \$20-58 Widely considered one of the most important artists of her generation, pianist Yuja
Wang's virtuosity—which has graced top concert halls around the world—is nothing short of dazzling. "Hers is a nonchalant, brilliant keyboard virtuosity that would have made both Prokofiev (who was a great pianist) and even the fabled Horowitz jealous."—Los Angeles Times

### JULY 9 RAIDERS OF THE LOST ARK

National Symphony Orchestra

Emil de Cou, Conductor
The Filene Center at Wolf Trap
8:30pm \$30-58 Don't miss
a special 35th anniversary
screening of Spielberg's
classic! One of the world's
greatest movie heroes, Indiana
Jones, is back and better than
ever before! On huge screens
as the National Symphony
Orchestra performs John
Williams' epic score live,
relive the magic of the original
adventure, Raiders of the
Lost Ark.



### FALLS Church

### **AMPHORA**

377 Maple Avenue West 703.938.7877 www.amphoragroup.com

### ARGIA'S

124 North Washington Street 703.534.1033 www.argias.com

### DOGWOOD TAVERN

132 W Broad St 703.237.8333 www.dogwoodtavern.com

### IRELAND'S FOUR PROVINCES

105 W Broad St 703.534.8999 www.4psva.com

### PIZZERIA ORSO

400 S Maple Ave 703.226.3460 www.pizzeriaorso.com

### RED, WHITE, AND BLEU

127 S. Washington St 703.533.9463 www.redwhiteandbleu.com

### WYLIE WAGG

7505 Leesburg Pike Suite 120A 703.748.0022 www.wyliewagg.com

### VIENNA

### CLYDE'S OF TYSONS

8332 Leesburg Pike 703.734.1901 www.clydes.com

### MAPLEWOOD GRILL

132 Branch Rd SE 703.281.0070 www.maplewoodgrill.com

### RISTORANTE BONAROTI

428 Maple Ave E 703.281.7550 www.bonarotirestaurant.com

CONTINUED ON PAGE 28



### DAILY

### **FULL-SERVICE TEA**

### Sweet City Desserts 12pm - 5pm

Three tiers of amazing sweets, scones, and savory sandwiches, served with your favorite pot of tea, right in the heart of Vienna! Call to reserve at least 48 hours in advance. Available daily.

\$19.99/adult, \$14.99/child.

### **MONDAYS**

### 50% OFF WINES AT WILDFIRE

### Wildfire

Choose your favorite bottle of wine from a select list developed by Wildfire's very own wine and spirits director, Brad Wermager.

### 50 CENT WINGS

### **Dogwood Tavern**

Dine in on Monday night at Dogwood Tavern in Falls Church for 50 cent wings, 5pm-close.

### MONDAY WINE SPECIAL

### J. Gilbert's

Enjoy 1/2 off bottles of wine marked \$100 or less every Monday.

### PRIX-FIXE NIGHT AT ASSAGGI OSTERIA

### Assaggi Osteria | 4-6pm | \$34

Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience. Choose your favorite appetizer, main course, and dessert from their regular menu

### TUESDAYS

### DESSERT TEA Special

### **Sweet City Desserts**

Buy one Dessert Tea at \$9.99, get the second one at 50% off! Dessert Tea consists of two desserts—S'mores Cake, Chocolate Pyramid, Eclair or Cupcake (any flavor)—and a pot of tea. Perfect for you and a friend! Available while supplies last.

### A DANCE FOR EVERYONE

### Colvin Run Community Hall | \$12

Ed Cottrell, Gail Crum and the NVA Dance Crew teach a one-hour class on a different dance each week. The class will start promptly at 7pm and will be followed by "Dance for Everyone" with a variety of DJ'd contemporary and classic dance music including rumba, West coast swing, East coast swing, hustle, shag, Latin, countrywestern two-step, foxtrot, tango, waltz, and more.

### 1/2 PRICE WINE AT BRX

### **Brx American Bistro**

All wines below \$65 are half price with an entrée.

### \$2 TACO TUESDAYS

### La Sandia | 4pm-9pm | \$2

Experience \$2 tacos al pastor, skirt steak, chicken tinga, or carnitas. \$2 Torta sliders, chicken tinga, and carnitas with \$2 Dos Equis to wash it all down.

### KIDS' TUESDAY

### Pizzeria Orso

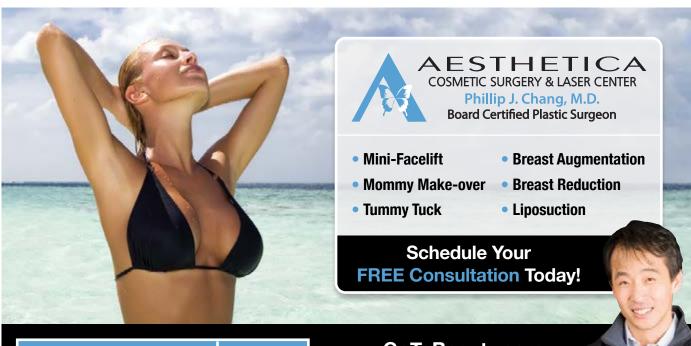
Kids 10 and under get one free item from the children's menu for each traditional or house specialty pizza. Not valid with any other special offer or advertised coupon. Not valid for cash. Dine-in only.

### SALSA NIGHT

### Iris Lounge | 6:30pm

Salsa Night – Maria Fernanda Krupholter teaches the hottest Salsa dance moves! Classes go from 8:30-9pm, then hot salsa dancing until 2am.

CONTINUED ON PAGE 28



**BOTOX**®

FOR NEW CLIENTS (LIMITED TIME OFFER)

www.GoToBeauty.com 703.729.5553

Riverside Office Park at Lansdowne 19500 Sandridge Way, Suite 350 Leesburg, VA 20176



HIRLEY UFORD & SSOCIATES

## New Property Listings



Corbett Buford 703-244-8882 Offered at \$1.359,000

6 Bedrooms/5.5.5 Baths Stunning quality constructed home sited on 1/2 acre wooded lot! Gourmet Kitchen with granite counters/island, 2 story family rm w/fire place, 9'+ coffered ceilings.



### Offered at \$899,900

5 Bedrooms/3.5 Baths Beautifully renovated w/3 finished levels on gorgeous lot backs to woods! Updated kitchen with granite counters opens to family room with stone fireplace. Rear glass sun room w/stone floor, hot tub and wet bar.



Corbett Buford 703-244-8882 Offered at \$529,900

Freshly Painted, 4 level, TH w/Loft BR Suite & 2 Car Garage! Soaring 2-story Foyer & spacious Rec Rm. Sunny, Open LR w/ columns to DR and Gourmet Kitchen w/ Island, NEW SS Appliances, granite counters, breakfast area & walkout to Balconyl

### "IT'S RESULTS THAT MATTER"



Shirley Buford 571-238-7800 Shirley@TeamBuford.com





LONG & FOSTER CHRISTIES



Corbett Buford 703-244-8882 Corbett@TeamBuford.com

MAY // JUNE 2016 \* TYSONS



www.TeamBuford.com

### **MCLEAN**

ASSAGGI OSTERIA 6641 Old Dominion Dr

www.asaggiosteria.org

703.918.0080

BRIO TUSCAN GRILLE

7854L Tysons Corner Center 703.288.8882

www.brioitalian.com

CAFE DELUXE

1800 International Dr 703.761.0600

www.cafedeluxe.com

### ENTYSE BAR & LOUNGE

1700 Tysons Blvd 703.506.4300

www.ritzcarlton.com

**EVO BISTRO** 

1313 Old Chain Bridge Rd 703.288.4422

www.evobistro.com

IRIS LOUNGE

1524 Spring Hill Rd 703.760.9000

www.irisloungeva.com

J. GILBERTS

6930 Old Dominion Dr 703.893.1034

www.jgilberts.com

LA SANDIA

7852 Tysons Corner Center 703.893.2222

www.richardsandoval.com/lasandiavirginia

PALM RESTAURANT

1750 Tysons Blvd 703.917.0200

www.thepalm.com

THE VINEYARD

1445 Laughlin Ave 703.288.2970

www.thevineyardva.com

TYSONS PLAZA

1961 Chain Bridge Rd 703.847.7300

www.shoptysons.com

THE VINEYARD

1445 Laughlin Ave (703) 288-2970

www.thevineyardva.com

CONTINUED ON PAGE 30



### **TUESDAYS**

### OSSO BUCO NIGHT

Assaggi Osteria | \$19.50

Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience.

### TRIVIA WITH ERIK Larson

Clyde's of Tysons | 7-9pm

Come out to Clyde's of Tysons to enjoy trivia with Erik Larson on the side bar from 7-9pm and enjoy live music from 9pm to close.

### WEDNESDAYS

### 1/2 PRICE WINE NIGHT

### **Amphora**

Join Amphora each Wednesday for half-priced bottles of wine.

### FAMILY PASTA NIGHT

### **Brx American Bistro**

Come out to Brx and experience their famous filet meatballs, seafood pasta, and more!

### **CUPCAKE SPECIAL**

### **Sweet City Desserts**

Buy two cupcakes, get the third one free! Our luscious cupcake

flavors include: Almond, Chocolate Peanut Butter, Red Velvet, German Chocolate, Mocha, and Ube (purple yam). Available while supplies last.

### RISOTTO DINNER

### Cafe Oggi

Risotto with fresh Strawberries and a fresh garden salad Special Price \$19.95

### PUB QUIZ

### Ireland's Four Provinces | 8pm

Test your trivia knowledge at one of the hottest spots in Falls Church. Make sure you bring a group of friends for the maximum trivia experience.

### JAZZ NIGHT

Iris Lounge | 6:30-9:30pm Join Iris Lounge and 100 of your closest friends for Live Jazz

Night with Jaared Arosemena.

### MUSSEL MADNESS Argia's

Try our award-winning Solo Mussels Argia or Marinara. Regularly \$14.95, these delectable entrees are just \$8.95 on Wednesdays. (Over pasta \$15.95)

### \$5 BOTTOMLESS GUACAMOLE

### La Sandia | 4pm-7pm | \$5

Experience bottomless guacamole with you and your closest friends for \$5.

### WINE'D DOWN Wednesdays

### Entyse, Wine Bar & Lounge | 5:30pm

Sample Sommelier Vincent
Feraud's hand-selected wines by
the glass or step up to the Fresh
Market Seafood Station where
you can create your own tasting
of Jumbo Shrimp, Crab Claws,
and Fresh Louisiana Oysters
prepared right in front of you by
our chefs.

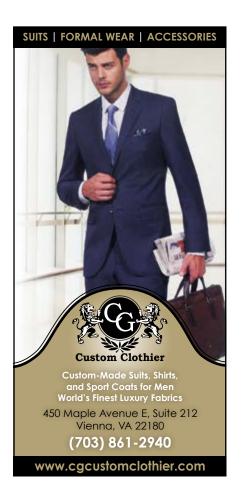
### MARTINI WEDNESDAYS

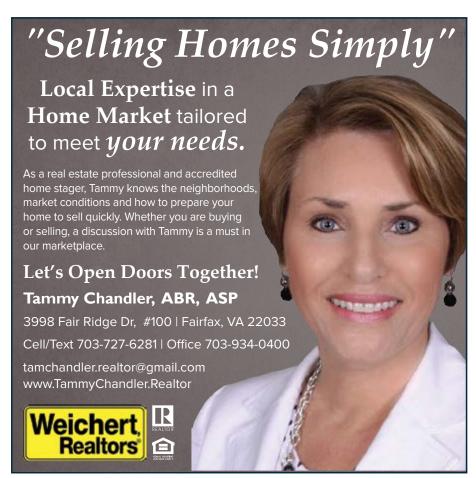
### Brio Tuscan Grille

Join Brio Wednesdays for \$5 Martinis.

CONTINUED ON PAGE 30

TYSONS \* MAY // JUNE 2016











### WEDNESDAYS

### LOBSTER SPECIAL

### Assaggi Osteria | \$19.50

Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience. You will get a salad and lobster

### **MCLEAN**

### **WILDFIRE**

2001 International Dr 703.442.9110 www.wildfirerestaurant.com

### **FAIRFAX**

MOSAIC DISTRICT

2910 District Ave 703.992.7765 www.mosaicdistrict.com

### GREAT FALLS

BRX AMERICAN BISTRO

1025 Seneca Rd 703.433.9050 www.brxgf.com

COLVIN RUN COMMUNITY HALL 10201 Colvin Run Rd

10201 Colvin Run Rd 703.435.5620 www.colvinrun.org grilled, sautéed, or baked with risotto or pasta.

### HALF OFF PRIMETIME

### Palm Restaurant | 5pm-7pm

During PrimeTime, all Prime Bites® are HALF-OFF only at Palm Bar! Try some Calabrese flatbread, dirty shrimp, prime steakburger sliders, or Nova Scotia lobster and bacon fondue.

### WINE WEDNESDAY

### Pizzeria Orso | 4pm-9pm

50% discount off all bottles of wine. Not valid for cash. Dinein only. Offer valid from 4pm to 9pm.

### REINHARDT LIEBIG

### Maplewood Grill | 7–11pm open mic 9–11pm

Reinhardt Liebig, a consummate pianist, is equally at home playing jazz standards, blues, classical and the popular song form with some Broadway tunes thrown into his performances.

### THURSDAYS

### TERRY LEE RYAN

Maplewood Grill | 8 -11pm New Orleans' own Terry Lee Ryan, pianist and vocalist, plays blues, popular standards

and especially N'awlin's style funky piano music. Their piano bar is an "institution" in the area - don't miss it! If you can't go to the Crescent City, then come to the Maplewood Grill on Thursdays.

### SUSHI THURSDAYS

### Entyse, Wine Bar & Lounge | 5:30pm

Watch as our expert guest sushi chef creates savory maki, sashimi and specialty rolls for our guests' delight. Enjoy drink specials and the luxury of creating your own sushi experience that will leave guests wanting more!

### THIRSTY THURSDAYS BEER TASTING

### Red, White & Bleu | 5pm Come and join us in our

tasting room for our Thirsty
Thursday Beer Tastings! Tasting
room open from 6-8pm every
Thursday.

### **MEXICAN NIGHT**

### **Brx American Bistro**

Come out to Brx to experience Mexican cuisine and drink specials.

### **BOGO THURSDAY**

### Pizzeria Orso

Buy one pizza, get one 50% off of equal or lesser value. Not valid for cash. Dine in only. Not valid with any other special offer or advertised coupon.

### AFTERNOON TEA

### Entyse, Wine Bar & Lounge | 12pm

Enjoy the timeless ritual of afternoon tea served at Entyse Lounge. Treat someone special to this enduring tradition honored in a luxurious setting while being pampered with The Ritz-Carlton hotel's service excellence.

### UNCORKED THURSDAYS

### **Brio Tuscan Grille**

Join Brio Thursdays for 10 wines, \$5 glasses at the bar.

### EFI TOVIA EXPERIENCE

### Iris Lounge | 8 -11:30pm

From standards & jazz to pop, rock & today's radio hits, Efi Tovia Experience plays everything that makes you wanna dance!

### THURSDAY Mornings With the great Zucchini

### Jammin' Java 10:30am-11:30am | \$5

The Great Zucchini,
Washington's funniest and
most magical preschool and
kindergarten entertainer,
performs a colorful magic show
where every child is a star and
guaranteed to laugh! Experience
the excitement of the children
when they get to learn a magic

trick at the end of show!

TYSONS \* MAY // JUNE 2016

### FRIDAYS

### REINHARDT LIEBIG

### Maplewood Grill | 7:30pm-12:30pm open mic 9:30pm-12:30pm

Reinhardt Liebig, a consummate pianist, is equally at home playing jazz standards, blues, classical and the popular song form with some Broadway tunes thrown into his performances.

### DI & DANCING

### Iris Lounge | 9:30pm -2am

Come out to Iris Lounge every Friday and Saturday for DJ & Dancing and dance the night away with drinks and your closest friends.

### FRIDAY MORNINGS WITH ROCKNOCEROS

### Jammin' Java 10:30am-11:30am | \$5

As every family with youngsters in the DC area already knows, Rocknoceros (pronounced like rhinoceros) is three guys: Coach Cotton, Williebob, and Boogie Woogie Bennie, who make wildly popular, award-winning music for the whole family. "An outstanding mix of folk and rock . . . literate songs . . . poppy approach . . . multigenerational appeal." Best Music for Kids and Families – *NPR* 

### IAZZ FRIDAYS

### Entyse, Wine Bar & Lounge | 8:30pm Join The Ladies and Gentlemen of

ENTYSE, Wine Bar & Lounge for live jazz entertainment, The Christopher Linman Jazz Ensemble.

### FRIDAY NIGHT WINE TASTING

### The Vineyard | 3-7pm

The Vineyard was founded in 2002 with the goal of making it easy to find the perfect bottle for any occasion. At The Vineyard, they believe that it is important to sort out the fodder, be well connected to the best producers, and focus on products with great value.

### FREE WINE TASTING

### Red, White & Bleu | 5-8pm

Come out to Red, White, & Bleu for a free wine tasting every Friday night.

**CONTINUED ON PAGE 32** 



### YOU CAN FIND TYSONS MAGAZINE AT THESE LOCATIONS:

Tysons Corner
Mall Information Center
Safeway
McLean Chamber of

Commerce Star-Nut Gourmet

Greenberry's Coffee Giant Food McLean Long & Foster Realtor

Keller Williams Realty Weichert Realtors

McEnearney Realtors Plastic Surgery

Sotheby's Mclean Dessange Paris

Remax Realty Staybridge Suites

Anita's Restaurant Skorpios-Maggio's Maplewood Grill

Norm's Beer & Wine

(next to Maplewood) The Virginian Restaurant

Vienna Inn

Long & Foster Realtor Foster's Grill Rexall Drugstore

Peking Express Caffè Amouri Plaka Grill

Bazin's on Church Artful Gift Shop The Community Center on Park Avenue The Greek Grill Long & Foster Realtor Dunn Loring Post Office

Metro Dunn Loring State Farm Insurance Avery Hess Realtor DMV

Coldwell Banker Realtors Lyons & McGuire

The Olde Brogue/ Katie's Coffee Garden Deli Italiano

Classic Wines The Tavern

Long & Foster Realtors Serbian Crown

Elite Fitness Concepts Ireland's Four Provinces Long & Foster Realtor

Fairfax Realty
Claire & Don's Beach Shack

The Dogwood Tavern Open Kitchen Saffron Grill

PizzaRama Arby's

Weichert Realtors Elan Magazine Studio Hair. Skin & Nails

GF Plastic Surgery

Maison Du Vin Wine Shop Le Grand Appétit

CVS Green

Greenberry's Coffee Active Family Chiropractic The Wine Cabinet

Lake Anne Coffee Shop Lake Anne

Community Center Wiehle Park & Ride Whole Foods Market

CVS Austin-Weston

Cosmetic Surgery Whole Foods Market

Nostos Restaurant Evo Bistro

May Jewelers Lost Dog Café

West Falls Church Metro Stifel & Capra

Community Center, Falls

Church City Hall The Virginian

Chesterbrook Residences Sun Design

McLean Community Center Oakton Vienna

Animal Hospital
Meadowlark Gardens



### FRIDAYS Afternoon tea

### Entyse, Wine Bar & Lounge | 12pm

Enjoy the timeless ritual of afternoon tea served at Entyse Lounge. Treat someone special to this enduring tradition honored in a luxurious setting while being pampered with The Ritz-Carlton hotel's service excellence.

### SATURDAYS SATURDAY BRUNCH

### **Amphora**

Join them for their famous brunch. Don't miss the Double Chocolate Pancakes, Bananas Foster French Toast, Tomato Caprese Eggs Benedict and even our Greek Pocket featuring grilled pita topped with scrambled eggs, simmered tomatoes, onions, feta cheese and authentic Grecian gyro made fresh daily.

### TERRY LEE RYAN

Maplewood Grill | 8 -11pm

New Orleans' own Terry Lee Ryan, pianist and vocalist, plays blues, popular standards and especially N'awlin's style funky piano music. Their piano bar is an "institution" in the area don't miss it!

### BALLROOM Social Dance

32

Colvin Run Community Hall | \$15-\$20

On the 1st and 3rd Saturdays

of the month enjoy music and a dance lesson provided by DJ Craig Bukowski or John Jerz. Lesson from 8-9:00pm. Dancing from 9-11:30pm. Price includes the dance lesson and snack bar.

### DJ & DANCING

### Iris Lounge

Come out to Iris Lounge every Friday and Saturday for DJ & Dancing and dance the night away with drinks and your closest friends.

### LIVE MUSIC SATURDAYS

Entyse, Wine Bar & Lounge | 8:30pm Join The Ladies and Gentlemen of ENTYSE, Wine Bar & Lounge for live music.

### BARBEQUE NIGHT

### **Brx American Bistro**

Head out to Brx American Bistro to enjoy some of their famous delicious BBQ beef brisket.

### AFTERNOON TEA

Entyse, Wine Bar & Lounge | 12pm Enjoy the timeless ritual of afternoon tea served at Entyse Lounge. Treat someone special to this enduring tradition honored in a luxurious setting while being pampered with The Ritz-Carlton hotel's service excellence.

### SATURDAY WINE TASTING

The Vineyard | 12-5pm
The Vineyard was founded in 2002

with the goal of making it easy to find the perfect bottle for any occasion. At The Vineyard, they believe that it is important to sort out the fodder, be well connected to the best producers, and focus on products with great value.

### SATURDAY BRUNCH

### Wildfire | 11am

Gather your family and friends and enjoy Wildfire Tysons' new weekend brunch menu! Enjoy all of your brunch favorites like Lemon Ricotta Pancakes, Oven Roasted Crab Cakes Benedict, and more.

### DJ & DANCING

### Iris Lounge | 9:30pm –2am

Come out to Iris Lounge every Friday and Saturday for DJ & Dancing and dance the night away with drinks and your closest friends.

### **SUNDAYS**

### SUNDAY BRUNCH

### **Amphora**

Don't miss the Double Chocolate Pancakes, Bananas Foster French Toast, Tomato Caprese Eggs Benedict and even our Greek Pocket featuring grilled pita topped with scrambled eggs, simmered tomatoes, onions, feta cheese and authentic Grecian gyro made fresh daily.

### 1/2 PRICE BURGERS

### Dogwood Tavern | 7pm

Enjoy ½ price burgers from 7pm-midnight every Sunday night at Dogwood Tavern in Falls Church. Dine in only.

### 1/2 PRICE WINE

### Ristorante Bonaroti

Enjoy ½ price wine by the bottle on Sundays at dinner. Sergio Domestici and the Bonaroti family invite you to explore the joy of classic Italian cuisine and their award-winning wines and service.

### SUNDAY BRUNCH

### La Sandia

Every Sunday, feast on Mexican brunch favorites - huevos rancheros, Mexican chocolate waffles, iron skillet breakfast, and more. Make it a lazy morning washed down with Bloody Marias and Tropical Fruit Margaritas.

### FABULOUS BUFFET BRUNCH

### Ireland's Four Provinces

Come to the 4P's for a grand buffet brunch that includes smoked salmon, Eggs Benedict, carved roast beef, homemade omelets, shepherd's pie, corned beef hash, potatoes, sausage, soup, salad, pastries, fruits, and SO much more.

### SMALL DOG MEET & GREETS

### Wylie Wagg | 3-5pm

Bring your dogs on Sunday to make some new friends that are the same size! Healthy, happy, and helpful.

### SUNDAY BRUNCH

### Café Deluxe

Can't miss menu items including the Deluxe Benedict, sourdough toast topped with black forest ham, poached eggs and sundried tomato Hollandaise sauce served with a side of breakfast potatoes, and the Brioche French Toast, topped with powdered sugar, cinnamon and fresh fruit.

### SUNDAY BRUNCH

### Cyclone Anaya's

Come out and try the best brunch in the Mosaic. Huevos rancheros, huevos con chorizo, migas, breakfast quesadillas, and even a crabmeat omelet.

### SUNDAY BRUNCH

### Wildfire | 11am

Gather your family and friends and enjoy Wildfire Tysons' new weekend brunch menu! Enjoy all of your brunch favorites like Lemon Ricotta Pancakes, Oven Roasted Crab Cakes Benedict, and more.

### SUNDAY BRUNCH

### Assaggi Osteria | 11am

Come out to Assaggi Osteria to enjoy wonderful food, friends, and a great dining experience. ❖

TYSONS **\*** MAY // JUNE 2016



### FINDING THE PERFECT FIT

### IS MORE IMPORTANT THAN YOU THINK

Just like the wrong size shoes will make your feet hurt, choosing a printer with the wrong size equipment for a print job will make your budget hurt. And how do you know it's the wrong size equipment? You won't until you call Stephenson Printing where you'll find all three types of presses (digital, sheetfed and full-size web) capable of printing a hundred copies, a thousand, a million or more. And when Stephenson's extensive inhouse bindery and mailing departments finish your job, the cost savings won't let you buy just one pair of shoes – you'll be able to buy the whole closet!



### STEPHENSON PRINTING

www.stephensonprinting.com

5731 General Washington Drive, Alexandria, VA 703.642.9000 • 800.336.4637







CREATIVE CAULDRON, THE ALDEN THEATRE 1ST STAGE IN TYSONS, SIGNATURE THEATRE

### MAY 1-JUNE 2

### PASSAGE: TEXTILE WORK BY HILLARY STEEL

McLean Project for the Arts—Emerson Gallery, 1234 Ingleside Ave., McLean, VA 22101, Monday-Friday 10am—4pm, Saturday 11am—5pm Monumental works blending abstractionist color and structural explorations and traditional Mexican weaving techniques.

### MAY 5-29

### CAROLINE, OR CHANGE

Music by Jeanine Tesori Book and Lyrics by Tony Kushner Creative Cauldron Thursday-Saturday 8pm, Sundays 2pm and 7pm \$18-26 A powerful musical that blends blues, gospel and traditional Jewish klezmer music to tell the story of the Gellman family and their African-American maid, Caroline in 1963 Louisiana.

### **MAY 11**

### Jammin' Juniors— Steve Songs

McLean Central Park Gazebo, 1468 Dolley Madison Blvd, McLean, 12:30pm Free Bring your lunch and listen to some tunes! Join us for a free lunchtime concert for children ages 2-5 and their families. Free parking is available at McLean Community Center.

### MAY 18 Vienna Photographic Society Competition

Oakton Elementary School Auditorium room 123, 3000 Chain Bridge Rd Oakton, VA 7:30 PM Vienna Photographic Society is hosting a competition and critique of member submitted images. This may be useful for artists and photographers for learning about composition. The judge will make suggestions for improving composition and photographic techniques. Themes are working with hands and images straight from the camera. Free and attendance is open to anyone. More details in the newsletter at vpsva.org.

### MAY 22

### MUSIC FRIENDS CONCERTS AT THE ALDEN

### The Premier Showcase for Great Chamber Music in Northern Virginia

The Alden Theatre 3pm Free
This free classical music series, now in
its 40th season, features professional
musicians who have won international
recognition for their artistry. The series

# ARTSPOWER'S "CHICKEN DANCE"

The Alden Theatre 2pm \$10-15
Ages 4+. ArtsPower's newest musical portrays the colorful story of Marge and Lola, two barnyard chickens on a mission to win the barnyard talent contest first prize of two tickets to see the great Elvis Poultry in concert! But first, they must present a performance that will score higher than a flock of very talented ducks who seem to have the contest locked up. Can Marge and Lola face their challengers, against all odds, and win the talent contest?

34

TYSONS · MAY // JUNE 2016 VIVATYSONS.COM

also includes Young Soloists Recitals that showcase the talents of local school-age musicians.

### MAY 31-JULY 10 LA CAGE AUX FOLLES

### Tony Award®-Winning Musical Comedy by Jerry Herman & Harvey Fierstein

Signature Theatre Tuesdays—Wednesdays 7:30pm, Thursdays—Fridays 8pm, Saturdays at 2pm and 8pm, Sundays 2pm \$40-77
The beloved gender-bending musical comedy and winner of six Tony Awards® including
Best Musical closes out the Signature season starring
Bobby Smith.

The twenty year relationship between Georges, a clubowner, and Albin, the head drag performer, faces a test when their son announces his engagement to the daughter of ultra-conservative political parents. To please their son, Georges and Albin agree to hide their lifestyle and play it straight for a dinner with the potential in-laws. However, Albin's different definition of "normal" threatens to upend the entire supper with hilarious results.

With an iconic score by Jerry Herman (Hello, Dolly!; Mame) featuring "I Am What I Am" and "The Best of Times" and hilarious book by Harvey Fierstein (Newsies, Kinky Boots), La Cage Aux Folles is a fabulously fun musical about family, identity and loving who you are.

### JUNE 2–26 Floyd Collins

1st Stage in Tysons, Fridays 8pm, Saturdays 2pm and 8pm, Sundays 2pm and 7pm \$15-35 This haunting musical, one of the most acclaimed

in recent years, tells the transcendent tale of a true American dreamer. In 1925. while chasing a dream of fame and fortune and turning a Kentucky cave into a tourist attraction, Floyd Collins himself became the attraction when a mishap trapped him 200 feet underground. Alone but for sporadic contact with the outside world, Floyd fought for his sanity and ultimately his life as the rescue effort above exploded into this country's first genuine media circus. Reporters and gawkers from across the country descended on the site, fueling the hysteria and manipulating the nation into holding its collective breath.

### JUNE 3–19 The Wind in the Willows

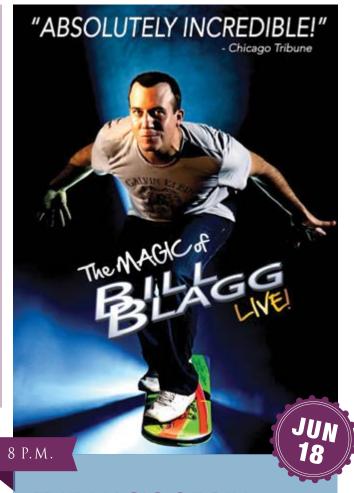
A Learning Theater Production, Based on the Book by Kenneth Grahame Creative Cauldron Fridays 7:30pm, Saturdays 2pm and 7:30pm, Sundays 2pm \$11-16

The classic English tale of immortal animal friends Rat, Mole, Toad, and Badger.

# JUNE 11 "GUT CHURN" FROM RADIOLAB'S JAD ABUMRAD

The Alden Theatre 8pm \$15-30 What does it mean to "innovate?" This was a question Radiolab host Jad Abumrad was frequently asked after being awarded a MacArthur "Genius Grant" in 2011. This multimedia exploration, on one level, is the personal story of how Jad invented a new aesthetic. On another, it is a

CONTINUED ON PAGE 36



# THE MAGIC OF BILL BLAGG LIVE!

The Alden Theatre 8pm \$15-20

The Magic of Bill Blagg Live! comes to The Alden for one show only! Critics and audiences alike rave about his incredible high-energy, grand-scale magic & illusion that will have you rubbing your eyes in disbelief. Called "simply amazing" by the Chicago Tribune, Blagg's show is packed with NEW mind-blowing illusions and his trademark off-the-cuff personality that make this show a great family event! Audience volunteers will levitate in mid-air, vanish in the blink of an eye, and so much more! This is one show you can't afford to miss! Witness live over 90 minutes of interactive, action-packed magic & illusion performed by the country's most prominent magical star, Bill Blagg!

# **OCATIONS**

THE ALDEN THEATRE

1234 Ingleside Ave. McLean. VA 703.790.9223 www.aldentheatre.org THE CREATIVE CAULDRON

410 South Maple Ave. Falls Church, VA 703.436.9948 www.creativecauldron.org 1ST STAGE IN TYSONS

1524 Spring Hill Road Tysons, VA 22102 703.854.1856 www.1ststagetysons.org GEORGE MASON UNIVERSITY

Center for the Arts 4400 University Dr., Fairfax 703.993.1000 cfa.gmu.edu/calendar/ SIGNATURE THEATRE

4200 Campbell Ave. Arlington, VA 703.820.9771 www.signature-theatre.org



clinic in the art of storytelling. On a third and more profound level, it is the result of a three-year investigation into the science, philosophy and art of uncertainty, which all began with the two words that are the title of this talk. "Gut Churn." Visit www. jadabumrad.com for more information.

### JUNE 12 Morgan Taylor's "Gustafer Yellowgold's Show"

The Alden Theatre 2pm \$10-15 Ages 4+. Gustafer Yellowgold is a friendly fellow who came from the Sun and landed in the Minnesota woods. Gustafer Yellowgold's Show is a multi-media performance of live music, animated illustrations and storytelling.

### JUNE 14–18 Make em Laugh

Signature Theatre 8:30pm \$35 In a hilarious mix of improv and song, Signature's funniest ladies and gents come together for a whirlwind expedition through the art of the joke. From humorous rewritings of classic songs, to comedy ditties, to some of contemporary musical theater's whimsical gems, Signature has one goal for this cabaret—to make you laugh!

### JUNE 25 Jazz Masters With John Eaton

The Alden Theatre 1pm \$5-12

Jazz pianist, musicologist and humorist

John Eaton brings his popular continuing
education program to the Alden. Jazz

Masters with John Eaton is an entertaining
and insightful afternoon that combines

Eaton's peerless knowledge of the Great

American Songbook (video), hilarious
commentary and elegant, ultra-tasteful
renditions of jazz standards, both popular
and obscure. Each seminar covers one of
the giants of the genre.

### JUNE 26

### Shake, Rattle and Roll—A 1950s Cabaret

Leesburg Brewing Company, 2C Loudoun Street SW, Leesburg, VA 20175

In the 1950s, a new sound hit the air waves and drew teenagers to the dance floor - often to the consternation of their parents. Drawn from the blues, rock and roll upended the music world. Relive those days as StageCoach Theatre presents "Shake, Rattle and Roll," a revue of the music that created a soundtrack for America. Visit www. stagecoachtc.com/featured for more information.



"A CHILD IS A
DISCOVERER.
HE IS AN
AMORPHOUS,
SPLENDID BEING
IN SEARCH OF
HIS OWN
PROPER FORM."

-MARIA MONTESSORI

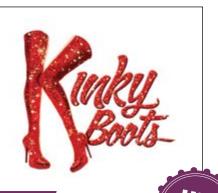


We look forward to sharing our unique program with you! Contact our admissions office to schedule a tour.





1711 KIRBY RD | MCLEAN, VA 22101 | 703.790.1049 | MCLEANMONTESSORI.ORG



8 P.M.

# "KINKY BOOTS" AT THE KENNEDY CENTER

Deluxe motor coach transportation at 10:45am included from McLean Community Center to The Kennedy Center, Bus returns at 5pm, \$205-210 "Kinky Boots" won the 2013 Tony Awards for Best Musical, Best Original Score and Best Choreography. The show features music and lyrics by Cindi Lauper. In this age of phenomenal musicals, one cannot do much better than that! The musical is taken from a 2005 film by the same name and is the true story of a man named Charlie Price who inherits a shoe factory from his father. To save the business, Charlie forms an unlikely partnership with a cabaret performer who is also a drag queen and together they save the business with a line of high-heeled boots. Besides being outrageously funny, the music took off and the show album premiered at number one on the Billboard Cast Albums Chart. The music and songs are irresistible and the dancers literally bounce across the stage.

Our pre-matinee brunch will be at Filomena's Ristorante in historic Georgetown. This classic restaurant offers authentic Italian cuisine in an elegant setting.

"Kinky Boots" will sell out, so be sure to make your reservation early. Please make checks payable to Excursionaire. Cancellations must be made in writing and will only be permitted if a substitute is provided. ❖

36 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



WE SELL THE MOST IMPORTANT HOME. YOURS.™

VA 703.457.9000 | MD 301.277.8778 | DC 202.618.8928 WYDLERBROTHERS.COM







If your musical taste harkens back to the Boswell Sisters or the Andrews sisters—the type of harmonious jazz that only a trio of lovely ladies can perform—then you're sure going to want to check out YazzoZazz.

Consisting of Kathy Farmer, Robin Cunningham and Jeanine Greene, YazooZazz has been performing in our area for years, playing regularly with the Tom Cunningham Orchestra or with a small ensemble of three musicians or just piano.

Farmer, the high voice in YazooZazz, has had a long-standing love of jazz and vocal harmonies. She is also a choir director at her church in Ashburn, and a member of the Master Singers of Virginia a cappella vocal ensemble.

Cunningham, the low voice of the group, is an original YazooZazz member, dating back more than a decade. Greene, the middle voice in YazooZazz (and also the trio's violinist), can also be found singing classic French songs and playing violin with gypsy jazz groups around town.

"YazooZazz has been a part of the Cunningham orchestra for many years, and we are the current iteration of the group," Farmer says. "The name comes from the Boswell sisters, who had a song called "Old Yazoo," which was about a real town in Mississippi."

For those unfamiliar, the Boswell Sisters were very influential in early jazz. The Andrews Sisters followed in the 1940s, continuing on their great style.

"The Boswells are not known very well today in the U.S., but many are singing their music around the world," Farmer says. "Bette Midler covered the exact arrangement of one of their songs, 'It's the Girl,' on her latest album. It's one of our favorites to perform."

All three members of YazooZazz work to get the word out about the Boswell Sisters and educate music lovers on what a true American treasure they were. The Boswells wrote

their own arrangements and their own songs, and did a lot of very interesting things musically.

"There are so many people who don't know anything about them; it's pretty amazing," Farmer says, "They were very influential in jazz and they were the rock stars of their age. Thousands of people would show up to see them wherever they played, but that legacy has been lost, which is a shame."

In October 2014, YazooZazz was invited to go to New Orleans by one of the Boswell Sisters' granddaughters, who had just written a book about them.

"She started researching and finding all these groups around the world who were doing their music, which is pretty interesting to us because we don't know much about them in the U.S., but there are people around the world singing this music," Farmer says. "When we got together with them, we made life-long friends."

Groups came from Israel, Spain, Australia, Canada and a few others from the U.S. Most of them were singers in their 30s and even younger.

38 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



"All three of us have been involved in music forever, and I always wanted to be part of a trio, and even I myself had only a vague awareness of who they were," Farmer says. "Once I joined the trio, it's all I want to do. Of course, we do music of other trios, and it's really fun."

And fun is what it's all about to Farmer and the others.

"You have to smile when you do this music," she says. "It's quirky at times, they mimic instruments at times, and it's quite interesting. Even though people don't know the music, it's so fun and interesting."

Upcoming performances of YazzoZazz include appearing with the Tom Cunningham Orchestra during the Saturday night swing dancing show at Glen Echo Park, on May 7 and June 25.

"People are coming to swing dance and they don't dance to a recording, they are dancing to a live full big band, which is pretty awesome," Farmer says. "It's a great night and we are always excited to play there."

For more information on the trio, visit yazoozazz.wix.com.❖

AUTHOR: Keith Loria is a freelance writer who writes regularly about sports, business, entertainment, and the arts. When he's not writing, the Oakton work-at-home dad can be found playing with his daughters Jordan and Cassidy.



AV ARCHITECTS + BUILDERS IS AN AWARD-WINNING FIRM HELPING HOMEOWNERS "LOVE THEIR HOME AGAIN" BY OFFERING UNIQUE INTEGRATED DESIGNBUILD SERVICES TO CREATE HOMES THAT EXUDE LUXURY VACATION STYLE LIVING ALL YEAR ROUND.

RELAXING LIFESTYLE

QUALITY

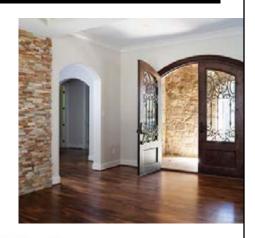
VACATION FEEL

LUXURY

SEAMLESS FLOW

NATURAL MATERIALS

CENTRAL ENTERTAINING



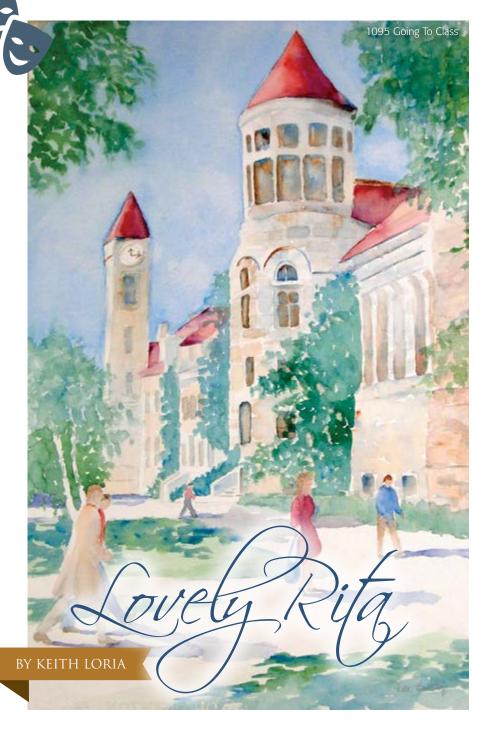
703.865.5065



Love Your Home Again™

A V A R C H I T E C T S + B U I L D E R S 9 9 0 3 G E O R G E T O W N P I K E • # 2 0 1 G R E A T F A L L S , V I R G I N I A 2 2 0 6 6 W W W . A V A R C H I T E C T S B U I L D . C O M





While the Vienna Arts Society looks for a new space this summer, it will continue to exhibit some of the area's finest artists.

For example, Vienna's own Rita Bentley will be exhibiting "Revisiting Europe" this May, featuring a series of 5-6 paintings in which the artist recalls her memories from past voyages.

"We have been to Europe several times and it just speaks to my soul; especially Italy with the art and the music," she

40

says. "It hasn't regressed at all since the Renaissance, its music and art is just fantastic."

In creating her watercolors, Bentley takes photos during her trips and then brings them back to her home studio and spends weeks at a time turning them into pictures on a canvas.

"Painting while you travel is not really feasible with watercolors, unless you stop at a watercolor workshop, where they stop some place and let you paint," she says. "I don't really like painting outside because



the watercolor dries so fast and I can't think fast enough to change anything."

The 80-year-old Bentley discovered a passion for painting later in life than most. After retiring from a career as a legal secretary, and her three kids all grown and married, she was looking for something fun to do and was inspired by a visit to a crafts fair in Oakton.

"I always had a creative gene. I grew up loving music and I played the violin but I never did anything in the art world," she says. "I saw a watercolor painting by watercolorist Hannah Jacobs and it got me all excited, and I knew I had to learn to do that. It was so alive and beautiful."

That was in 1991, and over the last 25 years, she has worked hard on her craft. She took lessons from Lassie Corbett in Herndon. From there, she continued her studies at the Torpedo Factory in Old Town Alexandria.

The biggest challenge through it all, she notes, is taking the proper amount of time to think about a piece before starting.

"Watercolors are the most difficult of the mediums because you can't change anything and it sparks your creative juices and your desire to go on and finish something because you have to think about it a long time before you start," Bentley says. "Once you put your paint on the paper it's there, and if you want white to show on the paper, you have to plan for that."

For example, on a recent work, Bentley painted over where she originally wanted a white spot to be and she had to throw it away

TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



and start over because she needed that to be the focal point of the painting.

Bentley, who has been married for 58 years, has a studio in her home where she works and her artwork consists of a variety of different subjects—not just her travels

"I have done a lot of pictures of children—playing tug-of-war and swimming and at the beach—and I have eight grandchildren and have done lots of pictures of them when they were younger," she says. "There again, you need to paint from a photo because the children won't sit still."

Although she doesn't paint as often as she used to, Bentley still tries to paint when she can and knows that it's a medium that you have to stay involved in.

"You need to be inspired. If you not, it looks like you're working on a coloring book and it becomes mechanical and you get no joy from painting like that," she says. "Sometimes I will be sitting in another room and I'll be inspired by something and decide to go paint for a couple of hours, and that's when it becomes successful."

She likes to listen to music when she paints and is mostly inspired in the afternoons.

Bentley is very committed to her art form and is an active member is both the Vienna Art Society and the McLean Art Society. She has shown her work at the McLean Project for the Arts and has participated in juried shows at the Torpedo Factory. She's also received awards from the Art League in Alexandria, the Vienna Arts Society Treasury of Art Show and from the League of Reston Artists.

"It's nice to be recognized but that's not why I do it," she says. "My favorite thing about painting is the chance to make someone else happy."

The "Revisiting Europe" exhibition will be on display though July 26. ❖

AUTHOR: Keith Loria is a freelance writer who writes regularly about sports, business, entertainment, and the arts. When he's not writing, the Oakton work-at-home dad can be found playing with his daughters Jordan and Cassidy.





www.myflorist.com | 1984 Chain Bridge Road | Tysons Corner











## Have you ever dreamed about altering reality at will?

If so, you'll want to head to Tysons Corner this summer as that's the theme of Cirque du Soleil's latest extravaganza, "KURIOS – Cabinet of Curiosities," which will will premiere under the iconic blue-and-yellow Big Top at Lerner Town Square at Tysons II from July 21 through August 21.

In the show, guests are surrounded by whimsical curiosities that come to life in the most amazing ways, as if you are at a Victorian carnival or magical sideshow.

Written and directed by Michel Laprise, Cabinet of Curiosities is Cirque du Soleil's 35th production since 1984, and includes a talented cast of 46 performance artists from 15 different countries.

Laprise has a great deal of experience in creating unique performance art performances. He spent nearly a decade as an actor, director and artistic director in the theater world, and was hired by Cirque du Soleil in 2000 as a scout.

He quickly proved his chops and was promoted to special events designer, under his direction the troupe performed with Quebec diva Diane Dufresne during the Opening Ceremonies of the Montreal 2006 Outgames. He also took the helm of the large-scale performance event created for the launch of the Fiat Bravo in Italy (2007); the Cirque du Soleil performance event celebrating Quebec City's 400th anniversary (2008); and the launch of Microsoft's Kinect console at the 2010 Electronic Entertainment Expo, broadcast on MTV. Laprise even collaborated with Madonna as an artistic consultant for her performance at the Super Bowl XLVI halftime show and later directed her world tour.

The creative team of KURIOS – Cabinet of Curiosities consists of 17 creators under the artistic guidance of Guy Laliberté and Jean-François Bouchard.

The show follows a story where time comes to a complete stop, transporting the audience inside a fantasy realm where anything and everything is possible. It's a world set in the 19th Century only seeing is disbelieving.

Descriptions of the tale have been vividly painted by all who have seen it. In an alternate yet familiar past, in a place where wonders abound for those who trust their imagination, a Seeker discovers that in order to glimpse the marvels that lie just below the surface, we must first learn to close our eyes. In his larger-than-life curio cabinet, the Seeker is convinced that there exists a hidden, invisible world—a place where the craziest ideas and grandest dreams await.

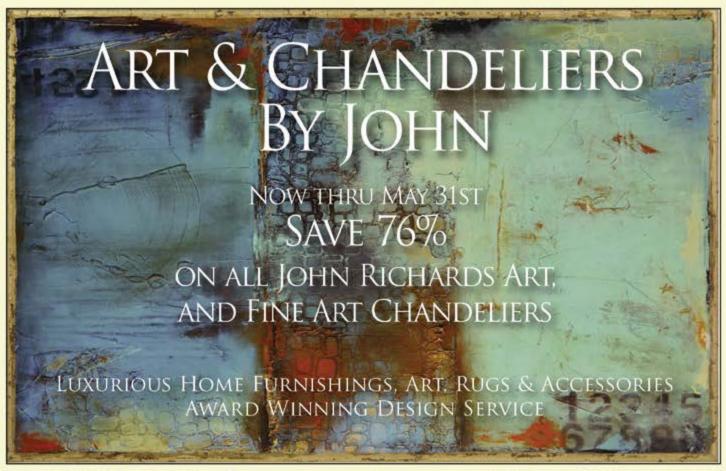
From there, a collection of otherworldly, benevolent characters suddenly steps into his makeshift mechanical world. When this outlandish group turns the Seeker's world upside down—with a touch of poetry and humor—in an attempt to ignite his imagination, the curios jump to life one by one before the Seeker's eyes.

The title of the show takes its name from the humble and strange characters that inhabit the Seeker's Cabinet of Curiosities—the so called KURIOS, assistants including the Winch Kurios and Suction Cup Kurios.

Other characters include Nico the Accordion Man, who wears a costume that allows him to bend way down or stand way up so he can be at eye level with absolutely everyone; Mr. Microcosmos, leader of the group, who is the embodiment of technological progress; Klara the Telegraph of the Invisible, who can receive alpha waves by turning on her heels and pointing her hoop skirt in various directions; and Mini Lili, who represents Mr. Microcosmos' unconscious mind.

The show originally premiered in Montreal back in 2014 and has remained a popular hit throughout North America, keeping the unique tradition of Cirque du Soleil alive.

For more information, visit cirquedusoleil.com/kurios. �









Please Contact John Hashempour, Master Designer
Owner and Director of Interior Design, to Discuss your design needs.

Persiano Gallery

WASHINGTON'S PREMIERE SHOWROOM FOR INTERIOR DESIGN & ECLECTIC HOME FURNISHINGS 188 MARKET STREET, THE KENTLANDS, GAITHERSBURG, MARYLAND + PERSIANOGALLERY.COM 240-683-1022





# CHOOSING the RIGHT

# Venue

Planning the transition from the ceremony to the reception can get quite tricky to book if they're not taking place in the same space. Luckily, a number of wedding venues here in the Tysons area can orchestrate the perfect flow to make those logistical problems disappear. Relish in developing the style of your big day by choosing a space that compliments it best - modern, sophisticated, unique, or rowdy—the perfect venue awaits!



#### TYSONS CORNER MARRIOTT

"Your Happily Ever After Begins with Us"

Celebrate the beginning of your new life together at the Tysons Corner Marriott. Craft your perfect day with Marriott Certified Wedding Planners who will help you orchestrate your vision by overseeing all the details and bringing your dream wedding to reality. Their sophisticated Grand Ballroom marries style and tradition making it ideal for an unforgettable evening, while enjoying customized cuisine you're sure to savor. They vow to make your wedding day an unforgettable experience.

Mention 'Viva' for 10% off 703-734-3200

8028 Leesburg Pike, Tysons, VA 22182

www.tysonscornermarriottweddings.com



#### **FALLS CHURCH MARRIOTT FAIRVIEW PARK**

"Our weddings exceed every expectation with inspiring spaces and creative menus."

At Falls Church Marriott Fairview Park, style and substance go hand in hand. For them it simply means innovative catering menus, extraordinary service and sophisticated accommodations combined with our relaxing, park-like picturesque environment. For you it's the wedding of your dreams in one of our elegant ballrooms that accommodate between 200-1,400 guests. Let us make the wedding of your dreams come true.

Mention 'Viva' for 10% off 703-849-9400 3111 Fairview Park Dr, Falls Church, VA 22042 www.fallschurchmarriottweddings.com

#### THE STATE THEATRE

"Originality, atmosphere, and seriously wide pipes."

You think big and do big, so does The State Theatre. Don't need that much?

No worries, they can scale it down to any size you need. 50 people
to 500 people. Some of their amenities include:

✓ Martin Intelligent Lighting with Full Studio Direction,

Custom-Designed Lighting & Sets

✓ Sound Image Sound System with Front of House and Stage Engineers

✓ High definition projection with 20 foot screen

✓ Multiple small and midsize projection capabilities

Add in a fully restored 1930's Art Deco setting, arranged any way you can think of, a full service in-house restaurant and catering service, four full service bars, and state of the art sound & lights (The State Theatre is a nationally recognized music venue) and there's no reason

to go anywhere else.

703-237-0300 220 N Washington St, Falls Church, VA

www.thestatetheatre.com





#### THE RITZ-CARLTON

"Say "FDo to Your Dream Wedding"

Whether couples cherish tradition or have more modern tastes,
The Ritz-Carlton hotel in Northern Virginia is the ideal wedding venue for
celebrating their special day. Their full range of wedding services includes an
event design studio, where couples can customize décor; exquisite catering that
specializes in Middle Eastern, Indian and Persian cuisines; and a professional
wedding advisor to bring it all together. Their wedding venues include The RitzCarlton Ballroom, the largest in Northern Virginia with space for up to 1,500
guests, and the Old Dominion Room, offering a more intimate space with a classic
English mansion ambiance, dance floor and marble bar. For a magical evening
in either setting, their wedding team will hang votive candles from the ceiling to
mirror a romantic celebration under the stars.

703-506-4300 1700 Tysons Blvd, McLean, VA 22102 www.ritzcarlton.com





Whitney and Shawn Connelly began their search for the perfect wedding venue with specific requirements in mind. "We wanted a place where we could have a formal wedding, but still be relaxed enough for everybody to have fun," explains Whitney. The couple also needed a place where they could host multiple events. "Airlie had everything we wanted. Our family and friends stayed at Airlie; we had our rehearsal dinner, wedding ceremony and reception there; and the next day, we had a breakfast for guests who stayed the night," Whitney says. "It takes the guesswork out of everything when it's all done in one place."

Airlie Center is a luxury resort that manages to be vintage and modern at the same time. Formerly a working farm, Airlie was transformed into a conference center in 1956, where heads of state, business people and scientists could meet in a distraction free environment. In the last few years, the conference center opened to leisure guests and has since transitioned to a full-service resort. A few miles from the charming town of Warrenton, Airlie is one hour from Washington D.C. and 33 miles from Dulles Airport, making it an ideal wedding venue for both D.C. Area residents and out-of-town guests. The Airlie property is surrounded by 1,200 acres of natural preserve, so it feels like a village in the country. Once you've arrived, you won't need your car until you leave.

Through the revitalization of historic buildings, like the silo, post office, stables, lodge and the Swan Pub, Airlie has seven different housing units and multiple sites to host weddings year-round. "It's a full service hospitality facility," notes Carol Smith, Airlie's director of sales and marketing. Smith says bringing a wedding group together, and making a whole weekend out of it, is what's trending in the marketplace. "Families are celebrating for more than one day—the rehearsal dinner, groomsmen playing golf, bridesmaids taking the bride to a nearby winery—Airlie serves a multi-day event quite well," Carol concludes.

Bridal consultant Amanda Smith, owner of White Pumpkin Weddings in Alexandria, often directs her clients to visit Airlie. "I think it has that wow factor. Driving down that winding driveway is just beautiful, and you get a sense of relaxation when you enter. They're getting away, but everything is there for them."

Airlie has a number of sites for rehearsal dinners, ceremonies and receptions, and for every Plan A, they have a workable and almost equally spectacular Plan B. Many couples choose to have their wedding in the garden, and then move to the 365-degree open-air pavilion, with its scenic views and dimmable chandeliers. "It looks like a set Ralph Lauren designed," describes Airlie's catering manager Tara Henson.

There are several picturesque sites where the bridal party can set up a Pinterest-worthy shot—Airlie's Spanish Steps at the Lodge, the banks of Lake Stanley with swans swimming in the background, and Airlie's new "LOVE" sign, which debuted on Earth Day in conjunction with the Virginia Tourism Bureau. Virginia's motto "Virginia is for Lovers" comes alive with the use of recyclable materials: letters are made from empty wine bottles, the O is a giant tractor tire, and the V is made out of vines.

The Connelly's say they were "blown away by the food" at Airlie. Chef Jeff Witte hosts group tastings so the couples can sample some of his signature dishes, but he's also open to input

from the bridal party. "He allowed us to create our own menu, but stayed within our budget, which was not outlandish. At our three course reception, we served filet and lobster tail. We ate three meals at Airlie, and every single meal was so good."

Airlie's food is superb, and part of why it's so exceptional is that their produce and meats come from thirty nearby farms and Airlie's own garden. "It's trendy to say 'buy local,' or 'farm-to-table,' but Airlie's been doing that for 25 years," says Carol Smith. "We aren't working off a set menu. The farms are so close that chefs go pick it out themselves, and we don't have to pass the expense onto the customer." Airlie even offers a gourmeton-demand menu that guests can order while fishing at the lake or playing at the volleyball court. Riding the complimentary bikes and bringing along a picnic basket is another popular activity for Airlie guests, along with archery, tennis, swimming and skeet shooting.

Airlie's catering managers work closely with couples, striving to meet their expectations before and during the wedding. Bridal consultant Amanda Smith says the staff is known for taking care of the little things-like shuttling mobility-challenged guests around, providing blankets when it gets cool, and moving the food service quickly. They've brought out Adirondack chairs and tall lanterns by the lake. One wedding had a cigar tent. "At Airlie you have all that space to spread out, and the food is always amazing," Smith adds. "I ask clients what they picture for their wedding, and if they want an all-inclusive, country-rustic elegance in a getaway space, Airlie comes to the top of the list." �

AUTHOR: Renee Sklarew is working on a travel guidebook, *The Unofficial Guide to Washington DC*, coming out this winter. She's also a regular contributor to Northern Virginia Magazine and The Washingtonian. She and her family love trying new restaurants.







#### **AMPHORA CATERING**

"Tastefully Inspired CArt"

Amphora Catering's strength is in featuring fresh, healthy cuisine, through a world of boundary crossing flavors. They pride themselves on satisfying some of the most diverse palates around and are well known for their creative twists on traditional and world cuisines, as their Chefs constantly keep up with the latest culinary trends. Amphora has achieved national recognition and is passionately dedicated to every detail, from edible works of art to awe-inspiring design.

703.938.3800 EX 1 1141 Elden Street, Suite 224, Herndon, VA www.amphoracatering.com



#### **SWEET CITY DESSERTS**

"We loved Sneet City Desserts, and ne got TONS of compliments on the cake!"

At Sweet City Desserts, a wedding cake is as distinct as the couple it celebrates. Traditional, simple, elegant or whimsical, your cake will be customized to your style and taste. With their unique and amazing flavors, frostings and fillings, your cake will be not only unforgettable but also delicious. Their pastry chef will guarantee that every detail of your cake from design to delivery is perfect. Schedule your complimentary cake tasting today and let them make your wedding cake dreams come true! Sweet City Desserts also offers specialty cakes, artisan pastries and drinks, event hosting, and catering, and afternoon tea.

703-938-8188 131 Maple Avenue, West, Vienna, VA www.sweetcitydesserts.co

#### JR'S CUSTOM CATERING

"Simple to Sensational—IRs does it best!"

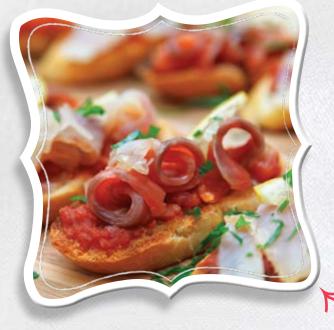
For more than 41 years, people all across the Washington Metro Area have experienced JR's Fine Cuisine. Whether a casual or upscale event in your venue, the result continues to be the same — JR's does it best!

Guests rave about their delicious food and appealing presentation, which is equally delightful to the eye as it is to the palate. JR's exceptional quality and variety of food make wedding planning easy. JR's makes it easy to host your event and will orchestrate everything from the décor to the food to

the entertainment to make your affair memorable and flawless.

703-707-8559 253 Sunset Park Drive, Herndon, VA www.jrscustomcatering.com





#### SAINT GERMAIN CATERING

"Professional in Every Delicious Detail."

Weddings are some of our favorite events at Saint Germain Catering.

Whether your wedding necessitates a formal sit-down dinner or a casual buffet, they promise that you will savor your nuptials. Saint Germain Catering is distinguished from others in the catering business because of the homemade quality of the cuisine, the exceptional food presentation and the professional staff which makes up the Saint Germain Catering team. They are especially proud of their multi-ethnic chefs who offer their guests authentic international menus and extensive knowledge of many different cuisines including Latin, Italian, Mexican, Mediterranean, Caribbean, Asian, Southern and BBQ cooking.

703-506-9396 8455 K Tyco Road, Vienna, 22182 www.saintgermaincatering.com







#### **BOULEVARD CAFÉ**

"The #1 catering company serving all of Northern Virginia."

Let Boulevard Cafe Catering help make your wedding day or corporate event one for the books with our customized menu and cost effective options! Looking to take the pressure of having a fancy plated dinner off your hands on your special day? Boulevard Cafe Catering specializes in making wedding catering easy and efficient. Casual and cost effective is the name of the game. Why spend so much money on food when you could be spending it on fun! Call their catering team today to discuss wedding catering options and design a menu that is perfect for you and your guests.

703-883-0557 8180 Greensboro Drive, McLean, VA www.blvdcafecatering.com

#### **LEBANESE TAVERNA**

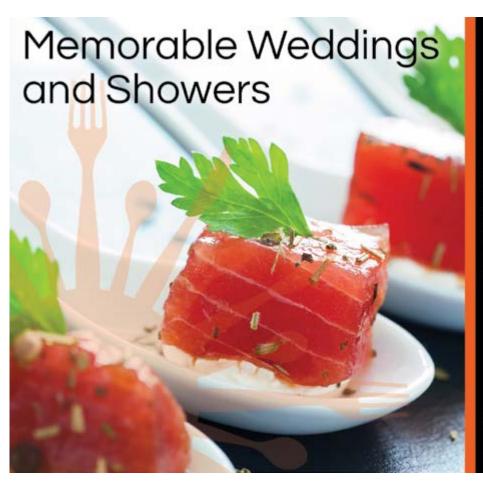
"Over 35 Years of Delicious—Its in Our Heritage"

In 2013, the Lebanese Taverna's catering division evolved into "Catering by LT". Offering the same exceptional service and outstanding food that you have come to love, they blend seasonal American cuisine with their signature Lebanese and Mediterranean ingredients to create delicious, innovative recipes and menus for unique and elegant events.

703-847-5244 2001 International Dr #1402, McLean, VA www.lebanesetaverna.com







# Make it a menu to remember.

Your wedding day should be filled with excitement, happiness, and more love than you've ever felt before. We truly understand the importance of this special day and the memories that will last a lifetime.

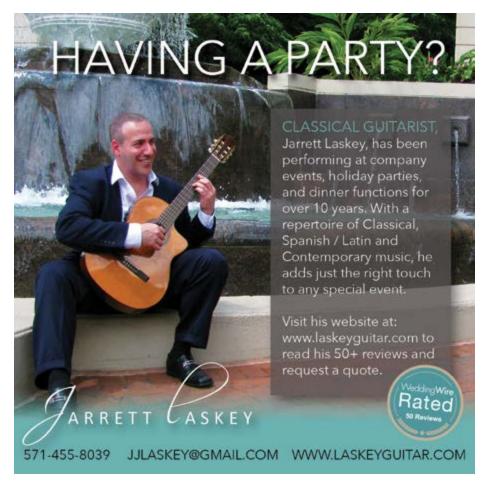
Weddings are some of our favorite events at Saint Germain Catering. Our seasoned team of wedding planners, caterers, and chefs ensure that all details are covered so that you can enjoy your special day. Whether your wedding necessitates a formal sit-down dinner or a casual buffet, we promise that you will savor your nuptials.



#### SAINT GERMAIN

8455 K Tyco Road • Vienna, VA 22182 (703) 506-9396

www.saintgermaincatering.com





www.restonlimo.com

53



## VIRGINIA'S WINERIES ARE THE PERFECT PLACE TO SAY I DO

Your wedding is something you plan for all your life. You want it to be unique, you want it to be individual, and you want it to be memorable. That's why many brides and grooms are turning to our area's beautiful wineries for their special day.

Many wineries throughout Northern Virginia offer facilities for weddings; some are rustic, while others offer the elegance offered by a comparable banquet hall.

"I always wanted to have my wedding at a winery just for the visual effect," said Regina Thornwell, a recent bride. "I had seen pictures on Pinterest and knew I wanted it to be held outdoors." Regina and her husband Tobias Thornwell married October 12, 2015 at Morais Vineyards and Winery in Bealeton, Virginia.

"We looked at a number of wineries in Maryland and Virginia and sampled their wines before we picked Morais," Regina continued. "We chose this one because it was gorgeous—the love signs and hearts, the horses, peacocks and tractors outside, and the beautiful building with the fountain, wall-to-wall windows and chandeliers. We were able to save a lot of money on decorations—and we liked the wine."

"I also liked the European look it has. The owners are Portuguese and you felt like you were not even in this country." Another consideration was the catering. "My family is West Indian and we wanted to use a special caterer." They could get everything they wanted here.

There were many photo opportunities as well. "We had access to the entire vineyard, and could go into the cellar, the barn, and the vines for pictures," Tobias said. "The only thing we would do differently would be to extend our reception time," Regina added. "We took pictures during the day and at sunset, but it wasn't until we were packing up that we saw how beautiful the building was at nighttime."

54 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



#### Morais Vineyard and Winery

"Morais Vineyards and Winery owner Jose Morais' own daughter had married here and they decided it was so beautiful for wedding that they would build a wedding venue," explained Rachel Ricci, sales manager. "The architecture was designed to replicate a building in Portugal where his other daughter was married, with its Portuguese influence and style."

Opened in 2012, the Palacio ballroom was designed specifically for weddings. It is set apart from the winery's tasting building, with a massive sweeping foyer staircase leading up to the bridal suite, a balcony, walls of windows for natural light, dimmers to emulate candlelight, and a separate area for pre-reception cocktails. Outside is a pondside pergola, patio terrace and a lovely fountain courtyard. "This is also a functioning farm," Ricci added, "so you might see goats, sheep or our peacock named Wilson." In addition, a charming little white chapel seats up to 35 guests. Guests are free to use their own caterer, who can set up in the facility's industrial kitchen area, and as with most wineries, a minimum wine purchase is required.

#### CHRYSALIS VINEYARDS

Since Chrysalis Vineyards moved their tasting room to another part of the grounds, the former winery is now used exclusively for special events, like outdoor weddings. The ceremony itself is often held by the pond, a picturesque setting for a rustic country service. Small receptions (50 seated) are held outdoors on Sarah's patio, surrounded by flowers, mature magnolia and walnut trees, and breathtaking views of the vines.



just 60 yards away, depending on the time of year, guests can watch the wine production," said Laurie Stevens, hospitality and events manager. The Pavilion offers a larger space and grills where caterers can cook and serve from. There

also an area for bands and dancing that overlooks the vines. A renovation completed in June 2016 added a bridal suite, containing a full bathroom and shower.

#### 8 CHAINS NORTH WINERY

The opening of the Compass Rose Ballroom in June 2014 at 8 Chains North Winery introduced another reception facility to the area. "With the compass being our symbol, we designed the Compass Rose Ballroom with a north-east-south-west theme representing the four stages of winemaking," explained Erin Hunt, events manager. "On one wall we have the French doors that look out onto the vineyard: the growing stage. The next wall is a glass expanse looking into the

CONTINUED ON PAGE 56



## IT'S IN THE (Swag), BAG

Congratulations to Greenhill Winery & Vineyards, whose bottles of Blanc de Blancs sparkling wine were included as the exclusive wine in the swag bags given out to selected nominees and presenters at the 2016 Academy Awards ceremony.

VIVATYSONS.COM MAY // JUNE 2016 ❖ TYSONS



CONTINUED FROM PAGE 55

barrel and production room: the producing phase, and the third wall is a finished space covered with cork bark to represent the corking phase. We are finishing the fourth wall with pictures of the owner in the vines: the planting phase."

Four locations for ceremonies are available in the lower field of the farm winery, and bridal couples can also take photographs in the vines or the barrel room. The ballroom, seating up to 100 people, is decorated beautifully in a neutral, elegant theme that allows brides to bring their own decorations, although none are needed. An attached patio outside the French doors allows for up to 40 additional seats. In case of rain, a covered patio wraps around the building or guests can use the attached

56

events tent that can also serve as a cocktail area. Upstairs are two bridal rooms for wedding preparation. Weddings can be held any day of the week and the Compass Rose Ballroom is available for other rentals such as bridal showers or anniversary celebrations. A minimum purchase of the old-world style wines is required.

#### WINERY WEDDING GUIDES

Two good resources to help begin your search for a winery wedding include the Winery Wedding Guide and Wedding Venues in Virginia, where you can check the box for Winery/Vineyard to narrow your search.

Weddings are momentous events and merit a unique venue. Consider one of Virginia's accommodating and picturesque wineries for your special day.

AUTHOR: Linda Barrett witnessed several weddings at wineries last year, each more beautiful than the next. When not sipping wine, she runs All the Buzz, a corporate copywriting firm, creating copy for websites, blogs, social media, and public relations. www.allthebuzz.net.

#### RESOURCES

- Morais Vineyards and Winer 11409 March Road Bealeton, VA 22712 540-326-6336 www.moraisvineyards.com
- Chrysalis Vineyards
  23876 Champe Ford Road
  Middleburg, VA 20117
  540-687-8222
  www.chrysaliswine.com
- **8 Chains North Winery** 38593 Daymont Lane Waterford, VA 20197 571-439-2255 www.8chainsnorth.com
- Winery Wedding Guide www.wineryweddingguide.com/ ViriginaWineryWedding.html
- Wedding Venues in Virginia www.wedding-spot.com/weddingvenues/Virginia/



Guests rave about our delicious food and appealing presentation, which is equally delightful to the eye as it is to the palate. JR's makes it easy to host your event and will orchestrate everything from the decor to the menu to the entertainment at one of our popular Virginia venues, or yours, to make your affair memorable and flawless. From Simple to Sensational . . . .

#### TR's Does it Best!

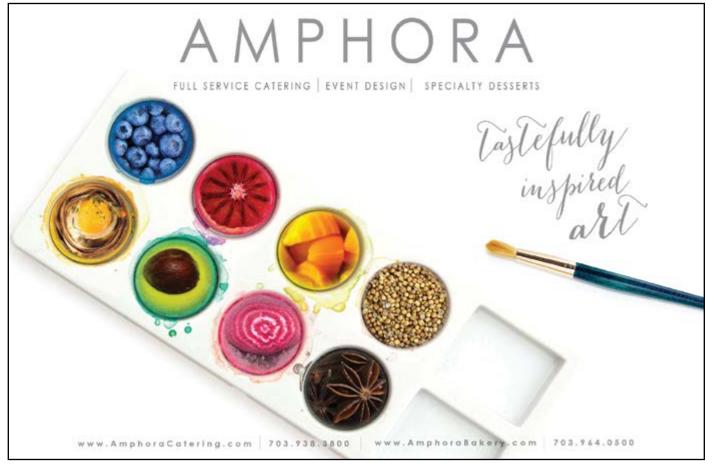
Contact our catering and event planning consultants today.

JR's Custom Catering
(703) 707-8559

marketing@jrsbeef.com
www.jrscustomcatering.com

TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM









58

#### LEN AND JACQUI DEPAS—PHOTOGRAPHERS

"When it comes to weddings, Len and Jacqui are reinventing boutique wedding photography with the help of their decades of experience photographing weddings and events all over the world."

Len DePas started his career under the tutelage of some of the most celebrated photographers in New York City. He studied portraiture with the legendary Philippe Halsman and advertising photography with the great Joseph Schneider. He has combined a unique career in fine art with every aspect of photography: from still life, portraiture, fashion, advertising, architecture and travel. His photographs have been commissioned all over the world and he has received numerous awards and honors for his work. The images of Len DePas are unsurpassed—steeped in the classical but with stunning clarity and freshness.

202-246-0600 3338 Reservoir Rd, Washington, DC www.photogallerydc.com



#### KARIN'S FLORIST

"Stylish contemporary arrangements that capture your vision."

With endless ideas and choices to bring your event to life, creating the look of a custom-tailored event can be challenging! Whether you have a distinct vision of what you desire and need just the right team to make it happen, or are looking for guidance and concepts that fit you perfectly when you have too many directions to go in, Karin's Florist is here to make it all bloom...beautifully.

703-592-0952 527 Maple Ave. East, Vienna, VA www.eventsbykarins.com

#### JARRETT LASKEY CLASSICAL GUITAR

"CAdd the perfect touch to your event."

Jarrett Laskey is a classically trained professional musician performing a repertoire of Spanish/Latin guitar music, standard classical music favorites, and contemporary arrangements. The elegant sound of Jarrett's classical guitar music has created the perfect ambience in hundreds of events over the past few years in Washington DC, Virginia, Maryland, West Virginia, and Pennsylvania. Jarrett has provided a versatile playlist for a variety of social events located in finer hotels, national landmarks, historic mansions, country clubs, vineyards, and art galleries. Collaborations with vocalists, cellists, string quartets, and other guitarists has given him a broad background to accommodate your needs.

571-455-8039 Serving VA, DC, MD and PA www.LaskeyGuitar.com



#### **RESTON LIMOUSINE**

"Outstanding service for our daughter's wedding! Their service was flawless, staff was polite and flexible, making it easy for everyone to relax and enjoy this special occasion!"

Let Reston Limousine roll out the red carpet and adorn your transportation with a "Just Married" sign and balloons! Their fleet of more than 200 privately owned vehicles is large enough to take care of your every need, but personal enough to make your special day extraordinary. 24/7 in-house operations ensures you will always speak with a live person anytime you call. Choose from one of their popular Wedding Packages for couples seeking multiple vehicles.

703-478-0500 45685 Elmwood Court, Dulles , VA 20166 www.restonlimo.com





#### **COLOUR BAR STUDIOS**

Their team of hair artists will create a style that is uniquely yours. It all begins with the consultation: hair type and texture, face shape, stature and even lifestyle are considered as they design a new you.

703-848-2000

8100 Boone Boulevard, Suite 115, Vienna, VA 22182

www.colourbarstudio.com



#### **TOKA SALON**

Whether you're looking for a haircut and color, total skin care, massage, or manicure and pedicure services, Toka is one of the premier and top-rated day spas in the Washington D.C. area. It is their privilege to pamper you and provide you with the look and feel that reflects your personality and lifestyle.

703-759-5700

9867 Georgetown Pike, Great Falls, VA 22066

www.tokasalon.com

60 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM





#### **MAE'S DRESS BOUTIQUE**

Mae's provides customers with a wide selection of fashionable clothing at the most affordable prices. They also have all the accessories you need to give your outfits that finished look. This boutique carries elegant and stylish dresses and gowns that a mother of the bride or groom will treasure.

703-356-6333

1319 Chain Bridge Rd, McLean, VA 22101

www.maesdressboutique.com



Gustavo Mottola, creator of Gustavo Skincare & Mineral Makeup and world-renowned Celebrity Makeup Artist and Image Stylist. Gustavo Mottola creates a look that is both timeless and accentuates one's own natural beauty. Gustavo launched his own 100% natural skin care and mineral makeup because he saw the need for excellence in the skincare and makeup world.

> 703-908-9620 gustavo.llc.usa@gmail.com www.GustavoLLC.com







#### **MERLE NORMAN COSMETIC STUDIO**

You're about to enjoy one of the most exciting and memorable experiences of your life. Merle Norman offers special services for professional makeup application for you and your bridal party. Make an appointment with a Beauty Consultant to establish a personalized skin care and makeup plan for radiant results on your Big Day and beyond.

Members of your bridal party are also invited for private consultations. Start your bridal beauty program today!

703-938-6644

401 Maple Ave E, Vienna, VA 22180

www.merlenorman.com



Mark Anthony's upscale hair salon provides a unique blend of professional services, specializing in custom color and highlights. The salon caters to clients with the utmost care and attention and features a retail gift shop showcasing antiques, collectibles, and artwork.

703-893-9655

6845 Elm Street, Suites 100-103, McLean, VA 22101





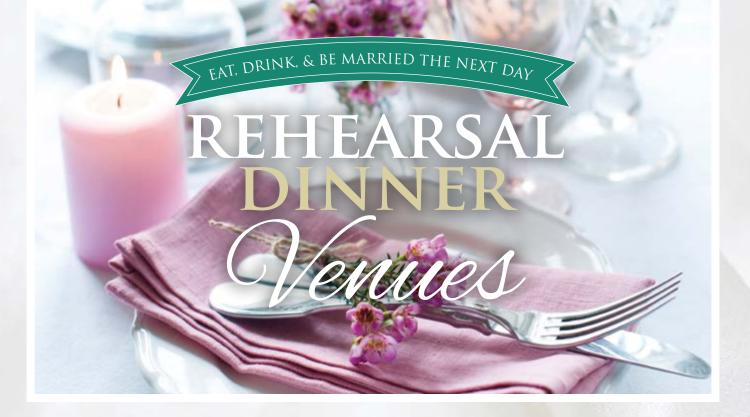


#### MARTA BOTA FACE DESIGN

Marta Bota, a professional and bridal makeup artist, will analyze your facial features, skin tone and skin texture to bring balance to your face with her many techniques, enhancing your natural beauty. Whether you are looking for a natural, polished, daytime look, or a glamorous, sexy evening look, she can help you achieve your desired effect! Marta has worked as a promotional makeup artist for several high-end cosmetic companies, such as Elizabeth Arden, Lancome, and Chanel and has freelanced for Fox News Channel, CNBC, NBC, and other local affiliates.

mbfacedesign@yahoo.com

www.mbfacedesign.com





703-848-2000 6641 Old Dominion Dr. McLean, VA www.assaggiosteria.com

#### **ASSAGGI OSTERIA**

Northern Italian cuisine served in an elegant setting. Expect nothing but the best for your rehearsal dinner by chef Domenico Comacchia. His special menu will offer an array of house pastas and traditional entrees. Conclude your meal with one of his classic Italian desserts, from zeppoli to a hazelnut semifreddo. Assaggi Osteria has an extensive wine list and assorted interesting cocktails.



703-281-7550 428 Maple Ave E, Vienna, VA www.ristorantebonaroti.net

#### RISTORANTE BONAROTI

For over 30 years, Ristorante Bonaroti has provided guests with an unforgettable culinary experience and exceptional service, while offering classic Italian cuisine that has been ranked among the best in the D.C. area.



703-255-7212 111 Church Street Vienna, VA www.bazinsonchurch.com

### BAZIN'S ON CHURCH

Bazin's evokes an old bistro, yet possesses a contemporary twist in its open kitchen, brick walls, vaulted wood beam ceilings and subdued lighting. The team of Chef Patrick Bazin and wife Julie offers a contemporary American menu featuring organic and seasonal ingredients. The wine bar features a collection of wonderful wines from around the world, with an emphasis on California.



703-707-8559 8130 Watson St, McLean, VA www.jrsbeef.com

#### JR'S STOCKYARDS INN

Enjoy the warm welcome of this Northern Virginia landmark.
J.R.'s Stockyards Inn is known for delivering a rich heritage of outstanding cuisine and wine, all in an authentic Post and Beam building replete with mahogany walls, Tiffany, and stained glass. This blend combines to provide a perfect venue for your rehearsal dinner.



703-760-0690 8100 Boone Blvd, Vienna, VA

www.nostosrestaurant.com

#### **NOSTOS**

Through Nostos, the owners wish to share their past with you and stimulate your senses with a variety of traditional and contemporary Greek dishes.

Nostos presents a fresh, modern take on Greek culinary culture.

Enjoy a wide variety of fresh fish and exciting vegetarian dishes, which are staples of the Mediterranean diet, as well as a select variety of Greek cheeses.



703-759-3800 332 Springvale Rd, Great Falls, VA

www.laubergechezfrancois.com

#### L'AUBERGE CHEZ FRANCOIS

L'Auberge Chez François has been voted Most Romantic restaurant by Open Table subscribers year after year. Let them make your wedding day a cherished celebration with its picturesque country setting and garden terraces. Their attention to detail, superior food and beverage, and personal service promises an experience to be remembered.



703-442-4523 7900 Tysons One Place McLean, VA www.eddiev.com

#### **EDDIE V'S**

Enjoy a romantic dinner at Eddie V's and let the comfortably sophisticated environment, sparkling atmosphere, and sounds of live jazz that fill the air set the tone for an exceptional dining experience. Choose from a varied selection of the finest seafood available, or indulge in one of their critically acclaimed prime center cut steaks, aged 28 days and broiled to perfection. Complement your meal with a selection from their expansive wine menu of more than 200 wines curated by their Master Sommelier.



703-847-1870 7902 Tysons One Place, Tysons Corner VA www.earls.ca

#### **EARL'S**

Earls Tysons' chefs prepare fresh, made-from-scratch dishes inspired by international cuisines and locally sourced ingredients with a nod to regional tastes. Earls offers premium seafood, Marine Stewardship Council Certified Sustainable, and Creekstone Farms Certified Humane Raised and Handled® Angus beef.



571-282-6003 8045 Leesburg Pike, Vienna, VA www.chefgeoff.com

#### **CHEF GEOFF**

Enjoy Upscale American cuisine (including a bacon bar) served in a sophisticated, contemporary setting. The Board Room seats 16 guests and comes equipped with a flatscreen HD television and AV accommodations. The Banquet Dining Room seats 50 guests and can accommodate up to 75 standing guests.



571-326-1616 2910 District Ave #170 Mosaic District Fairfax, VA

www.truefoodkitchen.com

#### TRUE FOOD

True Food Kitchen offers a globally inspired, seasonal menu appealing to anyone seeking a healthy and more balanced lifestyle. Developed in collaboration with business partner and best-selling wellness author Dr. Andrew Weil, True Food Kitchen celebrates high quality, locally and regionally sourced ingredients to create a simple, internationally focused menu that tastes amazing while nourishing mind, body and spirit.

#### **CALAMITY MEDIA**

**PRESENTS** 



# NOW SHOWING ONLINE AT www.LeNouveauMoi.com

PRESENTED BY CALAMITY MEDIA PARTNERED WITH TYSONS MAGAZINE

PUBLISHER & CREATIVE DIRECTOR MJ CINCOTTA

CLIENT ADVOCATES JUANITA BAPTISTE, JOHNNY HANNA

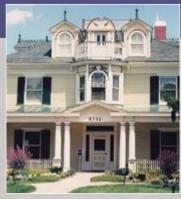
PHOTOGRAPHY SUNGHEE CHON WEB DESIGN JULIE SNEE GRAPHIC DESIGN ROBIN LONG













#### Historic Properties Rental Services

703-324-8730

From the rustic life at Dranesville Tavern to the life of the privileged class at Stone Mansion, the historic properties under the stewardship of the Fairfax County Park Authority are suitable for all types of functions—weddings, receptions, parties and other social gatherings, as well as a variety of corporate meetings and events.



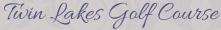


# Let Fairfax County Park Authority Make Your Wedding Unforgettable!



8701 Laurel Crest Dr., Lorton, VA 22079 703-493-8849

Laurel Hill's full-size banquet room and private dining/conference room are available and offer a pleasant atmosphere, reminiscent of the late 19th century "Arts and Crafts Style." The spacious banquet room can accommodate up to 144 people comfortably and guests in this room will be mesmerized by the spectacular panoramic view of the golf course.



6201 Union Mill Road, Clifton, VA 20124 703-631-9099

The 3,300 square foot Oaks Room with outdoor terrace can accommodate up to 200 guests. Variable pricing based on attendance makes the room wonderfully affordable for wedding receptions. The scenic, 36-hole golf course provides the ideal backdrop for photo opportunities. Let the Twin Lakes staff provide the service to make your event unforgettable.



www.fairfaxcounty.gov/parks



# BABALU Serves up Memorable Visits

Tysons' exciting New Mediterranean gathering place

If you haven't yet experienced the flavors and atmosphere of Babalu, you owe yourself a visit. Offering a Miami décor here in Tysons, this global Mediterranean restaurant and lounge has been serving local patrons for only two years. Located on Westwood Center Drive, Babalu is across from Walmart, just a short walk from the Metro's Silver Line Spring Hill station.

Babalu's extensive menu offers a wide range of delectable entrees that includes steaks, lamb, kabobs, and a multitude of other Mediterranean dishes – chicken or beef shawarma, kabobs, several fish entrees like Picante des Mariscos (fresh shrimp, squid, and scallops sautéed with cream sauce and served over rice) and more. For a small group of four or five people, enjoy the Entrée Sampler—chicken, lamb, and beef kabob with chicken and beef shawarma served with rice.

In addition, the restaurant has numerous sandwiches, from the traditional falafel or shawarma to cheeseburgers, and steak and cheese, pizza, salads, and desserts. The Mediterranean recipes are all authentic, having been brought here from Lebanon by the father of one of the current owners.

One of Babalu's distinctive features is the Hookah Lounge where guests can socialize with old friends or make new ones. A relaxing experience, hookah is a Middle Eastern tradition that is hundreds of years old. Babalu carries Al Fakher tobacco from Dubai, considered the finest in the world. The nicotine content is a very low .05 percent. This flavored tobacco, or "shisha," comes in over 30 flavors and is extremely light and pleasant. There is no tar in the tobacco so it does not linger.

The current owners took over the space in May of 2014 with a fresh concept in dining and entertainment. "This is not a typical hookah lounge," explains one of the owners. "We have entertainment every night and the atmosphere is very lively. Every night is Saturday night." Indeed each evening starting around 10, Babalu features a different style of music, be it Spanish, hip-hop, Arab, international, or American. The restaurant doesn't close until 2:00am so it is a great place for late-night dining and socializing.

With their food, entertainment, and hookah lounge, plus the unbeatable happy hour specials and lunch buffets, Babalu serves a wide range of interests and clientele. Babalu is at 8605 Westwood Center Drive in Tysons. Phone (703) 388-1001. www. BabaluTysons.com. ❖

66 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM







## VIENNA MERCHANTS











68



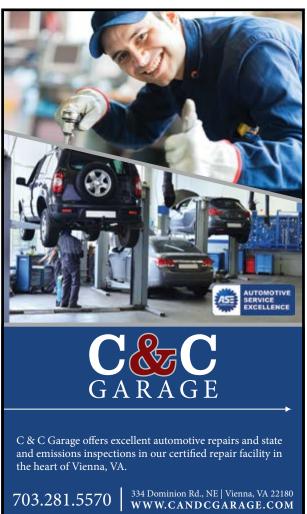
Pedestrian-friendly and eclectic, look to these merchants and service providers in Vienna for rewarding dining experiences, unique gifts, historic artifacts, and exciting shopping adventures.



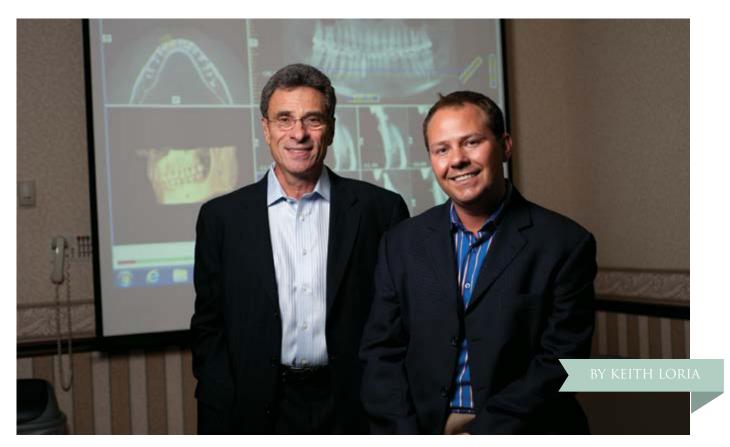








69



# GET YOUR Smile Makeover

For many of us—myself included—the fear of going to the dentist lies in the possibility of pain that might occur, a traumatic childhood experience, or an irrational fear that has developed over time.

But this is the 21st century, and thanks to advancements in technology and doctors with plenty of experience in such matters, pain is almost non-existent in the average dental visit.

That is why if you are in need of implants, periodontal or cosmetic care, or simply want to maintain a beautiful smile, you can trust in the professional attention of Drs. Peter Passero and Brian Feeney on 1430 Spring Hill Road in McLean.

"We've been in practice for a long time. Between the two of us, we have about 55 years of experience and it's one of our defining qualities about our practice," Dr. Passero says. "As the directors of the Nova Institute for Advanced Dental Education, an affiliation of the world-wide Seattle Study Club institution, we are highly involved in academics and teaching, and we conduct academic sessions in our own conference center."

The two conduct monthly seminars for a group of 30 or so doctors, dedicated to teaching, further educating about proper diagnostics, planning, and the latest in treatments. In addition, twice a year they hire international speakers who are predominant in the field of dentistry, to speak on specific topics that are of deep interest to the group.

"It's a very unique opportunity to learn from the best dental professionals in our field and that translates to better patient care in our office," Dr. Passero says.

Dr. Feeney feels what also helps to separate the practice from others is the personal care they offer to their patients.

"When a patient comes into our office, we dedicate time to get to know the person, what their issues are, what their dental needs are, and tailor a specific treatment around that," he says. "We are experts at solving complex dental problems."

#### **TECH INNOVATIONS**

"Something important in our practice is technology—we make it a point to bring in the best evidence-based technology in the office, which can really help patients heal faster, have less discomfort and end up with a better outcome," Dr. Feeney says.

Dr.'s Passero and Feeney were one of the first practices in the Metro DC area to have a CT scan machine, which they recognized would be a vital component to implant planning and assisting in

70 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM

other periodontal treatment. Having this technology available makes it easier for the doctors to sit with the patients—often the same day—and talk about what the best treatment is for them. This technology along with special software allows for virtual planning of patient treatment to allow for high degrees of accuracy.

The practice has also been utilizing lasers more and more, which Dr. Feeney notes is a great way to treat patients with periodontal issues with no cutting, no sewing and no pain.

"Many times we're faced with seeing patients who have had previous implants placed but are now failing or having some other structural issues around them," Dr. Passero says. "We're having some fabulous outcomes utilizing our laser technology and given the advent of these new laser wavelengths, they are able to destroy harmful bacteria and generate an ideal environment for bone regeneration."

The practice also uses Platelet Rich Growth Factors or PRP, which improves healing by use of a patient's own blood products; and is a leader in gum grafting, with minimal discomfort to the patient. Passero and Feeney use a method of treatment called LANAP (laser assisted new attachment procedure). There's no cutting and no suturing. The way the laser works is that it targets only the diseased tissue and the bad bacteria, and doesn't affect any healthy tissue. There's also virtually no pain in the procedure.

"Everything we do is evidence-based therapy," Dr. Feeney says. "We devote a lot of time and passion to keeping up with change for a benefit, and being the guardian for our patients about what's efficacious and beneficial, as opposed to what may be a fad."

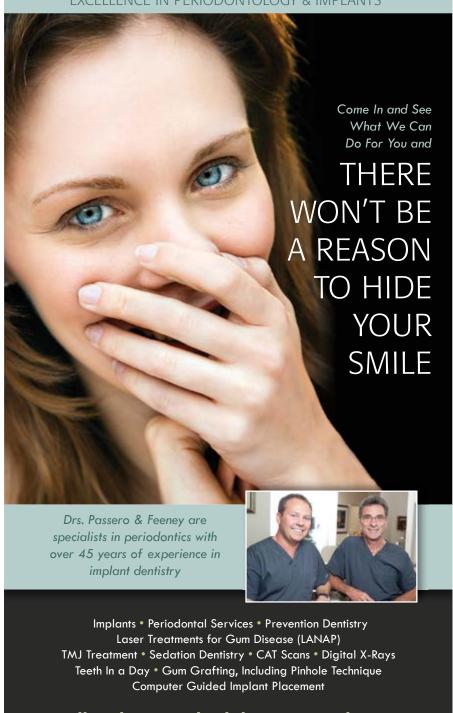
One thing's for certain. When you walk through the doors of Passero and Feeney, the entire office is dedicated to caregiving.

"We're in this field because there's something about us, including our staff, that is dedicated towards caregiving and helping people," Dr. Passero says. "When a patient comes to us in the mindset of wanting some help, because of our technology, we're able to do it with confidence and ease."

AUTHOR: Keith Loria is a freelance writer who writes regularly about sports, business, entertainment, and the arts. When he's not writing, the Oakton work-at-home dad can be found playing with his daughters Jordan and Cassidy.



**EXCELLENCE IN PERIODONTOLOGY & IMPLANTS** 



Call today to schedule your evaluation
(703) 821-4040

1430 Spring Hill Rd., Suite 101 • McLean, VA 22102 www.novaperioimplant.com

71



Area high schoolers and their parents can take heart—there is new local study help for the all-important SAT exam. Prep Expert (prepexpert.com), formerly 2400 Expert, has just opened their newest location in Tysons following January's successful bid on the popular Shark Tank show. As Prep Expert owner Shaan Patel said at the close of his segment, "Mark Cuban is my business partner. That's pretty cool."

It has not been an easy road for Patel. Growing up in his parents' budget motel, he attended public schools in the country's worst school district. He never planned to start a test prep business, but he wanted to write a test prep book to help others achieve what he did. "I went from an average score of 1760 to a perfect 2400. I got into some great universities and won a quarter million dollars in scholarships. Because of my transformation, I wanted to help others." However his book proposal was rejected by 100 literary agents. "I was bummed out because I wasn't going to get published."

At that point he realized he "could quit or do something." He decided to teach a live test prep class. It was to be a one-time course. But students did much better than he had expected, increasing their scores by an average 376 points. Parents of other students pressed Patel to offer more classes, so he hired qualified instructors and trained them in his techniques.

Based on the successful classes, publisher McGraw-Hill came back to Patel and signed a book deal which went on to become the #1 test prep book on Amazon. His unique approach is based on four principles he used when preparing for his own test – strategies, examples, practice and review.

Patel developed over 100 strategies for addressing the various questions that appear on every SAT. "I didn't have any educational background. I just employed different approaches to see what worked. For example, in reading comprehension, I would try skimming the article, skipping certain sections, or going through it a chunk at a time." He also completed many practice exams, a principle he adheres to during the training sessions, because it builds the student's endurance in preparing for the real thing.

Classes can be either in-person or online but Patel works to maintain the rigor with either approach. The flagship product is the 6-week SAT prep course. It includes three hours of class two times a week covering vocabulary, strategies, examples, homework, and tests. Every weekend the student takes a 4-hour proctored full-length SAT exam. It works. Under the old 2400-point exam, students have achieved an average 368-point increase, enough to raise a student from the 50th to the 90th percentile. The results from the brand-new revised SATs will be out in June but he expects similar increase percentages.

Prep Expert is unique among test preparation companies due to elements like monitoring score improvements, the huge range of strategies for approaching problems, and 60 hours of classroom time instead of 18 hours which is typical in the industry. This is accomplished at an average of \$17 per hour for in-person classes, \$10 per hour online while most other courses are around \$34 per hour.

Obviously Mark Cuban saw something special about Shaan Patel's approach or he wouldn't have invested \$250,000 to help build the company.

72 TYSONS • MAY // JUNE 2016 VIVATYSONS.COM



### If $X^5k = \alpha_{ab}$ AND $X_2^2k^2 = b^2$ WHAT IS THE VALUE OF $X^3$ A) $\frac{a}{b}$ 0 $\frac{a^2k^2}{b}$ B) $\frac{ak}{b}$ 0 a-bE) $\alpha^2 - b^2$

#### The Shark Tank experience

Once Patel realized the need for help in scaling the operation, he answered an open audition call for *Shark Tank*. He stood in line for 9 hours with 500 other hopefuls in New York to deliver a one-minute pitch. That was followed by both a video audition and a phone audition. About 100 people are selected from 50,000 applicants for each season's show. The show was filmed in June and aired at the end of January.

Patel's understanding is that the sharks haven't seen the auditions and know nothing about any project until the company spokesman is standing before them. The pitch is done in one session without retakes although the session is edited for time.

Patel stays in touch with Mr. Cuban using Cuban's own email app, Cyber Dust, which offers private, encrypted, disappearing messages.

He also is in contact with Cuban's web team, business team and accounting team on a regular basis.

#### The Tysons location

Patel is very excited about the newest location for his Prep Expert group which started operations in Tysons in January. "We have terrific instructors to do the in-person classes, two of which are coming up in June and July. In fact one of the instructors is a former student who also earned a 2400 perfect score after training with me," says Patel.

Classes are held at 1934 Old Gallows Road, Suite 350, Vienna. More information can be found at www.prepexpert.com or by calling (877) 345-7737. \*

73



DO YOU HAVE DIFFICULTY HEARING ON THE PHONE?

A FREE CAPTIONCALL PHONE CAN HELP!

By Dr. Ana Anzola, Ascent Audiology & Hearing

aptionCall is similar to captioned television, but for phone conversations. The state-of-the-art CaptionCall phone provides crystal clear sound that you can amplify and adjust to your specific needs, while transcribing your caller's words into smooth-scrolling captions on a digital screen.

#### It's FREE!

The CaptionCall phone and service is provided free through a federal program by the FCC, thanks to the Americans with Disabilities Act. You get the CaptionCall phone, installation, training and ongoing support – all at no cost to you. But it is only available to people who have been diagnosed with a hearing loss. Call my McLean office at (703) 935-5775 to schedule a free hearing evaluation to see if you qualify.

#### **How Does It Work?**

Reading the transcription while listening to the caller's voice reinforces what you're hearing, and helps to increase

comprehension. Here's how it works:

- The caller's voice comes through the phone.
- The CaptionCall phone sends the caller's voice to the CaptionCall service using an internet
- Voice-recognition technology quickly and accurately transcribes your caller's voice to text.
- The text is immediately sent back to the CaptionCall display screen.

#### Use It On Your iPad

CaptionCall has a free app for iPad which allows you to get the transcribed calls on your tablet, so you can walk around during your conversations.

#### Use It At Work

If you qualify for CaptionCall, you can get a second CaptionCall phone installed at work free of charge. Many people who use it at work find it helpful to save the transcriptions and refer back to them later when they want to remember what was discussed. You can do this at home, too.

#### **Bilingual Service**

CaptionCall can transcribe in both English and Spanish, even on the same call. If the person you're speaking to switches between the two languages, CaptionCall will detect the change and transcribe in both languages. More languages will be added soon.

If you think CaptionCall can help you, call us today to book a free hearing evaluation to see if you qualify. Call (703) 935-5775. Available to the first 50 patients.





## EXPERIENCE, EXCELLENCE, ENERGY, PATIENCE

With over 35 years of experience in Real Estate and Business Enterprises, The Anastasia Group delivers a higher level of service and expertise in order to bring exceptional results to your Real Estate needs and challenges. Our commitment to excellence is driven by our customer service skills and our proficiency in using all the latest technologies available across our Sotheby's International platform. From our state of the art 3-D videography and aerial drone photography, to our High Definition photos in all of our print and online media, we offer a unique and innovative methodology to meet your expectations.

Whether you are Buying, Selling or just Inquisitive, a conversation with The Anastasia Group is always a good idea. Call us now, for a no-obligation comparative analysis of your property's value, and put our team's experience to work for you.

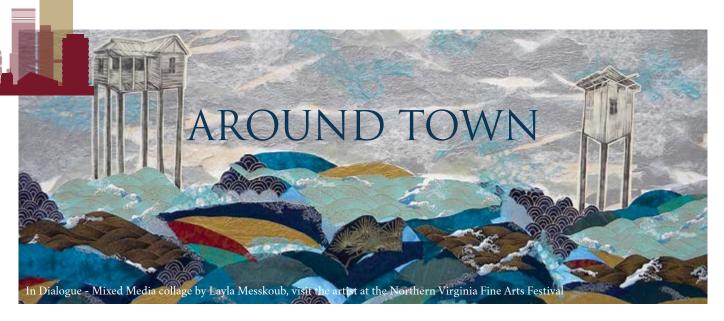


Mike Anastasia 703.501.1000 manastasia@ttrsir.com mikeanastasia.ttrsir.com Ashley Anastasia 703.973.4300 aanastasia@ttrsir.com ashleyanastasia.ttrsir.com



TTR | Sotheby's International Realty 6723 Whittier Ave | McLean, VA 22101





LOCAL EVENTS, FUNDRAISERS, CHARITIES, AND MORE ACROSS THE TYSONS AREA







## An Art Experience!

## 25TH ANNUAL NORTHERN VIRGINIA FINE ARTS FESTIVAL SATURDAY, MAY 21 AND SUNDAY, MAY 22

Greater Reston Arts Center (GRACE) will present the 25th annual Northern Virginia Fine Arts Festival for two days, rain or shine, Saturday, May 21 and Sunday, May 22 on the streets of Reston Town Center. More than 200 artists from across the nation will occupy 6 blocks of booths featuring original paintings, photography, mixed-media, sculpture, jewelry and fine craft, plus live performances, GRACE's free art-making activities for families in Reston Town Center Pavilion, and much more for all tastes and ages.

As a highlight of the year in the DC region, this event offers authentic art and experiences and attracts more than 30,000 attendees over two days. The 2016 Northern Virginia Fine

Arts Festival (NVFAF), 12001 Market Street, Reston, Virginia 20190, is open from 10:00 a.m. until 6:00 p.m. on Saturday, May 21, and 10:00 a.m. until 5:00 p.m. on Sunday, May 22. A donation of \$5 to GRACE is requested.

Join in the fun at the Festival Launch Party on the evening of Friday, May 20 at Reston Town Center Pavilion. Tickets, \$100 each, are available from GRACE.

To further the experience, find out about opportunities for volunteering, sponsoring, and other ways to get involved with NVFAF. Contact GRACE at info@restonarts.org, or call 703-471-9242. •

76 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



## THREE FAIRFAX COUNTY PUBLIC SCHOOL STUDENTS

Honored with Uphoff Scholarships

The Arts Council of Fairfax County recognized Sarah Boyle from Marshall High School, Razan Elbaba from Oakton High School, and Rosy Molina from Fairfax High School on February 24, 2016 at the annual Scholastic Art Awards ceremony with a 2016 Uphoff Scholarship. Each student received a \$1,000 prize and their work is on public display at the Ernst Community Cultural Center from February 21 through March 3, 2016. To find out more about the Arts Council's Uphoff Scholarships program, visit http://artsfairfax.org/grants/programs/ uphoffscholarship. ❖

(At top: left to right) Janay Turner, business manager, Arts Council; Linda S. Sullivan, president and CEO Arts Council; 2016 Uphoff Scholarship awardee Razan Elbaba, Oakton High School

(Below: left to right) Nancy Uphoff; Linda Uphoff; and Jessica Kallista, founder and curator, Olly Olly.







GENERAL & RESTORATIVE DENTISTRY

CHILDREN'S DENTISTRY • INVISALIGN • DENTAL BRIDGES

DENTAL CROWNS • FULL MOUTH & BITE RESTORATION

IMPLANT RESTORATIONS • DENTURES

At *Gentle Touch Dental P.C.* we provide a spa-like ambience that allows patients to be totally relaxed during treatment. We have extensive experience in Cosmetic & Family Dental Services. Sound knowledge of Cosmetic Dentistry, the aesthetic sense to visualize the type of Cosmetic Dental Intervention that would bring out the best smile in you, and our meticulous attention to the minutest detail, is what sets us apart.

Contact us today and start creating the beautiful smile you have always dreamed of!!!

703-752-4253

www.mysmileydentist.com

400 South Maple Avenue, Suite 103 | Falls Church, VA 22046

78



## COOKING WITH A POCK STAR

AT CULINARIA COOKING SCHOOL

With Bassist Paul Cullen, Bad Company Is Very Good Company Indeed

he congenial and entertaining Paul Cullen, former bassist of the classic rock band Bad Company and founder of Tune Your Palate, recently serenaded a ravenous group of culinary aficionados and whipped up a delectable Italian dinner at the state-of-the-art Culinaria Cooking School in Vienna, Virginia, (www.culinariacookingschool.com.) In his 'Cullenary' classes, Paul Tagliaferro Cullen prepares tasty, straightforward Italian dishes like those of his grandmother and pairs them with Italian wines - such as wild mushroom risotto with Barbera. Inspired by Paul's mushroom risotto, I hit the Falls Church Farmers' Market—the biggest in the area and open year-round—where there is a mushroom expert who cultivates and gathers numerous types of mushrooms, including the fabled porcini. I then recreated Paul's version of wild mushroom risotto, but decided to substitute the Italian whole grain farro. My friendly and astute cooking class neighbor, Elizabeth Solorzano, noted the "earthiness" of both the Barbera wine and the wild mushroom risotto.

It all started when musician Paul Cullen was about ten or twelve years old. Paul, his mother, and his Grandma Tag (Tagliaferro) would make 100 ravioli for Thanksgiving each year. He was further inspired to get back into cooking at a whole other level by Mario Batali, who was making the same recipes on his Cooking Channel show *Molto Mario* that Paul's grandma had taught him. Paul likes to shop at Harris Teeter, but makes his own cheese—mozzarella and ricotta. He also favors di Bruno Bros., a culinary landmark since 1939 in a South Philly Italian neighborhood, where he buys their olive oil by the case.



"I love having people over for dinner. They'd say, 'Can you do this at my house?' I thought, 'I guess I can. I just did it at my house.' So people started to hire me to come cook. Now I do in-home cooking 15 to 18 times a month. I bring my grandma's pasta machine!" He then kneads fresh dough and cranks out tagliatelle or perhaps Southern

Tuscan tortelli with cheese and bitter greens, like broccoli raab or arugula, right there on your counter! He's so versed, he barely needs to measure. He just knows instinctively what to do.

"Last week was wicked. I cooked for 112 people in five days in the Rehoboth Beach area. They said it was the coolest experience." Interestingly enough, Rehoboth, where he lives with his lovely wife Bonnie, is a Sister City of Greve in Chianti, whose noted navigator Giovanni da Verrazzano, as in the Verrazzano-Narrows Bridge which links Manhattan to Brooklyn, discovered Rehoboth back in 1524 on his way north to explore New York's Hudson Bay as he charted the Atlantic coast of North America.

Paul Cullen is now officially a sommelier. He started us off with a Lambrusco from Denny Bini vineyards in Emilia-Romagna near Parma, which he described as "cold, fizzy, red, and dry." Next, he shared a Villa Rom Pino Blanco from Trentino, as he tends to find Alpine wines to be quite balanced. He also served a Nero d'Avila by Villa Pozzi from Sicily. Long ago, I was on an archaeological dig in Sicily with the University of Virginia, and we drank nice local red table wine in the courtyard each night. But this time they were clearly pulling out the good stuff!

TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



Paul fascinated the crowd of Italophiles, foodies, and rockers, as well as everyone in cyberspace on the mobile Facebook Live app while it simultaneously records. "He cooks, he plays the guitar, he knows the wine. If he knows how to dance, I'm taking him home," said one of the ladies in the class. Another chimed in, "You might have some competition," to which the first replied, "But we don't know if he can dance yet." And apparently he can do that, too!

One longtime and enthusiastic fan of Culinaria, Karen Hilliard, gushed, "I love this! I have been to a dozen participation and demonstration classes—and just so you know—this is the best class!" And the response was so overwhelming that it looks like he'll be back for a repeat performance sometime soon. Keep an eye on the Selected Events section of *VivaTysons* for an update.

As for his Bad Company days, Paul recounted that he saw Bad Company in '76 when he was 16 and started playing the bass at age twenty. He recalls when he was on the plane to London, "On my way to try out for Bad Company, the people said, 'You kept us up all night, so you'd better call us and let us know how it goes.' When I found out, I called 'em on a payphone and later got 'em backstage."

In the early eighties, he toured with bands from Florida to Alaska. He then toured all over with Bad Company from 1990 to 1994, playing for 20,000 people every night, including five times at our own Merriweather Post Pavilion in Maryland. He described it as "a great experience." As a solo artist, Paul Cullen has recorded a total of four CDs and recently opened for Heart, and two years ago for Foreigner. He "morphed" from rock 'n roll to a jazzy Mediterraneo-style music, as is melodiously revealed on his 2015 CD release "In the Light of Tuscany," recorded at Conti di San Bonifacio Vineyard near Gavarano with accomplished Italian violinist Alessandro Golini. "We started making beautiful music from the first note."

Count Manfredo San Bonifacio is the proud owner of this impeccable Wine Resort Hotel—an exquisite Tuscan estate on an enchanted hilltop, surveying the vast realm of vineyards, olive groves, and forest in the Maremma part of Tuscany. (www.contidisanbonifacio.com) Manfredo's family is intertwined historically with those of Dante Alighieri, as well as Romeo and Juliet. According to the site, "Manfredo's grandmother grew up in the beautiful historic home of Dante in Verona where he built his life after his exile from his beloved Firenze." Also, "the Shakespearean tragedy of Romeo and Juliet finds its origins in the history books and archives written about the Counts of San Bonifacio by Rolandino, a 13th century historian."

Paul also had the unforgettable experience of learning culinary secrets from none other than their international Italian chef Jacopo Camozza, who kindly imparted to Paul the recipe for the flavorful Cinghiale Bolognese (Pappardelle with Boar) Paul then so artfully prepared for our appreciative group. The food philosophy of the organic, locally sourced Restaurant Maremmana is as follows:

"Maybe the only thing that matters is to make our lives last as long as we do. You know, to make a life last until it ends, to make all the parts come out even, like when you rub the last piece of bread in the last drop of oil on your plate and eat it with the last sip of wine in your glass." Allow me to linger if you will...

So if you're considering planning an unforgettable trip to Italy, I can teach you Italian conversation before you go and help you figure out some great travel plans, including tips on great hidden hideaways, Italian cuisine, and great little restaurants! (For more information, please visit page 151.) In fact, Stephen Sands, former nuclear physicist and creative force behind Culinaria (of which he is co-owner with expert Chef Pete Snaith,) and his lovely wife were Italian students of mine, which is how I initially encountered this stellar culinary school and even celebrated its muchanticipated opening several years ago. I also enjoyed teaching Italian to his wonderful brother-in-law Karl and his adorable wife. Susan—also well-traveled Italophiles! Their remarkably intelligent dog Kenzie even started to pick up some Italian and anticipated my visit eagerly by the window fifteen minutes before my arrival for class each week. Brava, Kenzie!

On November 1, 2016, Paul will embark upon a Mediterranean cruise with world-renowned French master chef Jacques Pépin, who oversees the restaurants for the cruise line. The voyage will travel to Venezia, Croatia, Montenegro, Greece, Malta, Bari, Catania, Naples, and Roma. Paul also organizes several vineyard excursions while in port. "Oceania is the best cruise, food, wine, and, of course, music. I'll bring my guitar."

He cooks, he pours, he plays-even at your place! "Let the former bassist of Bad Company rock your kitchen with handmade Italian cuisine and groovy Italian vino, and play an intimate concert afterwards for you and your friends." Prices start at \$75 per person for the evening. For a full price list, check out www. paulcullenguitar.com/#!in-home-dining/ c1jc8. He chats amicably about his jaunts to Italy, at Culinaria complete with slide show and maps! "I will artfully blend my passion for music, wine, and food to create a memorable event for you and your guests." As Paul likes to say, "Have guitar, wine, and sauté pan, will travel-anywhere!" And that's what I call good company.

www.tuneyourpalate.com

AUTHOR: Allison Chase Sutherland is a restaurant reviewer, travel writer and photographer, author of *Destination: Flavor* international cookbook, multilingual voiceover talent, and foreign language instructor. www.allivoice.com



TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM

80



"We've always wanted a space to accommodate what we have grown into—providing art for the public," Skidmore says. "We have about 170 members now. What we are looking for is a space that's twice as big as where we are now."

The mission of the VAS has remained the same since nine lady painters first got together in 1969 to form a volunteer society to bring together area artists to share interests, enrich their own experiences in art and to make contributions to the community.

The hope is that it can find a space that's in the heart of Vienna so more people learn about what it offers.

"Right now, we're kind of stuck in the corner and no one knows we're here," Skidmore says. "Long-term, we want to be right in front of people, so our membership can grow and we'll have more people walk in and see what we're all about."

Up until now, the VAS has operated strictly on membership fees, art sales and a few generous donors, but it has also been helped by the generosity of its landlord, which has kept the rent for the space very low.

"We know that by moving, we're going to have to look for bigger donors, people who

would like to be Angels for the Arts in Vienna," Skidmore says. "We have about a year until we need to leave, but we'd like to get some place soon so we all know what we're doing and there's no worry as the day gets closer."

For those unfamiliar with the Vienna Arts Society, it does a great deal in the community. In addition to providing a place for local artists to meet and exhibit, members work with schools, the community and troops on the mend at Fort Belvoir Hospital.

"We do an outreach with the troops at the military hospital, and we're currently building a Healing Wall using 12-inch puzzle pieces featuring their art," Skidmore says. "All these military member who don't think they are artists really get into it and are very happy to add their piece."

Each year, the VAS also holds a printmaking workshop for children aged

OUTREACH TO TROOPS
ON THE MEND

This spring marks the third year that members of VAS have travelled to the Fort Belvoir Community Hospital, bringing art supplies for brief workshops covering painting and collaging. Each troop is invited to paint a giant puzzle piece that can be fitted into a growing HEALING WALL. We have discovered that the troops, many of whom have little experience with art, really value the process of creating a unique artwork that fits into something much larger.

at fits into something much larg The HEALING WALL will be on display at the Vienna Art Center this July.

7-12, providing supplies and a dozen experienced artists who teach up to 36 kids how to make prints in a one-hour workshop.

"Art for kids is so important. It's really about developing their brains more fully,"

CONTINUED ON PAGE 82



she says. "In my opinion, STEM really needs an 'A' in there for the arts. Schools don't always have funding for art programs and if kids are only doing math and reading, a part of the brain isn't being used at all."

Classes and workshops are offered monthly for adults and children and the organization's members work throughout the community to bring more art into the world.

Additionally, each month the VAS holds an open meeting for all members and the public at large.

will come in to see a painting being done or to learn a technique or something like that," Skidmore says. "That's always a lot of fun."

Anyone interested in being a donor or learning more about what they can do to help the Vienna Arts Society find its next home, visit viennaartssociety.org. �

AUTHOR: Keith Loria who writes regularly about sports, business, entertainment, and the arts. When writing, the Oakton work-at-home be found playing with his daughters Jordan and Cassidy.



CHILDREN'S ANNUAL PRINTMAKING WORKSHOP Twelve members of VAS worked

with more than two dozen kids ages 7 - 12 at the annual Printmaking Workshop co-sponsored by Patrick Henry Library on March 12. Kids learned how to create relief prints, mono-prints, fish prints and more. Afterwards, the library's conference room became a temporary art gallery, exhibiting many of their prints for several weeks.

(Above) Nationally recognized printmaker Terry Svat works with kids on relief prints.

82

TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM







83



Great Falls, Treasuring Heritage, Home, Habitat

Local farmers
One-of-a-kind vendors
Community matters

#### YEAR-ROUND

#### WINTER

Grange/Old Schoolhouse 9818 Georgetown Pike

#### SUMMER

Great Falls Village Centre 778 Walker Road Great Falls, Virginia 22066

Saturdays, 9AM to 1PM

www. Great Falls Farmers M arket.org





## MCLEAN SCHOOL OFFERS Better Way of Learning

There's a new private school coming to Tysons for the Fall 2016-17 school year, which looks to change the way some schools focus on education. BASIS Independent McLean will serve preschool to 12th grade and follow the successful curriculum already established.

The first BASIS school was established by Dr. Michael and Olga Block, world-class academics in the field of economics, who realized that students from outside the U.S., were not only more prepared for the challenges faced in college than their American counterparts, but were simply "better" at being students.

In 1998, they created a new school in Tucson, Arizona, and discovered that American students thrived when challenged, rising to and surpassing the best students in the world.

Today, BASIS schools are located in Brooklyn, N.Y., Silicon Valley and there's even an international school in Shenzhen, China. Additionally, 18 charter schools are located across the U.S.

Students who begin as pre-K students at BASIS Independent McLean will be exposed to a rigorous STEM curriculum.

"Our curriculum is designed in a spiral," says Sean Aiken, the Inaugural Head of School of BASIS Independent McLean. "That means, the early exposure to the core foundational concepts allows you to build great depth and complexity as the student ages, and at a pace that allows them to take on some of the difficult things before they graduate."

For example, students in sixth grade begin taking biology, chemistry and physics, and that process is made much easier because of the coursework they have done in the grades leading up to it.



"I think coming at an earlier age is really important if you are looking for an integrated curriculum," Aiken says. "The things that we are doing in kindergarten and first grade matter to success in middle school, and matter to success in high school."

With the school set to open in a few months, Aiken is working hard to ensure that the McLean school is as strong as possible when the doors first open.

"We are in the midst of a very busy time in terms of enrolling admissions," says Aiken. "We have been accepting students since about September. I'm meeting tons and tons of kids, answering questions from parents and giving lots of information about curriculum."

84 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM







As of spring, Aiken was also interviewing numerous teachers and educators to ensure that the school has the best of the best when it opens this fall.

"We're building a community here," Aiken says. "First and foremost, BASIS really has its eyes on making sure our kids are competitive on a global scale. When we are measuring levels of success, we are looking at individual students and what their passions and goals are and making sure they can run to the highest levels of success with those passions."

Being a liberal arts school, the students will have difficult coursework in every academic subject and there's no honors track as all kids are expected to function at those high levels.

"From our perspective, we want to make sure we are not just competitive with some of the schools here in Northern Virginia or D.C. or Maryland, but we're looking at Finland, we're looking at Korea, we're looking at Shanghai to make sure our kids are able to perform on those levels when it comes to critical thinking and creativity," Aiken says. "There are 21st Century skills that are going to be necessary for now and the future"

One of the things that differentiates BASIS Independent McLean from other institutions is the way it hires teachers and faculty.

"We want our teachers to be subject specialists, we want them to be experts in their field," Aiken says. "When you take Latin at BASIS, that person will have advanced degrees in Latin; when you take Math, that teacher will have advanced degrees in math."

Aiken started at BASIS as a teacher and has seen first-hand the power that a school like this can have on a student.

"We're keeping our attention on our kids as individuals. It's a quirky place. It's a place where kids can explore their passions and the things that excite them on a very high level, and at the same time making sure that they aren't sacrificing all of the basic foundations that allow people to communicate their ideas. As they grow, they get to tailor the foundation to what their interests are."

By the end of 11th grade, students at BASIS Independent McLean will have acquired all the credits they needed to graduate high school, so senior year is geared towards teaching 12th graders how research is done in a variety of different disciplines and for the last 12 weeks of the school year, they go out into the world and do real internships."

And we're not talking jobs where the students are making copies or getting coffee—these are incredible opportunities. Aiken has seen BASIS kids go to Iceland to study Medieval Icelandic poetry; Argentina to learn about evolutionary movements from their national archives; and others have worked with surgery robots or learned how to run nonprofits.

"The range of the projects really speaks to the kids being equipped with the skills necessary across the board and able to exercise these projects in a real and meaningful way," he says. "We believe it is essential to involve our students in the creation of their new campus. Whether that amounts to feedback on which teaching candidates should be hired, how facilities should be designed, or what resources need to be secured, we model STEM approaches to problem solving and require students to be participants in that process, not just spectators."

BASIS Independent McLean students will have access to "maker spaces" to learn and create in, such as the Industrial Arts Lab, where students will have access to an area that comes equipped with both traditional and modern tools to help students navigate the engineering and design process. That includes everything from tape and glue, to saws and screwdrivers, to 3D printers and CNC machines.

"Tysons is this new and vibrant place that is really trying to push forward as the Next Great American City, and I think that energy and freshness is something BASIS really believes in and something that we feel very at home in," Aiken says. "Ultimately, BASIS is a place that is really concerned about complacency. There are a lot of good schools and some great schools in this area and the families want the best for their children, and it's our responsibility as educators to challenge ourselves to grow and see what new heights we can reach for those kids." \\*

AUTHOR: Keith Loria is a freelance writer who writes regularly about sports, business, entertainment, and the arts. When he's not writing, the Oakton work-at-home dad can be found playing with his daughters Jordan and Cassidy.



Roll Play Grill is the latest incantation in the fast casual revolution. If you're like most people in the DMV, you've probably visited several fast casual restaurants by now (Chipotle, &Pizza, ShopHouse) so let's analyze what makes them work. First, the restaurant has to serve really tasty food. Nothing is more important than that. Yet, other factors include reasonable pricing, convenience, upbeat service, along with that intangible but vital feature, imagination. Roll Play Grill offers all that and more. This time, there's healthful, super-fresh Vietnamese cuisine on the assembly line.

Opening in November of 2015, a local entrepreneurial Vietnamese family and their friends founded the restaurant: "The owner of Roll Play Grill is a restaurant group called Happy Endings Hospitality Group. Di Dang and Hac Dang—two former professional poker players—are two of the main members," says Tuyet Nhi Lee, another co-owner (and girlfriend of Di Dang). Lee and her family had worked for years as caterers, developing their recipes and

constructing Vietnamese cuisine that could be served quickly but remained culturally and aesthetically authentic. Lee's mother, Tuyet Hoa, took it a step further when she made her families' recipes fit into the fast casual model. With the support from the other

86

Customers choose from three foundations—spring rolls, noodle bowls, banh mi sandwiches or Vietnamese noodle soup (Pho)...Next, they add their choice of protein—tofu, garlic shrimp, pork belly, five-spiced chicken or lemongrass beef.

Insert up to five diced toppings for free...

members of Happy Endings, Hoa is onsite daily, overseeing the Roll Play kitchen. "Customers have loved our food, which has made my mom, our master chef, super happy. She has some other secret items to be added to the menu including her Banana Chia Pudding," adds Lee.

The food—that's what's really important, right? At Roll Play, customers choose from three foundations—spring rolls, noodle bowls, banh mi sandwiches or Vietnamese noodle soup

(Pho)—to create their custom meal. Next, they add their choice of protein—tofu, garlic shrimp, pork belly, five-spiced chicken or lemongrass beef. Insert up to five diced toppings for free, including fried shallots, mango, crushed peanuts and red pepper. The Magnum Rolls and banh mi get the most raves on social media. For those unfamiliar with traditional Vietnamese cooking and terminology, there's no need to customize your entrée, Roll Play's recommended ingredients will definitely do.

All the entrees are pretty substantial, and you can easily get your fill. They're served with a traditional Vietnamese

> sauce; select from spicy or regular peanut, chili or vinaigrette (the spicy peanut rocks). When you bite into your Magnum Roll, you're going to see cilantro that looks like it was

picked a few minutes before. The carrots snap, the jalapeno's crunch and burn, the tender noodles inside are al dente...every ingredient standing firm, harmonizing, elevating that fancy dance in your mouth.

TYSONS MAY // JUNE 2016



Roll Play also offers side dishes too—select their crispy fried rolls over extras like the avocado or fried egg.

"My personal favorite item, when I'm in not counting calories, is the Pork Belly Banh Mi with Sriracha Mayonaise. It's savory, and the mayonnaise adds a ton of flavor. But I can't eat too many of those," notes model-gorgeous Lee. "I also go for the Five Spiced Chicken Mangum Rolls or Beef Pho with Shirataki Noodles. They're both really delicious and healthy."

Little touches make a difference, and Roll Play's owners understand that. There's the water cooler with free cucumber/mint water, Pucks's hi-style fountain service with sugar free juices, and the crazy-good Young Coconut drink that the staff will open on the spot for you to sip, then scrape clean. It's not cheap, but you're paying for freshness and quality here.

Located in a strip mall on Route 7 in Tysons Corner, Roll Play has become popular with both to-go customers and those who want to eat-in. The hipster décor, Touch Screen Kiosks, and Vietnamese street food menu, add to the ambiance of the place. The metal and wood tables are family style, with little shelves built on top, for your phone or sauces. You're likely to engage in a conversation as a result of this configuration. You'll probably discuss how good your food is, or ask someone to Instayou in front of the restaurant logo painted on the wall.

Roll Play has an open food prep area where you can watch Hoa and her staff

chopping fresh vegetables and slicing meats, then hand-building your dish. Mostly they are friends and family, the staff, with a cheerful energy unique to today's fast casual restaurants. Happy Endings happens to be the same charismatic family behind Chasin' Tails Crawfish in Arlington and Centreville. Next up for this team is Teas'n You, an Asian teahouse opening in

May, also on Leesburg Pike, a few blocks away from Roll Play. Teas'n You will serve finger foods and Asian-influenced tea.

Because this restaurant is the brainchild of millennials, trendiness and modernity is an essential part of the business model. With a snappy website, urbane interior design, high tech ordering system, and fresh understanding of our multi-cultured community of Northern Virginia, you might find yourself thinking, "I'm ready to invest!" Or "my friends are going to love this place, if they can find a parking space." The idea depends on your age, but either way, you're going to like the food, and my guess, you'll be back to try something new. And isn't that the point of fast casual?

P.S. There's a parking garage in the back of the building; ask the cashier at Roll Play for a free token. •

AUTHOR: Renee Sklarew is working on a travel guidebook, *The Unofficial Guide to Washington DC*, coming out this winter. She's also a regular contributor to Northern Virginia Magazine and The Washingtonian. She and her family love trying new restaurants.



#### ARLINGTON Restaurants

#### METRO 29 DINER

4711 Lee Highway 703.528.2464 metro29diner.com When two families came together to open a New York style diner in Arlington, the result was a delicious success. Metro 29 began serving its immense portions of American favorites in 1995. The idea was to create a menu that offered something for everyone, and an ambiance that welcomed families and couples, friends and colleagues. The mission continues to focus on providing quality food, prompt service and a warm, easy going dining experience. \$

#### FALLS CHURCH RESTAURANTS

#### 2941 RESTAURANT

2941 Fairview Park Dr. 703.270.1500 www.2941.com Nestled in a corner of an office building off the Beltway, 2941 offers an upscale casual dining experience in a cozy, open setting. Chef Bertrand Chemel creates succulent dishes with fresh, locally-sourced ingredients. \$\$\$\$

#### ANTHONY'S RESTAURANT

3000 Annandale Road 703.532.0100 www.anthonysrestaurantva.com For

40 years, Anthony's has offered real, homestyle cuisine. They offer Greek, Italian and American specialties as well as pizza, club sandwiches, burgers, overstuffed subs, salads and a wide range of entrées. Now serving breakfast on Saturdays and Sundays. Talk to them about any catering or banquet event. \$\$

#### ARGIA'S

124 N. Washington St 703.534.1033 www.argias.com Nestled in the heart of downtown Falls Church, Virginia, Argia's is a family owned and operated restaurant that provides an opportunity to experience authentic, world class Italian cuisine in a cozy, relaxing ambiance. Always alive with friends and families enjoying both single and family size dishes, this is a Falls Church dining destination. \$\$

#### BENTLEY'S

6654 Arlington Boulevard 703.532.4100 www.bentleysfallschurch.com Bentley's is known throughout Northern Virginia for their breakfasts. Famous Eggs Benedict, omelets, waffles, pancakes, crepes and more are served every day... but still the weekends are the best time. Their banquet facilities accommodate 50 to 250 people and they offer American, Latin, & Southwest Asian cuisine and accompanying services. \$



Pizzeria • Cantina

Hometown Favorites: Zuppa di Pesce, Agnolotti Carmela, and Capellini Al Pomodoro.



118 Branch Road, Vienna, VA 22180 | 703.281.7777 | pazzopomodoro.com



#### CELEBRITY DELLY

7263-A Arlington Blvd. 703.573.9002 www.celebritydeliva.com Founded more than 38 years ago, this New York-style deli offers an extensive menu with triple-decker sandwiches, subs, and homemade potato knish. Chuck Rossler knows his corned beef. Look for genuine New York Style deli sandwiches, half-done pickles, Dr. Brown's sodas, and Fox's U-Bet syrup. The Real McCoy. \$

#### CLARE AND Don's Beach Shack

130 North Washington St. 703.532.9283 www.clareanddons.com Located next to the State Theatre in the heart of the City of Falls Church, Clare and Don's brings the beach to landlocked Northern Virginia. This hot spot offers trivia on Wednesdays, and live music on weekends, and a menu with summer favorites like gator tail and jambalaya. \$

#### DOGFISH HEAD ALE HOUSE

6220 Leesburg Pike 703.534.3342 www. dogfishalehouse.com Dogfish Head Ale House has comfortable, casual surroundings and service, tasty and unique wood-grilled food, and the craftbrewed Dogfish ales. Great selection of year-round beers plus all the seasonal and special release beers. For food selections, you'll find half-pound burgers, steaks, pizza, and salmon. \$\$

#### **DOGWOOD TAVERN**

132 West Broad St. 703.237.8333 www. dogwoodtavern.com The creators of Ragtime and William Jeffrey's Tavern is described as a "celebration of the Old Dominion," which offers steaks, seafood, pasta, and burgers. The tavern offers live music on weekends. \$\$

#### DUANGRAT'S

5878 Leesburg Pike 703.820.5775 www.duangrats.com For more than 25 years, co-owners Ed and Pookie Duangrat have been serving signature Thai dishes. Some of these dishes include chicken and Chinese sausage gumbo and lemongrass chicken. Their Thai Tapas Lunch offers Thai and Asian small plates on weekends. \$\$

#### EDY'S CHICKEN AND STEAK

5420 Leesburg Pike 703.820.5508 Edy Durnovsek's secret recipe combines flavors of Thailand with those of Peruvian rotisserie spices to create a delicious chicken. The Peruvian Chickens, Steak a la brasa, and sandwiches are just a few items to try on the menu. \$

#### ELEPHANT JUMPS THAI RESTAURANT

8110-A Arlington Blvd. 703.942.6600

88 TYSONS \* MAY // JUNE 2016

www.elephantjumps.com Elephant Jumps offers an extensive menu with more than 100 dishes including croissant green curry chicken sandwiches, burrito satay chicken, and crispy salmon salad. Diners are sure to find classic Thai dishes as well as hard-to-find Thai dishes. \$\$

#### HAANDI FINE INDIAN CUISINE

1222 West Broad St. 703.533.3501 www.haandi.com Northern and Southern cooking traditions incorporated into fragrant kabobs, curries, biryani, and vegetarian classic dishes make Haandi one of the region's stars of Indian cuisine. A lunch buffet is offered from 11:30 a.m. to 2:30 p.m. daily. \$\$

#### HONG KONG PALACE RESTAURANT

6387 Leesburg Pike 703.532.0940 Hong Kong Palace offers some of the most authentic Chinese dishes in the area. Dandan noodles, tea-smoked duck, and sesame balls with bean paste are some of the items on the menu. \$

#### IDYLWOOD GRILL & WINE BAR

2190 Pimmit Dr, Unit B 703.992.0915 www.idylwoodgrill.com

There is always something special about a good neighborhood restaurant. Idylwood Grill's welcoming atmosphere, attentive staff, and fine cuisine is a welcome addition to our area's casual dining scene. It may be hard to choose from their menu of seafood, pastas, steaks, veal, salads, and more. \$\$\$

#### **IRELAND'S FOUR PROVINCES**

105 West Broad Street 703.534.8999 www.4psva.com Award-winning, Ireland's Four Provinces offers as genuine an Irish experience as you can get on this side of the pond. Guinness as it's meant to be poured and traditional Irish fare such as fish 'n chips, corned beef and cabbage, Irish bangers, plus Gaelic entertainment. \$\$

#### JV'S RESTAURANT

6666 Arlington Blvd. 703-241-9504 www.jvsrestaurant.com JV's has been around for 60 years. A local institution. JV's is the place to be for live music, homemade chili, and cold beer. \$\$

#### LA CARAQUENA

300 West Broad St. 703.533.0076 www. lacaraquena.com Chef and owner Raul Claros shares his family's recipes with Latin American flavor. Comfort food in a relaxed atmosphere where diners can take free salsa lessons, enjoy mojitos, and eat Pollo La Caraquena, a Latin-style baked chicken with black beans and white rice.

#### LITTLE SAIGON RESTAURANT

6218-B Wilson Blvd. 703-536-2633 www.littlesaigoncuisine1.com Little Saigon brings a taste of Vietnam to Falls Church. This restaurant has an extensive menu of Thai classics as well as a solid wine list. \$

#### THE LOCKER ROOM SPORTS BAR AND GRILL

502 West Broad Street 703.854.1230 www.thelockerroomfc.com The Locker Room lunch/dinner menu features everything from burgers and sandwiches, to pizzas, steaks and fish. They offer a full menu 7 days a week plus daily specials, and weekday happy hour specials from 3-7pm. Brunch is served Sundays, 11am – 3pm

#### **OPEN KITCHEN**

7155 Leesburg Pike 703.942.8148 openkitchen-dcmetro.com Open Kitchen is a unique culinary gathering space that celebrates the kitchen and the table as centers of pleasure and community. Through custom-designed, interactive, and engaging events, Open Kitchen provides you with a total culinary experience.

#### THE ORIGINAL PANCAKE HOUSE

7395-M Lee Highway 703.698.6292 www.ophrestaurants.com Pancakes, French toast, crepes, waffles, and breakfast and lunch favorites are served at The Original Pancake House. Pancakes are made with old-fashioned sourdough yeast, which is grown in their own kitchens and delivers light and airy pancakes. \$\$

#### PANJSHIR RESTAURANT

924 West Broad St. 703.536.4566 www. panjshirrestaurant.com Named after an Afghan province, this restaurant offers genuine Afghan cuisine. The Niazy family serves native dishes from Afghanistan including Kadu Chalow, a sautéed pumpkin topped with seasoned yogurt and tomato sauce, and a variety of kabobs. \$\$

#### PISTONE'S ITALIAN INN

6320 Arlington Boulevard 571.388.3910 www.pistoneitalianinn.com Pistone's is an area landmark and full service Italian restaurant. They have been in business since 1974. Chef/Owner Telemaco Bonaduce focuses on nutricious local foods and authentic preparation - a "rustic yet elegant" style that fits all occasions. They also offer first-rate entertainment. Check out the bar lounge where you are invited to sing with talented pianists and vocalists from the area. \$\$





#### PIZZERIA ORSO

400 South Maple Ave. 703-226-3400 This casual, family-friendly restaurant features a handmade volcanic brick oven by Forno Napoletano, where pizzas are made in the traditional Neapolitan style. \$\$

#### PUBLIC HOUSE NO. 7

6315 Leesburg Pike 703-942-6383 www.publichouseno7.com Public House No. 7 serves favorite English dishes including Shepherd's Pie, Lancashire hot pot, fish and chips, and bangers and mash, to name a few. There are also English brews, specialty cocktails, and wines to accompany your meal or to enjoy during live music on weekends. \$\$

#### **SAFFRON**

1077 West Broad Street 703.992.0077 www.saffronfc.com Tucked away in Falls Church by the Washington & Old Dominion Trail is Saffron, widely known for its authentic Indian cuisine. Their signature dishes include rich tandoori lamb chops and freshly-crafted naan, seasoned with handground spices. Check out their menu for dine-in, carry-out, and catering options. \$

#### SAIGON CAFÉ

6286-B Arlington Blvd. 703.237.1899 www.saigoncafe-va.com Saigon Cafe

offers a warm and spacious environment. The restaurant specializes in Vietnamese dishes, including famous appetizers and entrees from the central part of Vietnam. Saigon Café offers a wide variety of pho, noodles, soups, and rolls, as well as a extensive vegetarian menu. \$

#### SWEETWATER TAVERN

3066 Gatehouse Plaza, 703.645.8100 www.greatamericanrestaurants.com/ Sweetwater The Merrifield outpost of this microbrewery serves handcrafted seasonal brews, burgers and ribs, and fresh seafood, chicken and pasta. The restaurant offers seasonal outdoor dining. \$\$

#### TARA THAI

7501 Leesburg Pike 703.506.9788 www.tarathai.com The word "Tara", commonly found in Thai folk literature, means water. Thus, the restaurant offers a unique and relaxing atmosphere, featuring a variety of underwater art for your dining pleasure. The menu consists of authentic Thai cooking, using family recipes that have been handed down for generations. \$

#### FAIRFAX RESTAURANTS

#### THE AULD SHEBEEN IRISH **PUB & RESTAURANT**

3971 Chain Bridge Rd, Fairfax, VA 22030 (703) 293-9600 theauldshebeenva.com For traditional Irish fare, look no further than Fairfax's Auld Shebeen. This local favorite brings the spirit of Ireland to Virginia by combining great food with a great time. Swing by for some fantastic selections such as fish and chips, braised lamb shank or even shepherd's pie. With a full bar, live music on the weekend, and a special events space for up to 200 people in "The Cellar" downstairs portion of the restaurant, Auld Shebeen has everything you need to celebrate any occasion. \$

#### CHUTZPAH DELI

12214 Fairfax Town Center 703.385.8883 www.chutzpahdeli.com Matzoh ball soup like your grandma used to make? Chutzpah Deli has that, and more. This New York Jewish deli in Fairfax offers your favorites like rugalach, hamantaschen, linzer tarts, sandwiches, burgers, and more. You can top off your meal with real New York cheesecake and an egg cream made with Fox's Ubet. \$

## naissance Opentable's Best 100 romantic restaurants in the USA for many years.







#### WINE DINNER

Our wine dinners include five courses, each paired with a wine selection to highlight a varietal, winemaker, or region. The special fixed menus are designed to perfectly complement the featured wines.

#### COME TO US FOR YOUR EVENT

Private Dinners Group Dining

Weddings **Engagement Dinners**  Rehearsal Dinners **Bridal Showers** 

Corporate Functions Holiday Parties

163 Glyndon Street SE, Vienna, VA 22180 | T: 703.938.3311 | www.caferenaissance.com LUNCH: Mon. - Fr. 11.30AM - 2.30PM BRUNCH: Sunday 11AM - 2PM

60000.

DINNER: Mon. -Sat. 5.30pm - 10.00pm, Sun. 5pm - 9.00pm

90 TYSONS \* MAY // JUNE 2016

#### **DOLCE VELOCE**

10826 Fairfax Boulevard 703.385.1226 dolceveloce.com Stop at a bar along the piazza in sunny Sardinia, or linger at a trattoria in Venice's San Marco Square and you will be invited to experience cicchetti (chi-KET-tee), small plates or side dishes from the legendary cuisine of Italy. Now you can also enjoy cicchetti closer to home, at Dolce Veloce. These small plates offer a variety of flavors, from seafoods, salumes and salads to skewered meats, risotto and Mediterranean plates of olives and cheese. \$

#### GREAT FALLS RESTAURANTS

#### **BOLLYWOOD BISTRO**

9853 Georgetown Pike 703.865.0450 www.bollywoodbistrofairfax.com After finding success in Fairfax, Bollywood Bistro opened its second restaurant in Great Falls just last year. A modern and fresh take on Indian cuisine, this restaurant offers selections such as tomato-cheese naan, tender chicken korma, and decadent Bombay shrimp. With reasonable pricing for both catering and in-house dining, Bollywood Bistro is perfect for any occasion. \$

#### DANTE RISTORANTE

1148 Walker Rd. 703.759.3131 www.danterestaurant.com Italian born chef Giuseppe Di Benigno serves comfort foods from his hometown in Italy. The menu includes Italian favorites like pastas, Osso Buco alla Milanese, and Giuseppe's signature seafood soup. Dante offers an extensive wine list with plenty of reds and whites to choose from. \$\$\$

#### L'AUBERGE

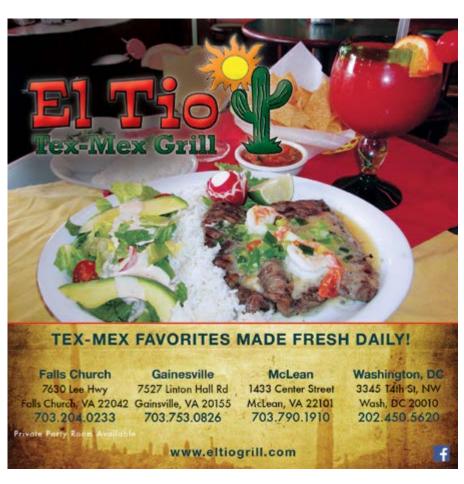
332 Springvale Rd 703.759.3800 www.laubergechezfrancois.com Located in Great Falls, L'Auberge offers a flavorful and beautiful array of French cuisine. Choose from their delectable french onion soup, or a sampling of their classic appetizers. Enjoy the quaint and cozy atmosphere where you'll feel like you just stepped into the heart of France. \$\$\$

#### THE OLD BROGUE

760 Walker Rd 703.759.3309 www.oldbrogue.com Classic Irish pub and restaurant near Great Falls Park featuring award winning food and drink, Katie's Coffee Shop, great Sunday brunch and live music Thursday-Saturday. A Great Falls institution with outside seating and enclosed patio. \$\$







#### MCLEAN RESTAURANTS

#### AMOO'S RESTAURANT

6271 Old Dominion Dr 703.448.8500 www.amoosrestaurant.com Amoo's offers Persian cuisine in the heart of McLean. Amoo's specialties include Baghali Polo, with lima beans and rice tossed in a dill and lime reduction, and Zereshk Polo, which is also called "the dish of kings." Amoo's also offers a variety of kabobs and Persian dishes. Carry out is available for larger orders. \$\$

#### ASSAGGI OSTERIA

6641 Old Dominion Dr 703.918.0080 www.assaggiosteria.com Domenico Cornacchia, chef/proprietor of Assaggi Osteria, taps into ages of ancestral Italian cooking each time he steps into his kitchen and brings a rich love of the cuisine that he so skillfully nurtured through the years. For those who love Italian cuisine, Assaggi Osteria features numerous appetizers, large salads, homemade pastas, fresh seafood, veal and scrumptious beef. Assaggi Osteria sources whole fresh fish from worldwide sustainable sources, offering the finest bounty the sea has to offer. Produce is purchased from local farms, and all desserts are homemade. \$\$

#### BENNIGAN'S

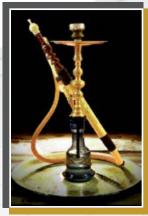
8201 Greensboro Dr. 703.288.3232 www.bennigans.com Bennigan's is one of the latest restaurants to open in Tysons Corner, offering pub fare with a beer, wine, and cocktail menu. Gourmet burgers, soup and salad combos, and sandwiches make for good lunch or dinner meals. \$\$

#### BOSS HOG'S

6811 Elm St. 703.821.1869 www.bosshogssmokebbq.com This popular local spot offers weekend brunch favorites like blueberry pancakes, Bananas Foster French Toast, and Andouille-stuffed omelets. Their smoked brisket, pork, and chicken are must-try dishes. \$\$

#### **BOULEVARD CAFE & CATERING**

8180 Greensboro Dr 703.883.0557 www.boulevardcafecatering.com Think of Boulevard when planning office celebrations, sales and breakfast meetings, office holiday parties, home celebrations, and last-minute occasions. Breakfast, cold luncheon buffets, entrée salads, hot entrées, hors d'oeuvres, and desserts. \$



## Levant

Tysons Corner

RESTAURANT & LOUNGE

A special fascinating combination of the old-traditional and the new-modern Style Restaurant & Lounge, the name "Levant" originally means the "Mediterranean Lands of the East." Levant is the point where the sun rises.

Come experience traditional cuisine at its best, with all the comforts and service you expect today!

Traditional Mediterranean Cuisine Served Daily Hookah and Beverages ■ Coffee and Desserts
Open Daily until 2 am

Ask Us About Catering!















8411 Old Courthouse Rd | Vienna, VA 22182

(703) 570-5555 | www.levantva.com





#### **BUSARA THAI CUISINE**

8142 Watson St. 703.356.2288 www.busara.com/ty-main Busara is an inviting place to enjoy Thai cuisine made with fresh ingredients prepared by experienced chefs. Diners can enjoy their lunch or dinner in a modern dining room. Entrees like Ka Pow Chicken and Pad Thai and soups and salads comprise their extensive lunch and dinner menus. \$\$

#### CAFÉ DELUXE

1800 International Drive West
703.761.0600 www.cafedeluxe.com
Café Deluxe combines the charm of a
neighborhood restaurant with the energy
of a European eatery. This restaurant offers
brunch, lunch, and dinner menus combining
traditional fare with menu favorites. \$\$

#### CAFÉ OGGI

6671 Old Dominion Dr 703.442.7360 www.cafeoggi.com For over 22 years, Café Oggi has reflected a pure and newfound combination of Italy's old world sophistication with McLean's contemporary novelty. With authentic preparations in an inviting and warm atmosphere, Café Oggi aims to please. Pasta, fresh fish, succulent yeal, a notable wine list, and more. \$\$\$

#### CAFÉ TATTI FRENCH BISTRO

6627 Old Dominion Dr. 703.790.5164 www.cafetatti.com This French bistro brings diners classic French dishes including vichyssoise, Quiche Lorraine, Filet with Béarnaise Sauce, and Flounder Belle Meuniere. Closed Sundays. \$\$

#### **CAPRI**

6825-K Redmond Dr. 703.288.4601 www.caprimcleanva.com Chef Beatrice Zelaya serves classic Italian dishes just like Nonna used to make. This family-friendly restaurant offers a cozy dining atmosphere. Sip on a glass of red or white wine as you enjoy Insalata Caprese, gnocchi, or Vitello alla Parmagiana. \$\$

#### EDDIE V'S PRIME SEAFOOD

7900 Tysons One Place 703.442.4523 www.eddiev.com A fine dining restaurant offering fresh, culinary-forward seafood creations and premium hand-carved steaks. The award-winning wine list features more than 300 selections. The atmosphere is refined yet relaxed, with live jazz and blues, featuring local jazz trios, played nightly in the V Lounge. \$\$\$\$

#### EL TIO

1433 Center Street 703.790.1910 www.eltiogrill.com Try tasty Tex-Mex with Mexican rice, refried beans, lettuce, pico de gallo, sour cream and guacamole on every plate. El Tio features grilled chorizo enchiladas, sizzling camarones, brochette fajitas, and a wide selection of chimichangas.

#### FLEMING'S PRIME STEAKHOUSE and wine bar

1960 Chain Bridge Rd. 703.442.8384 www.flemingssteakhouse.com Inspired by the passion for steak and wine dinners, Fleming's offers a list of 100 wines by the glass and an extensive selection of USDA prime steaks and fresh seafood. Seasonal ingredients are showcased on the menu.

#### GREENBERRY'S COFFEE CO.

6839 Redmond Dr. 703.821.9500 www. greenberrys.com This Charlottesvillebased coffee roaster's local outpost is a popular spot for McLean residents. Friendly staff members serve a variety of coffee blends like Sumatra Mandheling and Java Blawan Estate alongside delicious pastries.

\$

#### HARTH AT HILTON MCLEAN TYSONS CORNER

7920 Jones Branch Dr. 703.761.5131 www.Harthrestaurant.com Executive chef Luc A. Dendievel has his own rooftop beehive producing 200 pounds of honey each year and an organic garden that supplies harth with a variety of herbs, fruits, and vegetables. Harth serves comfort foods with a modern, fresh twist. Extensive wine, beer, and cocktail list. \$\$

#### J. GILBERT'S

6930 Old Dominion Dr. 703.893.1034 www.jgilberts.com For nearly 15 years, J. Gilbert's has offered premium wood-fired steaks and seafood. Although this American restaurant has plenty to offer in beer, wine, steaks, and seafood, J. Gilbert's also offers a vegetarian menu and gluten-free menu.

#### **JOE'S SIMPLY AMAZING BURGERS**

6710 Old Dominion Dr. 703.288.0288 www.joesburgersmclean.com Burgers are made with all-natural and locally sourced black Angus beef, lamb, bison, and Spanish chorizo sausage. Their specialty burgers are for the truly adventurous. \$\$





96



#### LA SANDIA

7852 Tysons One Pl 703.893.2222 www. richardsandoval.com/lasandiavirginia/ Chef Richard Sandoval, internationally recognized as the Father of Modern Mexican Cuisine, elevates Mexican cooking to new heights at La Sandia serving up authentic Mexican specialties alongside over 200 fine Tequilas. Inspired by his culinary mantra of 'old ways, new hands,' Chef Sandoval reinterprets traditional dishes with innovative techniques and skillful presentation. \$\$

#### LEBANESE TAVERNA

1840 International Dr. 703.847.5244 www.lebanesetaverna.com Lebanese Taverna offers the best in Middle Eastern cuisine. Sample kalamar, falafel, and baba ganoush small plates, or try one of the seven types of hommus in their hommus bar. Lebanese Taverna offers seating for parties small and large, as well as an outdoor café with a fountain and plenty of al fresco dining. \$\$

#### MOBY DICK HOUSE OF KABOB

1500 Cornerside Blvd 703.992.7500 mobysonline.com Moby Dick's has terrific, healthy, wholesome and fresh fast food— perfect for a quick lunch or dinner fix. Try their "Kabob-e-Kubideh," which is ground sirloin seasoned with onion and herbs and wrapped around a skewer for grilling. Succulent, juicy meat with rice are served with your choice of yogurt cucumber sauce, shirazi salad or fresh herb as well as a piece of bread. This could become an addiction. \$

#### O'MALLEY'S PUB

1960 Chain Bridge Rd. 703.893.2100 www.omalleyspub.com/tysons O'Malley's Pub is the perfect place to watch the Redskins games on one of their 12 TVs and grab a beer with your friends. Diners can snack on pub favorites like spinach and artichoke dip, calamari, chicken tenders, wings, and nachos. \$\$

#### PAUL BAKERY TYSONS GALLERIA

2001 International Dr. 1856G 571.447.5600 www.paul-usa.com PAUL Bakery brings a taste of France to Tysons Galleria. This upscale bakery offers French breads, sandwiches, pastries, and of course, tea and coffee. \$

#### ROCCO'S ITALIAN RESTAURANT

1357 Chain Bridge Road # A 703.821.3736 www.roccositalian.com An institution in McLean, Virginia, family owned and operated Rocco's has been serving up Italian delights and the area's best pizza for over 30 years. From fried calamari to genuine "Brick-Oven Pizza", you can find your favorites at Rocco's. Open for lunch and dinner seven days a week. Catering too! \$\$

TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM

#### SEASONS 52

7863L Tysons Corner, McLean
703.288.3852 www.seasons52.com
Seasons 52 gives diners a fresh dining
experience using natural cooking
techniques to let the flavors shine. With
all of their menu items being under 475
calories, it's a great place to dine if you're
eating a healthy diet. Menus based on the
flavors of the seasons, flavorful wines,
and delectable mini desserts are a real
treat for diners. \$\$

#### SILVER DINER

8101 Fletcher St. 703.821.5666 www. silverdiner.com/restaurants/tysons
This location gives back to the community with its partnership with WolfTrap
Elementary. Curbside carryout available. \$

#### STAR NUT GOURMET

1445 Laughlin Ave 703.749.9090 www.starnutgourmet.com The most exquisite fancy food gift store in the Washington, D.C. area, Star Nut Gourmet's high standard of quality products and unique packaging has given us our very special reputation. Their comfortable café exudes with old world charm and casual elegance. The menu reflects international flavors and offerings including Europe's #1 coffee. Close your eyes and you'll feel you're experiencing days gone by. \$

#### THE CAPITAL GRILLE

1861 International Dr. 703.448.3900 www.thecapitalgrille.com The Capital Grille at Tysons Corner offers classic steakhouse fare like the Filet Oscar, served with lump crabmeat and drizzled with house-made Bearnaise sauce, and fresh seafood dishes. Grab a drink at the bar and try the Grille's Signature Cheeseburger with Parmesean Truffle Fries. \$\$\$

#### THE PALM RESTAURANT

1750 Tysons Blvd. 703.917.0200 www. thepalm.com/Tysons-Corner The Palm is notorious for its prime aged steaks, jumbo Nova Scotia lobsters, and Italian classics. For those who want a nibble, The Palm offers bite-sized gourmet comfort food in their Prime Bites Menu, including mini broiled crabcakes with mango salsa and remoulade and calabrese flatbread. \$\$\$

#### PADDY BARRY'S

8150 Leesburg Pike 703.883.2000 www.paddybarrysva.com Brendan Barry has open an authentic Irish Pub in the heart of Tysons-classic Irish fare and hospitality TV's to watch the game, and of course-classic Black and Tan's. \$

#### MERRIFIELD RESTAURANTS

#### **BLACKFINN AMERIPUB**

2750 Gallows Road 703.207.0100 www.blackfinnameripub.com Located two blocks south of the Dunn Loring Metro, the only D.C. location of Blackfinn Ameripub specializes in craft beers and signature cocktails. Blackfinn Ameripub offers American food with a twist. Flatbreads, salads, burgers, and sandwiches (called "handhelds") are among the fare offered at this restaurant meant to be a place to meet with friends, family, or coworkers. \$\$

#### CYCLONE ANAYA'S

2911 District Ave. Ste. 170 703.992.9227 www.cycloneanaya.com Located in the Mosaic District, this is the first D.C. area outpost of this Texas legacy. Founded by world-class wrestler Cyclone Anaya and his wife Carolina, this restaurant offers homemade Mexican food, margaritas, ceviche, and all types of tacos. You can be sure to find something for everyone on their menu. \$\$

#### FOUR SISTERS RESTAURANT

8190 Strawberry Ln. 703.539.8566 www.foursistersrestaurant.com For 20 years, the Lai family has been serving an extensive menu of home-style Vietnamese dishes. The restaurant offers a gluten-free menu and MSG-free menu, with favorites like pho, Vietnamese rice crepes, and a wide range of vegetarian selections. \$\$

#### MATCHBOX VINTAGE Pizza Bistro

2911 District Ave. 571.395.4869 www.matchboxmerrifield.com This outpost of the popular D.C. pizza chain is located in the Mosaic District, close to the Dunn Loring Metro. Fresh ingredients comprise their salads, appetizers, sandwiches, pizza, and entrees. A cool, laidback atmosphere with exposed brick walls and beams that make you feel as though you're in a loft. \$\$

#### OPEN ROAD GRILL And Icehouse

8100 Lee Highway #300 571.395.4400 openroadmerrifield.com Owned by the group that brings you Circa, Trio Grill, and The Italian Market and Deli, Open Road Grill and Icehouse is inspired by the owners' love of cars, trucks, and motorcycles and Americana. A relaxed atmosphere with live music and extensive beer list awaits you. \$\$

#### PASSION FIN ASIAN BISTRO & SUSHI BAR

2750 G Gallows Rd. 703.204.2969 Newly added dining experience in the Halstead

District. Elegant, yet comfortable dining experience with full Asian inspired menu, sushi, sake and full stocked bar for getting together with friends. The cuisine is wonderful. Open daily for lunch and dinner. \$\$

#### RAOUCHE CAFE

2839 Gallows Road 703.205.9099 www. raouchecafe.com Don't be fooled by the store front, this is one of the best restaurants if you are a Middle East dining enthusiast. Grape Leaves, Lebneh, Falafel, just about everything we tried is terrific. One our favorite spots—(my favorite for grape leaves!) Say "hi" to Hussein... \$\$

#### SEA PEARL

8191 Strawberry Lane 703.372.5161 www.seapearlrestaurant.com With the inspired creativity of Chef Sly Liao with the trend setting design of Studios Architecture to create Northern Virginia's most memorable dining experience. Sea Pearl's menu includes seafood, salads, pasta, poultry, steak and more. Treat yourself to a great brunch on the weekend or early evening offerings during the week. \$\$\$

#### TED'S BULLETIN

2911 District Ave 571.830.6680 tedsbulletinmerrifield.com A family restaurant in the heart of Merrifield, Ted's Bulletin offers conventional and classic American fare with the classics, including breakfast all day. Great bakery items to go, especially those Pop Tarts. The latest from the Matchbox Food Group. \$\$

#### TRIO GRILL

8100 Lee Highway 703.992.9200 www.triomerrifield.com A signature cigar lounge, outdoor patio, and dining room await you at TRIO Grill. TRIO combines urban sophistication with the casual cool of a neighborhood grill. The menu offers delicious options from signature steaks to seasonal seafood, classic cocktails, and an extensive wine program. \$\$

#### TRUE FOOD KITCHEN

Mosaic District 2910 District Avenue, #170 571.326.1616 www.truefoodkitchen. com With a wide selection of vegan, vegetarian or gluten free options, you need only a desire to give your body nutrients and your palate something memorable to enjoy True Food Kitchen. The basis for the anti-inflammatory diet is to make us feel better, live longer and make us happy while enjoying the salads, pizza, seafood entrees, and those to-die-for "Natural Refreshments."\$



### Ristorante Bonaroti

Est. 1982











Sergio Domestici and the Bonaroti family invites you to explore the joy of Classic Italian Cuisine and their award-winning wines and service. Since 1982, Sergio Domestici's classic Italian cuisine has received acclaim from all major magazines and critics in the Washington Metro area.

Warm and romantic, Bonaroti's is a favorite of Italian fine dining patrons and enjoys the praise of visiting dignitaries and the stars

Private Dinners | Corporate Functions | Holiday Celebrations | Retirement Parties | Engagement & Rehearsal Dinners



428 East Maple Ave, Vienna | 703.281.7550 | BonarotiRestaurant.com



TYSONS \* MAY // JUNE 2016

#### VIENNA RESTAURANTS

#### **AMPHORA**

377 Maple Avenue West 703.938.7877 www.amphoragroup.com For over 40 years Amphora Restaurant, a landmark in Vienna, has been serving an extensive menu featuring authentic European and American flavors and offerings along with awardwinning desserts and pastries. Open 24-7, you can enjoy breakfast, lunch and dinner any time of day as you comfortably meet with friends, family or coworkers. \$\$

#### ANITA'S

521 E. Maple Ave. 703.255.1001 www. anitascorp.com This local chain offers New Mexico style Mexican food in the D.C. area for nearly 40 years. Anita's offers breakfast, lunch, and dinners. \$\$

#### BAZIN'S ON CHURCH

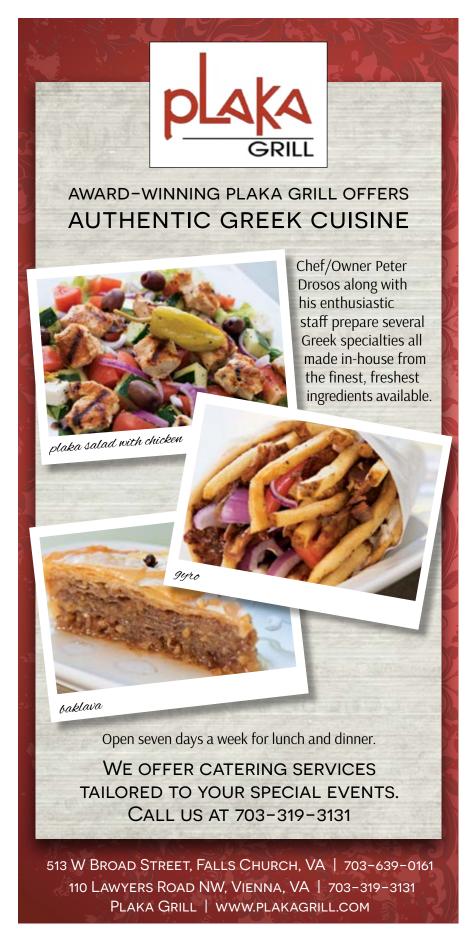
111 Church St 703.255.7212 www. bazinsonchurch.com Set on historic Church Street in the heart of Vienna, Bazin's on Church continues to exceed the expectations of the town's discriminating diners. Chef Patrick Bazin's modern American cuisine is simply extraordinary. Stop in for a drink at the bar or a delicious meal in their comfortable and casual dining area. Reservations are strongly recommended.

#### BI'S BREWHOUSE

8027 Leesburg Pike 703.356.7305 www.bjsbrewhouse.com Located in the heart of Tysons Corner, BJ's is the ultimate place to unwind after a long day. Start off with avocado egg rolls, Thai shrimp lettuce rolls, or calamari, or try their wings or flatbread pizzas. BJ's is known for their variety of signature deep dish pizzas, burgers, sandwiches, and light menu. Of course, you can't forget their handcrafted beer. \$\$

#### BRIX & ALE IN THE SHERATON

8661 Leesburg Pike 703.448.1234 www. brixandale.com Diners can choose an old-school favorite or try a traditional dish that's been updated to reflect a modern take on classic comfort food while wine enthusiasts will marvel in our state of the art wine preservation system that allows guests to sample different wines from numerous vineyards. Brix & Ale also features handcrafted cocktails which are artfully prepared with the freshest ingredients. \$





#### CAFE RENAISSANCE

163 Glyndon St SE 571.938.3311 www. caferenaissance.com Cafe Renaissance is an elegant restaurant in the true sense of Parisian tradition that is Vienna's most sophisticated dining experience. Try Escargot Bourguignonne, Medallions of Monkfish with garlic, mushroom & white wine sauce, or Maryland Style Crab Cake with beurreblanc sauce. Visit Cafe Renaissance for the most romantic dinner in Northern Virginia. \$\$

#### CHEF GEOFF'S

8045 Leesburg Pike 571.282.6003 www.chefgeoff.com The Tyson's Corner location of Chef Geoff Tracy's restaurant chain offers a gluten free menu and a bacon bar with bacon nachos and chocolate pretzel cake with salty bacon. Businesspeople can be seen dining or enjoying a drink during lunch hour and dinner. Chef Geoff's also offers a Sunday brunch and kid's brunch. \$\$

#### CHIMA BRAZILIAN STEAKHOUSE

8101 Towers Crescent Dr. 703.639.3080 www.chima.cc Chima offers traditional Brazilian churrasco of more than 15 rotisserie meats, including filet, lamb, chicken, sausage, and fish. The salad bar also offers Brazilian and American staples. Bring the family along for a unique dining experience. \$\$

#### CLYDE'S OF TYSONS CORNER

8332 Leesburg Pike 703.734.1901 www.clydes.com/tysons Clyde's offers authentic American dining with a menu featuring locally grown produce, hormone-free beef, and desserts made in-house. This restaurant, located in an Art deco-inspired setting, features a brunch menu, bar menu, and raw bar. \$\$

#### I-THAI

8607 Westwood Center Dr 703.992.7921 www.i-thairestaurant.com Taste authentic Thai cuisine and Sushi, where quality is never compromised at i-Thai in Tysons West. I-Thai has a delicious selection of Thai dishes served in a buffet-style format. Their talented chefs' extensive knowledge and expertise are able to transform each dish with the perfect blend of herbs and spices into a delightful experience with the boldest and most genuine flavors possible. \$

#### MAGGIO'S

421 Maple Ave E 703.938.7777 www. maggiosvienna.com Specializing in Greek and Italian cuisine with American favorites, Maggio's offers award winning Mediterranean selections such as Greek Festive Rotisserie Chicken, Classic Gyros, Souvlaki, Moussaka, Pita Wraps, and Falafel, as well as their popular Marinated Flame Broiled Lamb Chops, and Italian

specialties. Committed to healthy eating, they use only the freshest, high quality ingredients and cooking methods. \$

#### MAPLE AVE

47 Maple Ave W 703.319.2177 www. mapleaverestaurant.com Maple Ave Restaurant serves eclectic American cuisine in the heart of Vienna, blending American with Asian, Latin American, and French flavors and techniques. Ranging from fresh-grilled Bronzini to homemade Carnival Funnel Cake served with vanilla bean ice cream. \$\$

#### **NEIGHBOR'S RESTAURANT**

262 D Cedar Lane 703.698.8010 neighborsrestaurantva.com Come in to watch soccer, football or basketball games. Featured games can be seen on their huge screen, visible from just about any seat in the restaurant. Enjoy karaoke on Friday and Saturday nights. The restaurant's ambiance is relaxed and the service is professional with a goal to bring the best Persian and American cuisine experience for our customers. \$\$

#### **NEISHA THAI**

8027 Leesburg Pike #110 703.883.3588 www.neisha.net Come discover for yourself a gem of an experience, tucked away from the chaos of Tysons Corner. Neisha Thai's elegant dining room and bar area features treasures from Thailand itself. Embedded in the exquisite gold leaf walls are glittering gemstones, serving as the backdrop for each decadent dish the menu has to offer. Just like each gem has its own unique attributes, so does each dish, with flavors often tantalizing in their unique combinations or comforting in their familiarity. \$\$

#### NOSTOS

8100 Boone Blvd. 703.760.0690 www.nostosrestaurant.com Presenting a fresh take on Greek cuisine, Nostos offers fresh food in sharing-sized portions. Try one of their 50 different wines from different regions of Greece to complement your lunch or dinner. The menu showcases new and traditional Greek dishes, as well as fresh fish from the Mediterranean Sea. \$\$

#### PALADAR LATIN KITCHEN & RUM BAR

1934 Old Gallows Rd., Suite 110
703.854.1728 www.paladarlatinkitchen.
com/locations/tysons-va Paladar offers
a delicious array of Latin comfort food
including six different kinds of soft tacos
including slow braised duck, roasted pork,
or blackened fish. Larger plates include
Grilled Skirt Steak Churrasco and "Ocho
Hora"braised short rib. And if you like rum
or tequila, you've come to the right place!
Choose from a selection of 50 rums and

15 tequilas. Paladar also offers mojitos, margaritas, sangrias and more. \$\$

#### PAZZO POMODORO

118 Branch Road SE 703.281.7777
pazzopomodoro.com Now open in the
Danor Plaza in Vienna. Pazzo Pomodoro
Pizzeria Cantina offers a Neapolitan
inspired menu of made-from-scratch dishes
that represent a modern, but traditional
cuisine. In the words of Executive Chef
Raffaele Mastromarino "Pazzo Pomodoro
represents a different concept offering more
authentic Italian meals."

#### PEKING EXPRESS OF VIENNA

103 Center Street N #107 703.281.2445 www.peking-express.com Love, love, love! Peking Express offers outstanding selections for lunch and dinner. Combination platters include egg roll and choice of soups, authentic appetizers, chicken, shrimp, and beef and pork selections, and the fried rice or lo mein is to die for! \$

#### PLAKA GRILL

110 Lawyers Rd NW 703.319.3131 www.plakagrill.com Established in 2007, the award-winning Plaka Grill offers authentic Greek cuisine in a cheerful cozy setting. Chef/Owner Peter Drosos along with his enthusiastic staff prepare

several Greek specialties which are all made in-house from the finest, freshest ingredients available. The made-fromscratch signature "Plaka Gyro" is available exclusively at Plaka Grill in Vienna. New location now in Falls Church at 513 W Broad St. \$

#### RISTORANTE BONAROTI

428 Maple Ave E 703.281.7550 www. bonarotirestaurant.com Warm and romantic, Bonaroti's is a favorite of Italian fine dining patrons. Enjoy an extensive wine list, and culinary creations made of the freshest and finest ingredients from Italy. There is everything from calamari to antipasti dishes and entrées of seafood, yeal, and lamb.\$\$

#### SAKURA JAPANESE STEAK HOUSE

8369 Leesburg Pike #10 703.356.6444 www.sakurasteakhouse.com Steak, seafood, and sushi are the name of the game at this Japanese steak house. The hibachi grill produces seafood, chicken and steak entrees and sides. There is a separate section for those only ordering sushi. For a traditional Japanese steakhouse experience, go here. \$\$



#### SHAMSHIRY

8607 Westwood Center Dr. 703.448.8883 www.shamshiry.com Shamshiry offers a taste of authentic Persian cuisine, from rice dishes to kabobs to vegetarian entrees. The Zereshk Polo offers rice studded with tart red currants, and the Chelo Kabob Shamshiry was previously prepared and served in the Shamshiry restaurant in Tehran. \$\$

#### SUNFLOWER VEGETARIAN RESTAURANT

2531 Chain Bridge Rd. 703.319.3888 www.crystalsunflower.com Sunflower Vegetarian Restaurant has two locations in Vienna and Falls Church. This awardwinning restaurant offers vegetarian and vegan entrees, sandwiches, soups and salads as well as Asian-style dishes. \$\$

#### TYSONS BAGEL MARKET

8137 Leesburg Pike 703.448.0080 www.tysonsbagelmarket.com Bagels boiled and baked the traditional way, crusty on the outside, soft and chewy on the inside. Choose from one of their many fresh-baked varieties with a shmear of several cream cheeses. A full breakfast menu along with a long list of deli and grilled sandwiches.

#### WOO LAE OAK

8240 Leesburg Pike 703.827.7300 www.woolaeoak.com Since 1946, Woo



9917 Fairfax Blvd. • Fairfax, VA 22030 • (703) 385-5912





Lae Oak offers a Korean dining experience with traditional cuisine. Dishes like Bibimbap and Korean barbeque keep diners coming back. Be sure to go on Mondays for half-priced bottles of wine and on Tuesdays, Woo Lae Oak offers a prix fixe dinner for two. \$\$

#### OAKTON Restaurants

#### LUCIANO ITALIAN RESTAURANT

Hunter Mill Plaza, 2946 Chain Bridge Road 703.281.1748 lucianoitalianrestaurant. com These family-focused restaurateurs specialize in fresh, homemade, southern Italian cooking. Known for authentic NY-style pizza, they also serve a full array of reasonably priced Italian dishes and desserts.

#### OLD PEKING

Hunter Mill Plaza, 2952 Chain Bridge Road 703.255.9444 www.oldpeking. com Specializing in Hunan and Szechuan cuisine, Old Peking opened in 1986, at which time a major restaurant critic wrote that "a beautiful flower has bloomed in Oakton." The dining room conveys an intimate atmosphere, but carry-out and lunch delivery (within 2 miles) are also options. They will tailor their dishes to your preference, e.g., mild or spicy. Old Peking also offers catering. \$

#### SANTINI'S NEW YORK STYLE DELI

2975 Chain Bridge Rd. 703.766.6666 www.mysantinis.com If you're looking for a good corned beef and pastrami with Provolone, this is your place. Santini's brings a taste of New York to the D.C. suburbs. Santini's has a variety of subs and sandwiches and New York style pizzas. \$

#### TIGRIS GRILL

Hunter Mill Plaza, 2946 Chain Bridge Road 703.255.5950 www.tigrisgrill.com Tigris offers all natural charcoal-grilled Middle Eastern cuisine with a Halal menu. They offer a wide variety of appetizers, salads, sandwiches and platters.

All recipes are originals by Owner/Chef Mofi, in particular the Falafel, which is his own secret recipe. \$

#### YOKO SUSHI

Hunter Mill Plaza, 2946 Chain Bridge Road 703.255.6644 www.yokosushi1. com This traditional sushi house serves rolls, noodles & other Japanese staples. Their lunch and dinner menus offer a huge sushi selection, plus appetizers, tempura, teriyaki, katsu and more. \$\$

102 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



(\*) Weichert Realtors\*



Jenifer Justice Direct: 703,623,8373 Justicehom@aol.com www.jeniferjustice.com

#### 1017 Dead Run Dr, McLean

\$1,999,999

Stunning NEW HOME by CODA Construction featuring 5 Bedrooms, 5.5 Baths, 3 car garage, deck, custom closets, and more, situated on a prominent 1/2 acre lot just minutes to sought after schools, shopping, and entertainment.



**Ann Romer** 703.597.4289 ritrann@aol.com theromerteam.com

#### Oakton

\$219,900

Pristine 2nd floor condo in elevator building. Concrete floors for QUIET living! Prof. painted & new carpet 2016. 42" natural maple cabinets, wood burning tpl with granite surround, generous storage & balcony. Fabulous community pool, dog park & fitness center. 7 min drive to Vienna Metro or 3 min walk to bus. Great investment property or enjoy yourself!!





Marianne Sipple 703.200.2681 marianne@sipplerealestate.com sipplerealestate.com

#### Langley Oaks

\$1,689,000

Exquisite all brick Custom home in highly sought after Langley Oaks. With over 6800 sq. ft. there are 5 BR's and 5 1/2 BA. Main floor boasts 10 ft ceilings and a oversized sun-drenched gourmet kitchen. Crown molding throughout and 4 wood-burning fireplaces.





Kirti Patel 703,424,0323 k.patel@weichert.com homesbykirti.com

#### 1300 Skipwith Rd, \$1,850,000

McLean

Fabulous end unit 4 level, 2 car garage colonial in Merrywood on the Potomac with marble foyer, living room and dining room with gas fireplace, gourmet kitchen, fully finished walkout basement with wet bar and kitchenette.



Kyounghee Malawi 571.214.2300 kmalawi@ weichert.com

#### 3307 Lauren Oaks Dr, Oak Hill

\$1,079,000

Newly renovated 4 bedrooms, 4.5 baths home on .83 acre premium lot in West Oaks Estates. Light filled, high ceilings, hardwood floors, large sitting room in master suite, 3 car garage. Close to shopping, Fairfax county government center, I-66, Rt. 267, Dulles airport.





Bo-Yeon Templer 703,405,7480 boyeon@mris.com

#### 7407 Hallcrest Dr, McLean

Beautiful, Totally Renovated, All Brick Townhome 3 Bedrooms, 2 Full Baths, 2 Half Baths & Garage. Hardwood Floors. Gourmet Kitchen, Updated Bathrooms, Fenced Rear Yard & Flagstone Patio. Near Silver Line Metro, 66, 495 & Tysons Corner!!





Dena Conrad Cell: 703.438.1960 www.denaconradreal estate.com denahconrad@ gmail.com

#### 9211 Hidden Creek Dr

ite counters, SS appliances, wet

gas logs. 4 BRs on main level;

2 BRs & enormous unfinished

\$1,075,000





Malawi 571.214.2300 kmalawi@ weichert.com

#### 1445 Oakview Dr, McLean

Premium 107'X190' (about 1/2 acre) rectangular lot in Brookhaven. Great location:

easy access to McLean village, DC and Arlington. McLean HS pyramid, Call listing agent for further information.

FX8764430.



\$1,090,000



Offices Across America

McLean/Dolley Madison Office 1313 Dolley Madison Blvd | McLean, VA (703) 760-8880 | www.weichert.com





#### **ASSAGGI OSTERIA**

Locals (and native Italians) rave about Chef/Owner Domenico Cornacchia's authentic Italian cuisine. Assaggi Osteria features numerous appetizers, large salads, homemade pasta, fresh seafood and more. You will taste the difference at Assaggi due to its commitment to quality— it sources whole fresh fish from worldwide sustainable sources, produce from local farms, and all desserts are homemade.

6641 Old Dominion Dr. McLean, VA 703.918.0080 www.assaggiosteria.com

#### BARREL AND BUSHEL

We know you'll enjoy Bushel and Barrel's outdoor patio. What better way to enjoy their handmade, handcrafted, and hand-harvested food? Plus, the food is complemented by barrel-forward drink selections, 22 craft beers on tap, more than 30 bourbons, wine and cocktails.

Hyatt Regency Tysons Corner Center 7901 Tysons One Place, Tysons Corner, VA 703.893.1234

#### **BRINE**

This rustic sea-to-table restaurant in the popular Mosiac District has drawn on the expertise of award-winning Chef John Critchley and owner Travis Croxton's famed Rappahannock Oyster Co. to become a destination for seafood lovers. Brine features an outdoor patio, raw bar, which displays the daily collection of locally sourced Chesapeake oysters, wood-fired grill and rotisserie. Oyster fans should arrive early for Happy Hour (between 3-6:30 pm) when the bivalves on the half shell are half price and wash them down with one of 20 local beers and ciders from Virginia craft breweries.

2985 District Ave. Fairfax, VA 703.280.1000 www.brinerestaurants.com

#### CABOOSE BREWING COMPANY

Located in the industrial heart of Vienna, Caboose Brewing Co. is the newest place for family dinner, date night, or just having beers with friends. Expect farm-to-table American fare featuring locally sourced and seasonal ingredients with house-brewed beer. The lofty, industrial space with its lovely patio creates a fun community atmosphere.

520 Mill St NE, Vienna, VA 22180 703.865.8580 www.caboosebrewing.com

#### CLARE AND DON'S BEACH SHACK

The closest thing to the beach in Tysons, this casual beach-themed spot serves seafood, vegetarian eats and of course, cocktails, plus offers live music, trivia nights and stand-up comedy.

130 N Washington St, Falls Church, VA 703.532.9283 www.clareandons.com

#### **CLARITY**

One of the area's newest restaurants, Clarity is already popular destination with locals, especially during warm weather when the patio is brimming with laughter. Chef Jonathan Krin at the helm alongside Jason Maddens means you can expect dishes that can be as beautiful as they are delicious at this American bistro. With an ever-revolving menu, you are sure to discover something new with every visit.

442 Maple Ave E, Vienna, VA 703.539.8400 ClarityVienna.com

#### DOLCE VELOCE CICCHETTI WINE BAR

Cicchetti are the small plates or side dishes served in cicchetti bars in Venice, Italy. Now you don't have to go to Venice, just go to Fairfax. Ask for Joe and treat yourself to an assortment of plates of Mediterranean delights and wines on the patio. Wonderful people, great food, and superb wine selection.

10826 Fairfax Boulevard, Fairfax, VA 703.385.1226 DolceVeloce.com

#### DOGWOOD TAVERN

Enjoy classic American fare at this upscale pub with raw bar, live music, and rooftop patio with outdoor seating and a skybar. Parents will appreciate the kid-friendly attitude, but be sure to reserve your table ahead of time if you're dining on a Friday and Saturday — it can get quite crowded. Dogwood Tavern has something for everyone with great options for brunch, lunch, and dinner.

132 W Broad St, Falls Church, VA 22046 703.237.8333 www.dogwoodtavern.com

#### EARLS TYSONS CORNER

The large Canadian chain has brought its brand to our neighborhood. Earls offers a global menu with modern versions of ethnic cuisine. Dine in the expansive sleek and modern dining room, or on the outdoor patio complete with fire pits and cocktail lounge. The stunning space boasts 280 seats and more than 10,000 square feet. Enjoy a great wine selection, craft beer, and a creative bar program with specialty cocktails.

7902 Tysons One Place, McLean, VA 703.847.1870 earls.ca/locations/tysons-corner

#### HÄRTH

Tucked away in the Hilton McLean, Härth is a hidden gem that breaks the mold of your typical hotel restaurant. The interior is a stunning modern space yet offers a warm friendly environment. This is a great date-night spot to experience the sunset on a warm summer evening outside on the patio. The menu includes oven roasted frittatas for breakfast, fire roasted fish and braised meats for dinner and plenty of small plates for sharing. Härth focuses on seasonal and locally sourced ingredients, supporting regional farmers. Härth also offers an extensive list of local and regional beers and wines.

7920 Jones Branch Dr, McLean 703.761.5131 www.harthrestaurant.com

#### IRELAND'S FOUR PROVINCES

A Falls Church neighborhood institution, Ireland's Four Provinces boasts outdoor seating, a large bar, and multiple TVs to watch your team win. The brunch here is a consistent award winner and the Reuben is a community favorite, but owner Colm also serves some of the best burgers, salads, and traditional Irish fare in the area. This spot is truly a great place to spend a summer evening enjoying friends, food and fun.

105 West Broad Street, Falls Church, VA 703.534.8999 4psva.com

#### IRIS LOUNGE

Well-known as the place to go for nightlife in Tysons with live music, DJ, and dancing nightly. Guests can now enjoy the brand new patio at Iris Lounge which seats 40 and offers a place to enjoy your food, cocktails and drinks outdoors.

1524 Springhill Rd. McLean, VA 703.760.9000 www.irisloungeva.com

**CONTINUED ON PAGE 106** 



**CONTINUED FROM PAGE 105** 

#### **LEVANT**

Its namesake Levant originally means the "Mediterranean Lands Of The East", in reference to the rising of the sun. Levant has a special combination of traditional Levantine cuisine yet modern surroundings with its lounge atmosphere that offers hookah to guests.

8411 Old Courthouse Rd. Vienna, Virginia www.levantva.com 703).570.5555

#### MATCHBOX - MOSAIC

Matchbox offers fresh American fare and drink in a modern and eco-friendly setting. Their seasonally changing bistro menu features brick oven pizza, their famous 3.6.9 miniburgers, fresh seafood, and a fantastic brunch. Enjoy dining out on their outdoor patio during nice weather.

2911 District Ave Fairfax, VA 571.395.4869 www.matchboxmerrifield.com

#### L'AUBERGE CHEZ FRANCOIS

This is world-class countryside outdoor dining at its best. Contemporary Alsatian

cuisine, great service, superb wine selection and wonderful meals. Reservations suggested. 332 Springvale Road, Great Falls, VA 703.759.3800 LaubergeChezFrancois.com

#### OPEN ROAD GRILL AND ICEHOUSE

This is an outdoor "party lovers" dining experience. Large TV's, over 50 beers, live music, great food and service in Merrifield.

8100 Lee Highway, Falls Church, VA 571.395.4400 OpenRoadMerrifield.com

#### PADDY BARRY'S IRISH PUB AND RESTAURANT

Tyson's newest Irish pub offers the finest in traditional Irish fare, boxty, burgers, sandwiches, and more. Stop by and say "hi" to Brendan and enjoy a drink and meal in their comfortable outdoor seating.

8150 Leesburg Pike, Tysons Corner, VA 703.883.2000 PaddyBarrysva.com

#### PALADAR

"Paladar" is a Cuban term for the small, soulful and comforting restaurants that people run out of their homes. Specializing in Central, South American and Caribbean cuisine, Paladar seats 180+ and offers over 50 types of rum. The outdoor patio can accommodate 50-55 guests.

1934 Old Gallows Road, Suite 110
Tysons Corner, VA
703.854.1728 PaladarLatinKitchen.com

#### THE OLD BROGUE

Without a doubt the most friendly outdoor dining experience in Great Falls, the outdoor deck at the Old Brogue is an awesome place to have drinks, lunch, or dinner and just enjoy the Great Falls countryside. This restaurant provides genuine Irish fare and hospitality.

760C Walker Road, Great Falls, VA 703.759.3309 OldBrogue.com

#### TRUE FOOD KITCHEN

With its tagline "honest food that tastes really good," True Food Kitchen wants you to feel better and live longer while making your mouth happy in the process. Enjoy the open air in the Mosaic district while experiencing popular cuisine trends paired with healthy living.

2910 District Ave #170 Mosaic District, Fairfax, VA 571.326.1616

#### SHAKE SHACK

Known for its delicious burgers, hot dogs, and frozen custard, Shake Shack offers fresh, simple, high-quality food at a great value. The Tysons location offers an adjacent play area – close enough to keep an eye on the little ones. Enjoy this fun and lively community-gathering place within the Plaza at Tysons Corner Center.

7924U Tysons Corner Center McLean, VA 571.620.0383 www.shakeshack.com

#### SISTER'S THAI

Sisters Thai serves some of the best traditional Thai food in the area. In addition to delicious food, enjoy fun drinks and delicious desserts in a whimsical living room atmosphere. Check out the new location of this local favorite at Mosaic.

2985 District Ave, Fairfax, VA
703.280.0429 www.sistersthai.com ❖

106 TYSONS ❖ MAY // JUNE 2016





QL+ engineers develop unique solutions and assistive devices for our nation's wounded warriors.

#### **DONATE TODAY! QLPLUS.ORG**

Your donation will help improve quality of life for those injured in the line of duty. Thank you!











# SWEET CITY DESSERTS DELIGHTS WITH FULL-SERVICE TEAS

Tucked away in Vienna is a delightful little pastry shop called Sweet City Desserts, where cases filled with sumptuous European and Asian pastries, displays of wedding cakes, and an alluring aroma are enough to tempt anyone to linger.

Opened in 2011, Sweet City Desserts is now becoming known for its Full-Service Tea. Ladies, children, and even gentlemen are often seen enjoying a cuppa along with a three-tiered server brimming with several types of tea sandwiches, scones with house-made clotted cream, muffins, cookies and miniature desserts created by

pastry chef Jenya Policelli. Note you must reserve your tea at least 48 hours in advance, as it's not yet available for walk-ins, which makes the experience all the more special.

Our little party ooh-ed and ah-ed over the delightful presentation, with its white tablecloth, colorful teapots, posy-rimmed plates, fresh flowers and doily-lined servers. The setting was almost too pretty to disturb, and we took numerous pictures of ourselves around the table. Once we took our first bite however, the conversation changed quickly to "mmmms" and "try this," until nary a crumb remained.

"Food should bring people together," said manager Lorraine

108 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



Saxon, and the teas certainly do that. "We have already hosted girl scouts, bridal parties, mother-daughter pairings, Red Hat Society ladies, and birthday tea parties." Create your own occasion; the bakery can seat up to 25 people for a Full-Service Tea and is available for private rental.

Saxon keeps things fresh by rotating themes and pastries throughout the seasons. She also offers simple breakfast and dessert teas. Check the website for specially-themed afternoon teas that include a Victorian Tea, Spring Tea or a holiday tea.

If you are hankering for something sweet, stop in any time and find a delectable selection in the glass-front

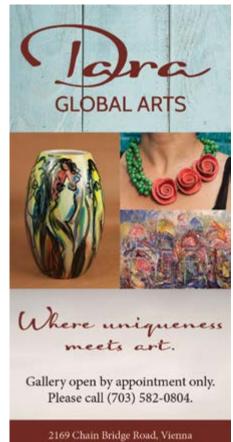
cases that include French macarons, Opera cake,

S'more bites, cookies, scones, and breakfast pastries. A top seller is the Kalamansi pie made from the traditional Filipino lime, and at least a dozen artisan pastries are featured daily.

Special attention is paid to those with food intolerances, with gluten-free options always available, and vegetarian, Halal and other dietary accommodations made upon request. In addition to a range of Mighty Leaf tea selections, Sweet City offers a full range of coffees, smoothies and specialty drinks.

Already known for its unique designs for specialty and wedding cakes, Full-Service Tea adds another layer to the delights found at Sweet City Desserts. Settle in to one of the comfortable chairs and enjoy.

Our little party ooh-ed and ah-ed over the delightful presentation, with its white tablecloth, colorful teapots, posyrimmed plates, fresh flowers and doily-lined servers. It was almost too pretty to disturb. . .



2169 Chain Bridge Road, Vienna www.daraglobalarts.com





2016 MAY/JUNE STYLE STAYING FIT...



- 1) Raincoat by Zara www.Zara.com
- 2) Swiftly Tech Long Sleeve Crew www.Lululemon.com
- 3) Running Wild Dress 2-in-1 Set www.Athleta.com
- 4) The Offical Jump Rope of USA Boxing www.RXSmartgear.com
- 5) Adidas Pure Boost X Shoes by Stella McCartney www.Adidas.com
- 6) LightGUIDE Rechargeable LED Waist Belt LightBAND www.GoForARun.com



110 TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM



#### GADGETS, GOODIES, AND GIZMOS

#### BY LAUREN SIMMONS



Heel Protectors / by Just for KiiX www.Nordstrom Don't let nicks send your pumps into early retirement. Stick these virtually invisible scratch guards on the backs to hide (and prevent) scuffs. Easy to stash in your handbag and put on at a moment's notice.

- Polyurethane.
- By Just for KiiX; made in the USA.

Dimmable Bulb by Nanoleaf www.Nanoleaf.me

Want to dim your lights but don't have a dimmer switch installed? Too bad! Until now. The Nanoleaf Bloom is here to solve that problem by making dimming possible in regular non-dimming fixtures. Patented Nanoleaf technology, enables dimming through any on/off light switch. Now you can set the perfect mood for all of life's moments, even without dimmers. It's a very witty idea... that just happens to be decidedly dim.

Hydrosleeve® Package Hands-Free Armband Hydration System

www.Hydrosleeve.com
The HydroSelleve is a
hands-free hydration
system that straps on to
the upper arm of a runner
who doesn't want to stop
moving to take a sip of
water. The bladder holds
eight ounces of liquid
(about a glass of water),
which the manufacturer,
himself a runner, says is
enough to drink during
a run.

RunBell www.Uncommon Goods.com
For runners who are blocked by slowpokes, the RunBell is a nice alternative to yelling, "Get out of my way!" The finger ring has an attached bell that operates much like

a bicycle bell.

Superfoods Tablet www.8Greens.com
No time to shop, chop, or blend?
Plop a nutrient-rich supplement (featuring spinach, kale, and six other vegetables) into water for instant green juice. Tasty, too.









Misty of Chincoteggue
THE LEGACY OF MISTY ON CHINCOTEAGUE ISLAND

I remember being enthralled as a child by Marguerite Henry's children's novel Misty of Chincoteague, but when I visited the island of Chincoteague, Virginia, the story really came to life.

The book tells the story of two children, Paul and Maureen Beebe, who work to earn money to buy a pony named Phantom and her foal Misty who escaped the roundup on Pony Penning Day. The children eventually break Phantom and ride her in a Pony Penning Day race, where she wins. But when she sees the herd to which she once belonged, she longs to return. Paul releases Phantom, who rejoins the herd and freedom on Assateague Island.

Henry's story was inspired by a real-life Chincoteague pony of the same name, and the ponies and people surrounding her. Misty was a chestnut and white pinto with a white marking on her side that resembled the shape of the United States.

Henry purchased Misty in November 1946 and took her back to Wayne, Illinois, where for ten years they made public appearances at schools, movie theaters, museums and horse shows. Then in 1957, Henry decided to return Misty to the Beebe Ranch to have her foals. It is said that about 460 people attended the goodbye party in Wayne.

Misty had three foals: Phantom Wings, Wisp O'Mist, and Stormy, who had a blaze shaped like a crescent moon on her forehead and as of 2015, there are more than 200 direct

112 TYSONS • MAY // JUNE 2016 VIVATYSONS.COM







descendants of Misty, some of which can be seen today at the Chincoteague Pony Centre. Misty herself died October 16, 1972 at age 26.

A stop at the Chincoteague Visitors Center armed us with a map of "Misty's Trail" and information on where to find all things Misty on the island.

#### FINDING MISTY IN CHINCOTEAGUE

Marguerite Henry stayed at Miss Molly's Inn in a large upstairs bedroom with white curtains while working on the book that was published in 1947. In a letter to the proprietors of the inn she described, "One night I brought a tiny live seahorse into the room and set him in front of a window in a glass of water. In the morning when I awoke, those purse white curtains were "appliqued" all over with 1 ½ inch long baby sea horses which had hatched in the night from the father's pouch."

"In embarrassment and haste I gathered father and children up and returned them to the sea. And that is why the finial to the book of MISTY is decorated with the sketch of a sea horse." She remembered evenings on the porch, talking over the plot and the events of the day.

Traces of Misty herself can be found throughout the island. For the movie premiere in 1961, Ralph Beebe led Misty down the street and in front of the Island Theatre, where she embedded her hoof prints into cement. Marguerite Henry wrote Misty's name above them. The movie premiered in Hollywood and Chincoteague the same night. Nearby, a bronze statue of Misty that was originally located across from the Beebe Ranch can

be found in the Robert Reed Waterfront Park. An identical statue was placed at Kentucky Horse Park in Lexington, Kentucky and a Misty time capsule was buried alongside it, to be opened in 2046.

At the Museum of Chincoteague Island an exhibit features the Beebe Ranch and Misty and Stormy themselves. Their bodies were taxidermied and are on display as the centerpieces of a Misty of Chincoteague exhibit that includes photographs, copies of the book and Misty memorabilia. Misty was foaled on Assateague Island in 1946, swam in the Annual Pony Swim across the Assateague Channel, and lived many of her years at the Beebe Ranch at 3062 Ridge Road.

The Chincoteague Pony Centre and Gift Shop showcases the Chincoteague pony and houses the largest herd of Misty's family's ponies on the island. Watch a 30-minute documentary on the ponies and view a large collection of Misty memorabilia and a Misty family tree.

Much of the movie Misty of Chincoteague was filmed at the island's Carnival Grounds, where festivities of the annual Pony Swim and Carnival still continue today, held yearly in July. See if you can find the narrow point at Pony Swim Lane near Memorial Park where the ponies emerge from the water.

There are a number of places to stay in Chincoteague, including charming B&Bs, hotels and rental cottages. We stayed at the Refuge Inn, located just across the bridge from the National Wildlife Refuge and Assateague Island, where a corral houses a number of Chincoteague ponies. Bags of pony food are available for up-close and personal interactions. It

was nice to walk outside and be among the ponies I had read so much about. It's been a while since I read Misty of Chincoteague, but after this journey, I think I'll pick it up again. \*

#### RESOURCES

Chincoteague Island Visitors Center and Chamber of Commerce 6722 Maddox Boulevard Chincoteague Island, VA 23336 www.chincoteaguechamber.com

AUTHOR: Linda Barrett travels the world looking for interesting stories to write about. This one reminded her of warm childhood memories reading her favorite books under a backyard tree



# Make an Impression Without Saying a Word

"I would like to thank Dr. Kallas and his amazing team for my beautiful smile. I cannot express in words how the new smile Dr. Kallas gifted me with has changed my life, not only in my personal life but also as a professional model, a title holder, and as a spokeswoman of the W.I.N. Foundation. My beautiful new smile gave me that extra boost of confidence I needed to win the title of Mrs. U.S. Globe in 2012. As a national spokeswoman it is very important to have a beautiful smile."

-Lilian, Mrs. USA Globe 2012





For over 20 years, our friendly doctors and attentive team have provided expert services to our patients using cutting-edge technology. Dr. Kallas Dental Centers provide routine care, specialized treatment, and complete smile makeovers. Our goal is to help you have a healthy, beautiful smile!

Dr. Geith James Kallas is one of a small percentage of dentists to have attended the Las Vegas Institute for Advanced Dental Studies. Dr. Kallas creates some of the most healthy and beautiful smiles in the world!

#### Services

- General Dentistry
- Cosmetic Dentistry
- Dental Implants
- Endodontics

- Oral Surgery
- Orthodontics
- Periodontics
- Pediatric Dentistry

Tyson's Corner

8310-A Old Courthouse Road Tysons, VA 2218

Falls Church

5659 Columbia Pike, Suite 100 Falls Church. VA 22041

Merrifield

2810 Old Lee Highway, Suite 200A Fairfax, VA 22031

703-349-0183



www.dkdentalcenter.com





\$729,000 1 ACRE OASIS 6597 Braddock Rd, Alexandria



An agent who knows the market. gets results.



\$1,690,000 SOLD 6533 Ivy Hill Drive, McLean





CHRISTIE'S

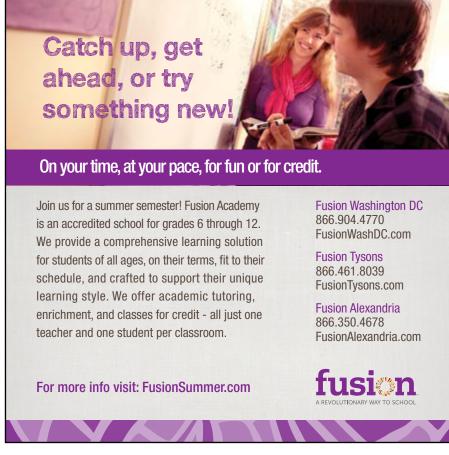
**NVAR Residential Top Producer 2014–15** m: 703-861-7229 | o: 703-938-4200 Allie.Chamberlain@Inf.com

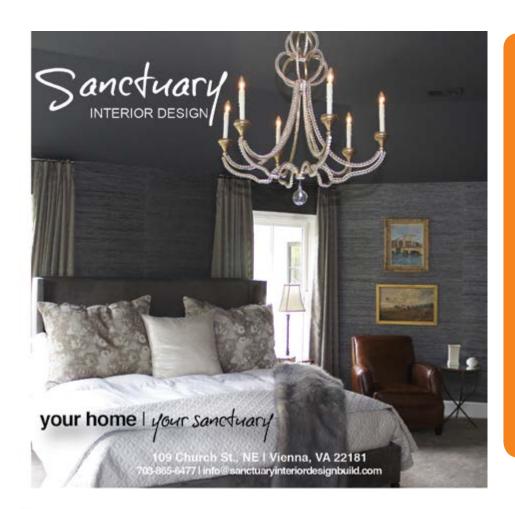
\*Accredited Buyer's Representative



115







## LET'S BE SOCIAL!









116 TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM

# The Sylvestery Makes Each Interaction More Personal and Meaningful

Contact us for a tour today! 703-538-2975



Our robust life enrichment calendar includes visits from professional entertainers, parties and cookouts, and off-campus outings to restaurants and local attractions.

## We designed the Renaissance Program at The Sylvestery specifically for those in the early phases of memory impairment.

The Sylvestery Memory Support is open to the community and does not require any military affiliation.



In our maintenance-free environment, your loved ones enjoy life at their own pace through engaging activities promoting physical and spiritual well-being based on individual abilities and group interests.



Our award-winning layout provides the safety, comfort, and freedom which allows residents to move freely through continuous walkways and numerous courtyards to enjoy safe outdoor experiences.



With a highly-trained,
personable staff and a calendar
of events, you can be sure our
residents get the most out of life.
Residents of the Renaissance
Program can enjoy home-cooked
lunches and dinners in our
Compass Rose Café.

THE SYLVESTERY MEMORY SUPPORT — VINSON HALL RETIREMENT COMMUNITY

1728 KIRBY ROAD | MCLEAN, VA 22101 | WWW.VINSONHALL.ORG





(At Top) The bow front farm sink, six-burner stove and food prep island form the three sides of a work triangle that facilitates cooking and clean-up tasks. The custom-designed barn door (right) leads into the new formal dining room.

(Above) A wine rack and wine refrigerator are convenient to a serving counter convenient to the family room and back deck.

Re-Purposed

FROM CENTER HALL COLONIAL TO OPEN PLAN WITH BOLDLY ORIGINAL FINISHES

To satisfy a couple's evolving lifestyle requirements, Sun Design Remodeling dramatically reconfigured the home's first level, introducing a "kitchen-centric" scheme that better supports everyday use and entertainment needs.

ast March, the public was invited to see a "kitchen-centric" first floor reconfiguration in a thirty year old Colonial-style production house in Fairfax Station. While visitors were generally impressed with the project's far-reaching scope, in the end it was the varied, balanced, yet highly-original interior design scheme that got people talking.

"The house was full of intriguing ideas," one attendee commented. "I went home and started re-thinking my entire first floor."

The reaction is not a surprise to Andrew Smith and Madelynne McCarthy who purchased the original model home in 2002. Typical of the style, the first level room configuration was primly arranged: a living room and dining room to the right of the

118 TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM



(Above) Among other problems, the cooktop in the previous island left no room for working surfaces

entry foyer; a den to the left; a kitchen and family room accessible from a rear archway; a small powder room off the foyer; a back deck through the rear kitchen slider.

"Pretty basic," Smith says, "but after living in it for fourteen years we could see possibilities."

Though the 4,000 square foot house had been satisfactory to the owners in many respects, over time the first floor's small rooms, narrow doorways and builder-grade finishes seemed dated as the couple looked ahead to their retirement years.

"We wanted our house to be a *personal* residence that reflects our tastes," Andy Smith explains. "A place we can really enjoy."

As longer occupancy became a regular household discussion, the production house limitations seemed particularly glaring.

"The kitchen was space-constricted and pretty drab," Smith says. "There was a small island with a cook top that didn't provide a useful working surface. Doors to the hall closet and powder room obstructed traffic at the kitchen archway, which was too narrow. The kitchen cleanup area was too exposed from the family room. Overall, we pictured a warmer, more aesthetically-interesting interior."

Several space-enhancement options were considered.

"We had plans to remove the rear wall and add 800 square feet," Smith recalls, "but when we looked at our real requirements this approach didn't make economic sense. Fundamentally, we just wanted a larger kitchen and pantry, and an interior that would work well for entertaining. We just weren't sure how to accomplish this."

Luckily, last year, a seminar by Sun Design Remodeling unveiled a new way of thinking about the house.

"The seminar prompted us to explore ideas of *re-purposing* space within the home's existing footprint," Andy says. "I suddenly recognized we were getting almost no use from our 200 square foot formal living room. It was wasted space."

In the ensuing weeks, the couple contacted Craig Durosko at Sun Design Remodeling to stop by the house.

"Traditionally, a center hall Colonial is one of the most popular floor plans in northern Virginia" says Craig Durosko, Sun Design's founder and chairman. "The way people use their homes now has changed dramatically. There's a movement towards open, interactive spaces, and departure from interior walls."

As change agent, one of Durosko's first steps is to help owners envision a space utilization plan that will better support how they want to use their home in the foreseeable future. Hence, once Smith and McCarthy recognized that the frontfacing living room could be incorporated into a broader floor plan reconfiguration, Sun Design's team began proposing alternative "use zones" for the existing first floor template.

Several critical decisions followed in rapid succession, to wit:

- The wall between the kitchen and the dining room would be removed, extending the kitchen by 78 square feet while allowing generous square footage for a walk-in pantry and a new powder room;
- The hall powder room would give way to an enlarged and upgraded laundry and mudroom linked to the garage and only accessible from inside the kitchen;
- All 200 square feet of the old living room would be re-purposed as a finished formal dining room accessed directly from the new kitchen;
- With the cluster of doors between the foyer and the kitchen relocated or replaced with pocket doors, frontto-back access from the foyer is now unencumbered and free flowing, an effect aided by improved sightlines.

Meanwhile, a series of interior design conferences evolved into an inspired collaboration.

"In a finish work elaboration, the details are everything," Smith says, noting that his

CONTINUED ON PAGE 120





**CONTINUED FROM PAGE 119** 

enthusiasm for design extends from a lifelong interest in architecture.

"Maddie and I had done a lot of research into the kinds of materials, colors and textures we wanted, but Katie Coram at Sun Design really helped us narrow and refine our choices, assembling the pieces into a coherent whole."

Some highlights of the interior design solution include:

- A custom-designed barn door between the kitchen and the new dining room. While the interior makeover generally explores rustic, early American sensibilities, a glass-and-wood barn door created to specification by Sun Design carpenters is an iconic stand-out that keeps the dining room private while allowing light from the west-facing rear windows;
- A dining counter/wine bar situated at the back door for deck access. Equipped with a wine rack and wine refrigerator, the wine bar obstructs sightlines from the family room to the kitchen sink, making the fireside space a visually-independent entertainment zone.
- A 6'x 4' food prep island and dining counter. Topped with blue flower granite and equipped with an undercabinet microwave and a warming drawer, this built-in is proximate to a circumscribing U-shaped counter which supports work triangles in several directions.
- Six burner gas stove with hood. Designed in black mocha glazed wood, the distressed facing picks up



several of the kitchen's rustic themes, including the exposed brick and the flagstone-accented tile flooring which conceals a radiant heating system.

Dining room with coffered ceiling; Wedgwood interior design. In a nod to the 18th century (colonial-era) sensibilities, the new formal dining room's elegant wall elevations feature raised panels, crown molding and wainscoting.

All of which is a source of much satisfaction to Smith and McCarthy.

"From room to room, the new first floor explores a lot of style elements in well-balanced combinations," Andy Smith concludes, "It's a much warmer, more inviting interior. And it's truly *our* home now."

Sun Design Remodeling will be sponsoring a tour of a recently remodeled Fairfax Station home on March 12, 2016. Headquartered in Burke, the firm has a second office in McLean. For information call 703.425.5588 or visit www.SunDesignInc.com §

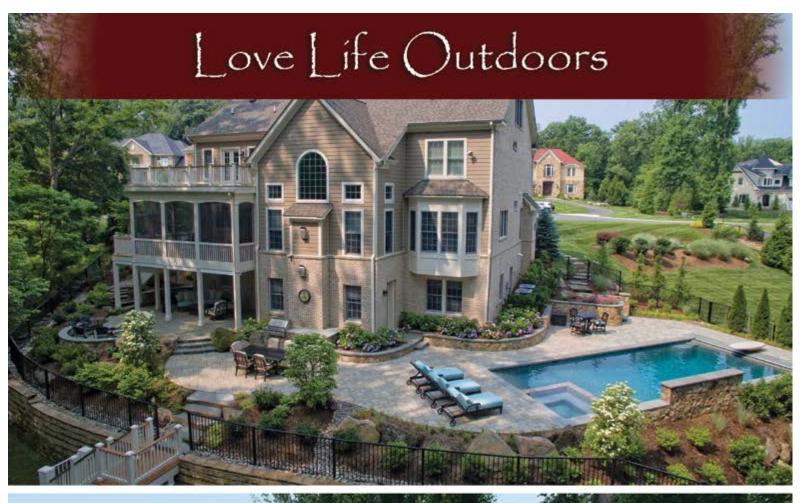




(Top left) With its coffered ceiling and Wedgwood interior treatment, the dining room explores 18th century (Colonial-era) themes. The circa-1890's glass-and-wood barn door mounted on rollers was created by Sun Design. This customization provides privacy, yet allows light to enter from the home's west-facing rear elevation. (Top right) The home's new rear footprint accommodates walk-in pantry with pull-out storage racks— as well as a larger powder room.

(Middle) The relocation of the the hall powder room added square footage needed for a laundry and mudroom that links to the garage.

AUTHOR: John Byrd has been writing about residential architecture, building and remodeling for 30 years. His work has appeared in House Beautiful, Architectural Digest, Southern Living and many national and regional publications. He has also written and produced segments for HGTV and other cable outlets. His work has received numerous Press Association awards for excellence in journalism. He can be reached at byrdmatx@comcast.net or HYPERLINK "http://www.HomeFrontsNews.com/"www.HomeFrontsNews.com.









#### Discover Dewey Beach's only resort-style condominium community



Situated on the Rehoboth Bay with views of the Atlantic Ocean, residents of Lighthouse Cove are able to enjoy unparalleled amenities, including **public beach access, on-site dining, a fitness center, indoor saltwater pool** and *more*. New construction, 2, 3 & 4 bedroom homes starting in the low \$600's – *Call today to schedule a tour!* 



1301 COASTAL HIGHWAY, DEWEY BEACH, DE 19971 | 302-212-0002 | THERESIDENCESDE.COM





Restore your balance. Renew your perspective.

Reward yourself.

Text **Success2016** to **44222** and receive **10% off** your first purchase!

Membership Specials Available

1485 Chain Bridge Road, Suite 204, McLean, VA 22101 · (571) 295-7371 · novahypnosisandwellness.com

122 TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM



#### SPRINGHAVEN ESTATES







Casey Margenau www.margenau.com Direct: 703.827.5777 Office: 703.442.8600

CaseyMargenau



MCLEAN, VA

\$3,950,000

A beautiful gated entry leads to this sophisticated custom stone and brick home of exceptional construction and design. Located in Springhaven Estates, this home is situated on a flat, 1 acre yard, offering great indoor and outdoor space. The interior of the home features a 3-stop ELEVATOR, coffered ceilings, extensive moulding, elegant cherry library, spacious media and exercise rooms, a decadent wine cellar and so much more. A rear yard retreat boasts an inground pool, slate patio with stone fireplace, built-in grill and covered sitting area with automatic screens.

#### **BELMONT COUNTRY CLUB**







Lilian Jorgenson www.Lilian.com Cell: 703.407.0766 Office: 703.790.1990





\$1,075,000



One of Toll Brother's largest models features room after room of spacious comfort. Magnificent trim work and large windows overlook the corner lot which is completely maintained with no yard work required. There is a 25 foot great room, 24 foot kitchen, 30 foot sun room, two master suites, and a club room that takes up almost all of the main section of the lower level. Amenities abound, with cable, internet, recreation, pools and social membership at the club, all included within Belmont's basic packages.



#### UNDER CONTRACT IN 11 DAYS







Allie Chamberlain
Direct: 703.861.7229
Office: 703.938.4200
Allie.Chamberlain@LNF.com







VIENNA, VA

\$1,089,000

Situated on a quiet street in a sought-after Vienna neighborhood, this home offers over 4,700 finished square feet on three gracious levels featuring 4 bedrooms, 4 ½ baths — all on a half acre lot! From the gourmet kitchen with granite countertops, stainless steel appliances, breakfast area & island, to the open family room with the inviting wood burning fireplace and brick surround, no detail has been compromised in presenting this home of distinction. Minutes from the Silver Line as well as restaurants and shopping in the new Tysons West Plaza. Less than 2 miles to Tysons Corner Malls, downtown Vienna, Wolftrap Performing Arts Center and Meadowlark Gardens. Offers access to major commuter routes.

#### IN THE TOWN OF VIENNA







Ginger P. King ginger.king@cbmove.com Direct: 703.477.8793 Office: 703.938.5600 "When Experience Counts"







#### VIENNA, VA

\$925,000

Craftsman-Style 4-Level Townhouse WITH ELEVATOR 1 block off Maple Avenue. This townhome has refurbished, finished-in-place hardwood floors, 3 Bedrooms, Office/Library, 4 Full Baths (including 2 luxury baths) and 1 Half Bath, Kitchen/Family Room with Fireplace, Game Room, Laundry Room on BR level & 2-Car Garage. Starbucks, Whole Foods, Fresh Market, Restaurants, Bikepath, and more just a block away. LOCATION! LOCATION!



#### **CONTEMPORARY LIVING**







www.LaurieMensing.com Cell: 703-965-8133 Direct: 703-873-5193 "Remember, every transaction is treated as if it was my own."

#### MCLEAN, VA

\$1,695,000



An exceptional contemporary located on Live Oak Drive sited on 1.1 acres. This property backs to a breathtaking 300+ acre nature reserve with walking paths, streams and beautiful scenery. Unique features of this home include: 2 Master bedroom suite(s)-both with sitting areas, fireplaces, and en-suite bathrooms; 3 car garage, Thailand Rosewood hardwood flooring throughout, marble in the kitchen and all bathrooms. Additionally, this home offers 5 finished levels, spacious recreation room, 4 fireplaces, and multiple balconies. This home is perfect for entertaining, during all 4 seasons! Churchill, Cooper and Langley schools!

#### BRAND NEW IN HISTORIC WENDOVER AREA







The Belt Team www.TheBeltTeam.com www.BeltTeamRealEstate.com Office: 703.242.3975









\$1,595,000



Another spectacular new home just finished by one of the area's top-notch master builders! Six bedrooms, 5 full baths, two powder rooms. Enjoy 9 foot ceilings, finished in place 4 1/4 inch red oak hardwood floors, extra wide molding/trim, gourmet kitchen with stainless steel appliances, island with cooktop & raised bar; master bedroom with boxed ceiling, main level library(master bedroom), lower level in-law suite; covered 2 level back porch, patio & much more!



#### STUNNING COLONIAL WITH SWIMMING POOL IN HUNTER MILL ESTATES





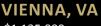


**Steve Wydler** Steve@WydlerBrothers.com www.WydlerBrothers.com 703.348.6326









\$1,135,000



Masterfully blending traditional elegance with modern upgrades, this 5 BR, 4.5 BA Toll Brothers Colonial features an open floor plan with a recently renovated kitchen and master bathroom, new roof and siding and a heated pool in the fenced-in backyard. This home is great for entertaining during all seasons and perfect for everyday living with its three gracious levels and backyard oasis. It is ideally located minutes from the Toll Rd., Tysons Corner, Metro, Lake Fairfax, Reston Town Center and various other shopping centers, making it convenient for commuting and shopping alike.

#### COLONIAL IN SOUGHT-AFTER SALONA VILLAGE

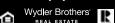




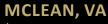


Michelle Arcari Michelle@WydlerBrothers.com www.WydlerBrothers.com 703.403.9232









\$1,725,000



Located on a quiet street with a flat yard in the desirable Salona Village neighborhood, this Colonial features 6 BR/5 BA throughout its three spacious levels. This home has been meticulously maintained with hardwood floors, crown molding and chair railing details throughout the main level. The grassy, flat backyard is fenced-in and hosts a large deck with a screened-in gazebo. This home is located just minutes from downtown McLean, walking distance to shops, restaurants, grocery stores and schools and offers easy access to the GW Parkway and the Beltway.



#### QUALITY CRAFTSMAN COLONIAL







#### Shirley Buford & Associates

www.TeamBuford.com Shirley Buford Cell: 571-238-7800 Shirley Buford Office: 703-790-1990 Corbett Buford Cell: 703-244-8882 Corbett Buford Office: 703-790-1990





#### VIENNA, VA

\$1,359,000

Quality Craftsman 6 BR, 5.5.5 Baths Colonial – Two Story Entry Foyer, Two Story Family Room with Coffered Ceilings off Gourmet Kitchen – Granite Counters, Deck, 3 Fireplaces, Main Level 2nd Master Suite, 3 Finished Levels with Walk-out sited on a half-acre landscaped lot.

www.2771HillRd.com

#### MAGNIFICENT RENOVATED COLONIAL



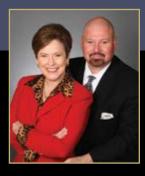


#### VIENNA, VA

\$1,399,000

Magnificent Renovated Colonial with many upgrades sited on 1.5 acre lot! Three Car Side Load Garage with an exquisite paver circular driveway. Grand two story entry foyer with marble flooring. Front and Back Staircases, Step down Sun Room, 2 story Great Room with wet bar, fireplace and Palladian Windows, Gourmet Kitchen with morning room and skylights, Main Level Library and Laundry Rm, Updated Custom Baths and Hardwood Flooring. Lower Level with In Law Suite, walk out, oversized recreation room with fireplace. Close proximity to Dulles Airport, Vienna and Mclean Metros and W & O D Bike and Walking Trails.

www.1761BrooksideLn.com



#### Shirley Buford & Associates

www.TeamBuford.com Shirley Buford Cell: 571-238-7800 Shirley Buford Office: 703-790-1990 Corbett Buford Cell: 703-244-8882 Corbett Buford Office: 703-790-1990







#### FRANCE'S CHATEAU DE CHAMBORD IN MCLEAN







#### Ashley & Mike Anastasia

www.mikeanastasia.ttrsir.com 703.501.1000 www.ashleyanastasia.ttrsir.com 703.973.4300





#### MCLEAN, VA

\$9,995,000

Inspired by France's Chateau de Chambord, this 14,000+ sq. ft. custom estate nestled on 2+ acres is surrounded by National Forest yet only 2 stop lights from Washington DC and a 20-minute walk to the Potomac River. Distinctive architecture, classical detailing, and fine finishes define this extraordinary property. Situated in one of McLean's premier neighborhoods, it offers a total of five bedrooms, seven full and four half baths, nine fireplaces, garages to accommodate five cars, state-of-the- art home automation and entertainment systems, and the opportunity to live in your own private oasis.

#### LEXINGTON HILL, A NEW LUXURY ENCLAVE OF SIX COTTAGE, PRAIRIE, AND FARM-STYLE INSPIRED HOMES







Michael Albrittain c: 703.966.1253 AlbrittainGroup@KW.com www.AlbrittainGroup.com









FROM THE \$1,600,000'S



Exquisitely designed and Masterfully built by renowned builder Dittmar Company, who for more than 60 years has been dedicated to quality living in Arlington and Northern Virginia. LEXINGTON HILL is a hallmark development offering 6 unique designs, with an uncommon attention to detail throughout. Each home is individual in style and offers standard features rarely seen in luxury homes in our communities. Our beautifully staged Model Home is open every Saturday and Sunday, 1-4pm. Please come by to visit and plan your dream home with us.

#### BeltTeamRealEstate.com



"Changing Lives For The Better - One Family At A Time!"



#### We Specialize In Pulling Rabbits Out of Hats!

The "average" Northern VA Realtor only sells 4 homes all year. The Belt Team sells 4 every two weeks!

What does that mean for YOU?



Sellers: Because we sell so many homes, we have a most accurate pulse on the market. How do you know?

Our listings sell FASTER AND FOR MORE MONEY than average. We sell homes other Realtors can't!

Buyers: We are nationally known for our negotiating skills. When we compete for our Buyers, they win. In a market with low inventory, we often find homes BEFORE they go on the market. Now THAT's pulling a rabbit out of a hat!

Sellers: TheBeltTeam.com Buyers: BeltTeamRealEstate.com

BEST WASHINGTONIAN 2015 To find out The Belt Team's secret, call Terry Belt, Kevin Kleifges or Tom Reilly (703) 242-3975 YOU deserve MORE!



#### Featured Homes ~ More Info at BeltTeamRealEstate.com



McLean - \$1,099,000



Falls Church - \$1,495,000



McLean ~ \$1,499,000



Vienna ~ \$1,595,000



Vienna - \$1 595 000



Vienna ~ Call For Price



Sterling ~ \$599 900



Vienna ~ \$787,000



Vienna ~ \$819,000

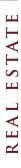


Vienna ~ \$849 000



B

FREE Instant Online Valuation ~ Better Than Zillow!
NorthernVirginiaHouseValues.com





#### STAGING YOUR HOME TO SELL in Today's Real Estate Market

Buyers looking at model homes have always expected to see a perfectly designed and decorated property offering the latest trends. Venture into any new construction community, and you'll likely see a home tailored to how buyers aspire to live. In today's world where shows on HGTV and DIY Network dominate the airways, more and more buyers are coming to expect even existing homes be designed for perfect organization and style. What that means for today's home sellers is they not only need to clean and declutter their houses before listing them, but also consider professionally staging them.

#### What are the benefits of home staging?

Staging, according to most Realtors® and professional home stagers, can help a home sell faster and at a higher price than a house that has been left unchanged. In fact, the National Association of Realtors

2015 Profile of Home Staging revealed that almost half of Realtors believe staging usually affects a buyer's view of a home, while just 4 percent said staging does not have any effect on would-be buyers. (1) The biggest impact of staging, according to the NAR survey, is helping buyers imagine the

home as their own and encouraging them to visit a property they first viewed online.

#### How much will staging cost you?

The cost of staging a home can range from a few hundred dollars to more than \$100,000<sup>(2)</sup>, but the median cost spent to stage a home in the United States is \$675.<sup>(1)</sup> It varies whether agents offer staging as part of their services or the homeowner pays for staging in advance of listing. If your home could benefit from staging before it hits the market, consider searching for a Realtor with expertise in that area. You could also hire a professional stager to help you identify the items that most need staging in your home and then complete the actual work yourself.

As noted, not only does staging make your home more attractive to buyers and help encourage a quicker sale, but it can also increase the final sales price. About one-third of Realtors believe buyers will offer 1 to 5 percent more on a staged home, while a smaller percentage believe the increase is closer to 6 to 10 percent.<sup>(1)</sup>

#### How can you stage your home for maximum impact?

The days of bringing in fresh flowers, painting the walls off-white and baking cookies for the open house are gone. Realtors today know that more than a little tweaking is necessary depending on the condition of the home, its size and price range. While in the past, an empty home could be staged with inexpensive rented furniture, an empty home today will more likely be completely decorated to match what buyers see in model homes or on popular TV design shows.

In addition, some of the former "rules" of staging have gone out the window, and stagers often bring more color and personality into a home to make it easier for buyers to picture a new lifestyle for themselves. They want to draw wouldbe buyers' attention to the best highlights of a home, like removing dated window treatments to feature more natural light. Of course, the style of furniture and the use of color always depend on the home itself. The point of staging is to let buyers imagine this home as a fresh and new backdrop for the furnishings and decorative items they already love.

130 TYSONS \* MAY // JUNE 2016

#### Which rooms are most often staged?

Realtors ranked the living room as the #1 room to stage, and that was followed by the kitchen, master bedroom, dining room and bathroom. (2) Below are a few of the staging tips that real estate agents often share with their clients.

- To make a room feel larger, paint it the same color as an adjacent room. You might also move the furniture into small groupings away from the walls. For example, placing an oversized sofa in storage and instead clustering a few cozy armchairs can make a small living room seem much bigger.
- In the kitchen and bathrooms, clean and paint everything to maximize freshness. Don't forget to pack up unnecessary items—doing so will make storage space seem more abundant.
- Staging is about more than simply taking things away, for instance. You can create a reading nook on an oversized stair landing by adding a chair, a light and a small table, turning unused space into something much more valuable.

If you're thinking about selling your home, consider reaching out to the Long & Foster Real Estate team. Long & Foster offers multiple divisions that can help sellers with everything from marketing their properties worldwide to determining their true worth. •

#### SOURCES

- Home Staging Can Help Sell Home for More, Realtors® Say, National Association of Realtors, http://www. realtor.org/news-releases/2015/01/home-staging-canhelp-sell-home-for-more-realtors-say
- The Art of Home Staging, The New York Times, http:// www.nytimes.com/2016/01/24/realestate/homestaging-new-york.html?\_r=0

The information contained in this article is not intended to be and does not constitute financial or investment advice.

AUTHOR: Jeffrey S. Detwiler is president and chief operating officer of The Long & Foster Companies, parent company to Long & Foster Real Estate, the No. 1 family-owned real estate company in the United States, and Prosperity Home Mortgage, LLC, a full-service mortgage banker.

#### **RISE** ™ **PERFECTION**

Sunrise Orthodontics provides to our patients the self-confidence needed to make stunning first impressions: a beautiful unique smile. Dr. Calkins provides the finest personal care in the area utilizing advanced digital technologies to customize your diagnosis and treatment plan. The trust bestowed upon us by you, allows us to improve the orthodontic health of your whole family. Let the world experience your smile, self-confidence looks good on everyone!



Patient's Choice Winner 2015

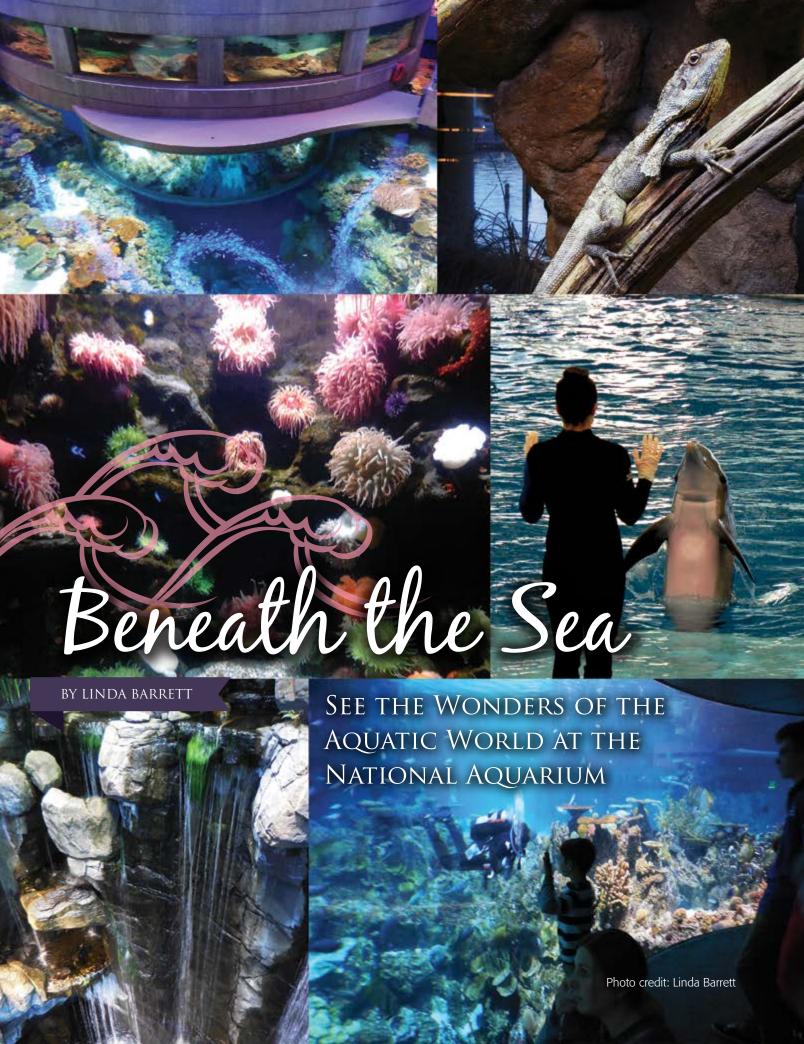
#### AREAS OF EXPERTISE Orthodontics for Children and Adults

TMJ Treatment & Diagnosis with MLS Laser Therapy
Orafacial Myofunctional Therapy (OMT)
Insignia™ Invisalign™ & Invisalign Teen™
Lingual & Aesthetic Clear Braces
Cleft Lip & Palate Repair
Sleep Apnea Treatment



Member of American Association of Orthodontists
American Cleft Palate Association
American Academy of Dental Sleep Medicine
Northern Virginia Dental Society
Piper Education and Research Center
The Dawson Academy

11490 Commerce Park Drive, Suite 430, Reston, VA 20191 703.476.3969 • sunrise-orthodontics.com



See the world from below the surface at Baltimore's National Aquarium and experience an amazing and informative journey through the wonders of the aquatic world. Home to more than 20,000 fish, birds, amphibians, reptiles and marine mammals living in award-winning habitats, the aquarium is also a nonprofit organization with a mission to inspire conservation of the world's aquatic treasures.

"The experience at the National Aquarium is not like anything you will see in your day-to-day life," explained Kate Rowe, director of media relations. "You would have to travel around the world and dive to experience areas like the Coral Reef or the Black Tip Reef. Here, it's much closer to home."

#### Living Seashore

The newest feature at the National Aquarium, opened May 12, 2015, is the highly-interactive Living Seashore designed to explore the mid-Atlantic shoreline. Several shallow touchpools (the only touchpools in the Mid-Atlantic) allowed us to stroke the wing of an Atlantic stingray, and feel the bell of a pulsing moon jellyfish. They are firmer than you think! Aquarium staff told us exactly where and how to safely touch these creatures. Digital touch-screen table games and an interactive touch wall are featured for those who might not want to put their hands in the water.

You'll discover a myriad of hidden treasures. "You may have seen these items on the beach, but haven't seen it living, like a horseshoe crab. The next time you go to the beach, you'll see things differently," Rowe said.

#### Blacktip Reef

Opened Summer 2013, Blacktip Reef replicates an Indo-Pacific reef and features more than 700 animals including a school of blacktip reef sharks. Several vantage points allow visitors to get up close with the animals including an amazing below-the-water, floor-to-ceiling pop-out viewing window that makes you feel as if you are in the water itself.

From above, see if you can spot Calypso, the 500-pound giant green sea turtle who had to have one flipper amputated when found. "Calypso was a rescue turtle and has been with us about 16 years now. She is maybe 20 years old, and they can live 80-100 years," Rowe explained.

#### Dolphin Discovery

Wanting to rest our feet for a moment, we wandered into the Dolphin Discovery exhibit in time to catch a training session with the dolphins. From our tiered seating, we were treated to a show of agility and intelligence as the dolphins jumped, waved and circled. A variety of sessions and chats with marine mammal experts are scheduled throughout the day. Check the digital screens for times or download the free mobile app, and don't forget to go down the steps to the underwater viewing area to see the world from a dolphin's point of view.

#### Shark Alley

One of the most memorable features of the National Aquarium is the three-story-tall 225,000-gallon, ring-shaped exhibit of Shark

Alley where you traverse a spiral walkway with Roughtail Stingrays and Nurse, Sand Tiger and Sandbar sharks slowly circling slowly around you. Arrive at feeding time to watch Aquarium divers handfeed resident fish and wave at you from inside the tank.

#### Australia: Wild Extremes

A wonderful surprise was found in the first of the two land-based habitats: Australia Wild Extremes. Winner of the 2008 AZA Exhibit of the Year, the Australia exhibit depicts an Australian river gorge filled with close to 1,800 native animals including freshwater crocodiles, laughing kookaburras, colorful finches, lorikeets, the venomous death adder, bats and even flying foxes. You will have to look for them; the free-roaming creatures are not always easy to spot, as in nature, but that's half the adventure. Cross over the waterfall to reach this exhibit.

#### Tropical Rain Forest

Lose yourself in the lush greenery of the second habitat, Tropical Rain Forest, featuring a diverse collection of plants and animals including the two-toed sloths, Golden Lion tamarin, monkeys, poison-dart frogs, and frightening tarantulas. Look up to catch brightly-hued Amazon parrots, Turquoise Tangers and White-Tailed Trogons in flight.

Kate Rowe gave an excellent suggestion: "I find that guests only see what's at their eye level. I recommend moving your head up and down to see what's above and below—there are things everywhere to see." See who can spot the most species, even with their camouflage.

#### Get Personal with Immersion Tours

With the Aquarium's Immersion Tours (extra fee) you can go behind the scenes for an insider's perspective. Sleep over with the sharks, traverse the shark catwalk, enjoy a before-we-open guided tour, get personal with the dolphins, discover the world of the icky, creepy, slimy, or be a guest diver in one of the Aquarium's most popular exhibits. Immersion tours vary in length from daily one-to-two hour tours to overnight stays.

#### History of National Aquarium

Established in 1873 in Wood's Hole, Massachusetts, the aquarium relocated to Washington, D.C. in 1878. In August 1981, the Baltimore location opened and there were two locations until the D.C. branch closed in September 2013. Now, there is just one National Aquarium, located in a stunning multi-level building on the docks of the Baltimore Inner Harbor.

Tickets are not inexpensive, so plan on spending the day. You'll need that much time to see it all anyway. You can always step out to enjoy lunch (get your hand stamped) at one of the Inner Harbor restaurants and return in the afternoon, if you'd like. Visit on Fridays after 5:00 p.m. for half-price admission.

National Aquarium is one of the wonderful gems of Baltimore and should be at the top of your list. Where else can you experience all this without a passport? \*

NATIONAL AQUARIUM 501 E. Pratt Street Baltimore, MD 21202 www.aqua.org

AUTHOR: Linda Barrett is a freelance travel writer and the owner of All the Buzz, a corporate writing agency, www.allthebuzz.net.



Parents in the Tysons area have a tremendous new resource for managing their lives. Those who need to juggle childcare, work demands, errands, etc. can turn to Play, Work or Dash. The name says it all, but think "coworking for parents."

Nicole Dash and her husband have four children, and when the kids were young, Nicole started a home-based day care as an alternative to working outside her home. She also writes a mommy blog, TinyStepsMommy.com, where she meets other moms. As she pondered the challenges faced by young moms and continued her

daycare, the idea of Play, Work or Dash started to grow.

Many parents have a need for once-in-a-while daycare: they may need to work on growing their own business or work on some project. Flexible short-term childcare is a perfect solution. The parent gets to work on site while the kids are watched by CPR/first aid-certified providers. The work areas are right upstairs from the play area and there is even a video monitor where parents can check on their child during the session.

The parent has the option to stay to work—hold a meeting, maybe read in the lounge area—or dash—run errands, have lunch, or attend a meeting elsewhere. The on-site childcare allows for up to 3 hours of care, (2) 90-minute sessions for children

aged 9 months to 8 years old. Drop-off childcare is one 90-minute session for children over 2 years old who are potty-trained. The facility can have up to ten children at one time and the staff-child ratio is one provider for 5 children. A parent reserves time online so the center is always properly staffed.

For those parents remaining on site there is a comfortable lounge for reading, resting, or socializing. There is a conference room that will accommodate up to 10 people for meetings. The upstairs features several open desks along with printer and copier, plus free coffee, tea, and soda in the kitchen area.

Memberships are available from five 90-minute sessions per month up to fifty 90-minute sessions a month. In addition

134 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM

to the childcare/office use, the memberships include such benefits as free or discounted conference room access, free or discounted guest passes, member events, a private Facebook group, and more. Non-member rates are also an option.

Play, Work or Dash just opened in January this year and it has proven very popular. According to Dash, there is a core group of founding members. Some people come regularly, others come to give it a try. "Spring break and snow days were very busy and we expect that summers will be big. This can also be a supplement to pre-school arrangements that parents have," says Dash.

The center is open Monday though Friday, 9:00am to 4:30pm and the space can even be rented on the weekends for meetings or workshops. Dash also offers the occasional Parents' Night Out and recently held an

adult networking mixer. "We are building a community," explains Dash.

The majority of parents work on-site, generally once or twice a week for three hours each time. Play, Work or Dash allows the parent to be close to their kids while still working as opposed to being distracted by them at home.

Dash's longer-term plans include expanding the concept to other locations regionally and then perhaps franchising nationally. "We have only been open a few months. We are still perfecting this model," she points out, "but by 2020, the prediction is that 40% of the work force will be flexible and there need to be flexible childcare options."

Play, Work or Dash may be the answer that many will discover provides the childcare flexibility they need. •

The on-site childcare allows for up to 3 hours of care, (2) 90-minute sessions for children aged 9 months to 8 years old.









LET

US

WITH

YOU.

Let us create ambience that makes you look completely radiant.

Let us imagine a menu so personal we'll name it after you.

Let us reinvent the way a wedding can be orchestrated.

Let us marry your dreams to a treasured timeless tradition.





@2016 The Ritz-Carlton Hotel Company, L.L.C.



ASK AN ADVISOR ABOUT

# SAVING for COLLEGE

We just had a baby, how soon should I start saving for my child's college education?

The best answer I can give to that question is, start now. As a new parent you are likely overwhelmed by all the increased responsibilities and it is easy to put off the future, but don't. The sooner you begin saving for college, the more time your savings will have to grow.

#### How do I figure out how much I need to save?

There are some very good college savings calculators online that will help you estimate the future cost of college based on your child's age, rising education costs, and the current annual average college costs.

Once you identify the estimated cost, figure out how much you need to be saving annually in order to meet that goal. If you cannot

cover the entire cost, don't worry, there are plenty of scholarships and work study programs your child may be eligible for in the future.

It is important that you do not forgo saving for your own retirement in order to increase savings for your child's college. Keep in mind the fact that your child can get a loan for college but you cannot get a loan for retirement.

#### What types of accounts can be used for college saving?

Technically any savings or investment account (outside of a retirement account) can be used, but there are state sponsored accounts that allow some tax benefits. Virginia 529 Savings plans are a popular option for Virginia residents because they allow you to receive a state tax deduction for contributions. You may also want to consider Pre-paid Tuition or opening a savings account.

There are pros and cons to each of these accounts and you need to determine which type of account best fits your needs. It is important to understand and compare the yearly contribution maximums, tax benefits and the withdrawal restrictions.

#### What happens if my child does not use the money I've saved in a 529 Account?

Most people don't realize that 529 assets can be used at any eligible institution of higher education. That includes not only four-year colleges and universities, but also qualifying two-year associate degree programs, trade schools and vocational schools—both at home and abroad.

You also have the right to change the beneficiary on your 529 account. As long as the new beneficiary is a family member (sibling, first cousin, aunt, uncle, grandparent, or even you) the money can be used for qualified education expenses without being charged income taxes or penalties. (An interesting side note is that if the beneficiary gets a full scholarship to college, the penalty for taking the cash is waived.)

Taking the cash is always a possibility, but if assets in a 529 are used for something other than qualified education expenses (tuition, required fees, books, supplies, computer-related expenses, room and board etc.) you will have to pay both income tax and a 10% penalty on the earnings. Since one of the main benefits of a 529 account is the tax-free earnings, I'd think carefully before cashing it out. •

AUTHOR: Daniel P. Lash, CFP®, AIF® is a partner at VLP Financial Advisors and President of the National Capital Area Financial Planning Association (www.FPANCA.org). He believes that strategic planning is the key to creating, protecting, and growing wealth.

#### Want to learn more about saving for college?

Visit VLP Financial Advisors online at: www.vlpfa.com for college savings calculators and more.

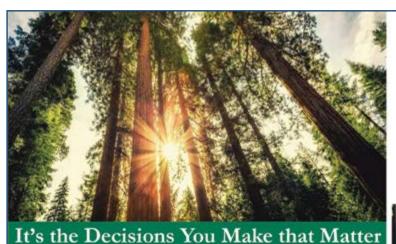
Have a question for an Advisor? Email info@vlpfa.com

Daniel Lash is a Registered Representative of and offers securities and Advisory Services through Cetera Advisor Networks LLC, member FINRA/SIPC. Cetera is under separate ownership from any other named entity.

\*All situations are different, please consult your financial professional for information regarding your needs and suitability issues. An investor should consider the investment objectives, risks and charges and expenses associated with municipal fund securities (529 Plans) before investing. More information about municipal securities is available in the issuer's official statement. The official statement should be read carefully before investing.

136 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM







Customized Strategies and Solutions

VLP Financial Advisors was founded on the belief that making informed decisions is the key to wealth accumulation and preservation. Our Advisors offer sound financial solutions for individuals, families, and business owners to properly position, help protect, and transfer wealth. We will work with you to help you navigate your financial future and achieve your goals.

8391 Old Courthouse Road • Suite 203 • Vienna, VA 22182 (703)356-4360 • VLPFA.com



Investment advisor representatives offering securities & advisory services through Cetera Advisor Networks LLC, member FINRA/SPIC.

Cetera is under separate ownership from any other named entity.

# FATHER'S DAY Gift Ideas

What can you give the guy who has everything? Sometimes the most thoughtful gift turns an everyday experience into a pleasurable one. Take a look at these gift ideas that not only help our local merchants, but give your dad a little something to look forward to in the day-to-day.

#### PARADISE PEN

The next time dad jots a number down or writes in his planner, the glide and weight of a stylish Visconti Homo Sapiens Dark Age Fountain Pen can turn an everyday experience into a pleasureable one.

Paradise Pen offers a wide selection of Fountain Pens, Writing Instruments, Pen

Refills, Leather Goods, Gifts and Accessories.

703-847-0007

7979-L Tysons Corner Center McLean, VA

Visit Paradise Pen at Tysons Corner Mall or online at www.ParadisePen.com



# Visit Golfdom in McLean or online at www.GolfdomGolf.com

#### CG CUSTOM CLOTHIER

Give him the gift of a custom-made suit, shirt, or sport coat made from the world's finest luxury fabrics.

703-861-2940

450 Maple Avenue E, Suite 212 Vienna, VA 22180

# Desde 1935 Cabinet Selection Cab Selection

Visit Cigar Town or browse online at www.cigartowns.com

#### BUSHNELL TOUR V4 Laser Rangefinder

The undisputed #1 Laser Rangefinder in professional golf. Bushnell Laser Rangefinders are used by more than 97% of PGA Tour pros. The perfect combination of size, speed, accuracy and JOLT.

#### GOLFDOM

703-790-8844 8203 Watson Street McLean, Virginia 22102



Visit CG Custom Clothier in Vienna or online at www.cgcustomclothier.com

#### MONTECRISTO CIGARS-PERFECT FOR HIS SMOKING PLEASURE

After 20 years of cigar-tasting experience, Cigar Town presents a variety of cigar blends that are rolled exclusively for their stores.

#### CIGAR TOWN

703-288-0660 1355 Chain Bridge Road McLean, VA 22066





#### Ask, DR. DIMA BEAUTY MYTHS BUSTED **MYTH** #1

I paid a lot of money for a wrinkle cream that has collagen and elastin in it to get rid of my wrinkles.

This is called succumbing to the power of marketing. At best, most anti-aging creams will temporarily plump up the top layer of skin to give the appearance of less wrinkles. In reality, the claim that a collagen cream can erase or fill lines and turn back the clock is completely false. We lose elasticity and tone as we age but spending upwards of \$500 for 2 ounces of a collagen cream, even if the claim is that it is a "bio-available" form, is a huge waste of money. The collagen molecule itself is too large to penetrate the skin barrier so, if you really want a quick fix, go to your cosmetic dermatologist or surgeon and spend that money on a syringe of injectable collagen to plump up your wrinkles. Otherwise, in order to be effective, a topical product must contain ingredients such as Retin-A and a stable form of vitamin C to truly be effective at stimulating your own skin's collagen production.

#### **MYTH** #2

#### I have to lay in the sun so that my body gets enough Vitamin D.

This has been a huge topic in the media lately. Adequate vitamin D, which actually isn't really a vitamin but rather a prohormone, is essential for proper immune system function, bone health, and may even help to prevent certain types of cancer. Yes, we do need some (unprotected) sunlight exposure for adequate vitamin D formation, but overexposure to ultraviolet rays can lead to the breakdown of vitamin D as well. Light skinned people need less sun exposure than dark skinned individuals, but, regardless of skin type, all any of us needs is a few minutes of sunlight 2-3 times a week. In fact, during the winter months, and if you live in more northern latitudes, it's best to supplement with food and over the counter Vitamin D to ensure sufficient levels. Using tanning as an excuse for preventing vitamin D deficiency is both excessive and imprudent.

#### **MYTH #3**

My mother and grandmother look amazing for their age so I don't have anything to worry about.

It's really nice to be blessed with great genetics but... your lifestyle has been proven to play a more important role in how you age. Many studies have been done on identical twins and the impact of their environment and habits on their health and appearance. It's not hard to tell which twin below was the sun worshipper, smoker, drinker of the two.





**MYTH #4** 

I tan at a tanning booth before going on vacation so that I won't burn at the beach.

This is a huge fallacy. A base tan will only give you a SPF of about 3 or 4 but, more importantly, the color you are inducing translates into one thing and one thing only: UV damage from radiation. You'll age faster and increase your chances of getting skin cancer. So get a spray on tan, use plenty of sunblock, wear a hat and sit under an umbrella - you'll be grateful later.

-Dr. Dima ❖

703.787.9866 1801 Robert Fulton Dr., Suite 540, Reston, VA WWW.WELLMEDICA.COM

## Momen in Business



Discover our area's finest and learn what sets each apart as a top leader in their field of expertise. The following Greater Tysons professional women are highly trained and known for their quality service.



#### Lilian Torgenson

LONG AND FOSTER REAL ESTATE, INC.

Lilian is a true joy to be with. She loves people, houses, and selling houses to people! She grew up selling groceries at her family's store in the small town of Jutland, Denmark, and still retains the concepts of integrity and service she learned while working there - as well as a charming hint of a Danish accent.

Ms. Jorgenson has sold over 1900 homes totalling over 1.3 billion dollars in value during her thirty year career as a Realtor. She is regularly recognized as one of the top producing agents in the Northern Virginia Association of Realtors (NVAR), and is the top producing individual agent in the Long and Foster Mid-Atlantic Region. Her detailed knowledge of the Northern Virginia real estate market, years of hard work, and upbeat and positive attitude has left her a long list of satisfied clients.

Lilian works across the entirety of Northern Virginia representing both buyers and sellers of residential real estate in a variety of price ranges. She also has extensive experience with the processes involved in the relocation of clients.

A Life Member NVAR Top Producer and Multi-Million Dollar Club member, she has received numerous awards as one of the top twenty Realtors in NVAR and has been listed among the top 200 agents in the United States by the Wall Street Journal. She is the #1 Listing Agent and #1 Sales agent in Long & Foster Virginia.

BEST WASHINGTONIAN 2015 703.407.0766 1355 BEVERLY ROAD, SUITE 109, MCLEAN, VA WWW.LILIAN.COM



#### Dima (Ali, MD)

ANTI-AGING MEDICINE EXPERT

Dr. Dima has a 15 year history of proven excellence in her field and doctors interested in learning how to use the latest technological innovations come to her courses from all around the world. Dr. Dima is a graduate of the George Washington University School of Medicine and is Board Certified by the American Board of Laser Surgery, is a Fellow of the American Academy of Laser Medicine and Surgery and is a Faculty Member of the American Society of Cosmetic Physicians.

703.787.9866 1801 ROBERT FULTON DR., SUITE 540, RESTON, VA WWW.VENUSFREEZEDC.COM

#### Dr. Lourdes Ann Christopher

#### BOARD CERTIFIED PERIODONTIST

Dr. Christopher is a board certified periodontist and former U.S. Public Health dentist & faculty at 4 U.S. dental schools: University of Illinois- Chicago, The Ohio State University, University of Maryland-Baltimore, and Virginia Commonwealth University. Her philosophy is to meet and exceed her patient's expectations by rendering Prompt, Painless, Caring and Exceptional dental treatment. Her practice's state of art technology comprises some of the most advanced equipments and instruments used to perform dental implants and periodontal treatment.

703.237.3700 313 PARK AVE #103, FALLS CHURCH, VA 22046 WWW.DRPERIO.COM



## Dr. Ana Anzola Doctor of Audiology

Dr. Anzola is principal of McLean-based Ascent Audiology & Hearing, a full service audiology practice with 7 offices serving the Washington, DC Metro area. Dr. Anzola and her team provide the best in hearing aids, tinnitus treatment, diagnostic hearing evaluations, and custom treatment options. Known for her personalized care, Dr. Anzola's 20 years of experience and extensive understanding of auditory therapy enable her to provide the best treatment options for her patients. A conversation with Dr. Anzola is a must for those seeking audiological services and hearing solutions.

703.942.8110
1320 OLD CHAIN BRIDGE ROAD, SUITE 185, MCLEAN, VA
WWW.HEARINGAIDDOCTORS.COM



#### Laurie Mensing

#### Long & Foster Realtor

Laurie is nationally ranked in the top 1% of residential real estate professionals and is a Multi-Million Dollar Club Top Producer. She brings a refreshing perspective to the listing and purchasing of real estate, specializing in Fairfax and Arlington counties. Laurie represents her clients with sincerity and honesty, has great attention to detail, and delivers that extra effort at every step, treating each transaction as if it were her very own.

Laurie is a relocation specialist both internationally and domestically, and draws on her own experiences to empathize with and understand her clients needs.

703.873.5193 WWW.LAURIEMENSING.COM





#### Tania Ferrel-Saldana

#### COLOUR BAR STUDIO

Ms. Ferrel is a member of a core group of master color specialists in the United states. As a certified MCE (Master Color Expert) and member of the ABCH (American Board Certification - Haircolorist), Ms. Ferrel is an artist that will customize your color and cut to enhance your individual style. She has a passion for making each client look their best, and trains all over the world in order to keep up with the demands of our high-paced region, making Colour Bar Studio a special place in Tysons. Ms. Ferrel is an important sponsor of the lyme disease organization NatCaplyme, and is a key player in an annual fundraiser held at the salon on June 5th. Please do not hesitate to contact the salon for references.

703.848.2000

8100 BOONE BLVD #115, VIENNA, VA 22182

WWW.COLOURBARSTUDIO.COM



HEALTH B

#### Tanice CAdamshick

#### AESTHETIC MEDICAL CENTER

Janice is the practice manager and cornerstone of the Aesthetic Medical Center in Tysons Corner. Her post-graduate education in exercise physiology and position as an instructor of Human Anatomy & Physiology at George Mason University have given her an excellent understanding of the various procedures performed at the center. Janice Adamshick possesses a cheerful smile and gentle persona that greets every patient as they enter the practice. Additionally, her personal experience as a recipient of aesthetic procedures allows her to supportively connect with all of her patients from a patient's point of view.

703 992 7979

8150 LEESBURG PIKE, SUITE 820, TYSON'S CORNER, VA www.AestheticMedCtr.com



#### Dr. Lilliana Calkins

#### SUNRISE ORTHODONTICS

Dr. Calkins is dedicated to providing patients with the highest quality and technology in orthodontic care. As an internationally trained orthodontist, she holds two degrees in dentistry and orthodontics. Dr. Calkins is a continuous student who has access to the best training centers in her specialty, such as the elite Dawson Academy and The Piper Research and Education Center. Dr. Calkins successfully combines the latest technology in her field with her education to better serve the oral health needs of her patients.

703.476.3969

11490 COMMERCE PARK DR #430, RESTON, VA 20191

WWW.SUNRISE-ORTHODONTICS.COM

### Mabir Riveros

### HEALTHYDERMIS

At Healthydermis, certified licensed Medical Aesthetician Mabir Riveros makes her patients' dreams come true by treating each body as a canvas to transform beauty into art and utilizing the latest in safe and reliable technology and aesthetic procedures.

With 20 years of experience, Mabir works with each patient to design and craft protocols to achieve a new level of excellence in the aesthetics of visibly beautiful skin.

571.502.0202

2944 HUNTER MILL RD, SUITE 201, OAKTON, VA

WWW.MYHEALTHYDERMIS.COM



## Tammie Disayawathana

### SISTERS THAI RESTAURANT OWNER

Disayawathana comes from a long line of excellent cooks. Back in Thailand, her family was known for their recipes. She and her husband worked in other restaurants, until, as she says, they "got the opportunity" to open their own. "What I learned in my first restaurant is to create the kind of place you can come to any time. It's time to eat, but you're also looking for a very enjoyable atmosphere when you come in." she laughs. "We hope at this location [in the Mosaic District] we will be successful. At Sisters Thai, people know what to expect; we are going to sell you good food, in a fun atmosphere."

703.280.0429

2985 DISTRICT AVE, SUITE #130, FAIRFAX, VA 22031

WWW.SISTERSTHAI.COM



## Dr. Gema Island

### ISLAND CHILDREN'S DENTISTRY

Dr. Gema Island is a Diplomate of the American Academy of Pediatric Dentistry, a member of the American Dental Society of Anesthesiology and a member of the American Orthodontic Society. She completed her residency in Pediatric Dentistry at Tufts University and two years ago started her practice in Tysons Corner focusing on special needs children, sedation dentistry and laser dentistry. Dr. Gema has lectured internationally and has published articles in peer-reviewed journals. Island Children's Dentistry is highly committed to the oral health of children in the Northern Virginia area.

#### 703.790.1320

1500 CORNERSIDE BLVD., STE 310, TYSONS CORNER, VA
WWW.ISLANDCHILDRENSDENTISTRY.COM





## Francisca V. Alonso

### AV ARCHITECTS + BUILDERS

Francisca V. Alonso has more than 25 years of experience in architectural and interior design and comes from a family of architects and builders. Her background, professional training, and dedication to her craft have led her to establish a unique design-build approach beautifully exhibited in many homes all over the Great Falls and McLean area that maximizes the client's investment budget. Committed to the "master builder approach," she has assembled an extraordinary team of construction specialists and craftsmen who transform ideas into reality. She recently completed her first book Nesting for Empty Nesters®: The Vacation Style Living™ Approach to Aging in Place (Available in May 2016), a practical guide to using smart design to prepare your home for a better quality of life in retirement.

### 703.865.5065

9903 GEORGETOWN PIKE, SUITE 201, GREAT FALLS, VA



## Monica Marusceac, BCH

### NOVA HYPNOSIS & WELLNESS

As a Board Certified Hypnotist, Monica helps clients by using hypnosis to reframe painful past experiences, release subconscious emotional blocks, and forecast themselves into a future of abundant success in every sense of the word. In addition to helping people with classic problems such as quitting smoking and losing weight, Monica has used hypnosis to help people: mitigate their suffering from chronic pain and migraines, alleviate insomnia and improve the quality of their sleep, experience fewer IBS symptoms, prepare for and recover faster from surgery, and heal faster from cancer and cancer treatment.

1485 CHAIN BRIDGE ROAD, SUITE 204, MCLEAN, VA

WWW.NOVAHYPNOSISANDWELLNESS.COM



## Shirley Buford

### SHIRLEY BUFORD & ASSOCIATES

Shirley Buford and her associates provide state of the art real estate service to each client they represent, bringing untiring integrity, loyalty, caring and creativity to every aspect of their relationships and business. Shirley is a Life Member NVAR Top Producer and is an accomplished and dedicated real estate professional with years of experience and knowledge to ensure exceptional results on both sides of a deal. Offering less stressful transactions and more real estate and lifestyle options, Shirley strives to promote the best interests of her clients in all of their present and future real estate needs. Ms. Buford encourages her clients to become her friends, as friends are the best source of business.

SHIRLEY@TEAMBUFORD.COM

WWW.TEAMBUFORD.COM

HYPNOSIS B WELLNESS

## Dr. Lorena Popp

## Tysons Internal Medicine 8 Wellness Center

Dr. Popp is a board certified internist specializing in primary care, geriatrics, and non-invasive medical aesthetics. Having traveled throughout Europe and the US, she possesses unique, multi-dimensional medical experience, and her passion and dedication helps provide patients with the ultimate care.

Dr. Popp graduated cum laude from the Ludwig Maximilian University in Munich with integrated internships at Yale, and by 2006 had completed her residency in internal medicine at George Washington University. Prior to opening her practice, she practiced at Sibley Hospital in DC and Inova Health Systems in Alexandria and Fairfax for many years. Currently, Dr. Popp is the medical director at the Tysons Internal Medicine and Wellness Center and the Director the Astoria Laser Clinic & MedSpa.

Dr. Popp believes that the relationship between a physician and patient should be based in trust, respect, and clear expectations, and should yield satisfaction for both parties. To that end, she prefers to spend a significant amount of time face-to-face with her patients.

Dr. Popp is a working mother and wife that knows first-hand the demands and challenges faced by women daily. As such, one of her biggest passions is to support women in their desire to showcase their inner beauty by helping them bring out their youthful spirit. She works closely with her patients to develop individualized assessment plans that aim to rejuvenate the soul and body, creating natural looking results.

703.992.7779 2106 GALLOWS RD UNIT C, VIENNA, VA 22182 WWW.TYSONSINTERNALMEDICINE.COM



## Rose Price, CFP®, AIF®

### VLP FINANCIAL ADVISORS

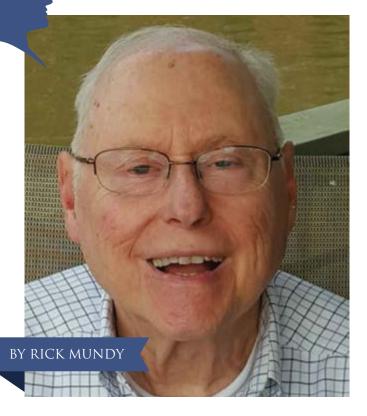
Rose is a Certified Financial Planner", a partner at VLP Financial Advisors, and a board member of the Financial Planning Association (FPA). She believes that strategic planning is the key to creating, protecting, and growing wealth. Rose works with individual and corporate clients to create well-designed financial plans and investment strategies and is committed to helping local people reach their financial goals and realize their dreams.

Investment advisor representatives offering securities & advisory services through Cetera Advisor Networks LLC, member FINRA/SPIC. Cetera is under separate ownership from any other named entity.

703.356.4360 INFO@VLPFA.COM 8391 OLD COURTHOUSE ROAD, STE 203, VIENNA, VA WWW.VLPFA.COM







## Ed Lowry

## A STEADFAST CONTRIBUTOR IN SERVICE TO OTHERS

Ed Lowry of Oakton stands by his commitments for the long haul. He is that increasingly rare type of individual who embraces the meaning of devotion. He has been devoted to one woman, Terri, since their marriage in 1968. For 33 years he was devoted one career, although telecommunications industry shifts meant he worked for different companies, but all part of, or direct descendants of, the Bell System. And whenever he begins a new project he sticks with it, to the grateful delight of his service benefactors, notably Vale United Methodist Church and the Shepherd's Center of Oakton-Vienna.

One of the younger seniors VivaTysons has profiled, Lowry was born in 1944, and grew up in Baltimore. He attended public schools, including Patterson High, one of Baltimore's few co-ed high schools at that time. Moving on to Western Maryland College (now McDaniel College), he graduated with a B.A. in Economics. Lowry was awarded a Woodrow Wilson fellowship, allowing him to complete his master's in economics at the University of Pennsylvania.

Attending a seminar that included executives from AT&T, he learned that the future was bright in telecommunications. So in July of 1968, he joined AT&T for what would be a lifelong career in regulatory affairs. Over the years, he focused on the economics of regulation and worked on state regulatory matters, access charges, and interconnection policy. He also served as a liaison for the company with the academic community doing research in the regulatory field.

He joined Bell Atlantic in 1983 after the Bell System break-up, where he continued to influence public policy issues and was a subject expert in dealings with the FCC.

When Lowry retired at the end of 2000, he was Executive Director of Federal Regulatory Policy and Planning for Verizon Communications. He also served as a member of Michigan State Public Utilities and the advisory boards of KMB Video and the International Engineering Consortium. He is a recipient of the Wall Street Journal Award in Economics.

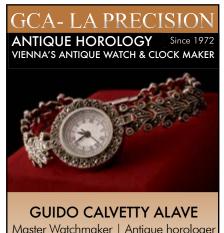
Since the family's arrival to the D.C. area in 1983, Lowry has been an active member of the community. He says, "It's in the DNA of AT&T employees to be involved in many projects." At Vale UMC he has held various volunteer positions and has created at least two new programs. Twenty years ago he spearheaded the sale of grocery scrip to fund mission activities within the church, and because he stays committed to his projects, "I was selling it last Sunday," Lowry admits. He also developed the church's annual auction and yard sale to build a new hall. That project also continues to this day, funding mission-work now.

In 2014, after participating in Leadership Fairfax, which highlights volunteer activities in the county, Lowry volunteered at Vinson Hall, the McLean military senior living center. Because of that experience he wanted to continue serving the 50+ community. Years earlier his mother-in-law developed dementia/Alzheimer's and he understood how important senior services are, especially for those living independently. This led to his volunteering at the Shepherd's Center where he: is on the fundraising committee, is a board member as of January 2015, drives seniors without transportation to appointments and the grocery store, is part of the friendly visitors program, is co-chair of fundraising this year, is co-chair of the Congregational Advisory Committee and basically steps up whenever there is a need to be filled. As stated, he never steps away from commitments, he just adds to those he already has.

In his spare time (what spare time?) Lowry loves sports, especially basketball and football, and spending time with his family. He and Terri have three grown children, Alicia, Mark, and Beth, and six grandchildren – five boys aged 7-13, and one girl who is 2. Terri has been a pre-school teacher at Vale UMC's Sunday school since she joined the church. Apparently the notion of total commitment is a family trait.

Lowry believes that he has been fortunate in his life for "getting advice from really good people." We can all thank whoever gave him the advice to serve the needs of others, although that idea likely came directly from his heart.

148 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM



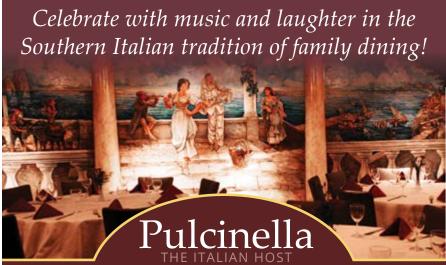
Master Watchmaker | Antique horologer

**ROLEX TRAINED & CERTIFIED #168** STATE OF THE ART EQUIPMENT **TIMELY & GUARANTEED REPAIRS** 

Antique · Vintage · Modern

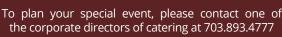
Mention this Ad for **ONE** of the Following: Free Battery with Any Repair \$10 Off Any Basic Repair \$50 of any Advanced Repair

703.255.0055 WWW.GCALAPRECISION.COM 320 Maple Ave. East, Building E, Vienna





Pulcinella serves a unique blend of authentic dishes from regions of south and northern Italy. Our banquet room in the lower level can cater any event you may wish to have accommodating up to 100 guests.





6852 Old Dominion Drive | McLean, VA 22101 703.893.7777 | www.pulcinellarestaurant.com



### Life at Arleigh Burke

EXCELLENT QUALITY CARE WITH THE RESPECT AND DIGNITY YOU DESERVE

Our intimate assisted living floor, Arleigh Burke Pavilion at Vinson Hall Retirement Community, promotes a sense of family amongst the residents and the Pavilion employees and volunteers who help with daily activities. Assisted living residents enjoy the best of both worlds: residents are free to do as they please and create their own schedule.

- Studio, One- or Two-bedroom Apartments Available
- On-site Physical, Occupational and Speech Therapy
- Dedicated Team of Professionals



**Contact Us Today!** 

703-536-4344

6251 Old Dominion Dr., McLean, VA 22101 • www.arleighburke.org

Independent seniors who are commissioned military officers and their immediate family, as well as government workers of an equal rank from select agencies.





ASK COAC

DEAR COACH AMY.

talking have been to someone online for a week now and we've been exchanging lengthy emails every

day. He has suggested meet over coffee or a drink and I've said I'd like that, however he hasn't asked me when I'm free or set a date yet. His suggestion to meet was 2 emails ago. I've since received two lengthy emails talking about meeting up but he still has not asked me about a good time for us to do so. I'm getting annoyed at this point. Should I just go ahead and ask him? Or should I go along a little longer and see what happens? By the way, I am in my early 30's and have never been married.

Very Truly,

Annoyed in Annandale

DEAR ANNOYED.

The purpose of online dating is to get offline and meet face to face. For some reason, not everyone got that memo! Everyone has a different

agenda and comes from a different place in the dating world.

What does this mean?

For some men and women, they want to get to know you well before they take the risk of meeting.

For some men, they are communicating with several other women and are deciding who they want to ask out. If they are not sure, they will keep up the back and forth exchanges. This way they can keep their options open.

Some lonely souls like having a pen pal and don't want to stop the connection with a meeting. They fear that you will

no longer be interested and they will no longer have you for a pen pal.

You have no idea what is going on with this gentleman. You really can't guess. All you can see is his actions. Something is holding him back.

The lengthy emails do concern me. That means he is very stuck in his head and feels that he needs to express himself in writing to you. My hope is that he is curious about you and wants to get to know you.

It all goes back to how you want to be treated in a relationship and what values you desire to share with a partner. If being proactive and moving forward is important to you (and not standing on ceremony), then he is not showing you the kind of attention you want from him.

However, I recommend that in the future you do not invest in lengthy email exchanges with a man. Keep your emails

short, concise and to the point. Mention that you prefer to talk on the phone and look forward to sharing more when you do so. This is an important missing step in the online dating process, and creating a little mystery never hurts to build the desired anticipation.

Talk on the phone first to see if you have PHONESTRY! I caution against going from email to meeting directly, you could be setting yourself up for a big disappointment. From a phone call you can determine:

- ✓ do you like the sound of his voice?
- ✓ does the conversation flow naturally?
- ✓ can you talk about topics of interest to both of you?

You can learn a lot about a person by having a phone conversation with him, although not all men are comfortable talking on the phone.

I recommend you say: " I prefer to talk on the phone with someone before This is more meeting in person. comfortable for me." You may also give him two times you are available for a phone call. Ask for his number and insist that you call him (remember to block your number just in case he's a weirdo).

What you are doing is making a request and seeing how accommodating he is. If he obliges, then there may be hope. If he hems and haws, he's playing games and you should move on. Another possibility is he may feel compelled to make a date and then

150 TYSONS \* MAY // JUNE 2016 VIVATYSONS.COM break it before he has to talk to you which is also very telling about his character.

The bigger question is: Do you really want to be with someone who annoys you before you meet him? Remember, there should be a flow and the right relationships are actually fairly easy. Why isn't he asking you out? Perhaps he is fearful? Or maybe he is checking out other women and you are not top on the list. Or is he one of those guys who needs a lot of information before making a decision?

In dating it's best to have several options so you don't obsess about any one guy. Give him one chance to step up. If he doesn't, then it appears as if he's got other stuff going on. (Either internal or external roadblocks). I recommend you devote your attention and energies elsewhere and keep looking.

One of my recent clients had a guy who showed interest but really couldn't step up in a way she wanted. She was constantly frustrated by him. What I admired about her was that she didn't stop looking. When she did meet her husband, he was motivated and asked her out right away. They met within a month even though they didn't live in the same city. The relationship moved forward towards engagement within four months, and they married within seven months.

My advice is not to do too much to keep this interaction going, and to keep looking for someone who is not afraid to meet you and start a significant relationship if there is a strong connection, shared life goals, and values.

It sounds like you should know more about this man and his intentions within a couple of weeks.

Listen to your gut!

Intentionally yours,

Coach Amy \*

AUTHOR: Amy Schoen is a certified professional life coach and dating/relationship expert based in the D.C. area and is the author of Get It Right This Time-How to Find and Keep Your Ideal Romantic Relationship. She helps marriage minded individuals to find and keep committed, loving relationships. www.MotivatedtoMarry.com.







### FEED YOUR PET PROPERLY:

## **UNDERSTAND THESE COMMON** PET FOOD MYTHS









Over the past few years, our pet food options have ballooned to levels never before seen. We grain-free diets. vegetarian diets, raw diets, diets that contain duck and kangaroo, and many other options. Unfortunately this selection can be confusing to pet owners, and the marketing and hype associated with some of these diets can be misleading. I'd like to clarify some misconceptions or myths that we veterinarians hear from our clients regarding pet foods.



Thile some dogs are intolerant and some truly allergic to grains, grains are a reasonable and healthy source of protein, fiber, and other nutrients for most dogs. Pets are most commonly allergic to beef, dairy products, chicken, lamb, fish, eggs, corn, wheat, and soy, in that order. Note that grains are low, while the more common protein sources in pet foods are high on the list.

Dogs are omnivores, able to derive nutrition from animal and vegetable sources. Cats, on the other hand, are true carnivores, which is why there are no recommended vegetarian diets for cats and why they shouldn't eat dog food exclusively.

Many diets that are "grain-fee" replace grains with potatoes. Unfortunately potatoes have less nutritive value than most of the ingredients they replace. In grain-free diets, other ingredients or synthetically derived vitamins must be added to replace the proteins, vitamins and minerals that are missing because of the exclusion of grains.

Some clients say their dogs look glossier on a grain-free diet. Like people, dogs differ, so certainly, some dogs will be happier or healthier on some diets versus others. Be aware, though, that high levels of fatty acids and other ingredients can make a dog's coat look glossy, but outward appearance doesn't reflect the overall nutritive quality of a diet.



irst, let's start with a legal definition of byproducts from the Association Of American Feed Control Officials (AAFCO), the body that governs pet food labeling. Byproducts are "the non-rendered, clean parts, other than meat, derived from slaughtered mammals. **Byproducts** include, but are not limited to, lungs, spleen, kidneys, brain, livers, blood, bone, partially defatted low-temperature fatty tissue, and stomachs and intestines freed of their contents. It does not include hair, horns, teeth and hooves." The reason they are called byproducts is because they are byproducts of the human food chain in the US. In most other countries, however, people eat lungs, spleen, kidneys, brain, livers, blood, intestines, stomach, pancreas, thymus, etc. Have you ever watched Bizarre Foods with Andrew Zimmern on The Travel Channel? He eats these things and more, every week! These ingredients are excellent sources of nutrition for dogs, cats and people, so there's no reason to reject a diet that includes animal byproducts.

Some diets make a point of stating they include stomach and intestines, which makes their diet better. While the diet might be fine, it includes byproducts; they're just not called by that name.



here is no legal definition of "organic" in pet foods. While the USDA has legally defined the term "organic" for products designed for human consumption, there is no such thing for pet food ingredients. "Organic" dog foods can contain pesticides or chemicals not allowed in organic foods for human consumption, but because the ingredients are in pet foods, the manufacturers can call it "organic" without risk. As for the term "human grade," the AAFCO does not have a definition for this term, either. Although it is illegal to use it in the ingredient list; the use of the term on the label is less restricted. It's possible to say on the label that the ingredients are "human grade," but this undefined term is an advertising gimmick. What constitutes "human grade" to you may not be what's "human grade" to pet food manufacturers.

On the other hand, the term "natural" is a legally defined term for pet food labels. It means that no ingredients were made synthetically. Because the term is so strict, all foods labeled as "natural" will say "with added vitamins and minerals," because it's very difficult and expensive to use nonsynthetic vitamins.



The AAFCO requires that every pet food label include a statement defining the life stage for which the product is

formulated. It'll say "Brand X is formulated to meet the nutritional levels established by the AAFCO dog (or cat) Food Nutrient Profiles for growth (or maintenance or all life stages)" or "Animal feeding tests using AAFCO procedures substantiate that (name of product) provides complete and balanced nutrition for (specific life stage)."

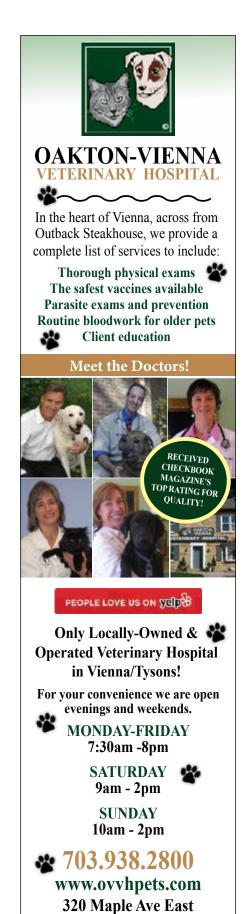
There are several things to note here. One, some foods are tested using feeding trials, and others are determined to be complete by the nutrient profile only. In general, companies that use feeding tests are more serious about the quality of their food. While the tests aren't perfect, they are expensive and time-consuming, and it's a lot cheaper and easier not to perform them.

Two, the AAFCO specifies two life stages only, growth/reproduction and adult maintenance. There are no requirements for a senior life stage diet at this time. Labels that state a diet is formulated for "all life stages" mean they fit the minimum requirements for both categories. The hazard here is that some nutrients will be somewhat higher than necessary for adults (like protein, calcium, phosphorus, etc.) and significantly higher for seniors, mainly protein levels. Nutritional excesses can be just as dangerous as deficiencies. Many senior cats and dogs with kidney disease have dangerously elevated blood values because they are eating a diet for "all life stages" and are therefore eating too much protein.

Some foods display an AAFCO statement that says, "This product is intended for intermittent or supplemental feeding." These foods do not meet the minimum requirement for either life stage. The label on the food can market itself as an adult dog food; however, if you don't carefully read the label, your pet could be getting poor nutrition for the long term.

Choosing the right diet for your pet can be confusing and frustrating. I hope this information debunks the myths you've heard and helps you choose a suitable, sustainable diet for your furry friend. \*

AUTHOR: Sanford Christmus, DVM practices veterinary medicine at Oakton-Vienna Veterinary Hospital in Vienna, Virginia. To learn more about Dr. Christmus and the hospital, visit OVVHpets.com. Please e-mail questions to askthevet@ovvhpets.com.



Vienna, VA 22180

## NEW BUSINESSES IN TYSONS

### Taco Bamba

180 Maple Avenue W, Vienna, VA
PROJECTED OPENING DATE: Summer 2016
(Springfield) & Fall 2016 (Vienna)

Award-winning chef Victor Albisu is expanding his Taco Bamba, a takeout taqueria, to two new locations. While each new location will have its own menu, they will all be anchored by favorites from the original. Tacos, sopes and tortas will remain the primary menu highlights, while daily specials will rotate tamales, soups and classic Mexican dishes as additional selection-each location will also offer platos fuertes and larger entrée-sized Mexican meals and will feature a menu of quesadillas stuffed with unusual fillings like squash blossoms, chilies and other traditional and non-traditional ingredients. Both the Springfield and Vienna restaurant will boast about 50 seats and 2,000 square feet. Both will keep Taco Bamba's counter service ordering style, though the Vienna location will allow guests sitting at the bar to order from the bartender.

### **Praline Bakery**

2985 District Avenue, Suite 140, Fairfax, VA PROJECTED OPENING DATE: Summer 2016

Chefs Patrick Musel and Susan Limb of Praline Bakery are opening a second location. Along with Allison Bolin, they will be bringing their business to Virginia's Mosaic District this coming Summer. The bakery will feature Praline's signature breakfast pastries, cookies, Parisian macarons, cakes, tarts, pound cakes, celebration cakes, breads, and pastries, all created and baked onsite. There will be indoor and outdoor seating where patrons can enjoy the bakery's freshly baked goods as well as a variety of daily sandwiches, breads, quiches, and salads available to eat in or take out.

### Takumi Sushi-Now OPEN

This new sushi restaurant opened in the "Tulip Building" in Falls Church, taking over the former Vapor Solutions space between Smashburger and Ayoub Carpet Service at 310 S. Washington Street. Chef Jay Yu, who spent 13 years at Kaz Sushi Bistro in D.C. and also worked at Raku and Cafe Asia, heads up the new 30-seat restaurant. Takumi's menu will be heavy on nigiri and sashimi and will also feature warm dishes like fried tofu. www.takumiya.com

### Cava Grill—NEW LOCATION

Cava Grill, a modern Mediterranean flavors and fresh-casual concept, has just announced its newest local expansion, adding three new Northern Virginia locations to its growing company in early- and mid- 2016. There are plans to open new restaurants in Alexandria's Foxchase Shopping Center, Vienna Shopping Center, and Gainesville's Promenade at Virginia Gateway, to join Cava Grill's current five Northern Virginia locations, in Ashburn, Fairfax, Mosaic District, Tysons Corner and Reagan DCA Airport. ❖



### TOP DOG RESORT

Premier Small Dog Boarding A Loving Home-Away-from-Home Exclusively For Pets UNDER 25 Pounds No Kennels • No Cages •No Leashes Outstanding Romping Space Galore Lavish Pampering & Abundant Cuddling

540.788.4837 www.topdogresort.com

## PETS WE LOVE







STEINWAY & LEXI Owner: Lexi Guy

IS YOUR PET READY FOR THEIR CLOSE-UP? SEND PHOTOS TO ARTICLES@VIVATYSONS.COM.

154 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM











(703) 281-1333 7925 Jones Branch Drive, Suite LL210, Tysons, VA 22102 www.TysonsChamber.org

### **May 12**

New and Prospective Member Orientation

11:30 AM - 1:00 PM Tysons Chamber of Commerce 7925 Jones Branch Drive Suite LL210 Tysons, VA 22102

Registration is required for this no-charge event. Email gpowersir@tysonschamber.org for more info.

### June 3

**TEDX TYSONS** 

1:00 PM - 6:00 PM EDT Registration is limited and required for this event.

Visit www.TEDxTysons.com for more info.

### June 9

New and Prospective Member Orientation

11:30 AM - 1:00 PM Tysons Chamber of Commerce 7925 Jones Branch Drive, #LL210 Tysons, VA 22102

Registration is required for this nocharge event. Email gpowersjr@ tysonschamber.org for more info.

## THE GREATER MCLEAN CHAMBER OF COMMERCE

(703) 356-5424 1437 Balls Hill Road McLean VA 22101 www.McleanChamber.org

### **May 24**

MCLEAN FIRST LEADSHARE 7:45 AM - 9:00 AM

Chesterbrook Residences 2030 Westmoreland St. Falls Church, VA 22043

For more information, contact Maureen Scholz at mscholz@mcleaninsurance.com

### June 22

"It's 5:30 Somewhere" Promoting Your Business After Hours

5:30 PM - 7:00 PM Location TBD

For more information, contact Marcia Twomey at mtwomey@mcleanchamber.org

### June 23

SMALL BUSINESS EDUCATION SERIES.

co-sponsored by the SBA and Lafayette Federal Credit Union 8:30 AM - 10:00 AM McLean Government Center 1437 Balls Hill Road McLean, VA

For more information, contact Marcia Twomey at mtwomey@mcleanchamber.org

### FALLS CHURCH CHAMBER OF COMMERCE

(703) 532-1050 417 W. Broad St. #205 Falls Church, VA 22046 www.fallschurchchamber.org

### **May 12**

2016 HOMESTRETCH
BENEFIT BREAKFAST:
MAKING DREAMS COME TRUE

7:30 AM - 9:00 AM Fairview Park Marriott 3111 Fairview Park Drive, Falls Church, VA 22042

For more information, contact Jessica Henderson at ihenderson@homestretchya.org

### May 17

CHAMBER NETWORKING LUNCHEON

11:30 AM - 1:15 PM Italian Cafe 7161 Lee Highway Falls Church

Tickets with reservations for members are \$27, for nonmembers \$32.

An additional \$5 is charged for walk-ins

### June 9

Informal Networking Breakfast

8:00 AM - 9:00 AM The Original Pancake House 7395 Lee Highway Falls Church

No agenda and no cost other than the cost of your breakfast.



# S

## DULLES CORRIDOR METRORAIL PROJECT

PHASE 2 (SILVER LINE)

BY MARCIA MCALLISTER



## AUTOPILOT DRIVE GUIDEWAY

Concrete columns, caps, and 84" girders along Autopilot Drive at Dulles International Airport form part of the aerial guideway structure that will support Silver Line trains through the airport.

Photo by Jennifer Alcott, Capital Rail Constructors



### **INNOVATION STATION 3**

Precast concrete elements take shape to form the future Innovation Center Station in the median of the Dulles International Airport Access Highway just east of the airport.

Photos by Jennifer Alcott, Capital Rail Constructors



## INNOVATION STATION LOOKING EAST

A tower crane, crawler crane, and rough terrain crane facilitate construction activities at the site of the future Innovation Center Station.



#### STRADDIE BENT PIER 3 POUR

Dulles Corridor Metrorail Project crews place nearly 500 cubic yards of concrete into the first of four straddle bents at Dulles International Airport.



### STRADDLE BENT POUR PIER 2 5813

380 cubic yards of concrete are placed in the second of four straddle bents that will support Silver Line trains at Dulles International Airport.



### STRADDLE BENT POUR PIER 2 5825

A Dulles Corridor Metrorail Project crew places 380 cubic yards of concrete in a 114' x 7' x 13' straddle bent form that spans the eastbound DIAAH near Dulles International Airport. The structure will support Silver Line trains as they approach and depart the future Dulles Airport Station when Phase 2 of the Silver Line is complete.



### STRADDLE BENT POUR PIER 2 TERMINAL

Straddle bent construction at Dulles International Airport will be ongoing through the first three quarters of 2016.

Photos by Jennifer Alcott, Capital Rail Constructors



### **DECK POUR SPAN 64**

Dulles Corrider Metrorail Project crews pour a deck span on the Silver Line's aerial guideway at Dulles International Airport.

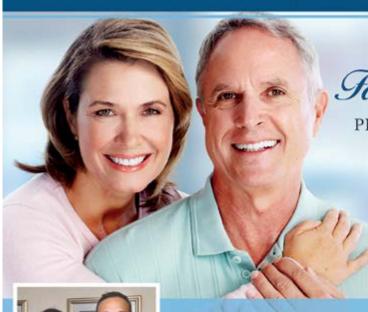
Photo by Jennifer Alcott, Capital Rail Constructors



### **DULLES TERMINAL CAPS COLUMNS**

Drilled shafts, columns, and caps form the foundation of the Silver Line's aerial guideway. Future Silver Line passengers headed eastbound into Dulles International Airport from Loudoun County will enjoy evening views of the airport terminal.

## Focused on your Exceptional Oral Flealth



Drs. Christopher, Favagehi & Traboulsi

PERIODONTICS & DENTAL IMPLANTS

- · Dental Implant Surgery
- · Cone Beam Scan
- Regenerative Periodontics
  (Growing Bone and Gums around Teeth)
  - Innovative Gum Grafting utilizing either the patient's tissue or alternative sources
    - In House Cone Beam 3 D Radiology (Low Radiation Digital CT Scan)



313 Park Avenue, Suite 103, Falls Church, VA 22046 (703) 237-3700 • www.Drperio.com



Protecting What Matters Most Divorce and Family Law Attorneys

Some Things Are Never Easy, That's Why We're Here.

Domestic Relations

Divorce • Custody • Visitation

Child Support · Adoptions

Finding Solutions for Families in Northern Virginia, Maryland and Washington, D.C.

ern Virginia, Maryland and Washington, D

1660 International Drive, Suite 470

McLean, VA 22102 703-370-5555 FamilyandDivorceLawyers.com

158 TYSONS ❖ MAY // JUNE 2016 VIVATYSONS.COM

### BRIDGE CLUB

### LOUIE'S BLIND SPOT

A I 8 7

**V** 0 4

A 10 9

🌲 J 10 9 5

♠ KQ109532

**Y** A 5

🌢 KJ4

♣ A

West North East South  $1 \spadesuit$ 4NT pass pass 6 🍁 pass pass

West leads the jack of hearts, and East covers dummy's queen with the king. Plan the play. Answer on page 160.

Excerpt taken from: Frank Stewart's Bridge Club. Page 58.

### **BIDDING QUIZ**

### YOU HOLD:

pass

🛕 A J 8 7 💜 Q 4 🔷 A 10 9 🌲 J 10 9 5

Your partner opens one heart, you bid one spade and he rebids two hearts. The opponents pass. What do you say?

ANSWER: The time is right for aggression. Your tens and nines add value to your hand, especially for play in notrump, your queen of hearts will fill in partner's promised six-card suit, and you have aces on the side. Bid 3NT. If partner returns to four hearts, you won't be displeased.

Excerpt taken from: Frank Stewart's Bridge Club. Page 61.

TO KEEP THE BODY IN GOOD HEALTH IS A DUTY... OTHERWISE WE SHALL NOT BE ABLE TO KEEP OUR MIND STRONG AND CLEAR.

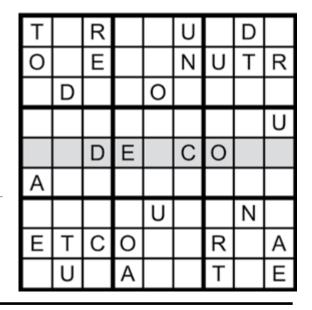
Buddha

### **HOW TO** SOLVE WORDOKU **PUZZLES**

To solve a wordoku, you only need logic and patience. Simply make sure that each 3x3 square region has only one instance of each of the letters in the word UNDERCOAT.

Each column and row of the large grid must have only one instance of the letters in the word UNDERCOAT.

The difficulty on this puzzle is easy.



IF YOU ARE DEPRESSED, YOU ARE LIVING IN THE PAST. IF YOU ARE ANXIOUS. YOU ARE LIVING IN THE FUTURE. IF YOU ARE AT PEACE, YOU ARE LIVING IN THE PRESENT.

Lao Tzu: philosopher and poet of ancient China

### THERE ONCE WAS A MAN FROM NANTUCKET...

### CROSSWORD **CLUES**

- **ACROSS** 1. "Acid"
- 4. Fasteners
- 9. IX VI
- 10. Arctic abode
- 11. Charity
- 13. Greasy
- 14. Edge
- 16. Word in a simile
- 17. Computer monitor, for short
- 18. Atop
- 20. Armenian porridge
- 22. Horse color
- 24. Ponzi scheme, e.g.
- 25. Military groups
- 27. Island strings
- 28. Museum piece
- 29. Bell and Barker

### 10 13 11 12 14 15 16 17 18 19 20 21 23 24 22 25 26 27 28 29

### **DOWN**

- 1. Jungle climber
- 2. Missile housing 3. Lowers the light
- 4. Hello
- 5. Cousins of the guinea pig
- 6. Open, as an envelope
- 7. Campaign pro
- 8. \_\_\_ sauce
- 12. Trig ratios
- 15. Bobby of the Bruins
- 18. 1970 World's Fair site
- 19. Directory contents
- 20. "Aquarius" musical
- 21. Lowlife
- 22. Same old, same old
- 23. "Walking on Thin Ice" singer
- 26. Therefore



### BRIDGE CLUB SOLUTION

### LOUIE'S GOOD FORTUNE







♠ K Q 10 9 5 3 2 ♥ A 5

★ K J 4♣ A

West	North	East	South 1NT
pass	3NT	all pass	1111

Opening Lead: 🜹 J

'Do you think glasses might help me play better?' Unlucky Louie asked me in the club lounge.

'Not if you drain too many of them,' I replied.

North felt Louie needed glasses after his costly blind spot on this slam. When East covered the queen of hearts, Louie took the ace, cashed the ace of clubs, led a trump to dummy and returned the jack of clubs, pitching his last heart. West won and led another heart, and Louie ruffed, took the K-A of diamonds and led the ten of clubs for another ruffing finesse. West produced the king: down one.

'I'll have another martini,' Louie said dryly. 'My chances were more than 75 percent, much better than trying to guess the queen of diamonds.'

How would you play the slam?

After South takes the ace of clubs, he can get to dummy three times with trumps to ruff dummy's remaining clubs. South then exits with a heart, and East must lead a heart, conceding a ruff-sluff, or lead a diamond, guessing the queen for declarer.

Excerpts taken from: Frank Stewart's Bridge Club. Pages 61.

### **WORDOKU Answers**

Т	Α	R	С	Ε	U	Ν	D	0
0	О	Е	О	Α	Ν	$\supset$	Т	R
Ν	D	U	R	0	Т	Α	Е	С
С	Е	0	z	Т	Α	Д	R	С
U	Ν	О	ш	R	О	0	Α	Τ
Α	R	Т	$\supset$	D	0	Ш	С	Ν
R	0	Α	Т	U	Ε	С	Ν	D
Е	Т	С	0	N	D	R	U	A
D	U	N	Α	С	R	Т	0	E

### **CROSSWORD Answers**

L	S	D		Η	Α	S	Р	S
Ι	Ι	$\overline{}$		_	G	L	0	0
Α	L	М	S		0	_	L	Υ
Ν	0	S	Е	0	U	Т		
Α	S		С	R	Т		0	Z
		Η	Α	R	_	S	S	Α
R	0	Α	Ν		S	С	Α	М
U	Ν	-	Т	S		J	Κ	Ε
Т	0	R	S	0		М	A	S



## AN ENTIRE SEA OF WATER CAN'T SINK A SHIP UNLESS IT GETS INSIDE THE SHIP. SIMILARLY, THE NEGATIVITY OF THE WORLD CAN'T PUT YOU DOWN UNLESS YOU ALLOW IT TO GET INSIDE YOU.

Goi Nasu, author of inspirtional quotes



It's finally here! No, not another political debate—but it's something that gets just as heated. Summer has arrived, and our spirits are soaring right up there with the temperature. The teenagers are burning up at the prospect of playing Beach Blanket Bingo for three months, the kids will get to ride their bikes and dive into backyard swimming pools (sometimes simultaneously), and the men get to enjoy their long awaited vacation time. Everybody is overjoyed...uh, well, not exactly everybody. There will be millions of women who must face the prospect of having their kids and husbands hanging around bugging them. But, this isn't the real reason for the summer of our discontent. On second thought—yeah it is. However, a major underlying cause for our Xanax-sized depression is the prospect of having to try on a bathing suit.

All winter we've been hibernating under layers of sweat shirts, sweat pants, and sweat socks--but we haven't been sweating. Instead like the Grizzly bear, we've been hibernating and packing on pounds of food to help us survive the long, dismal, cold winter. And, when we start peeling off those layers, it's anybody's guess what the hell we're going to find under there! But one thing is for sure. After existing on carbs and high fructose sugars all winter, it's going to be a shock. As we stand in front of the dressing room mirror in a bathing suit, it's the worst kind of wake-up call from hibernation. Reality's going to take a big bite out of our big tushies.

In the department store, we grab our Master Cards and a bunch of bathing suits, sizes 6-16—just to cover all the possibilities. To be safe, we try on the size 12 first to avoid going into shock and having to be resuscitated right there on the dressing room floor. For safety measures, we must avoid looking into the mirror until the suit is on and our feet are well braced. Then on the count of three, we open our eyes and take a look. Whoa Mama! We're staring at a body that needs Spanx coverage from the armpits to the kneecaps. Where are those

old Jantzen bathing suits with the pleated skirts capable of hiding the saddle bags of a Clydesdale? It also doesn't help that the fluorescent lighting makes us look like the Pillsbury Doughboy on performance enhancing drugs. That hideous lighting accentuates every bit of cellulite in the body, begging the question: at what point did our bodies turn into the consistency of Jello? What's up with the armflab jiggle and squishy butts? Not to mention the wrinkled kneecaps, new tummy rolls, and thighs which are expanding faster than Steven Hawking's universe. It's angst-producing enough to make millions of women jump into the sea and drown themselves like lemmings. Somebody throw us a life saver!

But wait. If you can't reveal you must conceal. So our life saver comes in the form of those cute little things called cover ups! How great are they? Colorful little shapeless shifts made from chiffon, lace, fishnet, and eyelet cleverly hiding a multitude of sins—and make those mortal sins. Designed to match our bathing suits, they create a beautifully stylish and slimming ensemble. Who cares if the bathing suit costs \$49.99 and the cover up costs \$149.99...it's worth every penny and then some.

So, cheer up! Go out and buy some darling sandals, big-brimmed straw hats, and arrive at the pool or the beach looking like the stunning woman you are! One teensy problem: if you actually want to go swimming, you'll need to figure out how to shed that designer cocoon and slip into the water without being noticed. Lifesaving



Tip: wait until a bunch of twentysomethings arrive in their barely-there authentic Sport's Illustrated bikinis. Trust me—even if you jumped in butt naked nobody will notice. ❖

AUTHOR: Jan King is a national bestselling author and currently has three books on Kindle Amazon. You can read her blog at www.jankingauthor.com

### HOROSCOPES

## MAY



**PISCES:** The full moon on May 22nd reminds you to be your own best friend. Plan more private time and less running around to promote what may not be in your best interests.

- ARIES: Pay a little extra attention to your mom. On Mothers Day try to be with your family or make a phone call. Relatives are less aggravating than they are at Thanksgiving.
- TAURUS: If you've been fantasizing about a romance with someone at work, be cautious. The situation could be fraught with difficulties, but some workplace romances work out.
- **GEMINI:** Decide what you'll do if you get a put-down by a fairly important person. Avoid being defensive and skip your tendency to be provocative. Ask for a meeting.
- CANCER: One of your talents lies in the area of organization. You can see what to do, when it should be done, and who should do it. The talent extends to material management.
- LEO: Come on Leo, you know very well that a coming decision has several implications, some good, some not so good. But it's not too late to turn the situation your way.
- VIRGO: People often think that creativity is the province of artists and dancers. You don't because you know you have it. Don't cloak your talent and your thoughts. Be open.
- LIBRA: You may not have scheduled a vacation, but you still have summer and fall to take one. At work, they'll find ways to hold on. You'll come back healthy and energetic.
- SCORPIO: Scorpions, including you, are generally logical and open, "what-you-see-is-what-you-get." Until now. Whatever the problem is, let it go. Say little and learn a lot.
- SAGITTARIUS: At gatherings, listen carefully to conversations to determine what's being left out. You're the one who could identify it, which could be a determining factor.
- CAPRICORN: External influences have moved you away from your true purpose in life. To get back on your core path, reflect your life and your true goals.
- AQUARIUS: Sometimes your world brings you confusion. Get back to reality and give the situation a breather. Your intuitive abilities will take over and push confusion away.

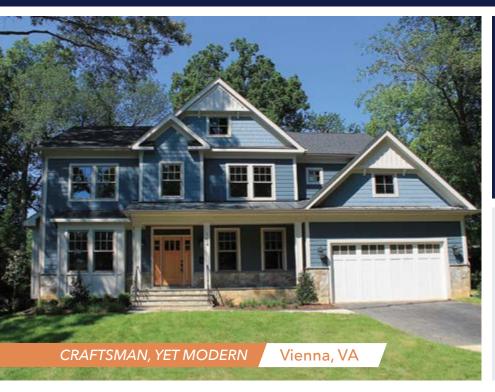
## JUNE



**GEMINI:** You need a vacation right now. It's tempting to put it off, but if you do, other factors intervene and make it impossible to take off work. Be cautious with you money since the summer brings unexpected expenses.

- CANCER: Late night work sessions become impossible by the end of the month. Plan now to avoid hitting the panic button.
- LEO: Your unusual talent for insight encourages others to come to you for help in solving problems. Decide carefully about whether to become involved.
- VIRGO: When setting your own guidelines and goals, consider the wisdom of an older and wiser mind. You could remember that on Fathers Day.
- LIBRA: Sometimes sorting out a mess is required at work. If you have to do it, avoid offending those who ask you to intervene.
- SCORPIO: Planning is essential this month to reduce work-related stress and strive for peace at home. Balancing emotional and physical stability will make you stronger.
- SAGITTARIUS: Co-workers are generally on your side this month. But try to surround yourself with those who are achievement-oriented and future-minded.
- CAPRICORN: Your inquisitive nature captures information that helps you see through tough situations and find solutions. Sometimes your intuition helps.
- AQUARIUS: Avoid sarcastic comments even if you think they're funny. Someone this month takes sarcasm as truth and that causes trouble.
- PISCES: Composure is called for this month as a family member criticizes you. Consider the source and remember a calm response wins the day.
- ARIES: Remember the old advice about not discussing religion or politics at a dinner party. Someone close disagrees strongly. Avoid a bitter argument and maintain your relationship.
- TAURUS: Cooperation and communication are the big issues for today. Work to resolve a misunderstanding with your boss or with a co-worker.

## "Making It Happen!"



# Stunning New "Town of Vienna" Custom Home

Terrific and stunning new custom home by Dunhill Builders! Wonderful luxury details throughout this four-level home on large quiet cul-de-sac lot. Craftsman, yet modern; private, yet convenient. Walk to Vienna Metro. Approximately 6,800 sq.ft. of finished space. May/June Delivery. (Photo Similar)

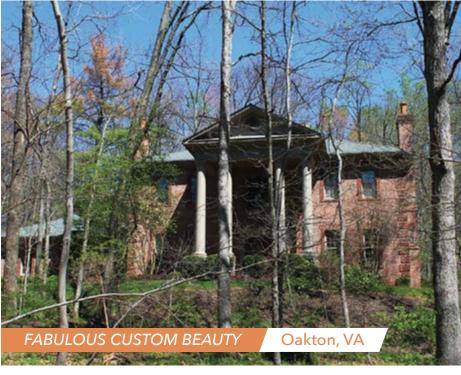
\$1,585,000



## Custom Georgian Colonial

Fabulous custom beauty on nearly 1.5 private acres! Amazing details including stunning foyer, kitchen and master suite. Gorgeous wood floors, moldings and lighting. Three fireplaces, ten-foot ceilings and welcoming tall brick front porch. Finished walk-out lower level with classic bar.

\$1,349,000



# LONG&FOSTER REAL ESTATE LUXURY HOMES CHRISTIE'S INTERNATIONAL REAL ESTATE

Long and Foster Real Estate | 703-790-1990 1355 Beverly Road #109, McLean, VA 22101

## Mark Goedde

Top Ten Realtor for Long and Foster in 2015

for entire Northern Virginia / West Virginia Region

703.850.8129 markgoedde@Inf.com www.markgoedde.com



Bruce & Wilma Bowers



## HOUSES SHOULD BE MORE THAN SQUARE FEET.

Our on-staff architects, designers & craftsmen with decades of experience are eager to create your new kitchen, bath, home addition, whole house renovation or new custom home. Contact us today and discover why over 30% of our business is with repeat customers.



703.506.0845 bowersdesignbuild.com











